

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 10th November

Final Results Men

Lanark

Pos	Time	Forename	Surname	M/F	Cat	Club
1	11:32	Sol	Sweeney	M	U20	Glasgow University Hare and H
2	11:36	Adam	Craig	M		Inverclyde AC
3	11:40	Michael	Ferguson	M		Aberdeen AAC
4	11:43	Carl	Avery	M		Morpeth Harriers
5	11:44	Lachlan	Oates	M		Shettleston Harriers
6	11:46	Andrew	Douglas	M		Inverclyde AC
7	11:48	Alastair	Hay	M		Central AC
8	11:50	Connor	Maclean	M		Kilbarchan AAC
9	11:50	Michael	Christoforou	M		Edinburgh AC
10	11:51	Scott	Green	M		Central AC
11	11:53	Cameron	Strachan	M		Metro Aberdeen RC
12	11:56	Freddie	Carcas	M	U20	Edinburgh AC
13	11:57	Ryan	Thomson	M		Cambuslang Harriers
14	11:58	Craig	Ruddy	M		Inverclyde AC
15	12:00	Tewoldeberhan	Mengisteab	M		Shettleston Harriers
16	12:00	Alexander	Brown	M	U20	Morpeth Harriers
17	12:01	Alex	Carcas	M		Edinburgh Univ Hare & Hounds
18	12:02	Joseph	Arthur	M	U20	Edinburgh AC
19	12:06	Cameron	Wright	M	U20	Kilbarchan AAC
20	12:06	Calum	McKenzie	M		Corstorphine AAC
21	12:07	John	Bell	M		Inverclyde AC
22	12:10	Fraser	Stewart	M		Cambuslang Harriers
23	12:11	Tristan	Rees	M	U20	Glasgow University Hare and H
24	12:14	Cameron	Watson	M	U20	Inverclyde AC
25	12:15	Daniel	Bradford	M		Shettleston Harriers
26	12:16	Richard	Mair	M		Kilmarnock H&AC
27	12:16	Dale	Colley	M		Central AC
28	12:16	Gavin	Smith	M	U20	Cambuslang Harriers
29	12:17	Jack	Leitch	M		Edinburgh Univ Hare & Hounds
30	12:19	George	Lowry	M		Morpeth Harriers
31	12:19	Finlay	Todd	M	U20	Glasgow University Hare and H
32	12:22	Thomas	Berry	M	U20	Garscube Harriers
33	12:23	John	Lenehan	M		Edinburgh AC
34	12:24	Lewis	Raeburn	M	U20	Shettleston Harriers
35	12:24	Tyler	White	M	U20	Aberdeen AAC
36	12:25	Jonathan	Crickmore	M		Hunters Bog Trotters
37	12:26	Stuart	Gibson	M		Cambuslang Harriers
38	12:26	Matthew	Sutherland	M		Central AC
39	12:28	Scott	McDonald	M		Central AC
40	12:29	Oskar	Fraser-Krauss	M		Edinburgh Univ Hare & Hounds

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Pos	Time	Forename	Surname	M/F	Cat	Club
41	12:30	Jamie	MacKinnon	M	U20	Cambuslang Harriers
42	12:33	Allan	Ramsay	M		VP-Glasgow AC
43	12:33	Grant	Baillie	M		East Kilbride A.C.
44	12:35	James	Gillon	M	U20	Law & District AAC
45	12:35	Andrew	MacAngus	M	U20	Kilbarchan AAC
46	12:35	James	Hoad	M		Aberdeen AAC
47	12:36	Sam	Fernando	M		Fife AC
48	12:36	Eddie	Narbett	M	U20	Edinburgh Univ Hare & Hounds
49	12:37	Jamie	Burns	M	U20	Shettleston Harriers
50	12:37	Anthony	Addison	M	U20	Glasgow University Hare and H
51	12:38	Murray	MacLarty	M		Central AC
52	12:39	Scott	Brember	M	45	Central AC
53	12:42	Stewart	Millar	M	U20	Glasgow University Hare and H
54	12:42	Benjamin	Hukins	M	40	Cambuslang Harriers
55	12:42	Matthew	Turner	M		Shettleston Harriers
56	12:42	Andrew	Love	M	U20	Giffnock North AC
57	12:43	Drew	Pollock	M	U20	Cambuslang Harriers
58	12:43	Jack	Arnold	M		Bellahouston Harriers
59	12:43	Stephen	Mackay	M		Inverness Harriers AAC
60	12:45	Alistair	Campbell	M		Cambuslang Harriers
61	12:46	Garry	Mathew	M		Garscube Harriers
62	12:46	Andrew	Merry	M	U20	Glasgow University Hare and H
63	12:47	Mark	Pollard	M		Inverclyde AC
64	12:47	Darran	Muir	M	40	Law & District AAC
65	12:48	Lorn	Webster	M	U20	Garscube Harriers
66	12:48	David I	Houston	M		Shettleston Harriers
67	12:49	Iain	Whitaker	M		Edinburgh AC
68	12:53	Christian	Graham	M	U20	Lasswade AAC
69	12:53	William	Bardsley	M		Shettleston Harriers
70	12:54	Brian	McGarrity	M		Shettleston Harriers
71	12:54	Lucas	Cheskin	M		Shettleston Harriers
72	12:55	Richard	Carr	M		Cambuslang Harriers
73	12:57	Andrew	Johnstone	M		Edinburgh Univ Hare & Hounds
74	12:58	Adam	Hay	M	U20	Inverclyde AC
75	12:59	Cody	Stevenson	M	U20	Garscube Harriers
76	12:59	Robbie	Ferguson	M	U20	Kilbarchan AAC
77	12:59	Gregor	Yates	M		Bellahouston Harriers
78	13:02	Darren	Jubb	M		PH Racing Club
79	13:02	Callum	Tharme	M	U20	Edinburgh Univ Hare & Hounds
80	13:03	Steven	Murray	M		Aberdeen AAC

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Pos	Time	Forename	Surname	M/F	Cat	Club
81	13:04	Kenneth	Campbell	M	40	Cambuslang Harriers
82	13:04	Myles	Bax	M		Perth Road Runners
83	13:05	Malcolm	Lang	M	40	Lothian RC
84	13:05	Gregor	Gillespie	M	U20	Glasgow University Hare and H
85	13:05	Finlay	Murray	M		East Sutherland AC
86	13:05	Rowan	Dunn-Capper	M		Edinburgh Univ Hare & Hounds
87	13:06	Darren	McQuade	M		Bellahouston Harriers
88	13:06	David	Buglass	M		Aberdeen AAC
89	13:06	Aaron	Hoyle	M		Corstorphine AAC
90	13:07	Lewis	Ross	M	U20	Strathclyde Univ Harriers
91	13:08	Stephen	Addison	M	U20	Corstorphine AAC
92	13:08	Tom	Ferrington	M	40	Corstorphine AAC
93	13:08	Max	Spurling	M	U20	Aberdeen AAC
94	13:11	Craig	Kennedy	M	U20	Kilbarchan AAC
95	13:12	Drew	Dutton	M		Campbeltown RC
96	13:12	Peter	Tucker	M		Inverclyde AC
97	13:12	Christopher	MacDonald	M		Motherwell AC
98	13:13	Iain	Macdonald	M		Edinburgh AC
99	13:14	David	Tamburini	M	40	Inverclyde AC
100	13:16	Jamie	Reid	M	45	Cambuslang Harriers
101	13:18	Craig	Morris	M	U20	Fife AC
102	13:19	Rankin	Lascelles	M		Metro Aberdeen RC
103	13:20	Kieran	Killen	M	U20	Giffnock North AC
104	13:20	Sam	Brown	M	U20	Edinburgh AC
105	13:21	Sandy	Nimmo	M		Giffnock North AC
106	13:23	Greg	Templeton	M		Bellahouston Harriers
107	13:25	Daniel	Bryant	M		Edinburgh AC
108	13:25	Jon	Hammerman	M		Inverclyde AC
109	13:27	Rory	Anderson	M		Teviotdale Harriers
110	13:27	Richard	Meade	M	40	Edinburgh AC
111	13:28	Gordon	Barrie	M	45	Dundee Hawkhill Harriers
112	13:28	Lewis	Mccomb	M	U20	Stirling University AC
113	13:28	Alastair	Brockie	M		Corstorphine AAC
114	13:28	Euan	Hood	M	U20	Lasswade AAC
115	13:30	Eoghan	MacNamara	M		Aberdeen AAC
116	13:30	Justin	Carter	M	45	Cambuslang Harriers
117	13:31	Sean	Gaffney	M		Inverclyde AC
118	13:31	John	Coyle	M	45	Garscube Harriers
119	13:32	Patryk	Gierjatowicz	M		Edinburgh Univ Hare & Hounds
120	13:32	Michael	Houston	M		Inverclyde AC

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Pos	Time	Forename	Surname	M/F	Cat	Club
121	13:33	Alan	Knowles	M	40	Lothian RC
122	13:33	Stephen	Allen	M	50	Motherwell AC
123	13:33	David	Elder	M	U20	Stirling University AC
124	13:34	Calum	Crawford	M		Metro Aberdeen RC
125	13:35	Stuart	Kerr	M		Kilbarchan AAC
126	13:36	Chris	Greenhalgh	M	45	Giffnock North AC
127	13:37	Andrew	Kirk	M		Kirkintilloch Olympians
128	13:38	James	Macleod	M		Garscube Harriers
129	13:38	Stuart	Miller	M		Bellahouston Harriers
130	13:38	Allan	Cameron	M	45	Motherwell AC
131	13:39	James	Thompson	M		Shettleston Harriers
132	13:39	Steve	Buchan	M	40	Metro Aberdeen RC
133	13:40	Steven	Campbell	M	40	Greenock Glenpark Harriers
134	13:40	Daniel	Monaghan	M		PH Racing Club
135	13:41	Bryan	Mulgrew	M		Bellahouston RR
136	13:41	Forbes	Jackson	M	U20	Corstorphine AAC
137	13:42	David	Mackintosh	M		Bellahouston Harriers
138	13:43	Harry	Nimmo	M	U20	Giffnock North AC
139	13:44	Charles	Thomson	M	50	Cambuslang Harriers
140	13:44	Greg	Walker	M		Teviotdale Harriers
141	13:45	Colin	Somerville	M		PH Racing Club
142	13:45	David	Lindsay	M	40	Garscube Harriers
143	13:45	Paul	Monaghan	M	45	Greenock Glenpark Harriers
144	13:46	Andrew	White	M	50	Greenock Glenpark Harriers
145	13:48	Pierre	Benezis	M		Strathclyde Univ Harriers
146	13:49	Alastair	Walker	M	60	Teviotdale Harriers
147	13:49	Michael	McConnell	M		Perth Road Runners
148	13:49	Mark	MacDermot	M		Edinburgh AC
149	13:49	Andrew	Harkins	M	40	Inverclyde AC
150	13:49	Brian	Scally	M	50	Shettleston Harriers
151	13:50	Stephen	Brown	M		West End Road Runners
152	13:50	Ben	Nelson	M		Aberdeen AAC
153	13:50	Graham	McCabe	M	45	Kirkintilloch Olympians
154	13:51	Stephen	Porteous	M		Garscube Harriers
155	13:52	Stuart	Campbell	M	50	Corstorphine AAC
156	13:52	Daniel	Doherty	M		Greenock Glenpark Harriers
157	13:52	James	Joy	M		Aberdeen AAC
158	13:52	Fraser	Armstrong	M		Bellahouston Harriers
159	13:53	Craig	Mackenzie	M		Motherwell AC
160	13:53	Jonathan	Kennedy	M		Law & District AAC

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Pos	Time	Forename	Surname	M/F	Cat	Club
161	13:55	Denver	Stretesky	M	U20	Stirling University AC
162	13:56	Olger	Pedersen	M		Edinburgh AC
163	13:56	Robert	Bartley	M	40	Cumbernauld AAC
164	13:58	Ross	Hill	M		Law & District AAC
165	13:59	Nicholas	Boyle	M	U20	Giffnock North AC
166	13:59	David	Henderson	M		Inverclyde AC
167	14:00	Ben	Kinninmonth	M		Fife AC
168	14:00	Kieran	Pugh	M		Strathclyde Univ Harriers
169	14:00	Michael	Cross	M		Giffnock North AC
170	14:01	Grahame	Hopper	M		Ayr Seaforth AC
171	14:01	Alan	Flanagan	M	40	Cumbernauld AAC
172	14:01	Alexander	Chalmers	M	50	Garscube Harriers
173	14:02	Oliver	Traynor	M		Glasgow University Hare and H
174	14:03	Michael	MacMillan	M		Stornoway Running & AC
175	14:04	Scott	Henderson	M	40	Westerlands XC Club
176	14:05	Dino	Roussias	M	45	Metro Aberdeen RC
177	14:06	Murdo	MacKenzie	M		Stornoway Running & AC
178	14:06	Craig	Shields	M		Garscube Harriers
179	14:08	Craig	Lamont	M		Bellahouston Harriers
180	14:09	Jack	Kirwan	M		East Kilbride A.C.
181	14:11	Oliver	Greenstein	M	U20	Stirling University AC
182	14:11	James	Gallacher	M	55	Kirkintilloch Olympians
183	14:11	Scott	Steven	M		Strathclyde Univ Harriers
184	14:12	Norman	Ferguson	M		Stornoway Running & AC
185	14:12	Scott	Partyka	M		Strathclyde Univ Harriers
186	14:12	Andrew	Ferguson	M		Aberdeen AAC
187	14:12	Chris	Ponton	M		Edinburgh AC
188	14:12	Thomas	Smith	M		Bellahouston Harriers
189	14:12	Greig	Glendinning	M	45	Cumbernauld AAC
190	14:13	Andy	Norris	M		Springburn Harriers
191	14:13	Finlay	Ross	M	U20	Corstorphine AAC
192	14:14	Matthew	Dailey	M	U20	Edinburgh Univ Hare & Hounds
193	14:14	Luke	Chamberlain	M	45	Giffnock North AC
194	14:14	Ross	McEachern	M	50	Cumbernauld AAC
195	14:15	Vincent	Carroll	M	50	Cumbernauld AAC
196	14:15	Kevin	Hamilton	M		Edinburgh AC
197	14:16	Jason	McMinn	M		Kirkintilloch Olympians
198	14:16	Billy	Colvin	M	40	Penicuik Harriers
199	14:16	Robert	Keenan	M		Cumbernauld AAC
200	14:17	Cameron	Stone	M	U20	Aberdeen AAC

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Pos	Time	Forename	Surname	M/F	Cat	Club
201	14:18	Howard	Elliott	M	50	Cumbernauld AAC
202	14:21	Ted	Gourley	M	55	Giffnock North AC
203	14:23	Finlay	Finlay	M		Garscube Harriers
204	14:23	Mark	Porter	M		Bellahouston Harriers
205	14:23	David	Hogg	M	45	Cumbernauld AAC
206	14:25	Graeme	Wiseman	M	45	Clydesdale Harriers
207	14:25	David	Thomson	M		East Kilbride A.C.
208	14:25	Charlie	Storrie	M		Dumfries RC
209	14:26	Iain	Robertson	M	40	Clydesdale Harriers
210	14:26	Alick	Walkinshaw	M	55	Cambuslang Harriers
211	14:26	Paul	Clawson	M		Bellahouston Harriers
212	14:26	Jonathon	Pritchard	M	45	Stornoway Running & AC
213	14:28	Gerry	McIntosh	M	55	Falkirk Victoria Harriers
214	14:29	Euan	McInnes	M	45	Lothian RC
215	14:30	Duncan	McKellar	M		Garscube Harriers
216	14:30	Stuart	Ferguson	M		Banchory Stonehaven AC
217	14:30	Nicholas	Williamson	M	40	Dunbar RC
218	14:30	Jonny	McIntosh	M		Metro Aberdeen RC
219	14:31	John	Melvin	M	U20	Glasgow University Hare and H
220	14:32	Anthony Lucio	Jannetta	M		Bellahouston RR
221	14:32	Dylan	Crawford	M	U20	Inverclyde AC
222	14:32	Sean	Marshall	M	40	Greenock Glenpark Harriers
223	14:33	Ian	Thomson	M		Garscube Harriers
224	14:33	John Paul	Murphy	M	40	Cambuslang Harriers
225	14:34	Kenny	Garden	M		Metro Aberdeen RC
226	14:35	Brent	Brodie	M	45	Bellahouston Harriers
227	14:35	Iain	Macleod	M	45	Corstorphine AAC
228	14:35	Mark	Saez	M	45	Calderglen Harriers
229	14:35	Kevin	Riddell	M		Perth Road Runners
230	14:35	Robert	Jenkins	M	U20	Strathclyde Univ Harriers
231	14:36	Ruairidh	Campbell	M		Glasgow University Hare and H
232	14:37	Barry	McComish	M	40	Lothian RC
233	14:37	Joe	Barton	M	U20	Aberdeen AAC
234	14:38	Gavin	Hinde	M	40	Garscube Harriers
235	14:38	Andrew	Ronald	M	50	Falkirk Victoria Harriers
236	14:39	Calum	Ferguson	M		Bellahouston Harriers
237	14:40	Mark	McCull	M	40	Shettleston Harriers
238	14:41	Mark	Connelly	M	40	Airdrie Harriers
239	14:42	Michael	Mcloone Snr	M	55	Greenock Glenpark Harriers
240	14:42	Iain	Nicholl	M	40	Cambuslang Harriers

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Pos	Time	Forename	Surname	M/F	Cat	Club
241	14:42	Fraser	Gorvett	M	U20	Stirling University AC
242	14:43	Sean	Calder	M		Edinburgh AC
243	14:44	Wright	Beveridge	M	45	PH Racing Club
244	14:44	Sean	Casey	M	50	Cumbernauld AAC
245	14:46	Robert	Conroy	M	40	Kirkintilloch Olympians
246	14:48	Owen	McWilliams	M		Glasgow University Hare and H
247	14:50	Keith	Dunlop	M		Edinburgh AC
248	14:50	Gareth	Wilson	M	50	Helensburgh AAC
249	14:50	Ross	Cairns	M	40	Inverness Harriers AAC
250	14:51	Iain	Craven	M		Edinburgh AC
251	14:51	Jordan	Orr	M		Giffnock North AC
252	14:52	Andrew	Buchanan	M		Calderglen Harriers
253	14:53	Craig	Jervis	M	U20	Strathclyde Univ Harriers
254	14:53	Matthew	Strachan	M	55	Dundee Hawkhill Harriers
255	14:55	Edward	McLoone	M		Kirkintilloch Olympians
256	14:55	David	Thom	M	55	Cambuslang Harriers
257	14:55	Paul	Thompson	M	60	Cambuslang Harriers
258	14:56	Paul	Friend	M		Musselburgh & District AC
259	14:57	Paul	McMonagle	M	45	Cumbernauld AAC
260	14:59	Ben	Fountain	M	U20	Law & District AAC
261	14:59	Jason	Steele	M	45	Giffnock North AC
262	14:59	Chris	Stephenson	M	45	Carnegie Harriers
263	15:00	Gordon	Simpson	M	50	Dundee Hawkhill Harriers
264	15:01	Mark	Gallacher	M	45	Motherwell AC
265	15:01	Donald	Shaw	M	45	Central AC
266	15:01	Daniel	Humble	M		Bellahouston Harriers
267	15:01	Raymond	Jaffray	M	50	Teviotdale Harriers
268	15:02	Alasdair	Meldrum	M	45	Ayr Seaforth AC
269	15:03	John	Stevenson	M	45	Greenock Glenpark Harriers
270	15:04	Andrew	Latham	M	50	Edinburgh AC
271	15:05	Lewis	Orr	M	45	Edinburgh AC
272	15:06	Tony	Dolan	M		Clydesdale Harriers
273	15:07	Graeme	Gemmell	M	50	Bellahouston Harriers
274	15:07	Andrew	McGlone	M	50	Lasswade AAC
275	15:08	Alastair Douglas	Stables	M		Strathclyde Univ Harriers
276	15:08	Matt	Pearce	M	40	Troon Tortoises AC
277	15:09	Grant	Matheson	M	55	Falkirk Victoria Harriers
278	15:10	Luke	Kirwan	M		East Kilbride A.C.
279	15:11	Donald	Petrie	M	60	Kilbarchan AAC
280	15:11	Will	Moffat	M	45	Lothian RC

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281	15:12	Cameron	Callow	M	U20	Aberdeen AAC
282	15:13	Wallace	Grieve	M	55	Falkirk Victoria Harriers
283	15:13	William	Jarvie	M	60	Portobello RC
284	15:13	David	Carr	M		Garscube Harriers
285	15:13	John	Crookston	M	60	PH Racing Club
286	15:14	Des	Dickson	M	55	Cambuslang Harriers
287	15:14	Alexander	Chisholm	M	60	Garscube Harriers
288	15:14	Mark	Thistlethwaite	M		Garscube Harriers
289	15:15	Lee	Shaw	M		Strathclyde Univ Harriers
290	15:16	Rick	Booth	M	40	Fife AC
291	15:16	David	Marshall	M		Linlithgow AC
292	15:16	Yan	Horsburgh	M	50	Gala Harriers
293	15:16	David	McKay	M		Garscube Harriers
294	15:17	Mark	Matheson	M		Bellahouston Harriers
295	15:18	Fraser	McGillivray	M		Aberdeen AAC
296	15:18	Gavin	Harvie	M	45	Garscube Harriers
297	15:19	Duncan	McCauley	M		Shettleston Harriers
298	15:19	Robert	Henry	M	40	Musselburgh & District AC
299	15:19	Darren	Murray	M	45	Bellahouston Harriers
300	15:20	Kevin	Graham	M		Edinburgh AC
301	15:22	Charles	Harris	M		Glasgow University Hare and H
302	15:23	Ewan	Wallace	M	40	Giffnock North AC
303	15:24	Graham	Andrew	M		Garscube Harriers
304	15:24	Simon	Kirk	M	45	Ayr Seaforth AC
305	15:25	Gordon	McCaffrey	M	60	Westerlands XC Club
306	15:26	Andrew	Morgan	M		Airdrie Harriers
307	15:27	Paul	Burningham	M	40	Bellahouston Harriers
308	15:27	James	McClafferty	M	U20	Law & District AAC
309	15:28	Craig	Brown	M		Ayr Seaforth AC
310	15:28	Brian	Beattie	M		Airdrie Harriers
311	15:28	Peter	Jardine	M	50	VP-Glasgow AC
312	15:29	Malcolm	Parry	M	45	Edinburgh AC
313	15:29	Stuart	McCandless	M	45	Royal Mail Run GMC
314	15:29	Euan	Craig	M		Kirkintilloch Olympians
315	15:29	Alan	Cunningham	M	45	Lothian RC
316	15:30	Paul	Markac	M		Kilmarnock H&AC
317	15:31	Iain	Dunsmore	M	45	Central AC
318	15:33	Alan	McGowan	M	40	Carnegie Harriers
319	15:33	David	Cathie	M	45	Whitemoss AAC
320	15:34	Andrew	Irvine	M		Stirling University AC

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321	15:35	Daniel	O'Connell	M	50	Cambuslang Harriers
322	15:36	Scott	Love	M		PH Racing Club
323	15:37	Alasdair	Murray	M		Cambuslang Harriers
324	15:38	Doug	Fraser	M	45	Musselburgh & District AC
325	15:39	Joseph	Chambers	M		Springburn Harriers
326	15:40	Iain	Morrison	M	50	Bellahouston Harriers
327	15:43	David	Eckersley	M	55	Central AC
328	15:43	Charles	Graham-Marr	M	60	Central AC
329	15:44	Anthony	Carson	M		Bellahouston Harriers
330	15:45	Allen	Marr	M	60	PH Racing Club
331	15:46	Steven	Phillips	M		Airdrie Harriers
332	15:49	Daniel	McLaughlin	M	55	Greenock Glenpark Harriers
333	15:51	Dave	Clements	M	45	Edinburgh AC
334	15:51	Xavier	Despinoy	M	45	Edinburgh AC
335	15:53	Kris	Carroll	M		Garscube Harriers
336	15:54	Richard	Ward	M	45	Perth Road Runners
337	15:54	David	McNish	M	45	Linlithgow AC
338	15:55	(Maxwell) Stewart	Laing	M	55	Lothian RC
339	15:55	Konstandinos	Kapardis	M		Edinburgh Univ Hare & Hounds
340	15:56	Jim	Gillon	M	50	Law & District AAC
341	15:56	Kenneth	Crawford	M	50	Bellahouston RR
342	15:57	Peter	Scott	M		Garscube Harriers
343	15:58	Keith	Wall	M	40	Garscube Harriers
344	15:59	Brian	Hughes	M	60	Cambuslang Harriers
345	15:59	Graeme	Jack	M	50	West End Road Runners
346	16:00	Charlie	Murray	M	55	VP-Glasgow AC
347	16:00	Stephen	Craig	M		Garscube Harriers
348	16:02	Benjamin	Noad	M		Central AC
349	16:02	Garry	Robertson	M	55	Edinburgh AC
350	16:04	John	Cotton	M	45	Pitreavie AAC
351	16:04	Ryan	Nelson	M		Clydesdale Harriers
352	16:04	Henry	Merriweather	M	45	Bellahouston RR
353	16:06	Andrew	Clark	M		West End Road Runners
354	16:07	John	Beveridge	M	45	Kinross Road Runners
355	16:08	Mark	Cathro	M	50	Garscube Harriers
356	16:09	Gary	Goldie	M		Garscube Harriers
357	16:09	Craig	Brown	M	45	Garscube Harriers
358	16:09	Michael	Ewing	M	50	Giffnock North AC
359	16:12	Iain	Howatt	M	50	Pitreavie AAC
360	16:13	Graeme	Wilson	M	55	Carnegie Harriers

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361	16:14	James	McAney	M	55	Garscube Harriers
362	16:16	Malcolm	Finlayson	M	50	Falkirk Victoria Harriers
363	16:16	Ed	Norton	M	65	PH Racing Club
364	16:18	Athole	Smith	M	55	Garscube Harriers
365	16:19	James	Scullion	M	40	Law & District AAC
366	16:20	Neil	Anderson	M	55	Linlithgow AC
367	16:21	James	McLaren	M	55	Falkirk Victoria Harriers
368	16:24	Alan	O'Rourke	M	45	Greenock Glenpark Harriers
369	16:25	Tom	Ferris	M	45	Bellahouston RR
370	16:25	Murray	McDonald	M		Kilmarnock H&AC
371	16:26	Colin	Alexander	M	45	Central AC
372	16:28	Ade	Kearns	M	55	Garscube Harriers
373	16:28	Sandy	Gardner	M	45	VP-Glasgow AC
374	16:29	Charles	Stable	M	45	Musselburgh & District AC
375	16:29	Gavin	McGowan	M	40	Bellahouston RR
376	16:30	Scott	Dickson	M		Motherwell AC
377	16:32	Andrew	Duncan	M	45	Musselburgh & District AC
378	16:33	Alan	Cullie	M	50	Calderglen Harriers
379	16:36	Ken	Monaghan	M	45	Kilmarnock H&AC
380	16:36	Alexander	Cuthbert	M	40	Bellahouston Harriers
381	16:37	Craig	Chisholm	M		Pitreavie AAC
382	16:38	Malcolm	Maclean	M	40	Greenock Glenpark Harriers
383	16:41	Daniel	Smith	M	U20	Strathclyde Univ Harriers
384	16:42	Calum	Ross	M	55	Lothian RC
385	16:42	Christopher	Martin	M		Musselburgh & District AC
386	16:44	Paul	Houston	M	50	Bellahouston Harriers
387	16:49	John	McCabe	M	50	Troon Tortoises AC
388	16:49	Niall	Balloch	M		PH Racing Club
389	16:52	Andrew	Ferguson Snr	M	55	Banchory Stonehaven AC
390	16:52	Robert	Pattinson	M	50	Motherwell AC
391	16:54	Brian	Miller	M	40	Carnegie Harriers
392	16:55	Bobby	Hill	M		Law & District AAC
393	16:56	Scott	Lyden	M		Kilmarnock H&AC
394	16:57	Marco	Placentino	M	50	Dundee Hawkhill Harriers
395	16:58	Darren	Shields	M		Bellahouston Harriers
396	16:58	Kenny	Leinster	M	55	Calderglen Harriers
397	16:59	Gary	Macfadyen	M	50	Forres Harriers
398	16:59	Andy	Macdonald	M	40	Giffnock North AC
399	17:00	Peter	MacNab	M		Westerlands XC Club
400	17:01	Gary	Arthur	M		Motherwell AC

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401	17:02	David	Nightingale	M	60	Gala Harriers
402	17:04	Brian	Harper	M	45	Teviotdale Harriers
403	17:04	Derek	Clyne	M	55	Teviotdale Harriers
404	17:04	Stewart	McAllister	M		Kilmarnock H&AC
405	17:05	Jim	Holmes	M	50	Calderglen Harriers
406	17:07	Jean-Yves	Daniel	M	50	Airdrie Harriers
407	17:08	Richard	Millar	M	40	Shettleston Harriers
408	17:11	Tim	Jones	M	40	Kinross Road Runners
409	17:12	Gordon	MacFarlane	M	45	Pitreavie AAC
410	17:13	Martin	White	M	45	Bellahouston RR
411	17:15	Niall	Kennedy	M	40	Bellahouston RR
412	17:21	Alasdhair	Love	M	40	Aberdeen AAC
413	17:22	Gordon	Colvin	M	55	East Kilbride A.C.
414	17:24	Gary	Barker	M	60	Fife AC
415	17:24	Keith	Charters	M	50	East Kilbride A.C.
416	17:27	Timothy	Downie	M	60	Ayr Seaforth AC
417	17:33	Alister	Biggar	M	45	Teviotdale Harriers
418	17:34	Steven	Smith	M	50	Greenock Glenpark Harriers
419	17:34	Stewart	Gordon	M	40	Motherwell AC
420	17:37	George	Lupton	M	40	Portobello RC
421	17:38	Stephen	Malcolm	M	45	Lothian RC
422	17:39	David	Hoolaghan	M		Motherwell AC
423	17:47	Matthew	Newnham	M	60	Edinburgh AC
424	17:49	Andrew	Anderson	M	50	Dunbar RC
425	17:51	Hugh	Laverty	M	60	Clydesdale Harriers
426	17:51	John	Quinn	M	55	Westerlands XC Club
427	17:53	Finlay	Slane	M	55	Lothian RC
428	17:53	Richard	Lawton	M	40	Calderglen Harriers
429	17:56	Conor	Doherty	M		Bellahouston Harriers
430	18:02	Norman	Baillie	M	70	Garscube Harriers
431	18:02	Allen	Campbell	M	45	West End Road Runners
432	18:07	William Gavin	Reid	M	50	Metro Aberdeen RC
433	18:10	Stig	Walsh	M	50	Lothian RC
434	18:12	Stephen	Purvis	M	45	Airdrie Harriers
435	18:15	John	Burns	M	55	Motherwell AC
436	18:15	Gordon	Gallacher	M	45	Bellahouston Harriers
437	18:16	James	Boyle	M	45	Garscube Harriers
438	18:18	Graham	McMillan	M	50	Bellahouston Harriers
439	18:19	Frank	McMahon	M	65	Greenock Glenpark Harriers
440	18:27	Stewart	Nisbet	M	45	Kinross Road Runners
441	18:28	Graeme	McKenzie	M	40	Troon Tortoises AC

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442	18:29	Jim	Alexander	M	55	Lothian RC
443	18:35	Alex	MacEwen	M	60	Edinburgh AC
444	18:37	Stuart	Macdonald	M	55	Bellahouston Harriers
445	18:38	Russell	Couper	M	50	Calderglen Harriers
446	18:40	Paul	Sutherland	M	65	Fife AC
447	18:41	Paul	Collins	M	50	Garscube Harriers
448	18:43	Alastair	Mccallum	M	55	Falkirk Victoria Harriers
449	18:46	Martin	Egan	M	50	Garscube Harriers
450	18:55	Euan	MacDermid	M	55	Dundee Hawkhill Harriers
451	19:07	Allan	Jenkins	M	65	Garscube Harriers
452	19:08	Paul	Lockie	M	50	Teviotdale Harriers
453	19:08	Matthew	Campbell	M		Bellahouston RR
454	19:21	Gordon	McInally	M	50	Calderglen Harriers
455	19:21	John	McClarty	M	50	Kilmarnock H&AC
456	19:25	Conor	Butters	M	U20	Law & District AAC
457	19:28	Peter	Rudzinski	M	65	Clydesdale Harriers
458	19:28	Peter	Dow	M	60	Garscube Harriers
459	19:32	Patrick	Kelly	M	70	Law & District AAC
460	19:40	Alan	Coltman	M	50	Teviotdale Harriers
461	19:41	Fraser	Houston	M	45	Falkirk Victoria Harriers
462	20:07	Stuart	Nibloe	M		Kilmarnock H&AC
463	20:51	John	Boyd	M	55	Calderglen Harriers
464	20:56	Thomas	Keenan	M	60	Bellahouston Harriers
465	21:02	David	Geddes	M	60	Garscube Harriers
466	21:12	Alan	Bothwell	M	55	Perth Road Runners
467	21:23	John	McIntyre Snr	M	50	Fife AC
468	21:26	David	Maclennan	M		Metro Aberdeen RC
469	21:28	Simon	Hutton	M		Greenock Glenpark Harriers
470	21:56	Stephen	Cullen	M	60	Garscube Harriers
471	23:41	David	Heppell	M	70	Garscube Harriers

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Team	Pos	Points	Club	Pos	Runtime	Name
1	43		Inverclyde AC	2	0:11:36	Adam Craig
				6	0:11:46	Andrew Douglas
				14	0:11:58	Craig Ruddy
				21	0:12:07	John Bell
2	72		Edinburgh AC	9	0:11:50	Michael Christoforou
				12	0:11:56	Freddie Carcas
				18	0:12:02	Joseph Arthur
				33	0:12:23	John Lenehan
3	79		Shettleston Harriers	5	0:11:44	Lachlan Oates
				15	0:12:00	Teweldeberhan Mengisteab
				25	0:12:15	Daniel Bradford
				34	0:12:24	Lewis Raeburn
4	82		Central AC	7	0:11:48	Alastair Hay
				10	0:11:51	Scott Green
				27	0:12:16	Dale Colley
				38	0:12:26	Matthew Sutherland
5	100		Cambuslang Harriers	13	0:11:57	Ryan Thomson
				22	0:12:10	Fraser Stewart
				28	0:12:16	Gavin Smith
				37	0:12:26	Stuart Gibson
6	105		Glasgow University Hare and H	1	0:11:32	Sol Sweeney
				23	0:12:11	Tristan Rees
				31	0:12:19	Finlay Todd
				50	0:12:37	Anthony Addison
7	134		Edinburgh Univ Hare & Hound	17	0:12:01	Alex Carcas
				29	0:12:17	Jack Leitch
				40	0:12:29	Oskar Fraser-Krauss
				48	0:12:36	Eddie Narbett

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Team Pos	Points	Club	Pos	Runtime	Name
8	148	Kilbarchan AAC	8	0:11:50	Connor Maclean
			19	0:12:06	Cameron Wright
			45	0:12:35	Andrew MacAngus
			76	0:12:59	Robbie Ferguson
9	164	Aberdeen AAC	3	0:11:40	Michael Ferguson
			35	0:12:24	Tyler White
			46	0:12:35	James Hoad
			80	0:13:03	Steven Murray
10	233	Garscube Harriers	32	0:12:22	Thomas Berry
			61	0:12:46	Garry Mathew
			65	0:12:48	Lorn Webster
			75	0:12:59	Cody Stevenson
11	292	Corstorphine AAC	20	0:12:06	Calum McKenzie
			89	0:13:06	Aaron Hoyle
			91	0:13:08	Stephen Addison
			92	0:13:08	Tom Ferrington
12	328	Bellahouston Harriers	58	0:12:43	Jack Arnold
			77	0:12:59	Gregor Yates
			87	0:13:06	Darren McQuade
			106	0:13:23	Greg Templeton
13	369	Metro Aberdeen RC	11	0:11:53	Cameron Strachan
			102	0:13:19	Rankin Lascelles
			124	0:13:34	Calum Crawford
			132	0:13:39	Steve Buchan
14	390	Giffnock North AC	56	0:12:42	Andrew Love
			103	0:13:20	Kieran Killen
			105	0:13:21	Sandy Nimmo
			126	0:13:36	Chris Greenhalgh

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15	432	Law & District AAC	44	0:12:35	James Gillon
			64	0:12:47	Darran Muir
			160	0:13:53	Jonathan Kennedy
			164	0:13:58	Ross Hill
16	508	Motherwell AC	97	0:13:12	Christopher MacDonald
			122	0:13:33	Stephen Allen
			130	0:13:38	Allan Cameron
			159	0:13:53	Craig Mackenzie
17	576	Greenock Glenpark Harriers	133	0:13:40	Steven Campbell
			143	0:13:45	Paul Monaghan
			144	0:13:46	Andrew White
			156	0:13:52	Daniel Doherty
18	577	Stirling University AC	112	0:13:28	Lewis McComb
			123	0:13:33	David Elder
			161	0:13:55	Denver Stretesky
			181	0:14:11	Oliver Greenstein
19	586	Strathclyde Univ Harriers	90	0:13:07	Lewis Ross
			145	0:13:48	Pierre Benezis
			168	0:14:00	Kieran Pugh
			183	0:14:11	Scott Steven
20	596	PH Racing Club	78	0:13:02	Darren Jubb
			134	0:13:40	Daniel Monaghan
			141	0:13:45	Colin Somerville
			243	0:14:44	Wright Beveridge
21	605	Fife AC	47	0:12:36	Sam Fernando
			101	0:13:18	Craig Morris
			167	0:14:00	Ben Kinninmonth
			290	0:15:16	Rick Booth

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Team Pos	Points	Club	Pos	Runtime	Name
22	650	Lothian RC	83	0:13:05	Malcolm Lang
			121	0:13:33	Alan Knowles
			214	0:14:29	Euan McInnes
			232	0:14:37	Barry McComish
23	659	Kirkintilloch Olympians	127	0:13:37	Andrew Kirk
			153	0:13:50	Graham McCabe
			182	0:14:11	James Gallacher
			197	0:14:16	Jason McMinn
24	662	Teviotdale Harriers	109	0:13:27	Rory Anderson
			140	0:13:44	Greg Walker
			146	0:13:49	Alastair Walker
			267	0:15:01	Raymond Jaffray
25	708	East Kilbride A.C.	43	0:12:33	Grant Baillie
			180	0:14:09	Jack Kirwan
			207	0:14:25	David Thomson
			278	0:15:10	Luke Kirwan
26	717	Cumbernauld AAC	163	0:13:56	Robert Bartley
			171	0:14:01	Alan Flanagan
			189	0:14:12	Greig Glendinning
			194	0:14:14	Ross McEachern
27	747	Stornoway Running & AC	174	0:14:03	Michael MacMillan
			177	0:14:06	Murdo MacKenzie
			184	0:14:12	Norman Ferguson
			212	0:14:26	Jonathon Pritchard
28	794	Perth Road Runners	82	0:13:04	Myles Bax
			147	0:13:49	Michael McConnell
			229	0:14:35	Kevin Riddell
			336	0:15:54	Richard Ward

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29	1007	Falkirk Victoria Harriers	213	0:14:28	Gerry McIntosh
			235	0:14:38	Andrew Ronald
			277	0:15:09	Grant Matheson
			282	0:15:13	Wallace Grieve
30	1022	Dundee Hawkhill Harriers	111	0:13:28	Gordon Barrie
			254	0:14:53	Matthew Strachan
			263	0:15:00	Gordon Simpson
			394	0:16:57	Marco Placentino
31	1038	Clydesdale Harriers	206	0:14:25	Graeme Wiseman
			209	0:14:26	Iain Robertson
			272	0:15:06	Tony Dolan
			351	0:16:04	Ryan Nelson
32	1048	Bellahouston RR	135	0:13:41	Bryan Mulgrew
			220	0:14:32	Anthony Lucio Jannetta
			341	0:15:56	Kenneth Crawford
			352	0:16:04	Henry Merriweather
33	1051	Ayr Seaforth AC	170	0:14:01	Grahame Hopper
			268	0:15:02	Alasdair Meldrum
			304	0:15:24	Simon Kirk
			309	0:15:28	Craig Brown
34	1072	VP-Glasgow AC	42	0:12:33	Allan Ramsay
			311	0:15:28	Peter Jardine
			346	0:16:00	Charlie Murray
			373	0:16:28	Sandy Gardner
35	1091	Kilmarnock H&AC	26	0:12:16	Richard Mair
			316	0:15:30	Paul Markac
			370	0:16:25	Murray McDonald
			379	0:16:36	Ken Monaghan

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36	1185	Airdrie Harriers	238	0:14:41	Mark Connelly
			306	0:15:26	Andrew Morgan
			310	0:15:28	Brian Beattie
			331	0:15:46	Steven Phillips
37	1254	Musselburgh & District AC	258	0:14:56	Paul Friend
			298	0:15:19	Robert Henry
			324	0:15:38	Doug Fraser
			374	0:16:29	Charles Stable
38	1254	Calderglen Harriers	228	0:14:35	Mark Saez
			252	0:14:52	Andrew Buchanan
			378	0:16:33	Alan Cullie
			396	0:16:58	Kenny Leinster
39	1280	West End Road Runners	151	0:13:50	Stephen Brown
			345	0:15:59	Graeme Jack
			353	0:16:06	Andrew Clark
			431	0:18:02	Allen Campbell
40	1305	Westerlands XC Club	175	0:14:04	Scott Henderson
			305	0:15:25	Gordon McCaffrey
			399	0:17:00	Peter MacNab
			426	0:17:51	John Quinn
41	1331	Carnegie Harriers	262	0:14:59	Chris Stephenson
			318	0:15:33	Alan McGowan
			360	0:16:13	Graeme Wilson
			391	0:16:54	Brian Miller
42	1499	Pitreavie AAC	350	0:16:04	John Cotton
			359	0:16:12	Iain Howatt
			381	0:16:37	Craig Chisholm
			409	0:17:12	Gordon MacFarlane