

Pos	Name	Race No	Finish Time	Time Behind Overall	Pace from Gun	Gender	Gender Pos/Count	Time Behind Gender	Category	Categ Pos/Count	Time Behind Categ	Gender Position in Club	Club	Chip Pace	Chip Time	Chip Time Rank
1	Sean Chalmers	45	00:31:21.5	+00:00:00	19.1 km/h	Male	1/224	+00:00:00.0	M Sen	1/91	+00:00:00	1	Inverness Harriers	19.1 km/h	00:31:21.5	1
2	Donnie MacDonald	199	00:32:39.1	+00:01:18	18.4 km/h	Male	2/224	+00:01:17.5	MV40	1/86	+00:00:00	2	Inverness Harriers	18.4 km/h	00:32:38.6	2
3	John Newsom	257	00:33:09.1	+00:01:48	18.1 km/h	Male	3/224	+00:01:47.5	M Sen	2/91	+00:01:48	3	Inverness Harriers	18.1 km/h	00:33:08.4	3
4	Michael O'Donnell	259	00:33:23.7	+00:02:03	18.0 km/h	Male	4/224	+00:02:02.2	M Sen	3/91	+00:02:03	4	Inverness Harriers	18.0 km/h	00:33:23.4	4
5	Jonathan Peebles	267	00:33:55.8	+00:02:35	17.7 km/h	Male	5/224	+00:02:34.2	M Sen	4/91	+00:02:35	1	PH Racing Club	17.7 km/h	00:33:55.3	5
6	David Jamieson	161	00:34:06.4	+00:02:45	17.6 km/h	Male	6/224	+00:02:44.8	M Sen	5/91	+00:02:45	1	Metro Aberdeen Running Club	17.6 km/h	00:34:05.2	6
7	Tom Brian	24	00:34:11.6	+00:02:51	17.5 km/h	Male	7/224	+00:02:50.0	M Sen	6/91	+00:02:51	2	Metro Aberdeen Running Club	17.6 km/h	00:34:11.1	7
8	Gordon Lennox	184	00:34:23.8	+00:03:03	17.4 km/h	Male	8/224	+00:03:02.2	M Sen	7/91	+00:03:03	5	Inverness Harriers	17.4 km/h	00:34:23.4	8
9	Chris Richardson	291	00:34:30.7	+00:03:10	17.4 km/h	Male	9/224	+00:03:09.1	M Sen	8/91	+00:03:10	3	Metro Aberdeen Running Club	17.4 km/h	00:34:30.1	9
10	James Kirk	171	00:34:33.1	+00:03:12	17.4 km/h	Male	10/224	+00:03:11.5	M Sen	9/91	+00:03:12	1	Garioch Roadrunners	17.4 km/h	00:34:31.9	10
11	Rankin Lascelles	178	00:34:54.1	+00:03:33	17.2 km/h	Male	11/224	+00:03:32.5	M Sen	10/91	+00:03:33	4	Metro Aberdeen Running Club	17.2 km/h	00:34:53.1	11
12	Kenny Garden	116	00:34:57.6	+00:03:37	17.2 km/h	Male	12/224	+00:03:36.0	M Sen	11/91	+00:03:37	5	Metro Aberdeen Running Club	17.2 km/h	00:34:56.9	12
13	Calum Crawford	62	00:35:28.1	+00:04:07	16.9 km/h	Male	13/224	+00:04:06.5	M Sen	12/91	+00:04:07	6	Metro Aberdeen Running Club	16.9 km/h	00:35:27.2	13
14	Paul Knight	172	00:35:37.0	+00:04:16	16.8 km/h	Male	14/224	+00:04:15.4	M Sen	13/91	+00:04:16	7	Metro Aberdeen Running Club	16.9 km/h	00:35:36.2	14
15	Matthew Dailey	71	00:35:40.7	+00:04:20	16.8 km/h	Male	15/224	+00:04:19.1	M Sen	14/91	+00:04:20	1	JSK Running Club	16.8 km/h	00:35:39.5	15
16	Colin Munday	253	00:35:43.1	+00:04:22	16.8 km/h	Male	16/224	+00:04:21.5	MV40	2/86	+00:03:04	8	Metro Aberdeen Running Club	16.8 km/h	00:35:41.4	16
17	Nathan Tosh	356	00:35:54.6	+00:04:34	16.7 km/h	Male	17/224	+00:04:33.0	M U18	1/2	+00:00:00	9	Metro Aberdeen Running Club	16.7 km/h	00:35:53.8	17
18	Jamie Coventry	54	00:35:57.6	+00:04:37	16.7 km/h	Male	18/224	+00:04:36.0	MV40	3/86	+00:03:19	10	Metro Aberdeen Running Club	16.7 km/h	00:35:56.3	18
19	Michael Barker	12	00:36:03.3	+00:04:42	16.6 km/h	Male	19/224	+00:04:41.7	MV40	4/86	+00:03:25	1	Stonehaven Running Club	16.7 km/h	00:36:02.1	19
20	Jamie Ross	301	00:36:21.3	+00:05:00	16.5 km/h	Male	20/224	+00:04:59.7	MV40	5/86	+00:03:43			16.5 km/h	00:36:19.8	20
21	Paul Hadden	133	00:36:23.2	+00:05:02	16.5 km/h	Male	21/224	+00:05:01.6	MV40	6/86	+00:03:45			16.5 km/h	00:36:23.2	21
22	Jonny McIntosh	225	00:36:29.4	+00:05:08	16.4 km/h	Male	22/224	+00:05:07.8	M Sen	15/91	+00:05:08	11	Metro Aberdeen Running Club	16.5 km/h	00:36:27.8	22
23	Matthew Douglas	87	00:36:32.2	+00:05:11	16.4 km/h	Male	23/224	+00:05:10.6	M Sen	16/91	+00:05:11	12	Metro Aberdeen Running Club	16.4 km/h	00:36:30.8	23
24	Stuart Pringle	278	00:36:33.4	+00:05:12	16.4 km/h	Male	24/224	+00:05:11.8	MV40	7/86	+00:03:55	1	Deeside Runners	16.4 km/h	00:36:32.1	24
25	Richard Horne	152	00:36:34.6	+00:05:14	16.4 km/h	Male	25/224	+00:05:13.1	MV50	1/30	+00:00:00	13	Metro Aberdeen Running Club	16.4 km/h	00:36:33.1	25
26	Steven Watters	379	00:36:40.8	+00:05:20	16.4 km/h	Male	26/224	+00:05:19.3	M Sen	17/91	+00:05:20	2	Stonehaven Running Club	16.4 km/h	00:36:38.4	26
27	Matthew Milne	244	00:37:00.9	+00:05:40	16.2 km/h	Male	27/224	+00:05:39.3	M Sen	18/91	+00:05:40	14	Metro Aberdeen Running Club	16.2 km/h	00:36:59.5	27
28	Eddy McCluskey	217	00:37:06.7	+00:05:46	16.2 km/h	Male	28/224	+00:05:45.1	M Sen	19/91	+00:05:46			16.2 km/h	00:37:05.2	28
29	Daniel Warrick	374	00:37:11.9	+00:05:51	16.1 km/h	Male	29/224	+00:05:50.3	M Sen	20/91	+00:05:51	15	Metro Aberdeen Running Club	16.1 km/h	00:37:09.4	29
30	Gavin Tait	346	00:37:13.0	+00:05:52	16.1 km/h	Male	30/224	+00:05:51.4	MV40	8/86	+00:04:34			16.1 km/h	00:37:11.3	30
31	Dino Roussias	304	00:37:17.2	+00:05:56	16.1 km/h	Male	31/224	+00:05:55.6	MV40	9/86	+00:04:39	16	Metro Aberdeen Running Club	16.1 km/h	00:37:14.4	31
32	David Stevens	338	00:37:17.4	+00:05:56	16.1 km/h	Male	32/224	+00:05:55.9	M Sen	21/91	+00:05:56	17	Metro Aberdeen Running Club	16.1 km/h	00:37:16.7	32
33	Stuart Milne	397	00:37:22.0	+00:06:01	16.1 km/h	Male	33/224	+00:06:00.4	M Sen	22/91	+00:06:01	18	Metro Aberdeen Running Club	16.1 km/h	00:37:17.7	33
34	Tom Martin	211	00:37:26.7	+00:06:06	16.0 km/h	Male	34/224	+00:06:05.1	M Sen	23/91	+00:06:06	19	Metro Aberdeen Running Club	16.0 km/h	00:37:25.4	34
35	Steve Buchan	28	00:37:31.1	+00:06:10	16.0 km/h	Male	35/224	+00:06:09.5	MV40	10/86	+00:04:52	20	Metro Aberdeen Running Club	16.0 km/h	00:37:29.7	35
36	Scott Henderson	147	00:37:33.1	+00:06:12	16.0 km/h	Male	36/224	+00:06:11.6	MV40	11/86	+00:04:55	1	Edinburgh Athletics Club	16.0 km/h	00:37:32.2	36
37	Fraser Gormley	128	00:37:37.8	+00:06:17	15.9 km/h	Male	37/224	+00:06:16.2	M Sen	24/91	+00:06:17			16.0 km/h	00:37:36.5	37
38	Jordan Cruickshank	64	00:37:39.1	+00:06:18	15.9 km/h	Male	38/224	+00:06:17.5	M U18	2/2	+00:01:45	21	Metro Aberdeen Running Club	16.0 km/h	00:37:36.6	38
39	Michael Kilbride	167	00:37:42.8	+00:06:22	15.9 km/h	Male	39/224	+00:06:21.3	M Sen	25/91	+00:06:22	1	Aberdeen AAC	15.9 km/h	00:37:40.7	39
40	Mark Young	396	00:38:00.3	+00:06:39	15.8 km/h	Male	40/224	+00:06:38.7	M Sen	26/91	+00:06:39	22	Metro Aberdeen Running Club	15.8 km/h	00:37:58.3	41
41	Nigel O'Neill	260	00:38:02.2	+00:06:41	15.8 km/h	Male	41/224	+00:06:40.6	M Sen	27/91	+00:06:41	23	Metro Aberdeen Running Club	15.8 km/h	00:37:58.8	42
42	Kenny Liddell	188	00:38:02.4	+00:06:41	15.8 km/h	Male	42/224	+00:06:40.8	MV40	12/86	+00:05:24	1	Dundee Hawkhill Harriers	15.8 km/h	00:37:53.1	40
43	Matthew Thompson	351	00:38:03.6	+00:06:43	15.8 km/h	Male	43/224	+00:06:42.0	M Sen	28/91	+00:06:43	2	JSK Running Club	15.8 km/h	00:38:00.4	43
44	Nicola Gauld	117	00:38:04.5	+00:06:43	15.8 km/h	Female	1/106	+00:00:00.0	F Sen	1/52	+00:00:00	1	Metro Aberdeen Running Club	15.8 km/h	00:38:03.0	44
45	Andy Reid	289	00:38:10.6	+00:06:50	15.7 km/h	Male	44/224	+00:06:49.1	M Sen	29/91	+00:06:50	24	Metro Aberdeen Running Club	15.7 km/h	00:38:06.4	45
46	Kerry Prise	279	00:38:13.1	+00:06:52	15.7 km/h	Female	2/106	+00:00:08.6	F Sen	2/52	+00:00:09	2	Metro Aberdeen Running Club	15.7 km/h	00:38:10.8	46
47	Brian Robb	293	00:38:13.6	+00:06:53	15.7 km/h	Male	45/224	+00:06:52.0	MV40	13/86	+00:05:35	25	Metro Aberdeen Running Club	15.7 km/h	00:38:11.6	47
48	Graham Moar	247	00:38:20.4	+00:06:59	15.6 km/h	Male	46/224	+00:06:58.9	MV40	14/86	+00:05:42	26	Metro Aberdeen Running Club	15.7 km/h	00:38:17.9	48
49	Charles Howorth	156	00:38:25.4	+00:07:04	15.6 km/h	Male	47/224	+00:07:03.8	M Sen	30/91	+00:07:04	3	Stonehaven Running Club	15.6 km/h	00:38:22.6	49
50	Dirk Wallis	369	00:38:47.7	+00:07:27	15.5 km/h	Male	48/224	+00:07:26.1	MV40	15/86	+00:06:09	2	Deeside Runners	15.5 km/h	00:38:43.2	50
51	Calum McIntyre	226	00:38:51.2	+00:07:30	15.4 km/h	Male	49/224	+00:07:29.6	M Sen	31/91	+00:07:30	2	Aberdeen AAC	15.5 km/h	00:38:48.2	51
52	Russell Willox	386	00:38:52.6	+00:07:32	15.4 km/h	Male	50/224	+00:07:31.0	MV40	16/86	+00:06:14	27	Metro Aberdeen Running Club	15.4 km/h	00:38:50.4	52
53	Ewen Cameron	36	00:38:58.2	+00:07:37	15.4 km/h	Male	51/224	+00:07:36.6	MV40	17/86	+00:06:20	1	Motherwell AC	15.4 km/h	00:38:55.5	53

54	David Morrison	250	00:39:04.3	+00:07:43	15.4 km/h	Male	52/224	+00:07:42.7	MV40	18/86	+00:06:26	28	Metro Aberdeen Running Club	15.4 km/h	00:39:02.7	54
55	Athol Burnett	32	00:39:08.6	+00:07:48	15.3 km/h	Male	53/224	+00:07:47.0	MV50	2/30	+00:02:34	3	Aberdeen AAC	15.4 km/h	00:39:04.9	55
56	Barry Henderson	148	00:39:14.3	+00:07:53	15.3 km/h	Male	54/224	+00:07:52.7	M Sen	32/91	+00:07:53	29	Metro Aberdeen Running Club	15.3 km/h	00:39:12.5	56
57	Kevin Buchan	30	00:39:23.4	+00:08:02	15.2 km/h	Male	55/224	+00:08:01.8	MV40	19/86	+00:06:45	30	Metro Aberdeen Running Club	15.3 km/h	00:39:19.7	57
58	Corey Duff	90	00:39:29.1	+00:08:08	15.2 km/h	Male	56/224	+00:08:07.5	M Sen	33/91	+00:08:08			15.2 km/h	00:39:26.1	58
59	Kenny Wood	394	00:39:30.3	+00:08:09	15.2 km/h	Male	57/224	+00:08:08.7	M Sen	34/91	+00:08:09			15.2 km/h	00:39:28.8	61
60	Simon Pearce	266	00:39:31.2	+00:08:10	15.2 km/h	Male	58/224	+00:08:09.6	MV40	20/86	+00:06:53	1	Cosmic Hillbashers	15.2 km/h	00:39:27.5	59
61	Mike Winn	392	00:39:33.2	+00:08:12	15.2 km/h	Male	59/224	+00:08:11.6	MV40	21/86	+00:06:55			15.2 km/h	00:39:28.1	60
62	Graham Reid	286	00:39:34.6	+00:08:14	15.2 km/h	Male	60/224	+00:08:13.0	MV40	22/86	+00:06:56	31	Metro Aberdeen Running Club	15.2 km/h	00:39:30.1	62
63	Piotr Michalczyk	238	00:39:53.1	+00:08:32	15.0 km/h	Male	61/224	+00:08:31.6	MV40	23/86	+00:07:15			15.1 km/h	00:39:48.1	64
64	Joe Folan	109	00:39:57.8	+00:08:37	15.0 km/h	Male	62/224	+00:08:36.2	M Sen	35/91	+00:08:37			15.1 km/h	00:39:46.5	63
65	George McPherson	232	00:40:04.2	+00:08:43	15.0 km/h	Male	63/224	+00:08:42.7	MV60	1/15	+00:00:00	32	Metro Aberdeen Running Club	15.0 km/h	00:39:59.8	65
66	John Robertson	296	00:40:14.7	+00:08:54	14.9 km/h	Male	64/224	+00:08:53.2	MV60	2/15	+00:00:11	1	Peterhead Athletics Club	14.9 km/h	00:40:11.1	66
67	Craig Sutherland	341	00:40:17.7	+00:08:57	14.9 km/h	Male	65/224	+00:08:56.1	M Sen	36/91	+00:08:57	33	Metro Aberdeen Running Club	14.9 km/h	00:40:14.1	67
68	James MacBrayne	198	00:40:19.4	+00:08:58	14.9 km/h	Male	66/224	+00:08:57.9	M Sen	37/91	+00:08:58	34	Metro Aberdeen Running Club	14.9 km/h	00:40:14.7	68
69	Joe Saunders	312	00:40:23.8	+00:09:03	14.9 km/h	Male	67/224	+00:09:02.2	M Sen	38/91	+00:09:03			14.9 km/h	00:40:17.7	69
70	Laurent Peny	269	00:40:24.8	+00:09:04	14.8 km/h	Male	68/224	+00:09:03.3	M Sen	39/91	+00:09:04			14.9 km/h	00:40:17.9	70
71	Peter Frampton	111	00:40:29.1	+00:09:08	14.8 km/h	Male	69/224	+00:09:07.5	M Sen	40/91	+00:09:08			14.9 km/h	00:40:19.6	71
72	Paul Herbert	150	00:40:31.8	+00:09:11	14.8 km/h	Male	70/224	+00:09:10.2	MV40	24/86	+00:07:53	1	Newmachar Running Group	14.8 km/h	00:40:28.3	72
73	Lucjan Binkowicz	19	00:40:36.3	+00:09:15	14.8 km/h	Male	71/224	+00:09:14.7	MV40	25/86	+00:07:58			14.8 km/h	00:40:34.4	73
74	James Cruickshank	65	00:40:52.0	+00:09:31	14.7 km/h	Male	72/224	+00:09:30.5	M Sen	41/91	+00:09:31	35	Metro Aberdeen Running Club	14.7 km/h	00:40:44.8	74
75	Louise Cartmell	43	00:40:53.6	+00:09:33	14.7 km/h	Female	3/106	+00:02:49.1	F Sen	3/52	+00:02:50	1	Moray Road Runners	14.7 km/h	00:40:48.8	77
76	Andrew Thompson	350	00:40:57.0	+00:09:36	14.7 km/h	Male	73/224	+00:09:35.4	MV40	26/86	+00:08:18	36	Metro Aberdeen Running Club	14.7 km/h	00:40:53.4	78
77	Mark Perry	270	00:40:59.6	+00:09:39	14.6 km/h	Male	74/224	+00:09:38.0	MV40	27/86	+00:08:21			14.7 km/h	00:40:48.2	76
78	Stuart Murray	255	00:41:01.8	+00:09:41	14.6 km/h	Male	75/224	+00:09:40.2	MV40	28/86	+00:08:23			14.7 km/h	00:40:45.8	75
79	Emma Watt	378	00:41:05.4	+00:09:44	14.6 km/h	Female	4/106	+00:03:00.9	F Sen	4/52	+00:03:01	1	JSK Running Club	14.6 km/h	00:41:02.7	79
80	Kirsty Mitchell	246	00:41:07.8	+00:09:47	14.6 km/h	Female	5/106	+00:03:03.3	F Sen	5/52	+00:03:04	3	Metro Aberdeen Running Club	14.6 km/h	00:41:03.6	80
81	Graham Henderson	146	00:41:28.1	+00:10:07	14.5 km/h	Male	76/224	+00:10:06.5	M Sen	42/91	+00:10:07	37	Metro Aberdeen Running Club	14.5 km/h	00:41:22.5	82
82	Gavin McLennan	229	00:41:31.1	+00:10:10	14.5 km/h	Male	77/224	+00:10:09.5	MV40	29/86	+00:08:52	38	Metro Aberdeen Running Club	14.5 km/h	00:41:27.0	84
83	Chris Paterson	265	00:41:31.1	+00:10:10	14.5 km/h	Male	78/224	+00:10:09.5	M Sen	43/91	+00:10:10	39	Metro Aberdeen Running Club	14.5 km/h	00:41:26.4	83
84	Mark Hale	134	00:41:33.5	+00:10:13	14.4 km/h	Male	79/224	+00:10:12.0	MV40	30/86	+00:08:55	40	Metro Aberdeen Running Club	14.6 km/h	00:41:13.0	81
85	Jonathan Bromley	25	00:41:35.5	+00:10:14	14.4 km/h	Male	80/224	+00:10:13.9	M Sen	44/91	+00:10:14	4	Aberdeen AAC	14.4 km/h	00:41:31.9	87
86	Philip Cowie	55	00:41:36.1	+00:10:15	14.4 km/h	Male	81/224	+00:10:14.5	MV60	3/15	+00:01:32	41	Metro Aberdeen Running Club	14.4 km/h	00:41:31.7	86
87	Charlie Denham	75	00:41:37.4	+00:10:16	14.4 km/h	Male	82/224	+00:10:15.8	M Sen	45/91	+00:10:16	42	Metro Aberdeen Running Club	14.5 km/h	00:41:27.6	85
88	Paul Robertson	294	00:41:37.8	+00:10:17	14.4 km/h	Male	83/224	+00:10:16.2	MV40	31/86	+00:08:59	43	Metro Aberdeen Running Club	14.4 km/h	00:41:33.6	88
89	Mark Ramsey	284	00:41:39.3	+00:10:18	14.4 km/h	Male	84/224	+00:10:17.7	M Sen	46/91	+00:10:18	44	Metro Aberdeen Running Club	14.4 km/h	00:41:33.9	89
90	Jason Osborne	261	00:41:47.5	+00:10:26	14.4 km/h	Male	85/224	+00:10:25.9	MV40	32/86	+00:09:09	1	Newburgh Dunes RC	14.4 km/h	00:41:41.9	91
91	Michael Bennett	18	00:41:48.7	+00:10:28	14.4 km/h	Male	86/224	+00:10:27.1	M Sen	47/91	+00:10:28			14.4 km/h	00:41:37.8	90
92	Ian McGregor	223	00:41:51.2	+00:10:30	14.3 km/h	Male	87/224	+00:10:29.6	MV40	33/86	+00:09:13	45	Metro Aberdeen Running Club	14.4 km/h	00:41:47.4	93
93	Peter McNamee	231	00:41:51.6	+00:10:31	14.3 km/h	Male	88/224	+00:10:30.0	MV40	34/86	+00:09:13	46	Metro Aberdeen Running Club	14.4 km/h	00:41:46.1	92
94	Jennifer Robertson	297	00:41:53.5	+00:10:32	14.3 km/h	Female	6/106	+00:03:48.9	FV40	1/30	+00:00:00	1	Peterhead Athletics Club	14.3 km/h	00:41:50.9	95
95	Nick Mckay	227	00:41:59.0	+00:10:38	14.3 km/h	Male	89/224	+00:10:37.5	M Sen	48/91	+00:10:38	3	JSK Running Club	14.3 km/h	00:41:49.2	94
96	Lawrence Wattie	380	00:42:02.5	+00:10:42	14.3 km/h	Male	90/224	+00:10:41.0	MV40	35/86	+00:09:24	47	Metro Aberdeen Running Club	14.3 km/h	00:41:56.9	96
97	David Muir	252	00:42:08.1	+00:10:47	14.2 km/h	Male	91/224	+00:10:46.5	MV40	36/86	+00:09:29			14.3 km/h	00:42:05.8	97
98	Richard Roulson	303	00:42:11.1	+00:10:50	14.2 km/h	Male	92/224	+00:10:49.5	MV50	3/30	+00:05:37	48	Metro Aberdeen Running Club	14.2 km/h	00:42:08.7	99
99	Sophie Radcliffe	282	00:42:11.3	+00:10:50	14.2 km/h	Female	7/106	+00:04:06.8	F Sen	6/52	+00:04:07	4	Metro Aberdeen Running Club	14.3 km/h	00:42:06.1	98
100	Cameron Gow	129	00:42:33.3	+00:11:12	14.1 km/h	Male	93/224	+00:11:11.7	M Sen	49/91	+00:11:12	2	Newmachar Running Group	14.1 km/h	00:42:30.3	100
101	Jason Coyle	57	00:42:37.2	+00:11:16	14.1 km/h	Male	94/224	+00:11:15.6	M Sen	50/91	+00:11:16			14.1 km/h	00:42:30.7	101
102	Michael Sutherland	342	00:42:42.1	+00:11:21	14.1 km/h	Male	95/224	+00:11:20.5	M Sen	51/91	+00:11:21			14.1 km/h	00:42:37.0	102
103	Arash Sahraie	309	00:42:45.1	+00:11:24	14.0 km/h	Male	96/224	+00:11:23.6	MV50	4/30	+00:06:11			14.1 km/h	00:42:39.5	103
104	Robert Taylor	349	00:42:47.2	+00:11:26	14.0 km/h	Male	97/224	+00:11:25.7	MV60	4/15	+00:02:44	49	Metro Aberdeen Running Club	14.0 km/h	00:42:43.0	104
105	Ann Gallon	115	00:42:53.2	+00:11:32	14.0 km/h	Female	8/106	+00:04:48.7	FV40	2/30	+00:01:00	1	Stonehaven Running Club	14.0 km/h	00:42:47.4	105
106	Andrew Sykes	345	00:42:56.2	+00:11:35	14.0 km/h	Male	98/224	+00:11:34.6	MV50	5/30	+00:06:22	50	Metro Aberdeen Running Club	14.0 km/h	00:42:48.1	106
107	Adam Swinton	343	00:43:08.6	+00:11:48	13.9 km/h	Male	99/224	+00:11:47.0	MV50	6/30	+00:06:34	51	Metro Aberdeen Running Club	13.9 km/h	00:43:04.5	108

108	Mariusz Grala	130	00:43:11.6	+00:11:51	13.9 km/h	Male	100/224	+00:11:50.1	MV40	37/86	+00:10:33			13.9 km/h	00:43:00.9	107
109	Andy Traill	357	00:43:20.0	+00:11:59	13.8 km/h	Male	101/224	+00:11:58.4	MV40	38/86	+00:10:41	2	Newburgh Dunes RC	13.9 km/h	00:43:14.4	110
110	Kai Sedgwick	315	00:43:25.2	+00:12:04	13.8 km/h	Male	102/224	+00:12:03.6	M Sen	52/91	+00:12:04			13.9 km/h	00:43:13.8	109
111	John Millen	241	00:43:28.5	+00:12:07	13.8 km/h	Male	103/224	+00:12:06.9	MV40	39/86	+00:10:50			13.8 km/h	00:43:20.8	111
112	Dena Cullen	67	00:43:34.4	+00:12:13	13.8 km/h	Female	9/106	+00:05:29.8	F Sen	7/52	+00:05:30	5	Metro Aberdeen Running Club	13.8 km/h	00:43:31.0	112
113	Terry Davidson	73	00:43:46.6	+00:12:26	13.7 km/h	Male	104/224	+00:12:25.0	M Sen	53/91	+00:12:26	52	Metro Aberdeen Running Club	13.8 km/h	00:43:35.2	113
114	Colin Burnett	31	00:43:50.2	+00:12:29	13.7 km/h	Male	105/224	+00:12:28.6	MV50	7/30	+00:07:16			13.7 km/h	00:43:45.6	116
115	Callum Walker	368	00:43:50.9	+00:12:30	13.7 km/h	Male	106/224	+00:12:29.3	M Sen	54/91	+00:12:30			13.7 km/h	00:43:41.5	115
116	Louise Peet	268	00:43:51.2	+00:12:30	13.7 km/h	Female	10/106	+00:05:46.7	F Sen	8/52	+00:05:47			13.7 km/h	00:43:38.9	114
117	Stacey Cleal	47	00:43:56.6	+00:12:36	13.7 km/h	Female	11/106	+00:05:52.1	FV50	1/18	+00:00:00	1	Queensbury Running Club	13.7 km/h	00:43:54.2	120
118	Euan Brown	26	00:43:57.8	+00:12:37	13.6 km/h	Male	107/224	+00:12:36.2	M Sen	55/91	+00:12:37	4	JSK Running Club	13.7 km/h	00:43:53.1	118
119	Richard Masson	212	00:43:59.3	+00:12:38	13.6 km/h	Male	108/224	+00:12:37.7	MV40	40/86	+00:11:21	53	Metro Aberdeen Running Club	13.7 km/h	00:43:52.2	117
120	Kirsty Walter	370	00:43:59.6	+00:12:39	13.6 km/h	Female	12/106	+00:05:55.1	F Sen	9/52	+00:05:56	6	Metro Aberdeen Running Club	13.7 km/h	00:43:54.0	119
121	Stephane Kovacs	176	00:44:10.2	+00:12:49	13.6 km/h	Male	109/224	+00:12:48.6	M Sen	56/91	+00:12:49			13.6 km/h	00:43:58.8	122
122	Iain Craik	60	00:44:12.2	+00:12:51	13.6 km/h	Male	110/224	+00:12:50.6	MV40	41/86	+00:11:34			13.6 km/h	00:43:58.3	121
123	Mark Porter	277	00:44:12.7	+00:12:52	13.6 km/h	Male	111/224	+00:12:51.1	MV50	8/30	+00:07:39	54	Metro Aberdeen Running Club	13.6 km/h	00:44:06.0	124
124	Paddy Philpott	272	00:44:13.4	+00:12:52	13.6 km/h	Male	112/224	+00:12:51.8	MV40	42/86	+00:11:35			13.6 km/h	00:44:02.3	123
125	Alastair James Blain	21	00:44:18.6	+00:12:58	13.5 km/h	Male	113/224	+00:12:57.0	MV50	9/30	+00:07:44			13.6 km/h	00:44:08.8	125
126	Steve Mosey	251	00:44:19.2	+00:12:58	13.5 km/h	Male	114/224	+00:12:57.7	MV40	43/86	+00:11:41	1	Barton & District AC	13.6 km/h	00:44:11.3	126
127	Jana Vidis	364	00:44:19.6	+00:12:59	13.5 km/h	Female	13/106	+00:06:15.0	F Sen	10/52	+00:06:16	1	Newmachar Running Group	13.5 km/h	00:44:17.1	128
128	Nik Robinson	299	00:44:22.5	+00:13:01	13.5 km/h	Male	115/224	+00:13:00.9	MV40	44/86	+00:11:44	3	Newmachar Running Group	13.5 km/h	00:44:19.2	129
129	Dorothy Joiner	163	00:44:28.4	+00:13:07	13.5 km/h	Female	14/106	+00:06:23.9	F Sen	11/52	+00:06:24	1	Fleet-Feet	13.5 km/h	00:44:21.0	131
130	Tiarnan O'Scollain	262	00:44:32.6	+00:13:12	13.5 km/h	Male	116/224	+00:13:11.0	M Sen	57/91	+00:13:12	1	Frontrunners	13.5 km/h	00:44:20.4	130
131	Gary Sinclair	325	00:44:34.1	+00:13:13	13.5 km/h	Male	117/224	+00:13:12.5	MV40	45/86	+00:11:55			13.5 km/h	00:44:25.3	133
132	Greig Ritchie	292	00:44:35.1	+00:13:14	13.5 km/h	Male	118/224	+00:13:13.5	M Sen	58/91	+00:13:14			13.5 km/h	00:44:28.5	134
133	Chelsea Cook	48	00:44:35.6	+00:13:15	13.5 km/h	Female	15/106	+00:06:31.0	F Sen	12/52	+00:06:32	1	Orkney Running Club	13.5 km/h	00:44:22.2	132
134	Keith Dunnett	94	00:44:37.8	+00:13:17	13.4 km/h	Male	119/224	+00:13:16.3	MV40	46/86	+00:11:59	55	Metro Aberdeen Running Club	13.6 km/h	00:44:16.0	127
135	Mark McDonald	220	00:44:38.8	+00:13:18	13.4 km/h	Male	120/224	+00:13:17.2	M Sen	59/91	+00:13:18	56	Metro Aberdeen Running Club	13.5 km/h	00:44:36.1	135
136	Thomas Litterick	190	00:44:46.9	+00:13:26	13.4 km/h	Male	121/224	+00:13:25.3	MV50	10/30	+00:08:13	57	Metro Aberdeen Running Club	13.4 km/h	00:44:40.5	137
137	Murray Dewar	77	00:44:49.9	+00:13:29	13.4 km/h	Male	122/224	+00:13:28.3	MV40	47/86	+00:12:11	58	Metro Aberdeen Running Club	13.4 km/h	00:44:43.2	139
138	Paul Coxall	56	00:44:53.3	+00:13:32	13.4 km/h	Male	123/224	+00:13:31.7	MV50	11/30	+00:08:19	59	Metro Aberdeen Running Club	13.4 km/h	00:44:42.9	138
139	Alex Shaw	319	00:44:54.1	+00:13:33	13.4 km/h	Female	16/106	+00:06:49.6	F U18	1/1	+00:00:00			13.4 km/h	00:44:38.8	136
140	Alistair Sey	316	00:44:55.6	+00:13:35	13.4 km/h	Male	124/224	+00:13:34.1	MV50	12/30	+00:08:21	5	Aberdeen AAC	13.4 km/h	00:44:47.9	141
141	Topher Endress	98	00:44:57.3	+00:13:36	13.3 km/h	Male	125/224	+00:13:35.7	M Sen	60/91	+00:13:36	60	Metro Aberdeen Running Club	13.4 km/h	00:44:50.9	143
142	Rory Craig	59	00:44:58.9	+00:13:38	13.3 km/h	Male	126/224	+00:13:37.3	MV40	48/86	+00:12:20			13.4 km/h	00:44:49.6	142
143	Martin Shaw	318	00:45:01.5	+00:13:40	13.3 km/h	Male	127/224	+00:13:40.0	MV40	49/86	+00:12:23			13.4 km/h	00:44:45.6	140
144	Malachy Curran	70	00:45:05.5	+00:13:44	13.3 km/h	Male	128/224	+00:13:43.9	MV40	50/86	+00:12:27			13.3 km/h	00:45:00.2	146
145	Frank Smith	332	00:45:05.5	+00:13:44	13.3 km/h	Male	129/224	+00:13:43.9	MV50	13/30	+00:08:31			13.3 km/h	00:44:58.9	145
146	Barry Maguire	205	00:45:06.8	+00:13:46	13.3 km/h	Male	130/224	+00:13:45.2	M Sen	61/91	+00:13:46	61	Metro Aberdeen Running Club	13.3 km/h	00:45:01.7	147
147	Linda McGee	222	00:45:07.7	+00:13:47	13.3 km/h	Female	17/106	+00:07:03.2	FV40	3/30	+00:03:15	2	Peterhead Athletics Club	13.3 km/h	00:45:04.5	149
148	Alastair Cunningham	69	00:45:08.7	+00:13:48	13.3 km/h	Male	131/224	+00:13:47.2	MV50	14/30	+00:08:35			13.4 km/h	00:44:56.4	144
149	Graham Snedden	333	00:45:14.7	+00:13:54	13.3 km/h	Male	132/224	+00:13:53.1	MV50	15/30	+00:08:41			13.3 km/h	00:45:07.9	150
150	Kevin Thorburn	355	00:45:15.6	+00:13:55	13.3 km/h	Male	133/224	+00:13:54.0	M Sen	62/91	+00:13:55	62	Metro Aberdeen Running Club	13.3 km/h	00:45:13.2	152
151	Stewart Gordon	126	00:45:17.4	+00:13:56	13.2 km/h	Male	134/224	+00:13:55.8	MV40	51/86	+00:12:39	2	Motherwell AC	13.3 km/h	00:45:04.2	148
152	Steve Donaghy	82	00:45:22.4	+00:14:01	13.2 km/h	Male	135/224	+00:14:00.8	MV50	16/30	+00:08:48	1	Moray Road Runners	13.3 km/h	00:45:12.3	151
153	Ryan Milne	243	00:45:34.8	+00:14:14	13.2 km/h	Male	136/224	+00:14:13.2	MV40	52/86	+00:12:56	63	Metro Aberdeen Running Club	13.2 km/h	00:45:24.4	154
154	Vicki McFarlane	221	00:45:39.2	+00:14:18	13.1 km/h	Female	18/106	+00:07:34.6	F Sen	13/52	+00:07:35			13.2 km/h	00:45:31.7	155
155	Elaine Wilson	390	00:45:39.6	+00:14:19	13.1 km/h	Female	19/106	+00:07:35.1	F Sen	14/52	+00:07:36	1	Rebel PT	13.2 km/h	00:45:20.6	153
156	Frazer Willox	387	00:45:43.2	+00:14:22	13.1 km/h	Male	137/224	+00:14:21.6	M Sen	63/91	+00:14:22			13.2 km/h	00:45:34.0	156
157	Greig Cruickshank	66	00:45:48.4	+00:14:27	13.1 km/h	Male	138/224	+00:14:26.8	MV50	17/30	+00:09:14	5	JSK Running Club	13.1 km/h	00:45:39.3	158
158	Bernard Salmon	311	00:45:54.2	+00:14:33	13.1 km/h	Male	139/224	+00:14:32.6	MV40	53/86	+00:13:16	2	Moray Road Runners	13.1 km/h	00:45:50.0	160
159	Malcolm Harvey	143	00:45:55.8	+00:14:35	13.1 km/h	Male	140/224	+00:14:34.2	M Sen	64/91	+00:14:35			13.1 km/h	00:45:39.1	157
160	Simon Werninck	381	00:45:56.0	+00:14:35	13.1 km/h	Male	141/224	+00:14:34.5	MV40	54/86	+00:13:17			13.1 km/h	00:45:41.6	159
162	Graham Watson	375	00:46:06.5	+00:14:45	13.0 km/h	Male	143/224	+00:14:44.9	MV60	5/15	+00:06:03	64	Metro Aberdeen Running Club	13.1 km/h	00:45:56.5	161

163	Andrew Tweedie	358	00:46:11.2	+00:14:50	13.0 km/h	Male	144/224	+00:14:49.7	MV40	55/86	+00:13:33		13.0 km/h	00:46:02.4	163	
164	Mark Findlay	106	00:46:14.4	+00:14:53	13.0 km/h	Male	145/224	+00:14:52.8	MV50	19/30	+00:09:40		13.0 km/h	00:46:06.7	166	
165	Rachel Hendry	149	00:46:16.0	+00:14:55	13.0 km/h	Female	20/106	+00:08:11.5	FV40	4/30	+00:04:23	2	JSK Running Club	13.0 km/h	00:46:06.3	164
166	Ingrid Machell	200	00:46:18.2	+00:14:57	13.0 km/h	Female	21/106	+00:08:13.6	FV50	2/18	+00:02:22	7	Metro Aberdeen Running Club	13.0 km/h	00:46:12.4	167
167	Annaelle Harris	140	00:46:23.4	+00:15:02	12.9 km/h	Female	22/106	+00:08:18.9	F Sen	15/52	+00:08:19			12.9 km/h	00:46:20.1	172
168	Craig Kennedy	166	00:46:24.1	+00:15:03	12.9 km/h	Male	146/224	+00:15:02.5	MV40	56/86	+00:13:46	2	Garioch Roadrunners	13.0 km/h	00:46:06.4	165
169	Laura Campbell	40	00:46:27.1	+00:15:06	12.9 km/h	Female	23/106	+00:08:22.6	F Sen	16/52	+00:08:23	8	Metro Aberdeen Running Club	13.0 km/h	00:46:15.7	169
170	Tom Main	207	00:46:27.2	+00:15:06	12.9 km/h	Male	147/224	+00:15:05.6	M Sen	65/91	+00:15:06	65	Metro Aberdeen Running Club	13.0 km/h	00:46:15.5	168
171	Sophie Shaw	320	00:46:30.0	+00:15:09	12.9 km/h	Female	24/106	+00:08:25.5	F Sen	17/52	+00:08:26	9	Metro Aberdeen Running Club	12.9 km/h	00:46:24.6	174
172	Duncan Frost	114	00:46:31.7	+00:15:11	12.9 km/h	Male	148/224	+00:15:10.1	M Sen	66/91	+00:15:11			13.0 km/h	00:46:19.2	171
173	Simon Robson	300	00:46:33.4	+00:15:12	12.9 km/h	Male	149/224	+00:15:11.8	M Sen	67/91	+00:15:12	3	Newburgh Dunes RC	13.0 km/h	00:46:19.1	170
174	Marie Entwistle	99	00:46:35.0	+00:15:14	12.9 km/h	Female	25/106	+00:08:30.5	FV40	5/30	+00:04:42	1	Deeside Runners	12.9 km/h	00:46:28.6	175
175	Chris Mauchline	215	00:46:38.3	+00:15:17	12.9 km/h	Male	150/224	+00:15:16.7	MV40	57/86	+00:14:00	66	Metro Aberdeen Running Club	12.9 km/h	00:46:30.6	176
176	Hayley Willison	385	00:46:41.2	+00:15:20	12.9 km/h	Female	26/106	+00:08:36.6	F Sen	18/52	+00:08:37			12.9 km/h	00:46:20.7	173
177	Euan MacAlister	195	00:46:42.2	+00:15:21	12.8 km/h	Male	151/224	+00:15:20.6	MV40	58/86	+00:14:04	4	Newburgh Dunes RC	12.9 km/h	00:46:33.4	179
178	Lauren Knowles	174	00:46:42.3	+00:15:21	12.8 km/h	Female	27/106	+00:08:37.7	F Sen	19/52	+00:08:38	3	JSK Running Club	12.9 km/h	00:46:33.0	177
179	Lisa McShea	235	00:46:44.6	+00:15:24	12.8 km/h	Female	28/106	+00:08:40.1	FV40	6/30	+00:04:52			12.9 km/h	00:46:34.0	180
180	Mark Waldron	365	00:46:44.7	+00:15:24	12.8 km/h	Male	152/224	+00:15:23.1	MV40	59/86	+00:14:06			12.9 km/h	00:46:34.0	181
181	Colin Anderson	6	00:46:47.7	+00:15:27	12.8 km/h	Male	153/224	+00:15:26.1	MV40	60/86	+00:14:09			12.9 km/h	00:46:33.1	178
182	Helen Duguid	91	00:46:50.9	+00:15:30	12.8 km/h	Female	29/106	+00:08:46.4	F Sen	20/52	+00:08:47			12.9 km/h	00:46:37.8	182
183	Amar Arnason	9	00:46:57.6	+00:15:37	12.8 km/h	Male	154/224	+00:15:36.1	MV50	20/30	+00:10:23			12.9 km/h	00:46:40.5	183
184	Carl Walters	371	00:47:02.6	+00:15:42	12.8 km/h	Male	155/224	+00:15:41.1	M Sen	68/91	+00:15:42			12.8 km/h	00:46:49.1	184
185	Craig Taylor	348	00:47:13.8	+00:15:53	12.7 km/h	Male	156/224	+00:15:52.3	M Sen	69/91	+00:15:53			12.8 km/h	00:46:54.0	186
186	John Sherwood	321	00:47:14.5	+00:15:53	12.7 km/h	Male	157/224	+00:15:52.9	M Sen	70/91	+00:15:53	4	Stonehaven Running Club	12.8 km/h	00:46:51.5	185
187	Susan MacIver	202	00:47:15.1	+00:15:54	12.7 km/h	Female	30/106	+00:09:10.6	FV50	3/18	+00:03:19	10	Metro Aberdeen Running Club	12.7 km/h	00:47:07.3	188
188	Justine Dunbar	92	00:47:16.8	+00:15:56	12.7 km/h	Female	31/106	+00:09:12.3	F Sen	21/52	+00:09:13	1	Jogscotland Hazelhead	12.8 km/h	00:47:01.6	187
189	Mike King	169	00:47:20.5	+00:15:59	12.7 km/h	Male	158/224	+00:15:58.9	MV50	21/30	+00:10:46			12.7 km/h	00:47:13.9	189
190	Neil Rydlewicz	307	00:47:23.6	+00:16:03	12.7 km/h	Male	159/224	+00:16:02.1	MV40	61/86	+00:14:45	4	Newmachar Running Group	12.7 km/h	00:47:20.3	192
191	Andy Fraser	112	00:47:27.1	+00:16:06	12.6 km/h	Male	160/224	+00:16:05.5	MV60	6/15	+00:07:23	5	Newburgh Dunes RC	12.7 km/h	00:47:20.6	193
192	David Thomson	353	00:47:31.2	+00:16:10	12.6 km/h	Male	161/224	+00:16:09.6	M Sen	71/91	+00:16:10	1	Alford Running Club	12.7 km/h	00:47:17.1	190
193	Graham McDermid	218	00:47:32.3	+00:16:11	12.6 km/h	Male	162/224	+00:16:10.7	MV50	22/30	+00:10:58			12.7 km/h	00:47:21.0	194
194	Alasdair MacIver	201	00:47:35.3	+00:16:14	12.6 km/h	Male	163/224	+00:16:13.7	MV50	23/30	+00:11:01	67	Metro Aberdeen Running Club	12.6 km/h	00:47:27.8	195
195	Nick Love	193	00:47:36.5	+00:16:15	12.6 km/h	Male	164/224	+00:16:14.9	MV40	62/86	+00:14:58	68	Metro Aberdeen Running Club	12.6 km/h	00:47:30.1	196
196	Liam Finlayson	107	00:47:42.2	+00:16:21	12.6 km/h	Male	165/224	+00:16:20.6	M Sen	72/91	+00:16:21			12.6 km/h	00:47:34.6	197
197	Ian Vaughan	363	00:47:42.4	+00:16:21	12.6 km/h	Male	166/224	+00:16:20.9	M Sen	73/91	+00:16:21	69	Metro Aberdeen Running Club	12.7 km/h	00:47:19.9	191
198	Stewart Winton	393	00:47:52.2	+00:16:31	12.5 km/h	Male	167/224	+00:16:30.7	MV50	24/30	+00:11:18			12.6 km/h	00:47:35.9	198
199	Jamie Walker	367	00:47:53.3	+00:16:32	12.5 km/h	Male	168/224	+00:16:31.7	MV40	63/86	+00:15:15	6	JSK Running Club	12.6 km/h	00:47:43.7	200
200	Kevin Durnian	95	00:47:55.1	+00:16:34	12.5 km/h	Male	169/224	+00:16:33.5	M Sen	74/91	+00:16:34	3	Motherwell AC	12.6 km/h	00:47:41.4	199
201	Jayne Addie	3	00:47:56.0	+00:16:35	12.5 km/h	Female	32/106	+00:09:51.5	FV40	7/30	+00:06:03	11	Metro Aberdeen Running Club	12.6 km/h	00:47:47.7	201
202	Gail Rennie	290	00:48:00.1	+00:16:39	12.5 km/h	Female	33/106	+00:09:55.6	FV40	8/30	+00:06:07	12	Metro Aberdeen Running Club	12.5 km/h	00:47:55.0	203
203	Geoffrey Melloy	236	00:48:13.3	+00:16:52	12.4 km/h	Male	170/224	+00:16:51.7	M Sen	75/91	+00:16:52			12.5 km/h	00:47:53.6	202
204	Campbell Hayden	144	00:48:14.1	+00:16:53	12.4 km/h	Male	171/224	+00:16:52.5	MV40	64/86	+00:15:35	70	Metro Aberdeen Running Club	12.5 km/h	00:48:02.9	205
205	Ian Cran	61	00:48:16.3	+00:16:55	12.4 km/h	Male	172/224	+00:16:54.8	MV60	7/15	+00:08:13			12.5 km/h	00:48:08.9	207
206	Allan Leslie	185	00:48:18.1	+00:16:57	12.4 km/h	Male	173/224	+00:16:56.5	MV50	25/30	+00:11:44	71	Metro Aberdeen Running Club	12.5 km/h	00:48:03.9	206
207	Andy Fehlinger	103	00:48:20.2	+00:16:59	12.4 km/h	Male	174/224	+00:16:58.6	MV50	26/30	+00:11:46			12.5 km/h	00:48:00.8	204
208	Anne Halley	136	00:48:34.5	+00:17:14	12.4 km/h	Female	34/106	+00:10:30.0	FV50	4/18	+00:04:38	13	Metro Aberdeen Running Club	12.4 km/h	00:48:16.3	208
209	Birgitte Stevens	337	00:48:56.6	+00:17:36	12.3 km/h	Female	35/106	+00:10:52.0	FV40	9/30	+00:07:04	14	Metro Aberdeen Running Club	12.3 km/h	00:48:42.1	210
210	Olivier Stanzione	335	00:49:02.9	+00:17:42	12.2 km/h	Male	175/224	+00:17:41.3	MV40	65/86	+00:16:24	1	Lynx Pack	12.3 km/h	00:48:39.8	209
211	John Doig	81	00:49:05.2	+00:17:44	12.2 km/h	Male	176/224	+00:17:43.6	M Sen	76/91	+00:17:44	5	Newmachar Running Group	12.2 km/h	00:49:02.4	212
212	Pete McIntosh	224	00:49:07.5	+00:17:46	12.2 km/h	Male	177/224	+00:17:45.9	MV40	66/86	+00:16:29	72	Metro Aberdeen Running Club	12.3 km/h	00:48:56.5	211
213	Gary Lines	189	00:49:22.1	+00:18:01	12.2 km/h	Male	178/224	+00:18:00.5	MV40	67/86	+00:16:43	4	Motherwell AC	12.2 km/h	00:49:08.4	213
214	Ali Mathers	213	00:49:24.5	+00:18:03	12.1 km/h	Female	36/106	+00:11:19.9	FV40	10/30	+00:07:31	15	Metro Aberdeen Running Club	12.2 km/h	00:49:11.7	215
215	Calum Archibald	8	00:49:27.8	+00:18:07	12.1 km/h	Male	179/224	+00:18:06.3	M Sen	77/91	+00:18:07			12.2 km/h	00:49:09.5	214
216	Andrew Buchan	29	00:49:32.9	+00:18:12	12.1 km/h	Male	180/224	+00:18:11.3	M Sen	78/91	+00:18:12			12.2 km/h	00:49:17.5	218

217	David Barnes	13	00:49:33.5	+00:18:12	12.1 km/h	Male	181/224	+00:18:11.9	M Sen	79/91	+00:18:12		12.2 km/h	00:49:13.1	216	
218	Richard Irvine	160	00:49:34.5	+00:18:13	12.1 km/h	Male	182/224	+00:18:12.9	MV50	27/30	+00:13:00		12.2 km/h	00:49:17.1	217	
219	Gudrun Przygoda	280	00:49:37.6	+00:18:17	12.1 km/h	Female	37/106	+00:11:33.1	FV50	5/18	+00:05:41		12.2 km/h	00:49:22.5	220	
220	Domenico D'ambruoso	72	00:49:37.8	+00:18:17	12.1 km/h	Male	183/224	+00:18:16.2	MV40	68/86	+00:16:59		12.1 km/h	00:49:32.0	221	
221	Tim Dring	88	00:49:43.1	+00:18:22	12.1 km/h	Male	184/224	+00:18:21.5	MV40	69/86	+00:17:05		12.2 km/h	00:49:21.3	219	
222	Ross Ingram	159	00:49:49.4	+00:18:28	12.0 km/h	Male	185/224	+00:18:27.9	M Sen	80/91	+00:18:28		12.1 km/h	00:49:38.7	222	
223	William Wilson	391	00:50:01.8	+00:18:41	12.0 km/h	Male	186/224	+00:18:40.2	M Sen	81/91	+00:18:41		12.0 km/h	00:49:50.5	224	
224	Christopher Goodall	124	00:50:03.4	+00:18:42	12.0 km/h	Male	187/224	+00:18:41.9	M Sen	82/91	+00:18:42	73	Metro Aberdeen Running Club	12.0 km/h	00:49:51.8	225
225	Lisa Watt	377	00:50:04.7	+00:18:44	12.0 km/h	Female	38/106	+00:12:00.2	F Sen	22/52	+00:12:01	2	Newmachar Running Group	12.0 km/h	00:50:01.4	229
226	Abi Lyall	194	00:50:05.9	+00:18:45	12.0 km/h	Female	39/106	+00:12:01.4	FV40	11/30	+00:08:13	1	Jog Scotland Kintore RC	12.0 km/h	00:49:56.1	226
227	Iain Donaldson	85	00:50:10.3	+00:18:49	12.0 km/h	Male	188/224	+00:18:48.7	MV40	70/86	+00:17:32		12.1 km/h	00:49:45.9	223	
228	Ruth Howie	154	00:50:11.9	+00:18:51	12.0 km/h	Female	40/106	+00:12:07.3	FV40	12/30	+00:08:19		12.0 km/h	00:49:56.2	227	
229	Tracey Goodwin	125	00:50:12.3	+00:18:51	12.0 km/h	Female	41/106	+00:12:07.7	FV50	6/18	+00:06:16		12.0 km/h	00:49:59.1	228	
230	Chloe Howle	155	00:50:18.3	+00:18:57	11.9 km/h	Female	42/106	+00:12:13.7	FV40	13/30	+00:08:25		12.0 km/h	00:50:09.0	232	
231	George Keith	165	00:50:20.6	+00:19:00	11.9 km/h	Male	189/224	+00:18:59.0	MV40	71/86	+00:17:42		12.0 km/h	00:50:05.6	230	
232	Kim Menzies	237	00:50:25.4	+00:19:04	11.9 km/h	Female	43/106	+00:12:20.8	F Sen	23/52	+00:12:21	16	Metro Aberdeen Running Club	12.0 km/h	00:50:10.6	233
233	Craig Miller	242	00:50:29.5	+00:19:08	11.9 km/h	Male	190/224	+00:19:07.9	MV50	28/30	+00:13:55	2	Jogscotland Hazelhead	12.0 km/h	00:50:07.0	231
234	Ian Wilson	389	00:50:32.3	+00:19:11	11.9 km/h	Male	191/224	+00:19:10.7	MV60	8/15	+00:10:29		11.9 km/h	00:50:25.5	237	
235	Colin Greig	132	00:50:33.6	+00:19:13	11.9 km/h	Male	192/224	+00:19:12.0	MV40	72/86	+00:17:55		11.9 km/h	00:50:14.6	234	
236	Phillip Learmonth	181	00:50:35.3	+00:19:14	11.9 km/h	Male	193/224	+00:19:13.7	M Sen	83/91	+00:19:14	6	Newmachar Running Group	11.9 km/h	00:50:26.9	238
237	George Taylor	347	00:50:37.8	+00:19:17	11.9 km/h	Male	194/224	+00:19:16.2	MV40	73/86	+00:17:59	74	Metro Aberdeen Running Club	11.9 km/h	00:50:24.8	235
238	Quintin Chalmers	44	00:50:40.3	+00:19:19	11.8 km/h	Male	195/224	+00:19:18.7	MV40	74/86	+00:18:02	75	Metro Aberdeen Running Club	11.9 km/h	00:50:25.1	236
239	Lynne Warren	373	00:50:47.7	+00:19:27	11.8 km/h	Female	44/106	+00:12:43.2	F Sen	24/52	+00:12:44		11.9 km/h	00:50:31.1	239	
240	Phill Thompson	352	00:50:49.1	+00:19:28	11.8 km/h	Male	196/224	+00:19:27.5	MV60	9/15	+00:10:45	1	Spey Runners	11.9 km/h	00:50:35.3	240
241	Claire Dunn	93	00:50:50.3	+00:19:29	11.8 km/h	Female	45/106	+00:12:45.8	F Sen	25/52	+00:12:46	17	Metro Aberdeen Running Club	11.8 km/h	00:50:41.0	241
242	William Skinner	326	00:50:54.8	+00:19:34	11.8 km/h	Male	197/224	+00:19:33.2	MV60	10/15	+00:10:51		11.8 km/h	00:50:42.8	242	
243	Vicki Inglis	157	00:51:00.0	+00:19:39	11.8 km/h	Female	46/106	+00:12:55.5	F Sen	26/52	+00:12:56	18	Metro Aberdeen Running Club	11.8 km/h	00:50:49.4	243
244	Paul Smith	331	00:51:21.3	+00:20:00	11.7 km/h	Male	198/224	+00:19:59.7	MV40	75/86	+00:18:43	76	Metro Aberdeen Running Club	11.7 km/h	00:51:06.5	244
245	Nicola Ley	187	00:51:31.3	+00:20:10	11.6 km/h	Female	47/106	+00:13:26.8	F Sen	27/52	+00:13:27	4	JSK Running Club	11.7 km/h	00:51:15.2	245
246	Stuart Slater	327	00:51:39.1	+00:20:18	11.6 km/h	Male	199/224	+00:20:17.5	M Sen	84/91	+00:20:18		11.7 km/h	00:51:19.1	247	
247	Russell Cannon	41	00:51:40.9	+00:20:20	11.6 km/h	Male	200/224	+00:20:19.3	M Sen	85/91	+00:20:20		11.7 km/h	00:51:17.2	246	
248	Cindy Hanekom	138	00:51:41.5	+00:20:20	11.6 km/h	Female	48/106	+00:13:37.0	FV40	14/30	+00:09:49	3	Newmachar Running Group	11.7 km/h	00:51:26.0	248
249	Lucia Bastos	14	00:51:47.8	+00:20:27	11.6 km/h	Female	49/106	+00:13:43.3	F Sen	28/52	+00:13:44		11.6 km/h	00:51:41.0	250	
250	Sarah Hall	135	00:51:50.4	+00:20:29	11.6 km/h	Female	50/106	+00:13:45.9	F Sen	29/52	+00:13:46	1	Garioch Roadrunners	11.6 km/h	00:51:31.3	249
251	Emily Legge	182	00:52:03.0	+00:20:42	11.5 km/h	Female	51/106	+00:13:58.5	F Sen	30/52	+00:13:59	2	Jogscotland Hazelhead	11.6 km/h	00:51:48.8	251
252	Kevin MacIver	203	00:52:08.9	+00:20:48	11.5 km/h	Male	201/224	+00:20:47.3	MV40	76/86	+00:19:30	1	Jog Scotland Hatton	11.6 km/h	00:51:54.4	252
253	Robert Coull	53	00:52:25.2	+00:21:04	11.4 km/h	Male	202/224	+00:21:03.6	M Sen	86/91	+00:21:04		11.5 km/h	00:52:12.5	255	
254	Frank Campbell	39	00:52:28.3	+00:21:07	11.4 km/h	Male	203/224	+00:21:06.7	MV40	77/86	+00:19:50	77	Metro Aberdeen Running Club	11.5 km/h	00:52:01.9	253
255	Steven Watson	376	00:52:33.0	+00:21:12	11.4 km/h	Male	204/224	+00:21:11.5	M Sen	87/91	+00:21:12		11.5 km/h	00:52:09.7	254	
256	John McLellan	228	00:52:37.1	+00:21:16	11.4 km/h	Male	205/224	+00:21:15.5	MV50	29/30	+00:16:03		11.4 km/h	00:52:25.8	257	
257	Julie Whyteside	384	00:52:39.3	+00:21:18	11.4 km/h	Female	52/106	+00:14:34.8	F Sen	31/52	+00:14:35		11.4 km/h	00:52:28.9	258	
258	Michelle Brearley	23	00:52:40.6	+00:21:20	11.4 km/h	Female	53/106	+00:14:36.1	FV40	15/30	+00:10:48	19	Metro Aberdeen Running Club	11.4 km/h	00:52:29.5	259
259	Pamela Dyker	96	00:52:41.0	+00:21:20	11.4 km/h	Female	54/106	+00:14:36.5	F Sen	32/52	+00:14:37		11.4 km/h	00:52:32.5	260	
260	Matthew Lockley	191	00:52:46.1	+00:21:25	11.4 km/h	Male	206/224	+00:21:24.5	MV40	78/86	+00:20:07		11.5 km/h	00:52:23.9	256	
261	Stephen Clark	46	00:52:48.6	+00:21:28	11.4 km/h	Male	207/224	+00:21:27.0	MV60	11/15	+00:12:45		11.4 km/h	00:52:37.7	261	
262	Faye Coull	52	00:52:51.6	+00:21:31	11.4 km/h	Female	55/106	+00:14:47.1	F Sen	33/52	+00:14:48	20	Metro Aberdeen Running Club	11.4 km/h	00:52:40.6	262
263	Rosemary Leiper	183	00:53:00.2	+00:21:39	11.3 km/h	Female	56/106	+00:14:55.7	FV60	1/5	+00:00:00	21	Metro Aberdeen Running Club	11.4 km/h	00:52:51.5	263
264	Alex Dick	78	00:53:08.8	+00:21:48	11.3 km/h	Male	208/224	+00:21:47.2	M Sen	88/91	+00:21:48		11.3 km/h	00:52:56.2	264	
265	Louise Pirie	274	00:53:15.2	+00:21:54	11.3 km/h	Female	57/106	+00:15:10.6	F Sen	34/52	+00:15:11	1	Newburgh Dunes RC	11.3 km/h	00:53:07.6	265
266	Linda Cunningham	68	00:53:27.3	+00:22:06	11.2 km/h	Female	58/106	+00:15:22.8	FV50	7/18	+00:09:31		11.3 km/h	00:53:13.5	267	
267	Kerry Anderson	7	00:53:30.8	+00:22:10	11.2 km/h	Female	59/106	+00:15:26.3	FV40	16/30	+00:11:38	5	JSK Running Club	11.3 km/h	00:53:10.0	266
268	Alan Morris	249	00:53:43.2	+00:22:22	11.2 km/h	Male	209/224	+00:22:21.7	MV60	12/15	+00:13:39		11.2 km/h	00:53:29.7	269	
269	John Elrick	97	00:53:49.2	+00:22:28	11.1 km/h	Male	210/224	+00:22:27.6	MV60	13/15	+00:13:45	3	Jogscotland Hazelhead	11.2 km/h	00:53:23.5	268
270	Izabela Kolonko	175	00:53:54.1	+00:22:33	11.1 km/h	Female	60/106	+00:15:49.6	F Sen	35/52	+00:15:50		11.2 km/h	00:53:44.3	271	

271	Craig Burrows	33	00:53:54.5	+00:22:33	11.1 km/h	Male	211/224	+00:22:32.9	MV40	79/86	+00:21:16			11.2 km/h	00:53:44.7	273
272	Steven Sainsbury	310	00:53:56.1	+00:22:35	11.1 km/h	Male	212/224	+00:22:34.5	MV40	80/86	+00:21:18	1	Aberdeen Hash House Harriers	11.2 km/h	00:53:44.5	272
273	Fiona Middleton	239	00:53:56.6	+00:22:36	11.1 km/h	Female	61/106	+00:15:52.0	F Sen	36/52	+00:15:53	22	Metro Aberdeen Running Club	11.1 km/h	00:53:51.7	274
274	Kirsteen Donald	84	00:53:58.7	+00:22:38	11.1 km/h	Female	62/106	+00:15:54.2	FV40	17/30	+00:12:06	1	Peterhead Jogscotland	11.2 km/h	00:53:38.0	270
275	David Harris	141	00:54:27.2	+00:23:06	11.0 km/h	Male	213/224	+00:23:05.6	MV40	81/86	+00:21:49			11.1 km/h	00:54:11.4	275
276	Lisa Hollstein	151	00:54:31.2	+00:23:10	11.0 km/h	Female	63/106	+00:16:26.6	F Sen	37/52	+00:16:27			11.0 km/h	00:54:23.8	276
277	Katie Strachan	340	00:54:41.7	+00:23:21	11.0 km/h	Male	214/224	+00:23:20.1	M Sen	89/91	+00:23:21	7	JSK Running Club	11.0 km/h	00:54:25.3	277
278	Rachael Main	206	00:54:56.7	+00:23:36	10.9 km/h	Female	64/106	+00:16:52.1	FV40	18/30	+00:13:04	4	Newmachar Running Group	11.0 km/h	00:54:47.1	281
279	Catrin Dickson	79	00:55:00.1	+00:23:39	10.9 km/h	Female	65/106	+00:16:55.6	F Sen	38/52	+00:16:56			11.0 km/h	00:54:39.2	278
280	Brian Bain	11	00:55:00.5	+00:23:39	10.9 km/h	Male	215/224	+00:23:38.9	MV40	82/86	+00:22:22			11.0 km/h	00:54:39.8	279
281	Fiona Mutch	256	00:55:04.4	+00:23:43	10.9 km/h	Female	66/106	+00:16:59.9	FV50	8/18	+00:11:08	5	Newmachar Running Group	11.0 km/h	00:54:43.9	280
282	Tracey Sahraie	308	00:55:06.2	+00:23:45	10.9 km/h	Female	67/106	+00:17:01.6	FV50	9/18	+00:11:10			10.9 km/h	00:54:51.2	282
283	Pippa Rumsey	305	00:55:11.6	+00:23:51	10.9 km/h	Female	68/106	+00:17:07.0	F Sen	39/52	+00:17:08			10.9 km/h	00:54:54.4	283
284	Jillian Gordon	127	00:55:16.1	+00:23:55	10.9 km/h	Female	69/106	+00:17:11.6	F Sen	40/52	+00:17:12	23	Metro Aberdeen Running Club	10.9 km/h	00:54:55.3	284
285	Stuart Gladstone	122	00:55:21.7	+00:24:01	10.8 km/h	Male	216/224	+00:24:00.1	M Sen	90/91	+00:24:01			10.9 km/h	00:55:09.1	285
286	Tracy McBeath	216	00:55:33.6	+00:24:13	10.8 km/h	Female	70/106	+00:17:29.1	F Sen	41/52	+00:17:30	6	Newmachar Running Group	10.8 km/h	00:55:30.2	286
287	Annie Robinson	298	00:55:51.2	+00:24:30	10.7 km/h	Female	71/106	+00:17:46.6	FV40	19/30	+00:13:58	7	Newmachar Running Group	10.8 km/h	00:55:36.1	287
288	Elaine Schiavone	313	00:56:35.2	+00:25:14	10.6 km/h	Female	72/106	+00:18:30.7	FV60	2/5	+00:03:35	1	Forres Harriers	10.6 km/h	00:56:21.8	289
289	Keith Purser	281	00:56:37.6	+00:25:17	10.6 km/h	Male	217/224	+00:25:16.0	MV60	14/15	+00:16:34			10.7 km/h	00:56:13.3	288
290	Judith Farquhar	101	00:56:54.2	+00:25:33	10.5 km/h	Female	73/106	+00:18:49.7	FV50	10/18	+00:12:58	1	Jog Scotland	10.6 km/h	00:56:32.6	290
291	Jennifer Packham	263	00:57:34.5	+00:26:13	10.4 km/h	Female	74/106	+00:19:29.9	F Sen	42/52	+00:19:30	8	Newmachar Running Group	10.5 km/h	00:57:19.9	291
292	Meghan Dawson	74	00:58:02.2	+00:26:41	10.3 km/h	Female	75/106	+00:19:57.7	F Sen	43/52	+00:19:58	9	Newmachar Running Group	10.4 km/h	00:57:50.0	293
293	Mark McDonald	219	00:58:02.4	+00:26:41	10.3 km/h	Male	218/224	+00:26:40.8	M Sen	91/91	+00:26:41	1	jogscotland Bridge of Don	10.4 km/h	00:57:49.6	292
294	Morag Gerrard	119	00:58:22.9	+00:27:02	10.3 km/h	Female	76/106	+00:20:18.4	FV40	20/30	+00:16:30	3	Jogscotland Hazelhead	10.4 km/h	00:57:56.8	294
295	Virginie Gautheron	118	00:58:54.9	+00:27:34	10.2 km/h	Female	77/106	+00:20:50.4	FV40	21/30	+00:17:02			10.2 km/h	00:58:32.7	295
296	June Buchan	27	00:59:17.6	+00:27:57	10.1 km/h	Female	78/106	+00:21:13.1	FV60	3/5	+00:06:18			10.1 km/h	00:59:09.2	296
297	Pam Harris	139	00:59:50.4	+00:28:29	10.0 km/h	Female	79/106	+00:21:45.9	FV40	22/30	+00:17:57			10.1 km/h	00:59:26.7	297
298	Carol Adam	2	00:59:52.6	+00:28:32	10.0 km/h	Female	80/106	+00:21:48.0	FV50	11/18	+00:15:56	1	Jog Scotland Newmachar	10.1 km/h	00:59:31.7	298
299	Samantha Scollay	314	00:59:59.3	+00:28:38	10.0 km/h	Female	81/106	+00:21:54.8	F Sen	44/52	+00:21:55			10.1 km/h	00:59:40.0	299
300	Nicole Sime	322	01:00:13.7	+00:28:53	10.0 km/h	Female	82/106	+00:22:09.2	F Sen	45/52	+00:22:10			10.0 km/h	01:00:00.0	300
301	Carol Simmonds	323	01:00:18.5	+00:28:57	9.9 km/h	Female	83/106	+00:22:14.0	FV60	4/5	+00:07:19			10.0 km/h	01:00:04.5	301
302	Dawn Knowles	173	01:00:23.1	+00:29:02	9.9 km/h	Female	84/106	+00:22:18.5	FV50	12/18	+00:16:27	10	Newmachar Running Group	10.0 km/h	01:00:13.7	302
303	Marie King	170	01:00:31.5	+00:29:10	9.9 km/h	Female	85/106	+00:22:26.9	FV50	13/18	+00:16:35			9.9 km/h	01:00:25.2	304
304	Alana Ross	302	01:00:31.5	+00:29:11	9.9 km/h	Female	86/106	+00:22:27.0	FV40	23/30	+00:18:39			9.9 km/h	01:00:25.2	305
305	Victoria Smart	328	01:00:34.1	+00:29:13	9.9 km/h	Female	87/106	+00:22:29.5	F Sen	46/52	+00:22:30	2	Newburgh Dunes RC	9.9 km/h	01:00:18.6	303
306	Emily Campbell	38	01:00:40.3	+00:29:19	9.9 km/h	Female	88/106	+00:22:35.8	F Sen	47/52	+00:22:36			9.9 km/h	01:00:29.7	306
307	Lindsay Ingram	158	01:00:40.3	+00:29:19	9.9 km/h	Female	89/106	+00:22:35.8	F Sen	48/52	+00:22:36			9.9 km/h	01:00:29.9	307
308	John Dorrian	86	01:01:10.7	+00:29:50	9.8 km/h	Male	219/224	+00:29:49.1	MV50	30/30	+00:24:37	7	Newmachar Running Group	9.8 km/h	01:01:06.2	310
309	Anne Cordiner	50	01:01:21.1	+00:30:00	9.8 km/h	Female	90/106	+00:23:16.5	FV50	14/18	+00:17:25	2	Peterhead Jogscotland	9.8 km/h	01:01:00.6	308
310	Alison Fraser	113	01:01:27.4	+00:30:06	9.8 km/h	Female	91/106	+00:23:22.8	FV50	15/18	+00:17:31	11	Newmachar Running Group	9.8 km/h	01:01:05.5	309
311	Arlene McRae	233	01:02:21.4	+00:31:00	9.6 km/h	Female	92/106	+00:24:16.9	FV40	24/30	+00:20:28			9.7 km/h	01:02:00.8	311
312	M Ruth Rumsey	306	01:02:29.5	+00:31:08	9.6 km/h	Female	93/106	+00:24:25.0	FV50	16/18	+00:18:33			9.6 km/h	01:02:12.0	312
313	Diane Robertson	295	01:03:30.8	+00:32:10	9.4 km/h	Female	94/106	+00:25:26.3	FV50	17/18	+00:19:35	1	Jog Scotland Portlethen	9.5 km/h	01:03:11.2	313
314	Lucy Whyte	383	01:04:55.2	+00:33:34	9.2 km/h	Female	95/106	+00:26:50.6	F Sen	49/52	+00:26:51	4	Jogscotland Hazelhead	9.3 km/h	01:04:37.8	314
315	Andrew Whyte	382	01:04:55.5	+00:33:34	9.2 km/h	Male	220/224	+00:33:33.9	MV40	83/86	+00:32:17	78	Metro Aberdeen Running Club	9.3 km/h	01:04:38.2	315
316	Naomi Milne	245	01:05:04.9	+00:33:44	9.2 km/h	Female	96/106	+00:27:00.4	F Sen	50/52	+00:27:01	24	Metro Aberdeen Running Club	9.3 km/h	01:04:45.8	316
317	Natalija van Vuuren	362	01:05:05.0	+00:33:44	9.2 km/h	Female	97/106	+00:27:00.5	FV40	25/30	+00:23:12			9.3 km/h	01:04:47.5	318
318	Katrine Sharp	317	01:05:06.3	+00:33:45	9.2 km/h	Female	98/106	+00:27:01.8	FV60	5/5	+00:12:07			9.3 km/h	01:04:46.9	317
319	Wladiana Matos	214	01:05:38.3	+00:34:17	9.1 km/h	Female	99/106	+00:27:33.7	F Sen	51/52	+00:27:34			9.2 km/h	01:05:29.5	319
320	Samantha Finlayson	108	01:06:47.9	+00:35:27	9.0 km/h	Female	100/106	+00:28:43.3	F Sen	52/52	+00:28:44	1	Jog Scotland Kintore	9.0 km/h	01:06:30.2	321
321	Michael Aitken	4	01:06:48.2	+00:35:27	9.0 km/h	Male	221/224	+00:35:26.6	MV60	15/15	+00:26:44			9.0 km/h	01:06:21.6	320
322	Claire Cooper	49	01:07:38.8	+00:36:18	8.9 km/h	Female	101/106	+00:29:34.3	FV40	26/30	+00:25:46			8.9 km/h	01:07:16.4	322
323	Scott Donald	83	01:09:12.4	+00:37:51	8.7 km/h	Male	222/224	+00:37:50.9	MV40	84/86	+00:36:34	1	Your Challenge	8.7 km/h	01:08:51.1	323
324	Susan Porter	276	01:10:32.8	+00:39:12	8.5 km/h	Female	102/106	+00:32:28.3	FV40	27/30	+00:28:40	12	Newmachar Running Group	8.5 km/h	01:10:11.2	324

325	Kelly Caird	35	01:11:05.2	+00:39:44	8.4 km/h	Female	103/106	+00:33:00.6	FV40	28/30	+00:29:12	13	Newmachar Running Group	8.5 km/h	01:10:42.7	325
326	Joanna Forbes	110	01:11:45.5	+00:40:25	8.4 km/h	Female	104/106	+00:33:41.0	FV40	29/30	+00:29:53	14	Newmachar Running Group	8.4 km/h	01:11:24.1	326
327	Patricia Stenhouse	336	01:12:44.5	+00:41:23	8.2 km/h	Female	105/106	+00:34:40.0	FV50	18/18	+00:28:48	15	Newmachar Running Group	8.3 km/h	01:12:22.7	327
328	Claire John	162	01:13:12.8	+00:41:52	8.2 km/h	Female	106/106	+00:35:08.3	FV40	30/30	+00:31:20	1	St Cyrus Solos	8.2 km/h	01:12:54.4	328
329	Tony Jones	164	01:13:55.8	+00:42:35	8.1 km/h	Male	223/224	+00:42:34.2	MV40	85/86	+00:41:17			8.1 km/h	01:13:38.9	329
330	Martin van Vuuren	361	01:15:38.7	+00:44:18	7.9 km/h	Male	224/224	+00:44:17.1	MV40	86/86	+00:43:00			8.0 km/h	01:15:21.7	330