

Rank	Bib	Name	Club	M/F	ARank	Net	Time
1.	952	Sean Chalmers	Inverness Harriers	M	1.	1.	1:11:35 1:11:35
2.	846	Ian Thomson	Garscube Harriers	M35	2.	1.	1:15:40 1:15:41
3.	800	Brian Robinson	Ayr Seaforth Athletic Club	M35	3.	2.	1:19:43 1:19:43
4.	703	Gerry McParland	Calderglen Harriers	M45	4.	1.	1:22:47 1:22:48
5.	972	Ruairidh Macdonald		M	5.	2.	1:23:02 1:23:13
6.	804	John Ross	Ayr Seaforth Athletic Club	M35	6.	3.	1:23:45 1:23:46
7.	943	James Annan		M45	7.	2.	1:24:45 1:24:46
8.	440	Andrew Buchanan	Calderglen Harriers	M35	8.	4.	1:24:59 1:25:00
9.	839	Charles Taylor		M35	9.	5.	1:24:51 1:25:08
10.	935	Steven Robson	Kilmarnock Harrier & Athletic Club	M35	10.	6.	1:25:14 1:25:20
11.	740	Stuart Murdoch		M45	11.	3.	1:25:39 1:25:41
12.	1001	Maarten Van der hoeven		M35	12.	7.	1:26:02 1:26:08
13.	981	Andrew Shields		M	13.	3.	1:26:08 1:26:11
14.	835	Charlie Storrie	Dumfries Running Club	M U23	14.	1.	1:26:27 1:26:29
15.	911	David Wilson	Brechin Road Runners	M45	15.	4.	1:26:31 1:26:33
16.	770	Matt Pearce	Troon Tortoises	M45	16.	5.	1:26:53 1:26:55
17.	1007	Chris Grant Pantrey	Shettleston Harriers	M35	17.	8.	1:27:28 1:27:32
18.	755	Michael O'Brien		M45	18.	6.	1:27:42 1:27:46
19.	518	Jamie Duncan		M45	19.	7.	1:28:49 1:28:52
20.	991	James Battye	Bellahouston Road Runners	M	20.	4.	1:28:50 1:28:52
21.	989	Colin Hall		M	21.	5.	1:28:48 1:29:08
22.	990	Eric Anderson	Anster Haddies Running Club	M45	22.	8.	1:29:11 1:29:13
23.	932	Matthew Girvan		M	23.	6.	1:29:36 1:29:39
24.	724	Ken Monaghan	Kilmarnock Harrier & Athletic Club	M45	24.	9.	1:30:13 1:30:21
25.	896	George Ross		M35	25.	9.	1:30:39 1:30:41
26.	652	Jacob Mackenzie	Run Mackenzie	M U23	26.	2.	1:31:27 1:31:27
27.	865	Matthew Watson	Ron's Runners	M45	27.	10.	1:31:12 1:31:36
28.	636	Derek Leith		M35	28.	10.	1:31:53 1:32:05
29.	607	Graeme Jack		M55	29.	1.	1:32:01 1:32:08
30.	925	Alasdair Armstrong	Ayr Seaforth Athletic Club	M U23	30.	3.	1:32:10 1:32:12
31.	1027	Scott Mccrone	Northampton Road Runners	M45	31.	11.	1:32:07 1:32:12
32.	1026	James Shirlaw	Bellahouston Road Runners	M35	32.	11.	1:32:05 1:32:14
33.	548	Andy Fury	North Shields Polytechnic Club	M35	33.	12.	1:32:21 1:32:23
34.	731	Ian Morrisin	Ayr Seaforth Athletic Club	M45	34.	12.	1:32:58 1:33:00
35.	611	Christopher Johnson	Ayr Burners	M35	35.	13.	1:33:42 1:33:54
36.	585	Richie Harkin		M35	36.	14.	1:33:49 1:34:03
37.	844	Alistair Thomson		M35	37.	15.	1:34:02 1:34:04
38.	1003	Graeme Mckenzie	Troon Tortoises	M45	38.	13.	1:34:18 1:34:20
39.	862	Lynne Wardrop		F45	1.	1.	1:34:19 1:34:20
40.	632	Emma Laverie	Edinburgh Athletics Club	F35	2.	1.	1:34:20 1:34:31
41.	961	Derrick McCourt	McCourt Derrick	M45	39.	14.	1:34:50 1:34:58
42.	410	Liam Baldwin		M	40.	7.	1:34:33 1:35:16
43.	1013	Neil Smith		M35	41.	16.	1:34:49 1:35:17
44.	817	Craig Smith		M35	42.	17.	1:34:58 1:35:20
45.	550	Michael Garcia		M45	43.	15.	1:35:19 1:35:22
46.	947	Mark Mclean		M35	44.	18.	1:35:15 1:35:23
47.	517	Hugh Duncan		M45	45.	16.	1:35:15 1:35:37
48.	590	Mike Harvey	North Shields Polytechnic Club	M35	46.	19.	1:35:45
49.	750	Darren Nicol		M35	47.	20.	1:35:29 1:35:46
50.	1025	Marianne Wilson	North Highland Harriers	F35	3.	2.	1:35:50 1:35:53

51.	426	Barry Bohan		M35	48.	21.	1:35:45	1:35:57
52.	540	Scott Finnie		M35	49.	22.	1:36:12	1:36:28
53.	485	Virginia Cryle	Five Star Active	F35	4.	3.	1:36:23	1:36:32
54.	530	Simon Farrell		M35	50.	23.	1:36:54	1:36:56
55.	1022	Jonathan Dougan		M35	51.	24.	1:36:46	1:37:23
56.	586	Alexander Harold	BCRC	M45	52.	17.	1:37:14	1:37:28
57.	616	Gavin Kelly	Ayrodynamic Triathlon Club	M45	53.	18.	1:37:14	1:37:31
58.	617	Katrine Kelly	Troon Tortoises	F35	5.	4.	1:37:35	1:37:40
59.	985	Greg Trainor		M	54.	8.	1:37:32	1:37:45
60.	726	James Moore		M45	55.	19.	1:37:30	1:37:45
61.	876	Rachel Wesley		F35	6.	5.	1:37:41	1:37:51
62.	764	Iain Paterson	Garscube Harriers	M45	56.	20.	1:37:45	1:37:55
63.	596	David Hepburn	Hamilton Harriers	M45	57.	21.	1:37:52	1:37:59
64.	799	Douglas Robertson		M45	58.	22.	1:37:51	1:38:00
65.	475	Andrew Corrigan	Lothian Running Club	M45	59.	23.	1:38:01	1:38:08
66.	966	Stephen Murtagh		M35	60.	25.	1:38:22	1:38:47
67.	955	Gordon McNab	Ayr Burners	M45	61.	24.	1:38:31	1:38:52
68.	993	William Park		M35	62.	26.	1:38:49	1:38:54
69.	659	Alan Martin		M35	63.	27.	1:38:55	1:39:02
70.	462	Marty Campbell	Bellahouston Road Runners	M45	64.	25.	1:38:51	1:39:03
71.	782	Kevin Queenan	Bellahouston Road Runners	M45	65.	26.	1:38:52	1:39:03
72.	676	Ross McClelland		M	66.	9.	1:38:56	1:39:06
73.	639	Jim Lillico	Alnwick Harriers	M55	67.	2.	1:39:07	1:39:09
74.	938	Stewart Hamilton	Achilles Heel	M35	68.	28.	1:38:53	1:39:11
75.	946	Kirstie MacDonald	Red Bridge Runners	F	7.	1.	1:38:54	1:39:12
76.	506	James Dodds	Galloway Harriers	M35	69.	29.	1:39:07	1:39:13
77.	437	Wullie Brown	MAD Team IRC	M55	70.	3.	1:39:17	1:39:18
78.	886	CAMERON YOUNG		M	71.	10.	1:39:12	1:39:22
79.	822	Liam Sommerville		M35	72.	30.	1:39:27	1:39:28
80.	465	Joe Chambers	Springburn Harriers	M35	73.	31.	1:39:30	1:39:33
81.	1028	Ian Young	Ayr Seaforth Athletic Club	M35	74.	32.	1:39:15	1:39:36
82.	734	Scott Morrison		M45	75.	27.	1:39:27	1:39:46
83.	949	Stuart McLean	Ayr Seaforth Athletic Club	M45	76.	28.	1:39:38	1:39:46
84.	971	David Murdoch		M45	77.	29.	1:39:40	1:39:51
85.	819	David Snaddon		M45	78.	30.	1:39:47	1:39:54
86.	937	Trevor Phillips		M45	79.	31.	1:39:45	1:39:57
87.	956	Samantha Russell		F	8.	2.	1:39:51	1:40:15
88.	1006	Tony Walsh		M35	80.	33.	1:40:13	1:40:33
89.	623	David Keston		M45	81.	32.	1:40:32	1:40:41
90.	784	Raymond Quinn		M45	82.	33.	1:40:43	1:40:51
91.	497	Gary Dempster		M35	83.	34.	1:40:44	1:41:00
92.	881	Lee Wilson		M35	84.	35.	1:40:50	1:41:06
93.	996	Vivien Thorpe	East Kilbride Athletics Club	F35	9.	6.	1:41:27	1:41:31
94.	940	John Budge	North Highland Harriers	M45	85.	34.	1:41:34	1:41:37
95.	821	Natalie Somerville	Maryhill Harriers	F35	10.	7.	1:41:42	1:41:44
96.	880	John Wilson		M35	86.	36.	1:41:41	1:41:53
97.	705	Chris McSorley		M35	87.	37.	1:41:24	1:41:57
98.	618	Ross Kelly		M35	88.	38.	1:41:58	1:42:04
99.	545	Iain Frew		M	89.	11.	1:41:39	1:42:05
100.	962	Jamie McCourt		M	90.	12.	1:41:56	1:42:05
101.	470	alex collier		M35	91.	39.	1:42:04	1:42:09
102.	656	Alison Malone	Linlithgow Athletic Club	F35	11.	8.	1:42:12	1:42:17

103.	722	Ian Mitchell	MMWRC	M35	92.	40.	1:42:13	1:42:17
104.	720	Gordon Mitchell	MMWRC	M45	93.	35.	1:42:13	1:42:17
105.	897	Heather Murray		F35	12.	9.	1:42:01	1:42:22
106.	898	James Murray		M35	94.	41.	1:42:01	1:42:23
107.	978	Stuart Telfer	Bellahouston Road Runners	M45	95.	36.	1:42:51	1:43:02
108.	416	Shaun Barrett		M	96.	13.	1:43:03	1:43:09
109.	810	Iain Service		M35	97.	42.	1:42:51	1:43:11
110.	902	Elizabeth Craig		F35	13.	10.	1:43:40	1:43:42
111.	572	neil graham	Lothian Running Club	M45	98.	37.	1:43:31	1:43:53
112.	584	Chris Haran		M	99.	14.	1:43:52	1:43:56
113.	727	Tom Moore	Royal Navy Athletics Club	M	100.	15.	1:43:31	1:44:00
114.	803	Ian Rogers		M55	101.	4.	1:43:54	1:44:03
115.	424	Ian Birch	Bellahouston Road Runners	M45	102.	38.	1:44:00	1:44:14
116.	564	Kirk Glen		M55	103.	5.	1:43:43	1:44:22
117.	1010	Alasdair Beaton		M35	104.	43.	1:44:07	1:44:29
118.	1012	Christopher Neill		M35	105.	44.	1:43:56	1:44:34
119.	1017	Stephen Mcanespie		M35	106.	45.	1:44:10	1:44:35
120.	859	Simon Walker		M35	107.	46.	1:44:38	1:44:41
121.	828	Graham Statter	Bishops Stortford RC	M55	108.	6.	1:44:41	1:44:46
122.	893	Peter McLaughlin		M35	109.	47.	1:44:25	1:44:50
123.	541	John Paul Flanigan		M35	110.	48.	1:44:38	1:44:51
124.	489	Padraig Cuthbertson		M	111.	16.	1:44:29	1:44:52
125.	899	Mel Barrett		F	14.	3.	1:44:35	1:44:55
126.	682	Scott McEwan		M45	112.	39.	1:44:39	1:45:03
127.	425	Chase Blackmon		M	113.	17.	1:45:01	1:45:05
128.	992	Martin Carmichael		M45	114.	40.	1:45:07	1:45:23
129.	824	Andrew Spence		M	115.	18.	1:45:20	1:45:29
130.	957	Iain Davidson	Girvan Athletic Club	M55	116.	7.	1:45:18	1:45:40
131.	674	Adam Mccalmont		M35	117.	49.	1:45:12	1:45:44
132.	877	Janet Westwater		F35	15.	11.	1:45:36	1:45:45
133.	449	Christopher Burns	Jog scotland cambuslang	M	118.	19.	1:45:44	1:45:49
134.	477	Paul Coxall	Metro Aberdeen Running Club	M55	119.	8.	1:45:48	1:46:01
135.	486	James Cunningham		M55	120.	9.	1:45:52	1:46:12
136.	480	John Cran		M35	121.	50.	1:45:30	1:46:14
137.	690	Kirsten Mclver		F	16.	4.	1:45:39	1:46:20
138.	714	Neil Miller		M45	122.	41.	1:45:37	1:46:20
139.	653	Jonathan Macneal		M35	123.	51.	1:46:06	1:46:28
140.	668	Rory McAusland		M	124.	20.	1:46:28	1:46:29
141.	951	Stephen Wilson		M	125.	21.	1:46:10	1:46:30
142.	891	Alexander Menzies		M35	126.	52.	1:46:24	1:46:30
143.	894	Jenny Inglis		F45	17.	2.	1:46:08	1:46:40
144.	987	William Morrison		M45	127.	42.	1:46:18	1:46:54
145.	560	Jamie Gilbert		M35	128.	53.	1:46:38	1:47:07
146.	624	Gary Kidd	Toni's Tigers	M55	129.	10.	1:46:55	1:47:15
147.	754	Andrew Norman		M55	130.	11.	1:47:16	1:47:18
148.	988	Tessa Hall		F	18.	5.	1:46:58	1:47:18
149.	431	Christopher Boyle		M35	131.	54.	1:47:01	1:47:21
150.	610	Colin Jagodowski		M35	132.	55.	1:47:20	1:47:36
151.	421	James Bennett		M35	133.	56.	1:47:35	1:47:38
152.	516	Charlotte Duncan		F45	19.	3.	1:47:24	1:47:47
153.	626	Tony King		2 M45	134.	43.	1:47:52	1:48:10
154.	701	Alison McMillan		3 F35	20.	12.	1:47:45	1:48:11

155.	995	Asif Khan		4	M35	135.	57.	1:47:55	1:48:16
156.	973	Patrick Harkin		5	M	136.	22.	1:48:16	1:48:21
157.	522	Kenny Dunsmuir		6	M35	137.	58.	1:48:25	1:48:31
158.	910	Alastair Goudie		7	M45	138.	44.	1:48:23	1:48:34
159.	830	Stuart Stephen		8	M45	139.	45.	1:47:58	1:48:41
160.	709	Ian Meek		9	M35	140.	59.	1:48:40	1:48:52
161.	684	Mark McFarlane		10	M45	141.	46.	1:48:23	1:48:59
162.	775	Shelley Percival	Shelley Percival		F35	21.	13.	1:49:00	1:49:15
163.	999	Alexandrea Gonzales	Dumfries Harriers		F	22.	6.	1:48:44	1:49:20
164.	484	Mary Cryan			F45	23.	4.	1:49:07	1:49:27
165.	895	Nicholas Glass			M35	142.	60.	1:49:08	1:49:35
166.	743	Scott Murray			M35	143.	61.	1:49:38	1:49:45
167.	773	Colin Peebles			M35	144.	62.	1:49:32	1:49:57
168.	710	Stuart Melville			M35	145.	63.	1:49:22	1:49:58
169.	915	Sean Lynch			M55	146.	12.	1:49:34	1:50:00
170.	704	Craig McRobert			M	147.	23.	1:49:40	1:50:07
171.	679	Kerry McCrone	Troon Tortoises		F35	24.	14.	1:49:42	1:50:10
172.	1000	Lewis Black	Dumfries Harriers		M	148.	24.	1:49:45	1:50:20
173.	950	Elaine Warr			F45	25.	5.	1:49:58	1:50:21
174.	948	Chris Bond			M45	149.	47.	1:50:07	1:50:25
175.	900	Colin Meikle			M45	150.	48.	1:49:52	1:50:30
176.	856	Emma von Hof	Ayrodynamic Triathlon Club		F35	26.	15.	1:50:26	1:50:44
177.	1020	Allison McIntyre			F45	27.	6.	1:50:36	1:50:50
178.	1015	Glenn Henderson			M	151.	25.	1:50:27	1:51:02
179.	890	Lewis Kelly			M	152.	26.	1:51:02	1:51:09
180.	741	Tim Murphy			M45	153.	49.	1:50:45	1:51:12
181.	892	Paul McNamara			M45	154.	50.	1:51:09	1:51:21
182.	1021	Chris Stewart			M	155.	27.	1:51:34	1:51:34
183.	561	Kieran Gilhooley			M	156.	28.	1:50:58	1:51:39
184.	638	Alan Leslie			M	157.	29.	1:51:26	1:51:40
185.	402	Brian Alner	Bromsgrove and Redditch		M55	158.	13.	1:51:17	1:51:49
186.	698	Kirsty Mcleish	MRF		F35	28.	16.	1:51:47	1:52:07
187.	490	Steven Cuthbertson			M45	159.	51.	1:51:51	1:52:15
188.	1016	Frankie Clarke			M35	160.	64.	1:51:42	1:52:16
189.	412	Kerrell Banks			M45	161.	52.	1:52:14	1:52:18
190.	916	Paul Stevens	Troon Tortoises		M55	162.	14.	1:52:09	1:52:21
191.	831	James Anthony Stevenson	Scottish Fire & Rescue Service AC		M55	163.	15.	1:52:05	1:52:27
192.	655	Angela Malcolm	Fife Athletic Club		F45	29.	7.	1:52:17	1:52:28
193.	1002	Stephen Meneely			M	164.	30.	1:52:12	1:52:34
194.	788	Claire Rankin	Rhins Runners		F35	30.	17.	1:52:21	1:52:36
195.	702	Simon McNeill			M35	165.	65.	1:52:16	1:52:37
196.	435	Calum Brodie	Team Beth		M35	166.	66.	1:52:22	1:52:48
197.	974	Lorna McKay	Strathaven Striders		F35	31.	18.	1:52:31	1:52:50
198.	643	Jonathan Lloyd			M45	167.	53.	1:52:30	1:52:57
199.	872	ia in welford	Newton Road Runners		M35	168.	67.	1:52:30	1:52:58
200.	677	Alistair McClure			M55	169.	16.	1:52:25	1:53:02
201.	912	Robert Ferguson	Newton Road Runners		M35	170.	68.	1:52:43	1:53:10
202.	664	Craig McAllister	Vegan Runners		M35	171.	69.	1:52:28	1:53:12
203.	433	Frank Braddick			M35	172.	70.	1:53:01	1:53:19
204.	613	Ruaraidh Johnston			M45	173.	54.	1:53:01	1:53:19
205.	405	Steven Anderson			M35	174.	71.	1:52:53	1:53:21
206.	742	David Murray			M	175.	31.	1:52:44	1:53:24

207.	864	Kevin Watson		M35	176.	72.	1:53:13	1:53:28
208.	569	Rebekah Goupillot		F	32.	7.	1:53:13	1:53:28
209.	430	Samantha Boyce	Sami	F35	33.	19.	1:53:14	1:53:29
210.	429	Rachel Borland		F35	34.	20.	1:53:16	1:53:52
211.	708	Fiona Meek		F35	35.	21.	1:53:40	1:53:55
212.	930	Calum Dryburgh		M U23	177.	4.	1:53:45	1:54:21
213.	806	Peter Ryan		M55	178.	17.	1:54:06	1:54:27
214.	539	Kenny Finlayson	Cambuslang Harriers	M45	179.	55.	1:54:11	1:54:30
215.	922	Douglas George		M45	180.	56.	1:54:11	1:54:34
216.	781	Fiona Quayle	West End Road Runners	F35	36.	22.	1:54:33	1:54:41
217.	730	John Morrice		M45	181.	57.	1:54:13	1:54:42
218.	998	Daniel Grant		M	182.	32.	1:54:49	1:55:12
219.	954	Robert Young		M	183.	33.	1:54:44	1:55:13
220.	498	Sarah Devlin	Strathaven Striders	F35	37.	23.	1:55:12	1:55:16
221.	597	David Hewitt	STEEL CITY STRIDERS	M65+	184.	1.	1:55:08	1:55:27
222.	456	Alison Cairns	Bellahouston Road Runners	F45	38.	8.	1:55:25	1:55:39
223.	1014	Stuart Black	Dumfries Harriers	M	185.	34.	1:55:16	1:55:51
224.	471	David Collings		M45	186.	58.	1:55:41	1:56:04
225.	928	Andrew Proctor		M35	187.	73.	1:55:47	1:56:12
226.	669	Craig McBreen		M35	188.	74.	1:55:31	1:56:14
227.	608	Catherine Jackson		F35	39.	24.	1:55:51	1:56:16
228.	458	Fiona Caldwell		F35	40.	25.	1:56:03	1:56:17
229.	493	Scott Davidson		M	189.	35.	1:56:11	1:56:21
230.	816	Madeline Smillie	Bellahouston Road Runners	F45	41.	9.	1:56:11	1:56:23
231.	908	Lynn Smith		F55	42.	1.	1:56:01	1:56:35
232.	1023	Chris Young		M35	190.	75.	1:55:53	1:56:40
233.	1008	James Ashe	ah running club	M55	191.	18.	1:56:34	1:56:51
234.	622	Daniel Kershaw	Falkland Trail Runners	M35	192.	76.	1:56:41	1:56:59
235.	443	Elaine Bufton		F45	43.	10.	1:56:56	1:57:05
236.	850	William Todd	William Todd	M35	193.	77.	1:56:49	1:57:09
237.	459	Angela Campbell	Strathaven Striders	F	44.	8.	1:56:50	1:57:10
238.	861	Michael Ward		M45	194.	59.	1:56:57	1:57:10
239.	1011	Brian Corrway		M45	195.	60.	1:57:02	1:57:11
240.	735	Victoria Morrison		F	45.	9.	1:56:50	1:57:14
241.	619	Gayle Kennedy	Giffnock North AAC	F35	46.	26.	1:56:54	1:57:18
242.	621	Carolyn Kerr		F45	47.	11.	1:57:04	1:57:19
243.	660	ewan martin		M	196.	36.	1:56:37	1:57:27
244.	845	Gavin Thomson		M	197.	37.	1:57:14	1:57:33
245.	779	Andrew Powell		M45	198.	61.	1:57:16	1:57:37
246.	453	Clare Byars		F	48.	10.	1:57:37	1:57:44
247.	415	Emma Barrett		F	49.	11.	1:57:34	1:58:06
248.	552	Colin Garrett		M35	199.	78.	1:57:45	1:58:11
249.	909	marcin mroccka		M	200.	38.	1:57:36	1:58:14
250.	976	David Stribling		M45	201.	62.	1:58:16	1:58:23
251.	941	Jane Barr		F35	50.	27.	1:58:24	1:58:29
252.	921	Ashley Mcllroy		F	51.	12.	1:58:01	1:58:31
253.	603	Ged Howard		M	202.	39.	1:58:21	1:58:34
254.	599	Richard Hirst	Toni's tigers	M45	203.	63.	1:57:57	1:58:36
255.	481	Nicholas Cranston		M35	204.	79.	1:58:30	1:58:37
256.	959	Gerry Duddy	Newton Road Runners	M35	205.	80.	1:58:31	1:58:57
257.	614	Dafydd Jones		M	206.	40.	1:58:30	1:59:02
258.	965	Jennifer White		F	52.	13.	1:59:21	1:59:23

259.	874	Craig Welsh		M35	207.	81.	1:58:41	1:59:24
260.	913	David Morrison		M35	208.	82.	1:58:40	1:59:25
261.	515	Michael Dunbar		M45	209.	64.	1:59:01	1:59:25
262.	778	Stuart Pike		M45	210.	65.	1:58:52	1:59:26
263.	556	Nicola George		F35	53.	28.	1:59:13	1:59:36
264.	444	Connor Burgess		M	211.	41.	1:59:17	1:59:42
265.	438	Les Bryden		M55	212.	19.	1:59:34	1:59:46
266.	942	Catherine Donald		F35	54.	29.	1:59:15	1:59:55
267.	827	Noel Stafford		M35	213.	83.	1:59:14	1:59:56
268.	582	Lizzie Hannaford		F	55.	14.	1:59:31	2:00:00
269.	939	Estee Coetzee		F	56.	15.	1:59:41	2:00:14
270.	774	Graeme Percival		M35	214.	84.	1:59:42	2:00:24
271.	521	Scott Dunlop	Scott dunlop	M	215.	42.	2:00:19	2:00:25
272.	555	Hannah Geller		F	57.	16.	1:59:54	2:00:35
273.	473	Daniel Cornwall		M35	216.	85.	2:00:09	2:00:43
274.	980	Scott Watson		M45	217.	66.	2:00:40	2:00:49
275.	960	Claire Johnston		F35	58.	30.	2:00:34	2:01:04
276.	780	Lois Priestley		F35	59.	31.	2:00:37	2:01:06
277.	970	Sharon Maclean		F35	60.	32.	2:00:38	2:01:13
278.	882	Axel Winkler		M45	218.	67.	2:00:35	2:01:23
279.	1009	Lauren Cairley	Springburn Harriers	F	61.	17.	2:01:08	2:01:31
280.	737	Stephen Mullen		M	219.	43.	2:01:05	2:01:34
281.	984	Richard Harvey		M45	220.	68.	2:01:06	2:01:41
282.	1005	Osman rafiq	Glasgow FrontRunners	M35	221.	86.	2:01:10	2:01:55
283.	650	Lynda Macdonald	Achilles Heel Glashow	F45	62.	12.	2:01:40	2:01:58
284.	968	Rod Davie		M45	222.	69.	2:01:16	2:02:00
285.	578	Lynda Hamilton		F55	63.	2.	2:01:57	2:02:06
286.	933	Jennifer Bryceland		F	64.	18.	2:01:49	2:02:07
287.	711	Alan Middleton		M55	223.	20.	2:01:41	2:02:08
288.	761	Laura Parker		F35	65.	33.	2:01:57	2:02:42
289.	843	Shonah Thom		F45	66.	13.	2:02:49	2:03:08
290.	760	John Parker		M45	224.	70.	2:03:09	2:03:15
291.	467	Jess Christley		F	67.	19.	2:02:52	2:03:20
292.	920	Agata McWhirter		F	68.	20.	2:03:17	2:03:35
293.	944	Bronwyn Francis		F35	69.	34.	2:03:19	2:03:50
294.	511	Kate Downes		F35	70.	35.	2:03:37	2:03:50
295.	729	Joanne Morrice		F45	71.	14.	2:03:26	2:03:55
296.	598	Marie Hirst	Toni's tigers	F45	72.	15.	2:03:22	2:04:01
297.	695	Kerry McKnight		F35	73.	36.	2:03:17	2:04:02
298.	763	Graeme Paterson	Graeme Paterson	M35	225.	87.	2:03:30	2:04:10
299.	417	Stuart Bates		M65+	226.	2.	2:03:50	2:04:11
300.	914	Alan Drennan		M35	227.	88.	2:03:33	2:04:15
301.	559	Lynda Gibson		F35	74.	37.	2:04:19	2:04:23
302.	400	David Abbott		M35	228.	89.	2:03:47	2:04:32
303.	917	Susan Carton	Troon Tortoises	F45	75.	16.	2:04:30	2:04:34
304.	924	Hazel McFarlane		F45	76.	17.	2:04:30	2:04:34
305.	836	Scott Strachan		M35	229.	90.	2:04:25	2:04:44
306.	699	Ewan Mclennan		M	230.	44.	2:04:02	2:04:44
307.	838	Fraser Sym		M	231.	45.	2:04:29	2:05:06
308.	503	Eddie Docherty		M45	232.	71.	2:04:41	2:05:13
309.	795	Darren Robb	Troon Tortoises	M45	233.	72.	2:05:01	2:05:18
310.	543	Steve Fox		M55	234.	21.	2:04:33	2:05:22

311.	768	Brian Paxton		M35	235.	91.	2:04:49	2:05:26
312.	670	Maartin Mcbreen		M35	236.	92.	2:05:06	2:05:49
313.	907	Rachel Cox	Ron's Runners	F45	77.	18.	2:05:29	2:06:01
314.	867	Shona Watson		F35	78.	38.	2:05:45	2:06:09
315.	757	Joyce O'Shea		F35	79.	39.	2:05:45	2:06:09
316.	994	Scott Gingell	Lothian Running Club	M45	237.	73.	2:06:13	2:06:21
317.	958	Katharine Bingham		F	80.	21.	2:06:01	2:06:24
318.	472	Karen Connor		F35	81.	40.	2:06:22	2:06:39
319.	848	William Thomson		M35	238.	93.	2:06:36	2:06:45
320.	629	Romy Klein		F	82.	22.	2:06:25	2:06:52
321.	549	Peter Gallagher	Jog Scotland	M45	239.	74.	2:06:47	2:06:57
322.	858	Ian Walker		M45	240.	75.	2:06:47	2:07:03
323.	855	Craig Vickery		M45	241.	76.	2:06:40	2:07:06
324.	605	Allan Hunter		M55	242.	22.	2:06:43	2:07:13
325.	508	Grant Donnelly		M	243.	46.	2:06:53	2:07:31
326.	422	Lynda Bennett	Troon Tortoises	F	83.	23.	2:07:10	2:07:39
327.	554	Julie Geates		F	84.	24.	2:07:05	2:07:42
328.	812	simone sherrie	Clydesdale Harriers	F U23	85.	1.	2:07:42	2:07:46
329.	432	karen bradbury		F45	86.	19.	2:07:57	2:08:13
330.	649	jamie macdonald		M35	244.	94.	2:07:54	2:08:23
331.	406	Tracy Anderson	North Ayrshire Athletics Club	F35	87.	41.	2:07:53	2:08:24
332.	666	Arlene McAnespie		F35	88.	42.	2:08:32	2:08:57
333.	630	Jane Kruse		F55	89.	3.	2:08:34	2:09:08
334.	707	James medhurst		M45	245.	77.	2:08:37	2:09:09
335.	591	Karen Hazlett		F35	90.	43.	2:08:37	2:09:09
336.	461	Donald Campbell		M	246.	47.	2:08:55	2:09:24
337.	712	Gerry Millar		M35	247.	95.	2:09:15	2:09:50
338.	553	Emma-Jane Gault		F45	91.	20.	2:09:33	2:10:08
339.	918	Lorna Edwards	East Kilbride Athletics Club	F45	92.	21.	2:09:33	2:10:08
340.	483	Mark Creasey	Hamilton Harriers	M45	248.	78.	2:09:58	2:10:09
341.	883	Terry Wright		M65+	249.	3.	2:09:43	2:10:09
342.	801	Jonathan Rodden		M45	250.	79.	2:10:09	2:10:15
343.	551	Amy Garrett		F35	93.	44.	2:09:47	2:10:20
344.	901	Allan Coughtrie		M35	251.	96.	2:10:18	2:10:22
345.	905	Kirsty Stevenson		F35	94.	45.	2:10:17	2:10:22
346.	633	Gillian Law		F45	95.	22.	2:10:04	2:10:46
347.	409	Ross Baillie		M	252.	48.	2:10:38	2:10:58
348.	573	David Grant		M	253.	49.	2:10:38	2:10:59
349.	983	Margo Grant		F45	96.	23.	2:10:27	2:10:59
350.	577	Alastair Hamilton		M	254.	50.	2:11:01	2:11:09
351.	700	Melanie McLeod		F35	97.	46.	2:10:55	2:11:26
352.	753	Ross Nisbet		M35	255.	97.	2:11:02	2:11:44
353.	746	Ashley Naismith		F	98.	25.	2:11:44	2:11:55
354.	833	Richard Stewart		M35	256.	98.	2:11:45	2:11:56
355.	478	Jeanette Craig	Springburn Harriers	F65+	99.	1.	2:11:54	2:11:57
356.	601	Shelley Hogg		F35	100.	47.	2:12:27	2:12:35
357.	718	Graham Mirtle		M45	257.	80.	2:12:08	2:12:36
358.	825	Paul Spence		M35	258.	99.	2:12:09	2:12:36
359.	823	Kelly Speirs	Lomond triathlon club	F35	101.	48.	2:12:20	2:12:36
360.	583	Lorna Hannah	Galloway Harriers	F35	102.	49.	2:12:30	2:12:46
361.	738	Michelle Mulligan		F	103.	26.	2:12:28	2:12:53
362.	791	Peter Reynolds		M65+	259.	4.	2:12:38	2:13:01

363.	628	Lindsay Kirkland		F35	104.	50.	2:12:31	2:13:02
364.	840	Robert Taylor	Lindsay Kirkland	M45	260.	81.	2:12:32	2:13:03
365.	496	James Deans		M55	261.	23.	2:12:43	2:13:22
366.	829	Heather Stephen	JSK Running Club	F35	105.	51.	2:12:48	2:13:31
367.	975	Allyson Hair		F	106.	27.	2:12:56	2:13:34
368.	423	Matthew Berry		M	262.	51.	2:13:03	2:13:41
369.	931	Emma McGhee		F35	107.	52.	2:13:43	2:14:23
370.	929	Stephen McGhee		M45	263.	82.	2:13:43	2:14:23
371.	532	Andrew Ferguson		M45	264.	83.	2:14:17	2:14:47
372.	408	Di Babbington		F55	108.	4.	2:14:28	2:14:54
373.	528	Kezia Falconer		F	109.	28.	2:14:17	2:14:57
374.	936	Bonnie Atkinson		F	110.	29.	2:14:56	2:15:37
375.	527	Jane Eyre		F	111.	30.	2:15:16	2:15:38
376.	587	Abby Harrity	3 Musketeers	F	112.	31.	2:15:20	2:15:45
377.	562	Mhairi Gill		F35	113.	53.	2:15:28	2:16:05
378.	686	Bob McGhee		M35	265.	100.	2:16:09	2:16:29
379.	445	Jamie Burgess		M45	266.	84.	2:16:17	2:16:40
380.	450	Gerry Burns		M45	267.	85.	2:16:09	2:16:41
381.	667	alastair mcarthur		M55	268.	24.	2:16:00	2:16:46
382.	463	Sonya Cassidy		F45	114.	24.	2:16:00	2:16:46
383.	482	Carolyn Crawford	Erskine Jogging Buddies	F45	115.	25.	2:17:09	2:17:39
384.	514	Joanne Duggan		F45	116.	26.	2:17:12	2:17:42
385.	863	Derek Watson		M45	269.	86.	2:17:38	2:18:05
386.	574	Andrew Greer		M	270.	52.	2:17:27	2:18:05
387.	657	Kenny Malone		M35	271.	101.	2:17:28	2:18:13
388.	469	Gavin Cockburn		M35	272.	102.	2:17:28	2:18:13
389.	870	colin weir		M45	273.	87.	2:17:58	2:18:37
390.	871	joyce weir		F55	117.	5.	2:17:58	2:18:37
391.	904	John Guttridge		M45	274.	88.	2:19:19	2:19:28
392.	688	Amy McGuire		F35	118.	54.	2:19:03	2:19:33
393.	627	Maggie Kinghorn-Boyd		F45	119.	27.	2:19:02	2:19:36
394.	495	Fiona De Stefano		F45	120.	28.	2:19:18	2:19:43
395.	557	Brian Gibson	Toni's Tigers	M55	275.	25.	2:19:25	2:20:03
396.	732	Helen Morrison	Helen Morrison	F45	121.	29.	2:19:59	2:20:21
397.	733	Neil Morrison		M45	276.	89.	2:20:00	2:20:22
398.	678	Jennifer Mccreadie		F	122.	32.	2:20:10	2:21:00
399.	793	Fraser Ritchie		M	277.	53.	2:20:53	2:21:25
400.	1019	Sam Whitters		F35	123.	55.	2:20:52	2:21:25
401.	997	Stuart Cooper		M35	278.	103.	2:20:44	2:21:29
402.	852	Aileen Valenti		F45	124.	30.	2:21:16	2:21:48
403.	460	Carole Campbell		F35	125.	56.	2:21:16	2:21:48
404.	418	Elizabeth Beattie		F55	126.	6.	2:22:19	2:22:25
405.	889	Caroline Devlin		F35	127.	57.	2:23:12	2:23:22
406.	986	Xijia Liao		F45	128.	31.	2:22:53	2:23:29
407.	672	Fiona Mccaig		F35	129.	58.	2:23:13	2:23:50
408.	766	Lorraine Paterson		F35	130.	59.	2:23:49	2:24:10
409.	1024	Grace Beattie		F35	131.	60.	2:24:39	2:25:14
410.	715	Paul Miller	St Cyrus Solos	M55	279.	26.	2:24:27	2:25:14
411.	536	Jill Ferguson		F35	132.	61.	2:25:00	2:25:38
412.	692	Laura McKenna		F35	133.	62.	2:25:01	2:25:38
413.	571	Clare Graham	Clare Graham	F45	134.	32.	2:26:25	2:27:01
414.	411	John Ballantyne		M65+	280.	5.	2:26:31	2:27:17



415.	736	Karen Muir		F35	135.	63.	2:26:59	2:27:38
416.	797	Cameron Robertson		M55	281.	27.	2:28:22	2:29:00
417.	542	Molly Fowlie		F U23	136.	2.	2:28:30	2:29:04
418.	798	Clare Robertson		F45	137.	33.	2:28:48	2:29:19
419.	783	Emma Quinn		F35	138.	64.	2:28:54	2:29:29
420.	953	Cheryl Turner	Abbey Mill Fitness Club Renfrewshire	F	139.	33.	2:29:41	2:29:58
421.	964	Louise Capuano	Abbey Mill Fitness Club Renfrewshire	F35	140.	65.	2:29:42	2:29:59
422.	537	Kevan Ferguson		M35	282.	104.	2:30:00	2:30:13
423.	567	Arlene Goodwin	Cumnock Cruisers	F45	141.	34.	2:30:04	2:30:37
424.	641	Amanda Lindsay	Ron's Runners	F45	142.	35.	2:31:05	2:31:38
425.	600	Eleanor Hogg		F55	143.	7.	2:31:05	2:31:38
426.	979	Charles Maxwell		M65+	283.	6.	2:31:31	2:31:44
427.	474	Kirsty Cornwall		F35	144.	66.	2:32:03	2:32:39
428.	842	Carla Telfer	Bellahouston Road Runners	F45	145.	36.	2:32:19	2:32:46
429.	802	Lorraine Rodden		F35	146.	67.	2:32:41	2:32:47
430.	748	Claire Nichol		F35	147.	68.	2:32:20	2:33:02
431.	646	Duncan MacCorquodale		M65+	284.	7.	2:34:10	2:34:57
432.	645	Clare Lumsden		F45	148.	37.	2:34:32	2:35:08
433.	851	Maggie Trusdale		F45	149.	38.	2:35:15	2:35:47
434.	749	Jack Nichol		M	285.	54.	2:35:59	2:36:41
435.	790	Beth Rees		F	150.	34.	2:36:04	2:36:42
436.	903	maria Di Paolantonio		F45	151.	39.	2:36:32	2:36:49
437.	504	Kathleen Docherty		F45	152.	40.	2:36:53	2:37:13
438.	923	Ian McHarg		M35	286.	105.	2:36:50	2:37:13
439.	826	Kirsty Spy		F	153.	35.	2:37:11	2:37:51
440.	963	Douglas Barrie		M35	287.	106.	2:37:36	2:38:17
441.	879	Heather Wight		F55	154.	8.	2:38:00	2:38:18
442.	671	Paul McCafferty		M45	288.	90.	2:37:45	2:38:19
443.	502	Andy Distin	TEIGNBRIDGE TROTTERS	M45	289.	91.	2:38:42	2:38:56
444.	580	Susan Hamilton		F35	155.	69.	2:40:24	2:40:58
445.	927	Vlad Bokijs		M35	290.	107.	2:40:59	2:41:00
446.	853	Kaitlin Vallance		F	156.	36.	2:40:52	2:41:02
447.	681	Scott McEwan		M	291.	55.	2:40:52	2:41:02
448.	428	Valerie Bone	Erskine Jogging Buddies	F45	157.	41.	2:41:16	2:41:47
449.	849	Melissa Todd		F	158.	37.	2:43:12	2:43:36
450.	594	Fiona Henderson		F45	159.	42.	2:43:19	2:43:55
451.	413	Anne Bannister		F35	160.	70.	2:44:05	2:44:35
452.	860	Debbie Wallace	Abbey Mill Run Club	F45	161.	43.	2:44:32	2:44:51
453.	414	Colin Bannister		M45	292.	92.	2:44:34	2:45:04
454.	869	Melissa Wegenka-Moretti	Toni's Tigers	F35	162.	71.	2:45:25	2:46:02
455.	491	Samantha Cuthill		F	163.	38.	2:46:17	2:46:49
456.	777	Annemarie Pickersgill		F	164.	39.	2:47:41	2:48:08
457.	593	Karen Hedge	Toni's Tigers	F35	165.	72.	2:47:48	2:48:26
458.	752	laura nisbet		F35	166.	73.	2:48:02	2:48:44
459.	728	Sabah Moran		F45	167.	44.	2:52:31	2:53:09
460.	873	Scott Wells		M45	293.	93.	2:54:17	2:54:46
461.	407	Catherine Armour		F35	168.	74.	2:54:19	2:54:46
462.	531	Tricia Fearn		F35	169.	75.	2:54:18	2:54:46
463.	785	Curtis Rafferty		M55	294.	28.		2:55:19
464.	786	karyn rafferty		F55	170.	9.		2:55:19
465.	815	Yvonne Simpson		F45	171.	45.	2:58:47	2:59:05