

3k on the Green		30/11/2018			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Robbie Ferguson	Senior	M	Kilbarchan	00:09:34	77.48%
2	Jonathan Roebuck	Senior	M	MRF	00:09:44	75.71%
3	Miguel Delgado Sillero	Senior	M		00:09:51	74.64%
4	Kieran Pugh	Senior	M	Kirkintilloch Olympians	00:09:52	74.35%
5	Jason Bell	Senior	M	Helensburgh AC	00:09:52	74.32%
6	Paul Burns	M35	M		00:09:53	75.81%
7	Paul Kieran	M40	M	PH Racing Club	00:09:54	80.17%
8	Jack McKenna	Senior	M	Strathclyde Uni Harriers	00:09:57	73.98%
9	Stephen Brown	M35	M	West End Road Runners	00:10:01	76.33%
10	Shaun Butler	Senior	M	Cambuslang Harriers	00:10:02	74.28%
11	Fraser Armstrong	Senior	M	Bellahouston Harriers	00:10:04	73.13%
12	Steven Reid	M35	M		00:10:05	76.39%
13	Finlay Finlay	M35	M	Garscube Harriers	00:10:06	76.26%
14	Grahame Hopper	Senior	M	Ayr Seaforth	00:10:07	73.67%
15	Colin Whitby	M35	M	Irvine Running Club	00:10:13	73.78%
16	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:10:16	71.43%
17	Daniel Scroop	M45	M	Garscube Harriers	00:10:18	78.25%
18	Iain McDonald	Senior	M		00:10:19	72.24%
19	Duncan Anderson	Senior	M		00:10:20	71.15%
20	Calum Ferguson	Senior	M	Bellahouston Harriers	00:10:20	71.24%
21	Jenny Selman	Senior	F	Fife AC	00:10:21	80.74%
22	Will Beresford	Senior	M	Westerlands	00:10:21	71.03%
23	Owen McWilliams	Senior	M		00:10:23	70.90%
24	Neil McLaughlin	M40	M	Inverclyde AC	00:10:24	75.74%
25	David Cunningham	M40	M	Glasgow Tri Club	00:10:27	75.38%
26	Stephen Hanley	Senior	M	Greenock Glenpark Harriers	00:10:31	69.91%
27	Scott Partyka	Senior	M		00:10:31	69.91%
28	David Thomson	Senior	M	East Kilbride AC	00:10:33	70.06%
29	Steven Prentice	M40	M	Bellahouston Harriers	00:10:35	75.57%
30	Finn Boyd	Junior	M	Maryhill Harriers	00:10:41	71.88%
31	Ronan Beale	Senior	M	Bellahouston Roadrunners	00:10:50	68.79%
32	Connell Drummond	M45	M	Kilmarnock Harriers	00:10:55	74.41%
33	Paul Markac	M35	M	Kilmarnock Harriers	00:10:59	69.61%
34	James Chalmers	Senior	M	Rons Runners	00:11:02	66.47%
35	Catriona MacDonald	Senior	F	Bellahouston Roadrunners	00:11:03	75.63%
36	Robert Churchill	M35	M	West End Road Runners	00:11:05	69.49%
37	Harry Dickie	Senior	M		00:11:07	65.97%
38	Mark King	M45	M	Glasgow South Road Runners	00:11:14	74.04%
39	Iain MacIsaac	M40	M		00:11:19	69.60%
40	Gordon Stewart	M40	M		00:11:21	70.47%
41	Paul Forbes	M60	M	Edinburgh AC	00:11:25	81.29%
42	Cameron Oliphant	M45	M		00:11:27	70.39%
43	Gerard Scullion	M50	M	Bellahouston Roadrunners	00:11:28	74.92%
44	Alastair Drummond	M40	M	Newton Road Runners	00:11:31	67.88%
45	Graeme Ritchie	M35	M		00:11:32	65.81%
46	Steven Johnstone	M35	M		00:11:35	65.07%
47	Rob Gallacher	M35	M		00:11:38	64.79%
48	Stephen Craig	Senior	M	Garscube Harriers	00:11:40	63.16%
49	Alastair MacLachlan	M55	M	Bellahouston Roadrunners	00:11:42	77.26%
50	Chris Bell	M40	M	Kilbarchan	00:11:43	67.23%

Classification: Private

51	David Carr	M35	M	Garscube Harriers	00:11:44	64.24%
52	Ross Anderson	Senior	M		00:11:45	62.57%
53	Andrew Clark	Senior	M	West End Road Runners	00:11:46	62.32%
54	Thomas Lirjens	Senior	M		00:11:46	63.00%
55	Tony McGale	M45	M	Scottish Veteran Harriers	00:11:47	70.02%
56	David Murphy	M45	M	Shettleston Harriers	00:11:47	69.47%
57	Bruce Smith	M50	M	Carnethy HRC	00:11:50	73.21%
58	Donald Robertson	M35	M		00:11:51	64.05%
59	Lok Man Andrew Chung	M40	M		00:11:56	65.02%
60	Jason Rae	Senior	M		00:11:58	61.28%
61	Stuart Donald	M35	M	Garscube Harriers	00:11:59	62.52%
62	Paul Black	M35	M		00:12:01	64.10%
63	Timothy Downie	M60	M	Ayr Seaforth	00:12:02	77.12%
64	Mary Senior	W45	F	Garscube Harriers	00:12:03	76.46%
65	Russell White	Senior	M		00:12:09	60.51%
66	Steven Hill	M35	M	Kilbarchan	00:12:12	61.41%
67	Laura Gray	W35	F	Garscube Harriers	00:12:13	70.54%
68	Colin Anderson	M40	M		00:12:13	64.96%
69	Tim Arbuckle	M45	M		00:12:16	66.22%
70	Keith Charters	M50	M	East Kilbride AC	00:12:22	69.47%
71	John Brown	M45	M		00:12:24	67.07%
72	Peter Cummings	Senior	M		00:12:25	60.02%
73	Alastair Cunningham	M50	M		00:12:28	68.35%
74	Nick Ruane	M40	M	Jog Scotland	00:12:30	63.98%
75	Clare Barr	W50	F	Motherwell AC	00:12:33	78.09%
76	Lesley McArdle	Senior	F		00:12:38	66.58%
77	Lucinda Beresford	Senior	F	Westerlands	00:12:39	66.06%
78	Scott MacKintosh	M35	M	Bellahouston Roadrunners	00:12:45	60.41%
79	Kevin Gilfillan	M35	M	Garscube Harriers	00:12:46	60.33%
80	Mairi Gilmour	Senior	F	Westerlands	00:12:49	65.20%
81	Mark Fagan	M35	M		00:12:51	59.94%
82	Ming Feng Tan	Junior	M		00:12:54	60.35%
83	Paula McCabe	Senior	F	Cambuslang Harriers	00:12:55	65.12%
84	Alan Owen	M50	M	Whitemoss AAC	00:13:02	64.33%
85	Paul McCrorie	Senior	M		00:13:02	56.92%
86	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:13:03	64.04%
87	Peter McMaster	M35	M		00:13:04	58.51%
88	Alasdair Beaton	M35	M		00:13:07	57.12%
89	Simon Barrett	M40	M	West End Road Runners	00:13:09	59.45%
90	Stuart Tennant	Senior	M		00:13:10	55.70%
91	Andrew Pulford	M40	M		00:13:11	58.86%
92	Sandy Eaglesham	M65	M	Cambuslang Harriers	00:13:15	71.96%
93	Beth Hitchcock	Senior	F		00:13:18	62.83%
94	Henry Wilson	Senior	M		00:13:19	55.12%
95	Gareth Shields	M40	m		00:13:19	58.71%
96	Iain Crawford	M50	M		00:13:23	62.64%
97	Graham Woolley	Senior	M		00:13:24	54.73%
98	Liam Hastie	M35	M		00:13:29	55.57%
99	Loic Jacob	Senior	M		00:13:31	54.25%
100	Thomas Owen	Senior	M		00:13:32	54.19%
101	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:32	77.34%
102	Jim Boyle	M45	M	Garscube Harriers	00:13:37	59.65%
103	Ian MacKay	M50	M		00:13:41	62.78%

104	Morag Casey	W45	F	Garscube Harriers	00:13:43	67.17%
105	James Ashe	M60	M	Ah and MRF running club	00:13:44	68.18%
106	Stuart MacDonald	M55	M	Bellahouston Harriers	00:14:00	62.40%
107	Fiona Thomson	Senior	F		00:14:01	60.21%
108	Colin Stewart	M45	M	Bellahouston Roadrunners	00:14:04	57.75%
109	Peter Rudzinski	M65	M	Clydesdale Harriers	00:14:20	67.77%
110	Gordon Campbell	M55	M		00:14:34	61.51%
111	Shirley MacNab	W50	F	Kirkintilloch Olympians	00:14:39	70.49%
112	Linda Cunningham	W50	F		00:14:43	66.60%
113	Aga Bachleda	Senior	F		00:15:01	55.68%
114	Tom Keenan	M60	M	Bellahouston Harriers	00:15:17	61.83%
115	Kim Forbes	W60	F	Scottish Veteran Harriers	00:15:40	72.76%
116	William Mitchell	M70	M	Cambuslang Harriers	00:15:46	63.55%
117	Olivia Jageurs	Senior	F		00:15:48	52.89%
118	John McGarry	M65	M	Irvine Running Club	00:16:13	59.90%
119	Marta Oleszczuk	W35	F		00:16:14	52.75%
120	Carol Keenan	W60	F	Bellahouston Harriers	00:16:21	69.72%
121	Katherine Harrison	W40	F		00:16:23	53.40%
122	Liz Deans	W55	F	grl	00:16:30	65.22%
123	Teresa Martin	W50	F		00:16:43	60.96%
124	Steven Love	M50	M		00:16:44	50.10%
125	Rachel Wilson Lowe	Senior	F		00:17:59	46.47%
126	Sahar Mirzaie	Senior	F		00:17:59	46.65%
127	John Softley	M65	M	Bellahouston Harriers	00:18:53	52.47%