

NESAP Cross Country 2017

Balgownie Playing Fields, Aberdeen

COURSE INFORMATION

For Try a Trail Under 11 Boys and Girls

- Declarations will be at Balgownie Pavillion
- First race is at 11:30 AM
- Declarations open at 10 AM

Race	Course	Distance	Start
Try a Trail	Start - M-L-K-H-D-G-I-H-K-A- Finish	1,600m	11:30am
U11 Boys	Start - M-L-K-H-D-G-I-H-K-A- Finish	1,600m	12:30pm
U11 Girls	Start - M-L-K-H-D-G-I-H-K-A- Finish	1,600m	12:45pm



***Start/Finish
straight only run
at start and end
of each race, not
between laps***

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INFORMATION & PARKING



PARKING

- Limited parking is available at Balgownie Playing Fields (AB22 8LX) – priority will be given to coaches and officials
- Additional parking is available at Aberdeen Innovation Park (AB22 8GT) from where there is an access path to the playing fields
- Access to all parking off Balgownie Road

TOILETS & FACILITIES

- Toilets, showering and changing facilities available all day at Balgownie Pavillion
- Food will be available for purchase at the Balgownie Playing Fields Car Park