

Event 1 Mixed 60 m (20) Heats

	Name	Team	Seed Time
2	Stevenson, Jamie	M Vp-Glasgow AC	7.22
3	Moses, Andy	M Giffnock North AC	7.31
4	Jammeh, Alkali	M Kilbarchan Aac	7.35
5	Johnston, Stephen	M Kilbarchan Aac	7.36
6	Russell, William	M Kilbarchan Aac	7.37
9	Johnston, Luke	M Vp-Glasgow AC	7.91
10	Coutts, Andrew	M East Kilbride AC	8.00
11	Easdale, Paul	M Shettleston	8.01
12	Burns, Alexandra	W Helensburgh Aac	8.31
16	Budge, Erika	W Orkney AC	9.01
18	Cunningham, Alan	M Lothian Runn	NT
19	McWilliams, Owen	M Irvine Runni	NT
20	Shaw, Lee	M Irvine Runni	NT

Event 2 Men 400 m (13)

	Name	Team	Seed Time
1	Brady, Aidan	Livingston AC	49.36
2	McClafferty, James	Law & District Aac	50.21
4	Johnston, Stephen	Kilbarchan Aac	51.83
5	Drummond, Dylan	Motherwell AC	52.43
6	Cairns, Michael	Kilbarchan Aac	52.77
7	Easdale, Paul	Shettleston	53.54
8	Jammeh, Alkali	Kilbarchan Aac	56.00
9	Shaw, Lee	Irvine Runni	NT
10	Mitchell, Lewis	Giffnock North AC	54.42

Event 3 Mixed 1500 m (9)

	Name	Team	Seed Time
2	Crusher, Emily	W Giffnock North AC	4:48.56
3	Thompson, Holly	W Kilbarchan Aac	4:51.75
5	Gilmour, Emma	W Vp-Glasgow AC	5:20.00
8	McWilliams, Owen	M Irvine RC	4:47.22
9	Shaw, Lee	M Irvine Runni	NT

Event 4 Mixed Shot Put (7)

	Name	Team	Seed Mark
1	Porterfield, Mhairi	W Vp-Glasgow AC	13.28m
3	Crossan, Shona	W Edinburgh AC	11.55m
4	Henry, Tia	W Livingston AC	10.43m
5	Cameron, Claire	W Vp-Glasgow AC	8.18m
6	Grierson, Sharon	W Livingston AC	7.39m

Event 5 Women 400 m (4)

	Name	Team	Seed Time
3	Henry, Taygan	Livingston AC	1:01.05
4	Budge, Erika	Orkney AC	1:02.37
11	McWilliams, Owen	Irvine RC	1:00.01
12	Odonnell, Shea	Whitemoss Aac	1:01.18

Event 6 Mixed High Jump (4)

	Name	Team	Seed Mark
1	McGuire, Lewis	W Shaftesbury	2.09m
2	Simpson, Callum	M Edinburgh AC	2.02m
3	Kumar, Amit	M East Kilbride AC	1.93m

Event 7 Women Long Jump (5)

	Name	Team	Seed Mark
1	Burns, Alexandra	Helensburgh Aac	5.75m
2	Forbes, Anna	Vp-Glasgow AC	5.53m
3	Kouakou, Naomi	Kilbarchan Aac	5.52m
4	Chambers, Amy	Edinburgh AC	4.92m
5	MacKinnon, Heather Marie	South Uist &	4.82m

Event 8 Men 800 m (8)

	Name	Team	Seed Time
1	Brady, Aidan	Livingston AC	1:57.66
2	Drummond, Dylan	Motherwell AC	1:59.02
5	Clark, Andrew	Giffnock North AC	2:03.70
7	Carruthers, Darren	Red Star AC	2:29.66
8	Smith, Daniel	Vp-Glasgow AC	2:37.78

Event 9 Women 60 m H (4)

	Name	Team	Seed Time
1	McAndrew, Bethany	Pitreavie AAC	8.93
2	McNicol, Emily	Law & District Aac	9.21
3	Forbes, Anna	Vp-Glasgow AC	9.42
4	Henry, Tia	Livingston AC	9.64
5	Chambers, Amy	Edinburgh AC	10.80

Event 10 Mixed 4x400m

Brady, Aidan	M	Shaw, Lee	M
Cunningham, Alan	M	Barclay, Lewis	M
		Mitchell, Lewis,	M
McNicol, Emily	F		
Budge, Erika	F	Vareille, Olivia	F
		McWilliams, Owen	M
Morrison, Georgia	F		
McClafferty, James	M	Henry, Taygan	F