

Ayrshire Harrier Clubs' Association



AROUND CUMBRAE

10 MILE ROAD RACE 2019

INCORPORATING THE AYRSHIRE 10 MILE ROAD RACE CHAMPIONSHIPS

This is a Scottish Athletics Licensed Event conducted under UK Athletics Rules

Finish outside Millport Post Office

Accurately measured course with **new start** but same old finish

Sunday 8th September 2019, start 2.00 pm. Chip Pin Timing by **Whats My Time?**

For entry <https://www.entrycentral.com/aroundcumbraerace>

NO ENTRIES ON THE DAY

NUMBERS WILL NOT BE MAILED OUT

Number Uplift at Marquee outside Garrison House (opposite Town Hall)

Runners must be at least 17 years old on race day

ENTRY FEE : £12.00 (members of SA) £14.00 (non-members).

Open Race Prizes: Both Men and Women 1st, 2nd, 3rd,

1st at least 40, 1st at least 50, 1st at least 60, 1st at least 70, 1st 17-19

Team Prizes(based on combined times): 1st Men's (4 to count), 1st Women's (3 to count)



**Entry
Central**

Medals to all finishers.

Free refreshments after race.

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