

Event 100m				heat 1	2.9
Pos	Vest	Name	Club	Cat	Time
1	7	Marcus Archer	Aberdeen AAC	SenM	11.13
2	158	Nishant Puri	Kilbarchan aac	SenM	11.63
3	90	Daniel Jackson	Unattached	SenM	11.63
4	2	David Agnew	Dunfermline	M40	11.79
5	169	Benjamin Roger	Edinburgh Athletics	U15B	11.94
6	174	Areeb Sherjil	Loughborough Student Athletics Club	U20M	12.04

Event 100m				heat 2	2.2
Pos	Vest	Name	Club	Cat	Time
1	170	Rhys Ross	Livingston Athletic Club	U15B	12.18
2	109	Reuben Macintyre	Cumbernauld AAC	U17M	12.23
3	181	Mike Tarnawsky	Dundee Hawkhill Harriers	M45	12.26
4	92	Aiden Johnston	Falkirk Victoria Harriers	U17M	12.36
5	76	James Hastie	Aberdeen uni	SenM	12.44
6	185	Stan Walker	Aberdeen AAC	M50	12.47

Event 100m				heat 3	1.4
Pos	Vest	Name	Club	Cat	Time
1	22	Daniel Bruce	Central	U17M	12.14
2	121	Daniel Martin	Giffnock North AC	U15B	12.96
3	101	Gary Leek	Edinburgh AC	M55	13.05
4	150	Jamie o'connor	VP Glasgow	U17M	13.07

Event 100m				heat 4	1.5
Pos	Vest	Name	Club	Cat	Time
1	56	Katherine Fowler	Central AC	U15G	12.80
2	44	Ben Crumley	Falkirk Victoria Harriers	U20M	12.89
3	12	Callum Ballantyne	Red star	U20M	13.77

Event 100m				heat 5	1.7
Pos	Vest	Name	Club	Cat	Time
1	40	Molly Cornes	Central	U17W	13.41
2	29	Jack Campbell	Central	U15B	13.43
3	190	Ellie Wilson	Glasgow Uni A.C.	SenW	13.55
4	66	Holly Gordon	Pitreavie	U15G	13.97

Event 100m				heat 6	0.9
Pos	Vest	Name	Club	Cat	Time
1	136	Emma Millar	Airdrie Harriers	SenW	13.73
2	27	Eva Burns	Hamilton	U15G	13.84
3	74	Emily guest	Central	U13G	13.91
4	95	Louisa Kane	Falkirk Victoria Harriers	U15G	13.92
5	20	Graeme Breslin	Corstorphine AAC	M55	13.99
6	128	Dylan Mcculloch	Central athletics	U13B	14.11
7	114	Molly maher		U13G	14.47
8	30	Isla Houston	Falkirk Victoria Harriers	U15G	14.69

Event 100m**heat 7****1.5**

Pos	Vest	Name	Club	Cat	Time
1	64	Mia Glen	Central	U17W	13.32
2	155	Kerri Paton	Strathearn	U15G	13.97
3	21	Orla Brown	Hamilton and district athletics club	U13G	14.21
4	15	Katie bennie	Falkirk Harriers	U15G	14.23
5	49	Megan Dunlop	Central AC	U15G	14.37
6	45	Amaris Cuthbert	Central Athletic Club	U17W	14.54
7	113	Lilly maher		U13G	15.07

Event 100m**heat 8****2.5**

Pos	Vest	Name	Club	Cat	Time
1	31	Louise Carroll	Central	U15G	14.06
2	186	Emily Watson	Giffnock North	U15G	14.10
3	58	Niamh Gaffney	North Ayrshire	U15G	14.13
4	70	James Grant	Perth Strathtay Harriers	U17M	14.26
5	10	Millie Baker	Ayr Seaforth	U13G	14.27
6	187	Rosie Watson	Law and district	U15G	14.30
7	106	Zoe Loughrey	VP Glasgow	U13G	14.44
8	145	Ellen Montgomery	Central AC	U15G	14.60

Event 100m**heat 9****1.4**

Pos	Vest	Name	Club	Cat	Time
1	38	Jamie Connor	Central	U13B	14.74
2	52	Emily Fawkes	Falkirk Victoria Harriers	U13G	14.95
3	125	Rebecca McCaffrey	Victoria Park	U13G	15.05
4	65	Shannon Glen	Central	U15G	15.35
5	79	Hannah Hope	Falkirk Vics	U15G	15.62

Event 100m**heat 10****1.4**

Pos	Vest	Name	Club	Cat	Time
1	6	Victoria Anestik	Falkirk Victoria Harriers	U13G	14.95
2	178	Loren Stewart	Central athletics	U13G	15.21
3	82	Kayley Hughes	Falkirk Victoria Harriers	U13G	15.58
4	48	Alex Dunlop	Central AC	U13B	15.77
5	131	Niamh McKinlay	Central AC	U13G	15.89
6	14	Logan Bell	Central AC	U11B	16.04
7	28	Alice Cameron	Central athletics club	U13G	16.12

Event 100m**heat 11****2.0**

Pos	Vest	Name	Club	Cat	Time
1	98	LILY KIMBERLEY	Falkirk Victoria Harriers	U11G	15.79
2	69	Andrew Grant	Strathearn Harriers	U13B	16.04
3	43	Henry Crossley	central	U13B	16.15
4	78	AARON HOPE	Falkirk Vics	U11B	16.37
5	84	Charlie Hunter	Dunfermline Track and Field	U11B	16.55
6	130	Cara McKinlay	Central AC	U11G	17.09
7	182	Angus Thomson	Strathearn Harriers	U11B	17.36
8	122	Millie Mason	Cumbernauld	U13G	18.07

Event 100m**heat 12 2.3**

Pos	Vest	Name	Club	Cat	Time
1	151	Emily O'Brien	Central	U17W	14.57
2	67	Lewis Gow	Falkirk Victoria Harriers	U13B	15.45
3	16	Louis Bisset	Edinburgh Athletics Club	U13B	15.76
4	83	Sam Hughes	Linlithgow Athletics Club	U15B	15.80
5	144	Alexandra Montgomery	Central AC	U11G	18.55

Event 100m**heat 13 1.2**

Pos	Vest	Name	Club	Cat	Time
1	94	Samanta Juszczak	FVH	U13G	15.03
2	176	Mia Sokoluk	Livingston	U13G	15.39
3	143	Rhian Mitchell	Kilmarnock Harriers	U11B	15.39
4	53	Carys Forgie	Forth Valley Harriers	U13G	15.60
5	167	Evie Robertson	Falkirk Harriers	U13G	16.39

Event 150m**heat 1 1.4**

Pos	Vest	Name	Club	Cat	Time
1	158	Nishant Puri	Kilbarchan aac	SenM	17.64
2	35	Kathryn Christie	Edinburgh AC	SenW	18.62
3	150	Jamie o'connor	VP Glasgow	U17M	19.42
4	101	Gary Leek	Edinburgh AC	M55	19.69

Event 150m**heat 2 1.7**

Pos	Vest	Name	Club	Cat	Time
1	169	Benjamin Roger	Edinburgh Athletics	U15B	18.52
2	139	Lewis Miller	Central AC	U13B	21.42

Event 150m**heat 3 2.3**

Pos	Vest	Name	Club	Cat	Time
1	64	Mia Glen	Central	U17W	20.37
2	74	Emily guest	Central	U13G	20.91
3	136	Emma Millar	Airdrie Harriers	SenW	20.99
4	31	Louise Carroll	Central	U15G	21.26
5	138	Erin miller	CENTRAL AC	U15G	21.61

Event 150m**heat 4 3.0**

Pos	Vest	Name	Club	Cat	Time
1	128	Dylan Mcculloch	Central athletics	U13B	21.00
2	15	Katie bennie	Falkirk Harriers	U15G	21.18
3	27	Eva Burns	Hamilton	U15G	21.23
4	149	Aleshia O'Connor	Victoria Park City of Glasgow	U13G	22.02
5	162	Sam Redwood	Falkirk Victoria Harriers	U13B	22.07

Event 150m**heat 5 3.3**

Pos	Vest	Name	Club	Cat	Time
1	106	Zoe Loughrey	VP Glasgow	U13G	22.16
2	178	Loren Stewart	Central athletics	U13G	23.34
3	82	Kayley Hughes	Falkirk Victoria Harriers	U13G	23.51
4	78	AARON HOPE	Falkirk Vics	U11B	25.03
5	61	Eihlenn Gillespie		U11G	25.56
6	164	Abby Renwick	Airdrie Harriers	U13G	26.83

Event 150m**heat 6 3.9**

Pos	Vest	Name	Club	Cat	Time
1	155	Kerri Paton	Strathearn	U15G	21.12
2	10	Millie Baker	Ayr Seaforth	U13G	21.64
3	28	Alice Cameron	Central athletics club	U13G	24.08
4	167	Evie Robertson	Falkirk Harriers	U13G	25.12
5	182	Angus Thomson	Strathearn Harriers	U11B	27.18

Event 150m**heat 7 2.7**

Pos	Vest	Name	Club	Cat	Time
1	21	Orla Brown	Hamilton and district athletics club	U13G	21.77
2	53	Carys Forgie	Forth Valley Harriers	U13G	23.72
3	98	LILY KIMBERLEY	Falkirk Victoria Harriers	U11G	24.01
4	67	Lewis Gow	Falkirk Victoria Harriers	U13B	24.27
5	46	Chloe Davies	Falkirk Harriers	U13G	25.62
6	144	Alexandra Montgomery	Central AC	U11G	29.22

Event 400m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	47	dylan drummond	motherwell ac	U20M	51.65
2	189	Colin Welsh	Teviotdale harriers	M35	54.46
3	129	Andrew McGill	Livingston	U17M	54.82
4	192	Euan Wond	FVH	U17M	55.80

Event 400m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	41	Hamish Coutts	Cumbernauld AAC	U20M	56.35
2	77	Callan Hogarth	Falkirk Victoria Harriers	U17M	56.60
3	181	Mike Tarnawsky	Dundee Hawkhill Harriers	M45	58.87
4	88	Jade Hutchison	Pitreavie	U20W	60.22

Event 400m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	87	Rachel Hunter	Victoria Park City of Glasgow	U20W	60.31
2	146	Annabelle Murray	TLJT	U17W	61.33
3	120	Skye Marshall	Pitreavie	U17W	63.35
4	180	gavin taitt	tljt	M45	63.40
5	32	Darren Carruthers	Red Star AC	SenM	66.17

Event 400m**heat 4**

Pos	Vest	Name	Club	Cat	Time
1	104	Danielle Lockie	TLJT	U17W	62.46
2	20	Graeme Breslin	Corstorphine AAC	M55	63.81
3	24	Emma Brus	Tweed Leader Jed Track	U17W	63.89
4	171	Sarah Ross	Tljt	SenW	64.02
5	75	Lynn Harvey	Pitreavie AAC	U17W	65.85
6	23	Caris Brus	Tweed Leader Jed Track	SenW	67.63

Event 300m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	109	Reuben Macintyre	Cumbernauld AAC	U17M	39.36
2	170	Rhys Ross	Livingston Athletic Club	U15B	41.15
3	185	Stan Walker	Aberdeen AAC	M50	41.41
4	141	Ally Mitchell	Kilmarnock Harriers	U17M	44.28
5	105	Jessica Lorimer	Edinburgh ac	U15G	45.60

Event 300m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	66	Holly Gordon	Pitreavie	U15G	46.00
2	97	Emma Kelly	Motherwell Athletics Club	U15G	46.47
3	102	Ava Lenzi	Motherwell	U15G	46.56
4	58	Niamh Gaffney	North Ayrshire	U15G	47.49
5	138	Erin miller	CENTRAL AC	U15G	48.77

Event 300m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	142	Logan Mitchell	Kilmarnock Harriers	U15B	46.20
2	49	Megan Dunlop	Central AC	U15G	49.27
3	155	Kerri Paton	Strathearn	U15G	50.69
4	145	Ellen Montgomery	Central AC	U15G	51.54
5	153	Zosia Paddon	Central Athletic	U15G	53.58
6	79	Hannah Hope	Falkirk Vics	U15G	57.56

Event 1500m**heat 1**

Pos	Vest	Name	Club	Cat	Time
1	11	Cara Baldwin	Motherwell AC	U17W	5.41.93
2	43	Henry Crossley	central	U13B	5.48.87
3	48	Alex Dunlop	Central AC	U13B	5.50.65
4	46	Chloe Davies	Falkirk Harriers	U13G	6.01.95
5	71	Daniel Gray	FVH	U13B	6.05.42
6	140	Alannah Mitchell	FVH	U13G	6.09.03
7	153	Zosia Paddon	Central Athletic	U15G	6.20.83

Event 1500m**heat 2**

Pos	Vest	Name	Club	Cat	Time
1	119	Allen Marr	PH Racing Club	M60	5.07.89
2	100	Joey Leach	Motherwell AC	U17W	5.14.00
3	69	Andrew Grant	Strathearn Harriers	U13B	5.14.54
4	80	Charlotte Horne	Falkirk Victoria Harriers	U13G	5.15.57
5	3	Andrew Anderson	Dunbar Running Club	M55	5.20.56
6	85	Emma Hunter	Motherwell AC	SenW	5.25.73
7	162	Sam Redwood	Falkirk Victoria Harriers	U13B	5.32.83
8	42	Scott Cramb	Strathearn Harriers	U13B	5.42.41
9	131	Niamh McKinlay	Central AC	U13G	5.42.67

Event 1500m**heat 3**

Pos	Vest	Name	Club	Cat	Time
1	179	Ben sutherland	Falkirk Victoria harriers	U17M	4.26.90
2	70	James Grant	Perth Strathtay Harriers	U17M	4.31.91
3	126	Malcolm McClure		U17M	4.34.25
4	91	Katie Johnson	Edinburgh AC	U15G	4.38.67
5	111	Donald Maclean	Giffnock North AAC	U20M	4.47.39
6	8	William Armstrong	Strathearn Harriers	U15B	4.50.61
7	194	Innes Wright	Team East Lothian	U13B	4.54.36
8	34	Caitlyn Christie	Fvh	U15G	5.02.26
9	32	Darren Carruthers	Red Star AC	SenM	5.05.98
10	18	Lydia Blythe		SenW	5.06.92

Event 1500m**heat 4**

Pos	Vest	Name	Club	Cat	Time
1	13	Connor Bell	Central AC	U15B	4.19.96
2	173	Daniel Saunders	Corstorphine	U17M	4.21.38
3	25	Lachlan Buchanan	Inverness Harriers	U15B	4.21.71
4	110	Jack Mackinnon	Cambuslang Harriers	U17M	4.22.12
5	127	Ethan McColgan	Dundee Hawkhill Harriers	U17M	4.22.41

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	37	Hannah Clark	Falkirk Victoria Harriers	U13G	4.28
2	139	Lewis Miller	Central AC	U13B	4.20
3	106	Zoe Loughrey	VP Glasgow	U13G	4.11
4	52	Emily Fawkes	Falkirk Victoria Harriers	U13G	4.06
5	6	Victoria Anestik	Falkirk Victoria Harriers	U13G	3.84
6	98	LILY KIMBERLEY	Falkirk Victoria Harriers	U11G	3.60
7	176	Mia Sokoluk	Livingston	U13G	3.58
8	84	Charlie Hunter	Dunfermline Track and Field	U11B	3.45
9	94	Samanta Juszczak	FVH	U13G	3.38
10	38	Jamie Connor	Central	U13B	3.29
11	81	Chloe Hughes	Linlithgow Athletics Club	U13G	3.24
12	130	Cara McKinlay	Central AC	U11G	3.03
13	69	Andrew Grant	Strathearn Harriers	U13B	3.00
14	46	Chloe Davies	Falkirk Harriers	U13G	2.62
15	122	Millie Mason	Cumbernauld	U13G	2.56
16	144	Alexandra Montgomery	Central AC	U11G	2.23

Event Shot Putt

Pos	Vest	Name	Club	Cat	Dist
1	12	Callum Ballantyne	Red star	U20M	7.09
1	157	Nicole Proudfoot	Annan & District AC	U17W	9.67
2	108	Inez MacIntosh	Falkirk Victoria Harriers	U17W	8.92
3	40	Molly Cornes	Central	U17W	8.07
1	145	Ellen Montgomery	Central AC	U15G	6.78
2	62	Erin Girdas	Dunfermline Track and Field	U15G	6.71
3	148	Niamh Douglas	Falkirk victoria harties	U15G	6.68
4	49	Megan Dunlop	Central AC	U15G	6.49
5	59	Eilidh Gallagher	Dunfermline Track and Field	U15G	6.28
6	65	Shannon Glen	Central	U15G	5.94
1	188	Donavan Webster	Montrose and District	SenM	11.80

Event Long Jump

Pos	Vest	Name	Club	Cat	Dist
1	22	Daniel Bruce	Central	U17M	5.70
2	157	Nicole Proudfoot	Annan & District AC	U17W	5.39
3	141	Ally Mitchell	Kilmarnock Harriers	U17M	5.30
4	150	Jamie o'connor	VP Glasgow	U17M	5.25
5	56	Katherine Fowler	Central AC	U15G	4.83
6	95	Louisa Kane	Falkirk Victoria Harriers	U15G	4.80
7	31	Louise Carroll	Central	U15G	4.74
8	15	Katie bennie	Falkirk Harriers	U15G	4.66
9	142	Logan Mitchell	Kilmarnock Harriers	U15B	4.62
10	29	Jack Campbell	Central	U15B	4.43
11	187	Rosie Watson	Law and district	U15G	4.14
12	20	Graeme Breslin	Corstorphine AAC	M55	4.01
13	45	Amaris Cuthbert	Central Athletic Club	U17W	3.90
14	153	Zosia Paddon	Central Athletic	U15G	3.38
15	65	Shannon Glen	Central	U15G	3.19
16	59	Eilidh Gallagher	Dunfermline Track and Field	U15G	2.98
17	83	Sam Hughes	Linlithgow Athletics Club	U15B	2.76

Event Shot Putt

Pos	Vest	Name	Club	Cat	Dist
1	143	Rhian Mitchell	Kilmarnock Harriers	U11B	6.25
1	61	Eihlinn Gillespie		U11G	4.31
2	130	Cara McKinlay	Central AC	U11G	3.68
1	128	Dylan Mcculloch	Central athletics	U13B	7.25
2	48	Alex Dunlop	Central AC	U13B	5.08
3	38	Jamie Connor	Central	U13B	4.79
1	6	Victoria Anestik	Falkirk Victoria Harriers	U13G	7.93
2	176	Mia Sokoluk	Livingston	U13G	5.61
3	178	Loren stewart	Central athletics	U13G	5.00
4	149	Aleshia O'Connor	Victoria Park City of Glasgow	U13G	4.85
5	164	Abby Renwick	Airdrie Harriers	U13G	4.68
6	131	Niamh McKinlay	Central AC	U13G	4.62
7	96	Sarah-Jane Kane	Falkirk Victoria Harriers	U13G	4.40