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Forename	Surname	Age Group	Club
Myles	Edwards	(M Sen)	Aberdeen AAC
Andrew John	Ferguson	(M Sen)	Aberdeen AAC
Michael	Ferguson	(M Sen)	Aberdeen AAC
Matthias	Flamenco	(M Sen)	Aberdeen AAC
James	Joy	(M Sen)	Aberdeen AAC
Steven	Murray	(M Sen)	Aberdeen AAC
Rory	Stead	(M Sen)	Aberdeen AAC
Malcolm	Stone	(M50)	Aberdeen AAC
Fearghas	Thomson	(M Sen)	Aberdeen AAC
Euan	Webster	(M Sen)	Aberdeen AAC
Brian	Beattie	(M Sen)	Airdrie Harriers
John	Brogan	(M40)	Airdrie Harriers
Mark	Connelly	(M40)	Airdrie Harriers
Jean-Yves	Daniel	(M50)	Airdrie Harriers
Andrew	Morgan	(M Sen)	Airdrie Harriers
Steven	Phillips	(M Sen)	Airdrie Harriers
Stephen	Purvis	(M45)	Airdrie Harriers
Eric	Anderson	(M45)	Anster Haddies RC
Laurence	Baker	(M60)	Ayr Seaforth AC
Simon	Kirk	(M45)	Ayr Seaforth AC
Peter	Laing	(M55)	Ayr Seaforth AC
Stuart	McColm	(M50)	Ayr Seaforth AC
Stephen	McCrorie	(M45)	Ayr Seaforth AC
Stuart	McLean	(M45)	Ayr Seaforth AC
Alasdair	Meldrum	(M45)	Ayr Seaforth AC
Ian	Morrison	(M50)	Ayr Seaforth AC
Kenneth	Neill	(M40)	Ayr Seaforth AC
Iain	Pettigrew	(M50)	Ayr Seaforth AC

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Forename	Surname	Age Group	Club
Fraser	Armstrong	(M Sen)	Bellahouston Harriers
Brent	Brodie	(M45)	Bellahouston Harriers
Paul	Burningham	(M40)	Bellahouston Harriers
Anthony	Carson	(M Sen)	Bellahouston Harriers
Paul	Clawson	(M Sen)	Bellahouston Harriers
David	Craig	(M Sen)	Bellahouston Harriers
John	Cunningham	(M50)	Bellahouston Harriers
Alexander	Cuthbert	(M45)	Bellahouston Harriers
Miguel	Delgado Sillero	(M Sen)	Bellahouston Harriers
Calum	Ferguson	(M Sen)	Bellahouston Harriers
Hugh	Gardiner	(M55)	Bellahouston Harriers
Francis	Gilroy	(M55)	Bellahouston Harriers
Paul	Houston	(M50)	Bellahouston Harriers
Daniel	Humble	(M Sen)	Bellahouston Harriers
Craig	Lamont	(M Sen)	Bellahouston Harriers
Stuart	Macdonald	(M55)	Bellahouston Harriers
David	Mackintosh	(M Sen)	Bellahouston Harriers
Scott	Mason	(M Sen)	Bellahouston Harriers
Mark	Matheson	(M Sen)	Bellahouston Harriers
Simon	McDougall	(M40)	Bellahouston Harriers
Graham	McMillan	(M50)	Bellahouston Harriers
Darren	McQuade	(M Sen)	Bellahouston Harriers
Stuart	Miller	(M Sen)	Bellahouston Harriers
Iain	Morrison	(M50)	Bellahouston Harriers
Darren	Murray	(M45)	Bellahouston Harriers
Simon	Parkinson	(M50)	Bellahouston Harriers
Darren	Shields	(M Sen)	Bellahouston Harriers
Thomas	Smith	(M Sen)	Bellahouston Harriers
Colin	Thomas	(M Sen)	Bellahouston Harriers
James	Weir	(M Sen)	Bellahouston Harriers
Gregor	Yates	(M Sen)	Bellahouston Harriers

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Forename	Surname	Age Group	Club
Kenny	Angove	(M Sen)	Bellahouston RR
Ronan	Beale	(M Sen)	Bellahouston RR
Marc	Bromwich	(M Sen)	Bellahouston RR
Matthew	Campbell	(M Sen)	Bellahouston RR
David	Ferguson	(M Sen)	Bellahouston RR
Tom	Ferris	(M45)	Bellahouston RR
Ronnie	Hart	(M45)	Bellahouston RR
Colin	Hughes	(M50)	Bellahouston RR
Anthony Lucio	Jannetta	(M Sen)	Bellahouston RR
Niall	Kennedy	(M40)	Bellahouston RR
Stuart	Laurence	(M Sen)	Bellahouston RR
Richard	Leyton	(M45)	Bellahouston RR
Christopher	Logue	(M40)	Bellahouston RR
Stuart	Macdonald	(M Sen)	Bellahouston RR
Robert	MacLeod	(M40)	Bellahouston RR
Kenneth	MacMahon	(M45)	Bellahouston RR
Kenny	McDonald	(M45)	Bellahouston RR
Aidan	McGuinness	(M45)	Bellahouston RR
Stephen	McQuade	(M Sen)	Bellahouston RR
Jonny	Moran	(M40)	Bellahouston RR
Alan	Moss	(M Sen)	Bellahouston RR
Grant	Murphy	(M Sen)	Bellahouston RR
Kevin	Queenan	(M45)	Bellahouston RR
Derek	Rigmand	(M50)	Bellahouston RR
Murdoch	Rodgers	(M65)	Bellahouston RR
Gerard	Scullion	(M50)	Bellahouston RR
Simon	Wells	(M Sen)	Bellahouston RR
Martin	White	(M45)	Bellahouston RR
Brian	Young	(M50)	Bellahouston RR
Andrew	Buchanan	(M Sen)	Calderglen Harriers
Russell	Couper	(M50)	Calderglen Harriers
Alan	Cullie	(M50)	Calderglen Harriers
Alan	Derrick	(M50)	Calderglen Harriers
Geo	Ferguson	(M55)	Calderglen Harriers
Jim	Holmes	(M50)	Calderglen Harriers
Richard	Lawton	(M40)	Calderglen Harriers
Kenny	Leinster	(M55)	Calderglen Harriers
Gordon	McInally	(M50)	Calderglen Harriers
Stephen	Phimister	(M45)	Calderglen Harriers
Charles	Steven	(M55)	Calderglen Harriers

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Forename	Surname	Age Group	Club
Lloyd	Kempson	(M Sen)	Cambridge & Coleridge AC
Alasdair	Campbell	(M Sen)	Cambuslang Harriers
Alistair	Campbell	(M Sen)	Cambuslang Harriers
Kenneth	Campbell	(M40)	Cambuslang Harriers
Brendan	Carey	(M Sen)	Cambuslang Harriers
Richard	Carr	(M Sen)	Cambuslang Harriers
Justin	Carter	(M45)	Cambuslang Harriers
Des	Dickson	(M55)	Cambuslang Harriers
William	Fairley	(M50)	Cambuslang Harriers
Stuart	Gibson	(M Sen)	Cambuslang Harriers
Kevan	Harvey	(M Sen)	Cambuslang Harriers
Benjamin	Hukins	(M40)	Cambuslang Harriers
Scott	Hunter	(M45)	Cambuslang Harriers
Craig	Jardine	(M Sen)	Cambuslang Harriers
John	Kelly	(M45)	Cambuslang Harriers
Iain	MacCorquodale	(M Sen)	Cambuslang Harriers
Gordon	McDonald	(M40)	Cambuslang Harriers
Iain	McDonald	(M Sen)	Cambuslang Harriers
Kyle	McLellan	(M Sen)	Cambuslang Harriers
John Paul	Murphy	(M40)	Cambuslang Harriers
Alasdair	Murray	(M Sen)	Cambuslang Harriers
Iain	Nicholl	(M40)	Cambuslang Harriers
Michael	O'Hagan	(M50)	Cambuslang Harriers
Iain	Reid	(M40)	Cambuslang Harriers
Jamie	Reid	(M45)	Cambuslang Harriers
Colin	Reilly	(M Sen)	Cambuslang Harriers
Douglas	Roberts	(M Sen)	Cambuslang Harriers
Fergus	Roberts	(M Sen)	Cambuslang Harriers
Gordon	Robertson	(M Sen)	Cambuslang Harriers
Grant	Sheldon	(M Sen)	Cambuslang Harriers
Edward	Stewart	(M60)	Cambuslang Harriers
Fraser	Stewart	(M Sen)	Cambuslang Harriers
Ryan	Thomson	(M Sen)	Cambuslang Harriers
Ruaridh	Macgregor	(M Sen)	Campbeltown RC
Stuart	McGeachy	(M Sen)	Campbeltown RC
Iain	McKinnon	(M40)	Campbeltown RC
Garry	Muir	(M Sen)	Campbeltown RC
James	Murdoch	(M Sen)	Campbeltown RC
Ewan	Smith	(M50)	Campbeltown RC

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Forename	Surname	Age Group	Club
Allan	Brannigan	(M55)	Carnegie Harriers
Barry	Davie	(M40)	Carnegie Harriers
Kevin	Davie	(M Sen)	Carnegie Harriers
John	Fulham	(M45)	Carnegie Harriers
Stephen	Greer	(M60)	Carnegie Harriers
John	Hynd	(M55)	Carnegie Harriers
Alan	McGowan	(M40)	Carnegie Harriers
Neil	McLure	(M50)	Carnegie Harriers
Jonathan	Millar	(M Sen)	Carnegie Harriers
Brian	Miller	(M40)	Carnegie Harriers
David	Morton	(M Sen)	Carnegie Harriers
Alan	Murray	(M45)	Carnegie Harriers
Chris	Stephenson	(M45)	Carnegie Harriers
Iain	Gilmore	(M Sen)	Carnethy Hill Racing Club
Neil	Gilmore	(M55)	Carnethy Hill Racing Club
Mark	Johnston	(M45)	Carnethy Hill Racing Club
Alasdair	Maciver	(M Sen)	Carnethy Hill Racing Club
Bruce	Smith	(M50)	Carnethy Hill Racing Club

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Forename	Surname	Age Group	Club
Colin	Alexander	(M45)	Central AC
John	Bennett	(M Sen)	Central AC
Scott	Brember	(M45)	Central AC
Hugh	Buchanan	(M55)	Central AC
Andrew	Butchart	(M Sen)	Central AC
Cameron	Campbell	(M60)	Central AC
Dale	Colley	(M Sen)	Central AC
Iain	Davies	(M Sen)	Central AC
Iain	Dunsmore	(M45)	Central AC
David	Eckersley	(M55)	Central AC
Hugh	Gall	(M60)	Central AC
Charles	Graham-Marr	(M60)	Central AC
Scott	Green	(M Sen)	Central AC
Alastair	Hay	(M Sen)	Central AC
Ross	Houston	(M Sen)	Central AC
Hugh	Kerr	(M55)	Central AC
Jack	Kerr	(M Sen)	Central AC
David	Lindsay	(M Sen)	Central AC
Fraser	Logan	(M Sen)	Central AC
Murray	MacLarty	(M Sen)	Central AC
Conan	McCaughey	(M Sen)	Central AC
Lewis	Millar	(M Sen)	Central AC
Alexander	Milne	(M50)	Central AC
Cameron	Milne	(M Sen)	Central AC
Benjamin	Noad	(M Sen)	Central AC
Donald	Shaw	(M45)	Central AC
Colin	Sinclair	(M50)	Central AC
Jens	Subke	(M45)	Central AC
Matthew	Sutherland	(M Sen)	Central AC
Michael	Wright	(M Sen)	Central AC
Daniel	Burns	(M Sen)	Clydesdale Harriers
Hugh	Laverty	(M60)	Clydesdale Harriers
Paul	McKendry	(M55)	Clydesdale Harriers
Iain	Robertson	(M40)	Clydesdale Harriers
Peter	Rudzinski	(M65)	Clydesdale Harriers
Robert	Young	(M75)	Clydesdale Harriers

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Forename	Surname	Age Group	Club
Moray	Anderson	(M40)	Corstorphine AAC
David	Arnott	(M50)	Corstorphine AAC
Julian	Barrable	(M Sen)	Corstorphine AAC
Darran	Barton	(M Sen)	Corstorphine AAC
Peter	Black	(M Sen)	Corstorphine AAC
Steven	Blair	(M50)	Corstorphine AAC
Mickey	Breen	(M Sen)	Corstorphine AAC
Alastair	Brockie	(M Sen)	Corstorphine AAC
Ewan	Brown	(M Sen)	Corstorphine AAC
Martin	Caldwell	(M65)	Corstorphine AAC
Alan	Cameron	(M45)	Corstorphine AAC
Stuart	Campbell	(M50)	Corstorphine AAC
Jonathan	Carpenter	(M Sen)	Corstorphine AAC
Michael	Connelly	(M55)	Corstorphine AAC
Michael	Crawley	(M Sen)	Corstorphine AAC
Iain	Cumming	(M65)	Corstorphine AAC
Dermot	Cummins	(M Sen)	Corstorphine AAC
Tom	Cunningham	(M Sen)	Corstorphine AAC
Ben	Draye	(M Sen)	Corstorphine AAC
Tom	Ferrington	(M40)	Corstorphine AAC
Graeme	Fletcher	(M55)	Corstorphine AAC
David	Hall	(M Sen)	Corstorphine AAC
James	Harrison	(M Sen)	Corstorphine AAC
David	Hart	(M40)	Corstorphine AAC
Mark	Haskett	(M Sen)	Corstorphine AAC
David	Henderson	(M55)	Corstorphine AAC
Aaron	Hoyle	(M Sen)	Corstorphine AAC
Victor	Jack	(M45)	Corstorphine AAC
Ian	Johnston	(M55)	Corstorphine AAC
Malcolm	Lang	(M40)	Corstorphine AAC
David	Law	(M55)	Corstorphine AAC
Stuart	Livingstone	(M Sen)	Corstorphine AAC
Donald	Macaulay	(M Sen)	Corstorphine AAC
Iain	Macleod	(M45)	Corstorphine AAC
Sam	McCutcheon	(M Sen)	Corstorphine AAC
Calum	McKenzie	(M Sen)	Corstorphine AAC
Graham	McLean	(M60)	Corstorphine AAC
Ross	Milne	(M40)	Corstorphine AAC
Keith	Ovenstone	(M40)	Corstorphine AAC
David	Pattison	(M40)	Corstorphine AAC

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Forename	Surname	Age Group	Club
Scott	Pilkington	(M Sen)	Corstorphine AAC
Neill	Porterfield	(M40)	Corstorphine AAC
Chris	Poxton	(M Sen)	Corstorphine AAC
Dougie	Selman	(M Sen)	Corstorphine AAC
Neil	Semple	(M55)	Corstorphine AAC
Ewan	Stark	(M Sen)	Corstorphine AAC
Jan-Bert	Van Den Berg	(M55)	Corstorphine AAC
Maarten	Van der Hoeven	(M40)	Corstorphine AAC
Stephen	Allan	(M45)	Cumbernauld AAC
Robert	Bartley	(M40)	Cumbernauld AAC
Greig	Glendinning	(M45)	Cumbernauld AAC
David	Hogg	(M45)	Cumbernauld AAC
Ross	McEachern	(M50)	Cumbernauld AAC
Jamie	Ross	(M40)	Deeside Runners
Stephen	Cole	(M45)	Dumbarton AAC
Leigh	Davies	(M Sen)	Dumbarton AAC
David	Fenwick	(M Sen)	Dumbarton AAC
Paul	Kelly	(M Sen)	Dumbarton AAC
Simon	Lennox	(M40)	Dumbarton AAC
Graeme	Lyons	(M Sen)	Dumbarton AAC
Stuart	McGillivray	(M Sen)	Dumbarton AAC
Kieran	McQuade	(M Sen)	Dumbarton AAC
Mark	Walsh	(M40)	Dumbarton AAC
Peter	Walsh	(M Sen)	Dumbarton AAC
Peter	Walsh	(M60)	Dumbarton AAC
Graham	Watters	(M Sen)	Dumbarton AAC
Charlie	Storrie	(M Sen)	Dumfries RC
Andrew	Anderson	(M50)	Dunbar RC

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Forename	Surname	Age Group	Club
Gordon	Barrie	(M45)	Dundee Hawkhill Harriers
Ciaran	Collins	(M45)	Dundee Hawkhill Harriers
Brian	Cook	(M55)	Dundee Hawkhill Harriers
Billy	Gibson	(M40)	Dundee Hawkhill Harriers
Guillermo	Hernandez	(M70)	Dundee Hawkhill Harriers
Kristian	Jones	(M Sen)	Dundee Hawkhill Harriers
Euan	MacDermid	(M55)	Dundee Hawkhill Harriers
Steve	Matthews	(M45)	Dundee Hawkhill Harriers
Norry	Passway	(M50)	Dundee Hawkhill Harriers
Marco	Placentino	(M50)	Dundee Hawkhill Harriers
Nigel	Reynolds	(M55)	Dundee Hawkhill Harriers
Gordon	Simpson	(M50)	Dundee Hawkhill Harriers
Raymond	Tully	(M45)	Dundee Hawkhill Harriers
Graeme	Brown	(M Sen)	Dundee RR
Chris	Earl	(M Sen)	Dundee RR
Matthew	Hooper	(M Sen)	Dundee RR
John	Mill	(M50)	Dundee RR
Michael	Mitchell	(M45)	Dundee RR
Lee	O'Connor	(M40)	Dundee RR
Grant	Baillie	(M40)	East Kilbride AC
Michael	Carlin	(M40)	East Kilbride AC
Keith	Charters	(M50)	East Kilbride AC
Jamie	Clements	(M Sen)	East Kilbride AC
John	Fergusson	(M Sen)	East Kilbride AC
Vincent	Glennon	(M45)	East Kilbride AC
Graeme	Haddow	(M55)	East Kilbride AC
Jack	Kirwan	(M Sen)	East Kilbride AC
Luke	Kirwan	(M Sen)	East Kilbride AC
Gerard	O'Neil	(M40)	East Kilbride AC
Daryl	Reid	(M Sen)	East Kilbride AC
David	Ross	(M Sen)	East Kilbride AC
David	Thomson	(M Sen)	East Kilbride AC
Peter	Craik	(M45)	East London Runners

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Forename	Surname	Age Group	Club
Daniel	Bryant	(M Sen)	Edinburgh AC
Sean	Calder	(M Sen)	Edinburgh AC
Michael	Cameron	(M Sen)	Edinburgh AC
Peter	Cameron	(M Sen)	Edinburgh AC
Max	Carcas	(M50)	Edinburgh AC
Michael	Christoforou	(M Sen)	Edinburgh AC
Dave	Clements	(M45)	Edinburgh AC
Iain	Craven	(M40)	Edinburgh AC
David	Cross	(M50)	Edinburgh AC
Keith	Dunlop	(M Sen)	Edinburgh AC
Patrick	Fenn	(M40)	Edinburgh AC
Martin	Ferguson	(M50)	Edinburgh AC
Malcolm	Fraser	(M Sen)	Edinburgh AC
Michael	Fullerton	(M45)	Edinburgh AC
Willie	Gallacher	(M65)	Edinburgh AC
William	Gardner	(M Sen)	Edinburgh AC
Dougie	Gowan	(M55)	Edinburgh AC
Kevin	Graham	(M Sen)	Edinburgh AC
Kevin	Hamilton	(M Sen)	Edinburgh AC
Brian	Howie	(M65)	Edinburgh AC
Leon	Johnson	(M40)	Edinburgh AC
Robin	Kyle	(M Sen)	Edinburgh AC
Andrew	Latham	(M50)	Edinburgh AC
Thomas	Leeman	(M Sen)	Edinburgh AC
Mark	MacDermot	(M Sen)	Edinburgh AC
Iain	Macdonald	(M Sen)	Edinburgh AC
Alex	MacEwen	(M60)	Edinburgh AC
Walter	McCaskey	(M80+)	Edinburgh AC
Richard	Meade	(M40)	Edinburgh AC
Lewis	Orr	(M45)	Edinburgh AC
Gavin	Phillip	(M50)	Edinburgh AC
Callum	Reid	(M Sen)	Edinburgh AC
Daniel	Rivera	(M50)	Edinburgh AC
Terry	Roberts	(M Sen)	Edinburgh AC
David	Steele	(M55)	Edinburgh AC
Eric	Stevenson	(M65)	Edinburgh AC
Paul	Stirling	(M Sen)	Edinburgh AC
Iain	Whitaker	(M Sen)	Edinburgh AC

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Forename	Surname	Age Group	Club
Nicholas	Allen	(M Sen)	Edinburgh Univ Hare and Hounds
Nick	Bennett	(M Sen)	Edinburgh Univ Hare and Hounds
Alex	Carcas	(M Sen)	Edinburgh Univ Hare and Hounds
Elisha	De Mello	(M Sen)	Edinburgh Univ Hare and Hounds
Rowan	Dunn-Capper	(M Sen)	Edinburgh Univ Hare and Hounds
Jack	Eykelbosch	(M Sen)	Edinburgh Univ Hare and Hounds
Patryk	Gierjatowicz	(M Sen)	Edinburgh Univ Hare and Hounds
Euan	Gillham	(M Sen)	Edinburgh Univ Hare and Hounds
Andrew	Johnstone	(M Sen)	Edinburgh Univ Hare and Hounds
Oliver	Langselius	(M Sen)	Edinburgh Univ Hare and Hounds
Jack	Leitch	(M Sen)	Edinburgh Univ Hare and Hounds
Alex	Muir	(M Sen)	Edinburgh Univ Hare and Hounds
John	Brogan	(M Sen)	Falkirk Victoria Harriers
Alexander	Davidson	(M Sen)	Falkirk Victoria Harriers
Gordon	Dewar	(M50)	Falkirk Victoria Harriers
Peter	Faulks	(M40)	Falkirk Victoria Harriers
Malcolm	Finlayson	(M50)	Falkirk Victoria Harriers
Ronald	Gray	(M45)	Falkirk Victoria Harriers
Wallace	Grieve	(M55)	Falkirk Victoria Harriers
Douglaa	Hill	(M50)	Falkirk Victoria Harriers
Fraser	Houston	(M45)	Falkirk Victoria Harriers
Simon	Johnston	(M40)	Falkirk Victoria Harriers
Grant	Matheson	(M55)	Falkirk Victoria Harriers
Alastair	Mccallum	(M55)	Falkirk Victoria Harriers
Gerry	McIntosh	(M55)	Falkirk Victoria Harriers
James	McLaren	(M55)	Falkirk Victoria Harriers
Michael	McQuaid	(M55)	Falkirk Victoria Harriers
Peter	Moffett	(M Sen)	Falkirk Victoria Harriers
Neil	Robertson	(M50)	Falkirk Victoria Harriers
Andrew	Ronald	(M50)	Falkirk Victoria Harriers
Michael	Ross	(M Sen)	Falkirk Victoria Harriers
Nic	Brew	(M Sen)	Falkland Trail Runners
Mike	Murdoch	(M40)	Falkland Trail Runners
Kevin	Murray	(M50)	Falkland Trail Runners
Iain	Simpson	(M45)	Falkland Trail Runners
Grant	Sellar	(M50)	Ferranti AAC

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Forename	Surname	Age Group	Club
Gary	Barker	(M60)	Fife AC
Stephen	Clark	(M45)	Fife AC
Sam	Fernando	(M Sen)	Fife AC
Andrew	Goring	(M Sen)	Fife AC
Kenny	Gorman	(M Sen)	Fife AC
Russell	Hall	(M Sen)	Fife AC
Ben	Kinninmonth	(M Sen)	Fife AC
Ryan	Lafferty	(M Sen)	Fife AC
Jesper	Majbom Madsen	(M45)	Fife AC
Jimmy	McIntyre	(M45)	Fife AC
John	McIntyre Snr	(M50)	Fife AC
Colin	McWilliam	(M Sen)	Fife AC
Derek	Rae	(M Sen)	Fife AC
Roger	Rees	(M50)	Fife AC
Lewis	Rodgers	(M Sen)	Fife AC
Chris	Russell	(M Sen)	Fife AC
D.Melville	Scobie	(M70)	Fife AC
Rory	Scott	(M Sen)	Fife AC
Paul	Sutherland	(M65)	Fife AC
Jeremy	Tomlinson	(M55)	Fife AC
Hendrik	Van Rensburg	(M45)	Fife AC
Kevin	Wallace	(M Sen)	Fife AC
Kevin	Wood	(M Sen)	Fife AC
Keith	Bonthrone	(M55)	Fife AC (INDIVIDUAL)
Ronald	Milne	(M60)	Forfar RR
Colin	Knox	(M40)	Forres Harriers
Tim	Pott	(M55)	Forres Harriers
Kevin	Schenk	(M Sen)	Forres Harriers
Marcus	D'Agrosa	(M Sen)	Gala Harriers
Darrell	Hastie	(M Sen)	Gala Harriers
Graeme	Hendry	(M40)	Gala Harriers
Yan	Horsburgh	(M50)	Gala Harriers
Magnus	Inglis	(M40)	Gala Harriers
Bob	Johnson	(M60)	Gala Harriers
Fergus	Johnston	(M Sen)	Gala Harriers
Craig	Mattocks	(M45)	Gala Harriers
Graeme	Murdoch	(M40)	Gala Harriers
David	Nightingale	(M60)	Gala Harriers
James	Purves	(M60)	Gala Harriers

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Forename	Surname	Age Group	Club
Ian	Adamson	(M Sen)	Garioch RR
Rory	Brand	(M Sen)	Garioch RR
Ronald	Epton	(M65)	Garioch RR
Richard	Ingram	(M45)	Garioch RR
Craig	Kennedy	(M45)	Garioch RR
Martin	Kirk	(M60)	Garioch RR
Richard	Kirk	(M Sen)	Garioch RR
Kenny	Monk	(M50)	Garioch RR
Philip	Owens	(M55)	Garioch RR
Kevin	Stephen	(M40)	Garioch RR
Sean	Swindells	(M55)	Garioch RR
Bruce	Taylor	(M50)	Garioch RR
Tariq	Abbullah	(M45)	Garscube Harriers
Kristan	Alexander	(M40)	Garscube Harriers
Mikey	Allan	(M Sen)	Garscube Harriers
Graham	Andrew	(M Sen)	Garscube Harriers
Norman	Baillie	(M70)	Garscube Harriers
James	Boyle	(M45)	Garscube Harriers
Craig	Brown	(M45)	Garscube Harriers
David	Butterly	(M40)	Garscube Harriers
David	Campbell	(M Sen)	Garscube Harriers
David	Carr	(M Sen)	Garscube Harriers
Mark	Cathro	(M50)	Garscube Harriers
Alexander	Chalmers	(M50)	Garscube Harriers
Alexander	Chisholm	(M60)	Garscube Harriers
Paul	Collins	(M50)	Garscube Harriers
Marco	Consani	(M40)	Garscube Harriers
Andrew	Cook	(M40)	Garscube Harriers

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Forename	Surname	Age Group	Club
Jeremy	Couling	(M50)	Garscube Harriers
John	Coyle	(M45)	Garscube Harriers
Stephen	Craig	(M Sen)	Garscube Harriers
David	Dickson	(M60)	Garscube Harriers
Stuart	Donald	(M Sen)	Garscube Harriers
Wilson	Dornan	(M45)	Garscube Harriers
Peter	Dow	(M60)	Garscube Harriers
Andy	Downey	(M45)	Garscube Harriers
Martin	Egan	(M50)	Garscube Harriers
David	Esler	(M55)	Garscube Harriers
Finlay	Finlay	(M Sen)	Garscube Harriers
David	Geddes	(M60)	Garscube Harriers
Kevin	Gilfillan	(M Sen)	Garscube Harriers
Gary	Goldie	(M Sen)	Garscube Harriers
David	Hamill	(M60)	Garscube Harriers
Gavin	Harvie	(M45)	Garscube Harriers
Nick	Heaney	(M45)	Garscube Harriers
Gavin	Hinde	(M40)	Garscube Harriers
Ade	Kearns	(M55)	Garscube Harriers
Grant	MacDonald	(M40)	Garscube Harriers
Mattia	Mancinelli	(M Sen)	Garscube Harriers
Craig	Marsden	(M Sen)	Garscube Harriers
Garry	Mathew	(M Sen)	Garscube Harriers
Iain	McFarlane	(M Sen)	Garscube Harriers
David	McKay	(M Sen)	Garscube Harriers
Duncan	McKellar	(M Sen)	Garscube Harriers
Robert	McLennan	(M55)	Garscube Harriers
Donald	McPartlin	(M Sen)	Garscube Harriers
Robert	Morrison	(M50)	Garscube Harriers
John	Murray	(M40)	Garscube Harriers
Stephen	Porteous	(M Sen)	Garscube Harriers
Duncan	Robertson	(M Sen)	Garscube Harriers
Peter	Scott	(M40)	Garscube Harriers
Daniel	Scroop	(M45)	Garscube Harriers
Craig	Shields	(M Sen)	Garscube Harriers
Raghibir	Singh	(M70)	Garscube Harriers
Mark	Thistlethwaite	(M Sen)	Garscube Harriers
Ian	Thomson	(M Sen)	Garscube Harriers
Allan	Wallace	(M Sen)	Garscube Harriers

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Forename	Surname	Age Group	Club
Iain	Carroll	(M40)	Giffnock North AC
Luke	Chamberlain	(M45)	Giffnock North AC
Michael	Cross	(M Sen)	Giffnock North AC
Rob	Crusher	(M50)	Giffnock North AC
Michael	Ewing	(M50)	Giffnock North AC
Nicholas	Farrell	(M55)	Giffnock North AC
Jeremy	Fellick	(M50)	Giffnock North AC
Ted	Gourley	(M55)	Giffnock North AC
Chris	Greenhalgh	(M45)	Giffnock North AC
Stephen	Hall	(M40)	Giffnock North AC
William	Linton	(M50)	Giffnock North AC
Donald	MacBride	(M40)	Giffnock North AC
Andy	Macdonald	(M40)	Giffnock North AC
David	Meldrum	(M55)	Giffnock North AC
Gordon	Moir	(M50)	Giffnock North AC
Andrew	Munro	(M45)	Giffnock North AC
Sandy	Nimmo	(M Sen)	Giffnock North AC
John	O'Donnell	(M40)	Giffnock North AC
Jordan	Orr	(M Sen)	Giffnock North AC
Colin	Porter	(M40)	Giffnock North AC
Christopher	Smith	(M50)	Giffnock North AC
Craig	Smith	(M Sen)	Giffnock North AC
Jason	Steele	(M45)	Giffnock North AC
Garry	Sturgeon	(M45)	Giffnock North AC
Mark	Sutherland	(M40)	Giffnock North AC
Derren	Thomson	(M45)	Giffnock North AC
Luke	Traynor	(M Sen)	Giffnock North AC
Thomas	Callan	(M Sen)	Glasgow University Hares and Hounds
Yuri	Goruppa	(M Sen)	Glasgow University Hares and Hounds
Charles	Harris	(M Sen)	Glasgow University Hares and Hounds
Tony	Loord	(M Sen)	Glasgow University Hares and Hounds
Owen	McWilliams	(M Sen)	Glasgow University Hares and Hounds
Alexander	Spice	(M Sen)	Glasgow University Hares and Hounds
Oliver	Traynor	(M Sen)	Glasgow University Hares and Hounds

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Forename	Surname	Age Group	Club
Paul	Beaton	(M40)	Greenock Glenpark Harriers
Steven	Campbell	(M45)	Greenock Glenpark Harriers
Daniel	Doherty	(M Sen)	Greenock Glenpark Harriers
Robert	Dolan	(M45)	Greenock Glenpark Harriers
Kevin	Gill	(M50)	Greenock Glenpark Harriers
Stephen	Hanley	(M Sen)	Greenock Glenpark Harriers
Scot	Hill	(M50)	Greenock Glenpark Harriers
Neil	Lafferty	(M40)	Greenock Glenpark Harriers
Shaun	Lyon	(M Sen)	Greenock Glenpark Harriers
Andrew	McCall	(M Sen)	Greenock Glenpark Harriers
Daniel	McLaughlin	(M55)	Greenock Glenpark Harriers
Frank	McMahon	(M65)	Greenock Glenpark Harriers
Paul	Monaghan	(M45)	Greenock Glenpark Harriers
Christopher	Mooney	(M Sen)	Greenock Glenpark Harriers
Alan	O'Rourke	(M45)	Greenock Glenpark Harriers
Oliver	Reilly	(M Sen)	Greenock Glenpark Harriers
David	Roberts	(M Sen)	Greenock Glenpark Harriers
Sandy	Wallace	(M65)	Haddington RC
Andrew	Bickerstaff	(M Sen)	Hamilton Harriers
Ross	Bickerstaff	(M60)	Hamilton Harriers
James	Breen	(M50)	Hamilton Harriers
Simon	Fraser	(M Sen)	Hamilton Harriers
Gordon	Hay	(M45)	Hamilton Harriers
Neale	Kelly	(M Sen)	Hamilton Harriers
Murray	McAlpine	(M Sen)	Hamilton Harriers
Andrew	McLinden	(M65)	Hamilton Harriers
David	Alexander	(M50)	Harmeny AC
Ian	Beattie	(M50)	Harmeny AC
Phil	Buckley	(M45)	Harmeny AC
Darren	Cavaroli	(M45)	Harmeny AC
Jon	Denis	(M45)	Harmeny AC
Andrew	Ross	(M50)	Harmeny AC
Craig	Stewart	(M45)	Harmeny AC
Graeme	Gatherer	(M40)	Highland Hill Runners

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Forename	Surname	Age Group	Club
George	Ashley	(M Sen)	Hunters Bog Trotters
Michael	Bareford	(M45)	Hunters Bog Trotters
Daniel	Beckett	(M40)	Hunters Bog Trotters
James	Bowden	(M Sen)	Hunters Bog Trotters
Ross	Clark	(M Sen)	Hunters Bog Trotters
Wade	Cormack	(M Sen)	Hunters Bog Trotters
Colin	Crabbie	(M45)	Hunters Bog Trotters
Ewan	Crawford	(M Sen)	Hunters Bog Trotters
Jonathan	Crickmore	(M Sen)	Hunters Bog Trotters
Paul	Cross	(M Sen)	Hunters Bog Trotters
Andrew	Cummings	(M Sen)	Hunters Bog Trotters
Daniel	Darwin-Clements	(M Sen)	Hunters Bog Trotters
Richard	Dougal	(M Sen)	Hunters Bog Trotters
James	Dunn	(M Sen)	Hunters Bog Trotters
Rob	Flett	(M45)	Hunters Bog Trotters
Scott	Fraser	(M Sen)	Hunters Bog Trotters
Craig	Freshwater	(M Sen)	Hunters Bog Trotters
David	Fulton	(M Sen)	Hunters Bog Trotters
Peter	Gardner	(M Sen)	Hunters Bog Trotters
Allan	Gordon	(M70)	Hunters Bog Trotters
Michael	Grant	(M Sen)	Hunters Bog Trotters
Simon	Harrison	(M Sen)	Hunters Bog Trotters
Jonathan	Henderson	(M Sen)	Hunters Bog Trotters
Alistair	Hindle	(M45)	Hunters Bog Trotters
Peter	Hodkinson	(M Sen)	Hunters Bog Trotters
David	Hope-Jones	(M Sen)	Hunters Bog Trotters
Craig	Hunter	(M60)	Hunters Bog Trotters
James	Jarvis	(M45)	Hunters Bog Trotters
Huw	Jones	(M Sen)	Hunters Bog Trotters
Graeme	Kafka	(M Sen)	Hunters Bog Trotters
Alex	Luetchford	(M Sen)	Hunters Bog Trotters
Tom	Martyn	(M Sen)	Hunters Bog Trotters
David	Matthews	(M Sen)	Hunters Bog Trotters
Ross	McCall	(M Sen)	Hunters Bog Trotters
Peter	McClelland	(M Sen)	Hunters Bog Trotters
John	McManus	(M Sen)	Hunters Bog Trotters
Stuart	Milner	(M40)	Hunters Bog Trotters
Stuart	Mounce	(M Sen)	Hunters Bog Trotters
Philip	Mowbray	(M45)	Hunters Bog Trotters
Ben	Murphy	(M Sen)	Hunters Bog Trotters

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Forename	Surname	Age Group	Club
Ivor	Normand	(M50)	Hunters Bog Trotters
Luke	Park	(M Sen)	Hunters Bog Trotters
Richard	Purkis	(M Sen)	Hunters Bog Trotters
Jon	Rathjen	(M45)	Hunters Bog Trotters
Mark	Rhynes	(M Sen)	Hunters Bog Trotters
Mark	Shankey	(M Sen)	Hunters Bog Trotters
Andrew	Sims	(M40)	Hunters Bog Trotters
Iwan	Smith	(M Sen)	Hunters Bog Trotters
Jamie	Thin	(M50)	Hunters Bog Trotters
Neil	Thomas	(M50)	Hunters Bog Trotters
Robin	Thomas	(M60)	Hunters Bog Trotters
William	Townsend	(M Sen)	Hunters Bog Trotters
Doug	Tullie	(M Sen)	Hunters Bog Trotters
Martin	Twigg	(M50)	Hunters Bog Trotters
James	Waldie	(M Sen)	Hunters Bog Trotters
Craig	Walling	(M Sen)	Hunters Bog Trotters
Chris	Walsh	(M Sen)	Hunters Bog Trotters
Dave	Ward	(M Sen)	Hunters Bog Trotters
Ray	Ward	(M40)	Hunters Bog Trotters
Coll	Williamson	(M Sen)	Hunters Bog Trotters
David	Wilson	(M Sen)	Hunters Bog Trotters
David	Wright	(M40)	Hunters Bog Trotters
Graham	Aitken	(M Sen)	Insch Trail RC
Joe	Aitken	(M Sen)	Insch Trail RC
Andrew	Simpson	(M Sen)	Insch Trail RC

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Forename	Surname	Age Group	Club
John	Bell	(M Sen)	Inverclyde AC
Adam	Craig	(M Sen)	Inverclyde AC
Andrew	Douglas	(M Sen)	Inverclyde AC
Sean	Fontana	(M Sen)	Inverclyde AC
Gerard	Gaffney	(M60)	Inverclyde AC
Sean	Gaffney	(M Sen)	Inverclyde AC
Nicholas	Gemmell	(M45)	Inverclyde AC
Robert	Gray	(M45)	Inverclyde AC
Ross	Gray	(M Sen)	Inverclyde AC
Jon	Hammerman	(M Sen)	Inverclyde AC
Andrew	Harkins	(M40)	Inverclyde AC
Michael	Houston	(M Sen)	Inverclyde AC
Graeme	Hyett	(M Sen)	Inverclyde AC
Thomas	Jamieson	(M Sen)	Inverclyde AC
Jason	Kane	(M Sen)	Inverclyde AC
Damien	Mallet	(M40)	Inverclyde AC
Gavin	Morrison	(M50)	Inverclyde AC
Alun	Myers	(M Sen)	Inverclyde AC
Mark	Pollard	(M Sen)	Inverclyde AC
Craig	Ruddy	(M Sen)	Inverclyde AC
David	Tamburini	(M40)	Inverclyde AC
Peter	Tucker	(M Sen)	Inverclyde AC
Robin	Burnett	(M45)	Inverness Harriers AAC
Sean	Chalmers	(M Sen)	Inverness Harriers AAC
John	Newsom	(M Sen)	Inverness Harriers AAC
Alan	Douglas	(M Sen)	Irvine RC
Owen	McWilliams	(M Sen)	Irvine RC
Lee	Shaw	(M Sen)	Irvine RC
Thomas	Blair	(M Sen)	JSK RC
Euan	Brown	(M Sen)	JSK RC
Greig	Cruickshank	(M55)	JSK RC
Stephen	Simpson	(M Sen)	JSK RC
Richard	Strachan	(M Sen)	JSK RC
Matthew	Thompson	(M Sen)	JSK RC
Jamie	Walker	(M40)	JSK RC
Allan	Wilson	(M45)	JSK RC

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Forename	Surname	Age Group	Club
John	Urquhart	(M50)	Keith & District AAC
Graham	Evans	(M Sen)	Kilbarchan AAC
Euan	Gillham	(M Sen)	Kilbarchan AAC
Derek J	Hawkins	(M Sen)	Kilbarchan AAC
Callum	Matthews	(M Sen)	Kilbarchan AAC
Ryan	Waldron	(M Sen)	Kilbarchan AAC
Martin	Brown	(M Sen)	Kilmarnock H&AC
Connell	Drummond	(M45)	Kilmarnock H&AC
Robert	Lindsay	(M45)	Kilmarnock H&AC
Stewart	McAllister	(M Sen)	Kilmarnock H&AC
Murray	McDonald	(M Sen)	Kilmarnock H&AC
Ken	Monaghan	(M45)	Kilmarnock H&AC
Alasdair	Murray	(M50)	Kilmarnock H&AC
John	Boyle	(M60)	Kinross RR
Martin	Hill	(M Sen)	Kinross RR
Andy	Johns	(M45)	Kinross RR
Andrew	Laycock	(M50)	Kinross RR
Matt	Newton	(M40)	Kinross RR
Scott	Strachan	(M45)	Kinross RR

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Forename	Surname	Age Group	Club
David	Allsop	(M45)	Kirkintilloch Olympians
Daniel	Chandler	(M40)	Kirkintilloch Olympians
Robert	Conroy	(M40)	Kirkintilloch Olympians
Euan	Craig	(M Sen)	Kirkintilloch Olympians
James	Gallacher	(M55)	Kirkintilloch Olympians
David	Inverarity	(M40)	Kirkintilloch Olympians
Andrew	Kirk	(M Sen)	Kirkintilloch Olympians
Graham	McCabe	(M45)	Kirkintilloch Olympians
Philip	McCaig	(M40)	Kirkintilloch Olympians
Edward	McLoone	(M Sen)	Kirkintilloch Olympians
Jason	McMinn	(M Sen)	Kirkintilloch Olympians
Norman	Mcneill	(M45)	Kirkintilloch Olympians
Gary	Mitchell	(M50)	Kirkintilloch Olympians
Owen	Murphy	(M Sen)	Kirkintilloch Olympians
David	Murray	(M Sen)	Kirkintilloch Olympians
Marc	Pollock	(M Sen)	Kirkintilloch Olympians
Robert	Rogerson	(M55)	Kirkintilloch Olympians
Jonathan	Sharp	(M Sen)	Kirkintilloch Olympians
Gary	Shaw	(M40)	Kirkintilloch Olympians
Colin	Simpson	(M60)	Kirkintilloch Olympians
Stephen	Tominey	(M50)	Kirkintilloch Olympians
John	Wells	(M45)	Kirkintilloch Olympians
Mark	Welsford	(M45)	Kirkintilloch Olympians
Stephen	Brown	(M45)	Lasswade AC
Martin	Gore	(M Sen)	Lasswade AC
Andrew	McGlone	(M50)	Lasswade AC
Peter	Ness	(M50)	Lasswade AC
Phil	Parr-Burman	(M55)	Lasswade AC
David	Scott	(M40)	Lasswade AC
Ross	Hill	(M Sen)	Law & District AAC
Martin	Kay	(M40)	Law & District AAC
Patrick	Kelly	(M70)	Law & District AAC
Darran	Muir	(M40)	Law & District AAC
James	Rowley	(M70)	Law & District AAC
James	Scullion	(M40)	Law & District AAC
Paul	White	(M Sen)	Law & District AAC

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Forename	Surname	Age Group	Club
Neil	Anderson	(M55)	Linlithgow AC
Darren	Dick	(M50)	Linlithgow AC
Paul	Dudchenko	(M50)	Linlithgow AC
Paul	Emery	(M40)	Linlithgow AC
Angus	Gallie	(M60)	Linlithgow AC
Scott	Hyslop	(M50)	Linlithgow AC
Martin	Maginnis	(M Sen)	Linlithgow AC
Gerry	McArdle	(M45)	Linlithgow AC
David	McNish	(M45)	Linlithgow AC
William	Millar	(M Sen)	Linlithgow AC
John	Redding	(M40)	Linlithgow AC
Michael	Watts	(M Sen)	Linlithgow AC
Cameron	Harris	(M Sen)	Livingston AC
Gordon	Pryde	(M60)	Lomond Hill Runners AAC
Jim	Alexander	(M55)	Lothian RC
James	Beattie	(M45)	Lothian RC
Alan	Cunningham	(M45)	Lothian RC
Joshua	Dack	(M Sen)	Lothian RC
Ted	Finch	(M65)	Lothian RC
George	Gilhooley	(M55)	Lothian RC
Kevin	Godfrey	(M50)	Lothian RC
Robert	Kennedy	(M Sen)	Lothian RC
Martin	Leadbetter	(M60)	Lothian RC
Brian	Lees	(M50)	Lothian RC
Stephen	Malcolm	(M45)	Lothian RC
Barry	McComish	(M40)	Lothian RC
Euan	McInnes	(M45)	Lothian RC
Samuel	McIntosh	(M Sen)	Lothian RC
Kenny	Mearns	(M55)	Lothian RC
Will	Moffat	(M45)	Lothian RC
Colin	Partridge	(M40)	Lothian RC
Stig	Walsh	(M50)	Lothian RC
Rory	Clark	(M Sen)	Maryhill Harriers
Scott	Coulter	(M Sen)	Maryhill Harriers
Craig	Perrie	(M45)	Maryhill Harriers
Andrew	Stevenson	(M Sen)	Maryhill Harriers

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Forename	Surname	Age Group	Club
Craig	Anderson	(M45)	Metro Aberdeen RC
Tom	Brian	(M Sen)	Metro Aberdeen RC
Calum	Crawford	(M Sen)	Metro Aberdeen RC
Murray	Dewar	(M Sen)	Metro Aberdeen RC
Thomas	Doney	(M Sen)	Metro Aberdeen RC
Christopher	Endress	(M Sen)	Metro Aberdeen RC
Keith	Farquhar	(M55)	Metro Aberdeen RC
Kenny	Garden	(M Sen)	Metro Aberdeen RC
Kyle	Greig	(M Sen)	Metro Aberdeen RC
Rankin	Lascelles	(M Sen)	Metro Aberdeen RC
Kevin	Mackie	(M40)	Metro Aberdeen RC
David	Maclennan	(M Sen)	Metro Aberdeen RC
Scott	Macleod	(M Sen)	Metro Aberdeen RC
Barry	Maguire	(M Sen)	Metro Aberdeen RC
Phil	Mann	(M55)	Metro Aberdeen RC
Tony	McGarva	(M50)	Metro Aberdeen RC
Jonny	McIntosh	(M Sen)	Metro Aberdeen RC
Mark	Ramsey	(M Sen)	Metro Aberdeen RC
Brian	Robb	(M40)	Metro Aberdeen RC
Richard	Roulson	(M55)	Metro Aberdeen RC
Alan	Smith	(M50)	Metro Aberdeen RC
Cameron	Strachan	(M Sen)	Metro Aberdeen RC
Robert	Taylor	(M60)	Metro Aberdeen RC
Andrew	Thompson	(M40)	Metro Aberdeen RC
Ben	Ward	(M Sen)	Metro Aberdeen RC
Russell	Wilcox	(M40)	Metro Aberdeen RC
Mark	Young	(M Sen)	Metro Aberdeen RC
Jacob	Adkin	(M Sen)	Moorfoot Runners
David	Adam	(M50)	Moray RR
Euan	Cantlie	(M45)	Moray RR
Ewan	Davidson	(M Sen)	Moray RR
Colin	Green	(M45)	Moray RR
Garry	Henderson	(M60)	Moray RR
Robbie	Paterson	(M Sen)	Moray RR
Paul	Rogan	(M45)	Moray RR
Graham	Stephen	(M45)	Moray RR
Jonathan	Ward	(M Sen)	Moray RR
James	Wilson	(M Sen)	Moray RR
Kenneth	Wilson	(M Sen)	Moray RR

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Forename	Surname	Age Group	Club
Stephen	Allen	(M50)	Motherwell AC
Allan	Cameron	(M45)	Motherwell AC
Christopher	MacDonald	(M Sen)	Motherwell AC
Craig	Mackenzie	(M Sen)	Motherwell AC
Brian	McLinden	(M60)	Motherwell AC
Alan	Tait	(M45)	Motherwell AC
Andrew	Duncan	(M50)	Musselburgh and District AC
Doug	Fraser	(M45)	Musselburgh and District AC
Robert	Henry	(M40)	Musselburgh and District AC
Mike	Malcolm-Smith	(M50)	Musselburgh and District AC
Ronald	Mason	(M Sen)	Musselburgh and District AC
Paul	Slifer	(M45)	Musselburgh and District AC
David	Surtees	(M Sen)	Musselburgh and District AC
Robert	Watson	(M50)	Musselburgh and District AC
Dean	Bowman	(M Sen)	North Highland Harriers
Kenny	McGruer	(M Sen)	North Highland Harriers
David	Spencer	(M50)	North Highland Harriers
Ian	Walker	(M40)	North Highland Harriers
Pat	Fitzpatrick	(M65)	Ochil Hill Runners
Chris	Downie	(M55)	Penicuik Harriers
Chris	Falconer	(M Sen)	Penicuik Harriers
John	Gibbs	(M Sen)	Penicuik Harriers
Adam	Gray	(M Sen)	Penicuik Harriers
Michael	Greens	(M Sen)	Penicuik Harriers
Stuart	Sanderson	(M50)	Penicuik Harriers
Myles	Bax	(M Sen)	Perth RR
Ronnie	Glen	(M45)	Perth RR
Simon	Grieshaber	(M50)	Perth RR
David	Knight	(M50)	Perth RR
Stewart	Reid	(M40)	Perth RR
Kevin	Riddell	(M Sen)	Perth RR
Kevin	Rogers	(M45)	Perth RR
Duncan	Ryan	(M45)	Perth RR

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Forename	Surname	Age Group	Club
Wright	Beveridge	(M45)	PH Racing Club
Scott	Blyth	(M Sen)	PH Racing Club
Calum	Brand	(M Sen)	PH Racing Club
John	Cassells	(M45)	PH Racing Club
Alan	Cockburn	(M50)	PH Racing Club
John	Crookston	(M60)	PH Racing Club
Aaran	Gibb	(M Sen)	PH Racing Club
David	Henderson	(M Sen)	PH Racing Club
Ian Robert	Johnston	(M60)	PH Racing Club
Darren	Jubb	(M Sen)	PH Racing Club
Paul	Kieran	(M40)	PH Racing Club
Scott	Love	(M Sen)	PH Racing Club
Allen	Marr	(M60)	PH Racing Club
Graham	McInnes	(M Sen)	PH Racing Club
Daniel	Monaghan	(M Sen)	PH Racing Club
Robert	Sellar	(M40)	PH Racing Club
Peter	Simpson	(M55)	PH Racing Club
Colin	Somerville	(M Sen)	PH Racing Club
Jonathan	Campbell	(M Sen)	Pitreavie AAC
John	Cotton	(M45)	Pitreavie AAC
Jeff	Farquhar	(M60)	Pitreavie AAC
Gary	Fraser	(M Sen)	Pitreavie AAC
Colin	Lamont	(M Sen)	Pitreavie AAC
Neil	Maclachlan	(M Sen)	Pitreavie AAC
Gavin	Major	(M Sen)	Pitreavie AAC

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Forename	Surname	Age Group	Club
Christian	Barlow	(M Sen)	Portobello RC
Matt	Bird	(M Sen)	Portobello RC
Peter	Buchanan	(M55)	Portobello RC
Jonathan	Campbell	(M Sen)	Portobello RC
Diego	Carrea	(M Sen)	Portobello RC
Mark	Fowlestone	(M50)	Portobello RC
Ricky	Fraser	(M55)	Portobello RC
Richie	Hallinan	(M40)	Portobello RC
Gemma	Harper	(M55)	Portobello RC
Alex	Hilliam	(M45)	Portobello RC
Yassine	Houmdi	(M Sen)	Portobello RC
Lee	Hutchison	(M Sen)	Portobello RC
William	Jarvie	(M60)	Portobello RC
Terry	Kirkwood	(M40)	Portobello RC
David	Limmer	(M Sen)	Portobello RC
George	Lupton	(M40)	Portobello RC
Donald	Macrae	(M40)	Portobello RC
Stephen	Maley	(M50)	Portobello RC
Robert	Mclear	(M40)	Portobello RC
Slawomir	Pietrzak	(M Sen)	Portobello RC
Oliver	Pound	(M Sen)	Portobello RC
Alan	Simpson	(M65)	Portobello RC
Adam	Small	(M Sen)	Portobello RC
Andrew	Stavert	(M55)	Portobello RC
Craig	Taylor	(M40)	Portobello RC
David	Worrall	(M40)	Portobello RC
Eoin	Coull	(M40)	Ross County AC
Peter	Thomson	(M Sen)	Ross County AC
Andrew	Young	(M40)	Ross County AC
Donnie	Inglis	(M50)	Royal Mail Run GMC
Stuart	McCandless	(M45)	Royal Mail Run GMC
Daniel	O'Neill	(M50)	Royal Mail Run GMC
Robert	White	(M50)	Royal Mail Run GMC

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Forename	Surname	Age Group	Club
William	Bardsley	(M Sen)	Shettleston Harriers
Daniel	Bradford	(M Sen)	Shettleston Harriers
Kevin	Brydon	(M Sen)	Shettleston Harriers
Lucas	Cheskin	(M Sen)	Shettleston Harriers
Stephen	Clark	(M Sen)	Shettleston Harriers
John	Connaghan	(M45)	Shettleston Harriers
Michael	Deason	(M Sen)	Shettleston Harriers
Gareth	Ellor	(M45)	Shettleston Harriers
Walter	Henderson	(M50)	Shettleston Harriers
David I	Houston	(M Sen)	Shettleston Harriers
Andrew	Kirkhope	(M55)	Shettleston Harriers
Jethro	Lennox	(M40)	Shettleston Harriers
Daniel	Lowe	(M Sen)	Shettleston Harriers
Peter	Mackie	(M40)	Shettleston Harriers
Gerard	Mason	(M55)	Shettleston Harriers
Duncan	McCauley	(M40)	Shettleston Harriers
Mark	McColl	(M40)	Shettleston Harriers
Tewoldeberhan	Mengisteab	(M Sen)	Shettleston Harriers
Richard	Millar	(M40)	Shettleston Harriers
David	Murphy	(M45)	Shettleston Harriers
John	Oates	(M55)	Shettleston Harriers
Lachlan	Oates	(M Sen)	Shettleston Harriers
Kenny	Richmond	(M45)	Shettleston Harriers
Brian	Robertson	(M Sen)	Shettleston Harriers
Andrew	Rockett Jackson	(M Sen)	Shettleston Harriers
Robert	Simpson	(M Sen)	Shettleston Harriers
Paul	Sorrie	(M40)	Shettleston Harriers
Ryan	Stewart	(M Sen)	Shettleston Harriers
Matthew	Sullivan	(M Sen)	Shettleston Harriers
James	Thompson	(M Sen)	Shettleston Harriers
Matthew	Turner	(M Sen)	Shettleston Harriers
Daniel	Bond	(M Sen)	Springburn Harriers
Joseph	Chambers	(M Sen)	Springburn Harriers
Emilio	Cosimo	(M40)	Springburn Harriers
James	Lewis	(M40)	Springburn Harriers
Willie	Munro	(M55)	Springburn Harriers
Andy	Norris	(M Sen)	Springburn Harriers
Alistair	Peat	(M40)	Springburn Harriers
Stewart	Robertson	(M40)	Springburn Harriers
Paul	Wilson	(M Sen)	Springburn Harriers

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Forename	Surname	Age Group	Club
Robin	Downie	(M Sen)	Stirling University AC
Andrew	Irvine	(M Sen)	Stirling University AC
Ryan	White	(M Sen)	Stirling University AC
Norman	Ferguson	(M Sen)	Stornoway Running & AC
Andrew	MacKenzie	(M Sen)	Stornoway Running & AC
Murdo	MacKenzie	(M Sen)	Stornoway Running & AC
Jonathon	Pritchard	(M45)	Stornoway Running & AC
Scott	Partyka	(M Sen)	Strathclyde Univ Harriers
Alastair Douglas	Stables	(M Sen)	Strathclyde Univ Harriers
Cameron	Swanson	(M Sen)	Strathclyde Univ Harriers
Andrew	Aitken	(M Sen)	Strathearn Harriers
Andrew	Brown	(M50)	Strathearn Harriers
Gordon	Morrison	(M60)	Strathearn Harriers
Iain	Thomson	(M65)	Strathearn Harriers
Rory	Anderson	(M Sen)	Teviotdale Harriers
Derek	Ballantyne	(M45)	Teviotdale Harriers
Alister	Biggar	(M45)	Teviotdale Harriers
Derek	Clyne	(M55)	Teviotdale Harriers
Alan	Coltman	(M50)	Teviotdale Harriers
Alan	Inglis	(M50)	Teviotdale Harriers
Raymond	Jaffray	(M50)	Teviotdale Harriers
Paul	Lockie	(M50)	Teviotdale Harriers
Alastair	Walker	(M60)	Teviotdale Harriers
Robert	Carrol	(M40)	Troon Tortoises AC
Darrell	Dunscombe	(M45)	Troon Tortoises AC
Matt	Pearce	(M45)	Troon Tortoises AC
Tony	Di Carlo	(M70)	Unattached
Henry	Ramsay	(M Sen)	University of St. Andrews CC
Scott	Kelly	(M Sen)	Victoria Park Harriers & Tower Hamlets AC
Robert	Skedgell	(M40)	Victoria Park Harriers & Tower Hamlets AC
Stuart	Barnett	(M45)	VP-Glasgow AC
Gerard	Craig	(M50)	VP-Glasgow AC
Sandy	Gardner	(M45)	VP-Glasgow AC
Peter	Jardine	(M50)	VP-Glasgow AC
Graeme	Laing	(M40)	VP-Glasgow AC
Donald	Martin	(M40)	VP-Glasgow AC
Charlie	Murray	(M55)	VP-Glasgow AC
Tom	Ord	(M60)	VP-Glasgow AC
Alex	Potter	(M55)	VP-Glasgow AC
Duncan	Thomson	(M45)	VP-Glasgow AC

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Forename	Surname	Age Group	Club
Stephen	Brown	(M Sen)	West End RR
Allen	Campbell	(M45)	West End RR
Robert	Churchill	(M Sen)	West End RR
Andrew	Clark	(M Sen)	West End RR
Graeme	Jack	(M50)	West End RR
Joseph	Lennon	(M60)	West End RR
James	Speakman	(M50)	West End RR
Kevin	Baird	(M Sen)	Westerlands XC Club
Brian	Bonnyman	(M45)	Westerlands XC Club
David	Calder	(M55)	Westerlands XC Club
Andrew	Fullwood	(M50)	Westerlands XC Club
Chris	Furse	(M50)	Westerlands XC Club
Scott	Henderson	(M40)	Westerlands XC Club
Gordon	McCaffrey	(M60)	Westerlands XC Club
Graeme	Orr	(M70)	Westerlands XC Club
Alex	Osborne	(M Sen)	Westerlands XC Club
DANIEL	REID	(M60)	Westerlands XC Club
David	Riach	(M50)	Westerlands XC Club
Ian	Thurlbeck	(M55)	Westerlands XC Club