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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Anisha	Badial	(FU20)	Aberdeen AAC
Jennifer	Harrison	(F Sen)	Aberdeen AAC
Anne	Howie	(F55)	Aberdeen AAC
Morven	Glennie	(F Sen)	Airdrie Harriers
Marie Thérèse	Rodgers	(F45)	Airdrie Harriers
Nicola	Dunn	(F Sen)	Ayr Seaforth AC
Gillian	Hannah	(F50)	Ayr Seaforth AC
Ruth	Kirk	(F45)	Ayr Seaforth AC
Toni	McIntosh	(F Sen)	Ayr Seaforth AC
Gael	Neill	(F40)	Ayr Seaforth AC
Laura	Wallace	(F Sen)	Ayr Seaforth AC
Angela	Carson	(F50)	Bellahouston Harriers
Janine	Dickie	(F Sen)	Bellahouston Harriers
Tania	Duffy	(F45)	Bellahouston Harriers
Claire	Fitzsimmons	(F Sen)	Bellahouston Harriers
Gillian	Glass	(F45)	Bellahouston Harriers
Kristina	Greig	(F Sen)	Bellahouston Harriers
Ann	Knox	(F Sen)	Bellahouston Harriers
Elaine	Macdonald	(F Sen)	Bellahouston Harriers
June	MacLeod	(F60)	Bellahouston Harriers
Robyn	Millar	(F Sen)	Bellahouston Harriers
Danielle	Pearson	(FU20)	Bellahouston Harriers
Susan	Redpath	(F45)	Bellahouston Harriers
Karen	Rosling	(F Sen)	Bellahouston Harriers
Jasmine	Shields	(F Sen)	Bellahouston Harriers
Rebecca	Simister	(F Sen)	Bellahouston Harriers
Emma	Sommerville	(F Sen)	Bellahouston Harriers
Anne	Williamson	(F55)	Bellahouston Harriers
Alison	Brown	(F55)	Bellahouston RR
Catriona	MacDonald	(F Sen)	Bellahouston RR
Lisa	Taylor	(F Sen)	Bellahouston RR
Heloise	White	(F40)	Bellahouston RR

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Karen	Allen	(F Sen)	Calderglen Harriers
Lorraine	Buchanan	(F Sen)	Calderglen Harriers
Kay	Conneff	(F40)	Calderglen Harriers
Frances	Ferguson	(F50)	Calderglen Harriers
Alexandra	Hayden	(F Sen)	Calderglen Harriers
Allison	Johnston	(F50)	Calderglen Harriers
Alison	Lessells	(F Sen)	Calderglen Harriers
Joanne	McEvoy	(F40)	Calderglen Harriers
Kirsty	Wilson	(F Sen)	Calderglen Harriers
Amy	Craig	(FU20)	Cambuslang Harriers
Jennifer	Reid	(F45)	Cambuslang Harriers
Alison	Sutherland	(F Sen)	Carnegie Harriers
Bethany	Burch	(FU20)	Central AC
Rebecca Louise	Craig	(FU20)	Central AC
Kate	Gallagher	(FU20)	Central AC
Julia	McAfee	(F45)	Central AC
Lauren	McCulloch	(FU20)	Central AC
Kirsten Samara	McStay	(F Sen)	Central AC
Morag	Millar	(F Sen)	Central AC
Heather	Scott	(FU20)	Central AC
Natalie	Stewart	(F Sen)	Central AC
Cliona	Ferguson	(F Sen)	Central AC (Ind)
Pamela	McCrossan	(F55)	Clydesdale Harriers
Simone	Sherrie	(F Sen)	Clydesdale Harriers
Hannah	Addison	(F Sen)	Corstorphine AAC
Caitlin	Arnott	(FU20)	Corstorphine AAC
Moira	Findlay	(F50)	Corstorphine AAC
Sarah	Ledingham	(F45)	Corstorphine AAC
Jessica	MacLeod	(FU20)	Corstorphine AAC
Jilly	McKay	(F Sen)	Corstorphine AAC
Lindsay	Seywright	(F55)	Corstorphine AAC
Alicia	Paton	(FU20)	Cumbernauld AAC
Nicola	Hood	(F Sen)	Dumfries RC
Anne	Macfarlane	(F55)	Dumfries RC
Annabel	Calvert	(F Sen)	Dundee Hawkhill Harriers
Fiona	Gibson	(F40)	Dundee Hawkhill Harriers
Sophie	Kidd	(FU20)	Dundee Hawkhill Harriers
Shania	King	(FU20)	Dundee Hawkhill Harriers
Danielle	MacDermid	(FU20)	Dundee Hawkhill Harriers
Rhonda	Manning	(F50)	Dundee Hawkhill Harriers
Amy	Mollison	(FU20)	Dundee Hawkhill Harriers
Laura	Muir	(F Sen)	Dundee Hawkhill Harriers
Diane	Placentino	(F45)	Dundee Hawkhill Harriers
Kelly	Baillie	(F Sen)	East Kilbride A.C.
Sheila	Gollan	(F50)	East Sutherland AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Zoe	Bates	(FU20)	Edinburgh AC
Maria	Boland	(F Sen)	Edinburgh AC
Rebecca	Burns	(F Sen)	Edinburgh AC
Hannah	Cameron	(F Sen)	Edinburgh AC
Kathleen	Dempsey	(F Sen)	Edinburgh AC
Karen	Dobbie	(F50)	Edinburgh AC
Elaine	Eadie	(F Sen)	Edinburgh AC
Sinéad	Gallagher	(F Sen)	Edinburgh AC
Jennifer	MacLean	(F40)	Edinburgh AC
Susan	Ridley	(F50)	Edinburgh AC
Sarah	Scott	(F Sen)	Edinburgh AC
Lauren	Stoddart	(F Sen)	Edinburgh AC
Amy	Vincent	(F Sen)	Edinburgh AC
Eloise	Walker	(FU20)	Edinburgh AC
Amanda	Woodrow	(F Sen)	Edinburgh AC
Carolyn	Cameron	(FU20)	Edinburgh Univ Hare & Hounds
Polly	Edwards	(F Sen)	Edinburgh Univ Hare & Hounds
Amy	Frankland	(F Sen)	Edinburgh Univ Hare & Hounds
Jennifer	Glass	(F Sen)	Edinburgh Univ Hare & Hounds
Rosina	Graham	(FU20)	Edinburgh Univ Hare & Hounds
Katie	Hall	(FU20)	Edinburgh Univ Hare & Hounds
Rebecca	Johnson	(F Sen)	Edinburgh Univ Hare & Hounds
Katie	Lowery	(FU20)	Edinburgh Univ Hare & Hounds
Anna	MacFadyen	(FU20)	Edinburgh Univ Hare & Hounds
Constance	Nankivell	(FU20)	Edinburgh Univ Hare & Hounds
Holly	Page	(FU20)	Edinburgh Univ Hare & Hounds
Stephanie	Pennycook	(F Sen)	Edinburgh Univ Hare & Hounds
Zoe	Pflug	(FU20)	Edinburgh Univ Hare & Hounds
Rona	Tytler	(FU20)	Edinburgh Univ Hare & Hounds
Mairi	Wallace	(FU20)	Edinburgh Univ Hare & Hounds
Monica	Anderson	(F50)	Falkirk Victoria Harriers
Jessica	Christie	(FU20)	Falkirk Victoria Harriers
Lissie	Faulks	(F40)	Falkirk Victoria Harriers
Fiona	Macfarlane	(F Sen)	Falkirk Victoria Harriers
Fiona	Matheson	(F55)	Falkirk Victoria Harriers
Eilidh	McCallum	(FU20)	Falkirk Victoria Harriers
Olivia	Vareille	(FU20)	Falkirk Victoria Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Innes	Bracegirdle	(F60)	Fife AC
Megan	Crawford	(F Sen)	Fife AC
Ailsa	Cruickshanks	(F Sen)	Fife AC
Jennifer	Cruickshanks	(F Sen)	Fife AC
Katie	Garner	(F Sen)	Fife AC
Kerry	Gibson	(F Sen)	Fife AC
Katie	Jones	(F Sen)	Fife AC
Louise	Mccullagh	(FU20)	Fife AC
Alison	McGill	(F Sen)	Fife AC
Kellyanne	Muir	(F Sen)	Fife AC
Sophie	Mullins	(F Sen)	Fife AC
Louise	Provan	(F40)	Fife AC
Halina	Rees	(F Sen)	Fife AC
Jenny	Selman	(F Sen)	Fife AC
Helen	Sharpe	(F Sen)	Fife AC
Annabel	Simpson	(F Sen)	Fife AC
Jennifer	Spence	(F Sen)	Fife AC
Maya	Stone	(F Sen)	Fife AC
Rhona	van Rensburg	(F45)	Fife AC
Amie	Watt	(F Sen)	Fife AC
Kirstin	Maxwell	(F Sen)	Gala Harriers
Yvonne	Burgess	(F40)	Garscube Harriers
Morag	Casey	(F45)	Garscube Harriers
Lesley	Chisholm	(F40)	Garscube Harriers
Alison	Condie	(F50)	Garscube Harriers
Mary	Cox	(F60)	Garscube Harriers
Amy	Cromarty	(F Sen)	Garscube Harriers
Caroline	Dow	(F60)	Garscube Harriers
Laura	Gray	(F Sen)	Garscube Harriers
Martha	Lovatt	(F Sen)	Garscube Harriers
Chloe	McAdam	(F Sen)	Garscube Harriers
Claire	McKeown	(F Sen)	Garscube Harriers
Kathryn	Scott	(F55)	Garscube Harriers
Mary	Senior	(F45)	Garscube Harriers
Liz	Short	(F45)	Garscube Harriers
Casey	Thompson	(F Sen)	Garscube Harriers
Barbara	Watt	(F45)	Garscube Harriers
Katie	White	(F Sen)	Garscube Harriers
Ann	White	(F65)	Garscube Harriers
Alison	Wood	(F Sen)	Garscube Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Hilary	Carswell	(F45)	Giffnock North AC
Allie	Chong	(F45)	Giffnock North AC
Patricia	Gallagher	(F50)	Giffnock North AC
Stephanie	Lillie	(F40)	Giffnock North AC
Charlotte	McKenna	(FU20)	Giffnock North AC
Lynn	McKenna	(FU20)	Giffnock North AC
Rhona	Mowat	(FU20)	Giffnock North AC
Sarah	Smith	(F45)	Giffnock North AC
Jill	Smylie	(F Sen)	Giffnock North AC
Heather	Thompson	(F Sen)	Giffnock North AC
Erin	Wallace	(FU20)	Giffnock North AC
Maisie	Watson	(FU20)	Glasgow School of Sport
Aoife	Carr	(FU20)	Glasgow University Hare and H
Emily	Crusher	(FU20)	Glasgow University Hare and H
Julia	Dunn	(FU20)	Glasgow University Hare and H
Hannah	Gilchrist	(FU20)	Glasgow University Hare and H
Mikaela	Hannam	(F Sen)	Glasgow University Hare and H
Juliet	Hill	(F Sen)	Glasgow University Hare and H
Natalia	Mackowiak	(F Sen)	Glasgow University Hare and H
Laura	Stewart	(F Sen)	Glasgow University Hare and H
Clare	Stewart	(FU20)	Glasgow University Hare and H
Kerrie	Walker	(F Sen)	Glasgow University Hare and H
Sandra	Campbell	(F40)	Greenock Glenpark Harriers
Lorna	Coyle	(F55)	Greenock Glenpark Harriers
Marianne	Mckay	(F40)	Greenock Glenpark Harriers
Marian	Monk	(F45)	Greenock Glenpark Harriers
Lynsey	Mooney	(F Sen)	Greenock Glenpark Harriers
Dannie	Seddon	(F40)	Greenock Glenpark Harriers
Nathalie	Smith	(F40)	Greenock Glenpark Harriers
Eileen	Stevenson	(F45)	Greenock Glenpark Harriers
Sophie	Monteith	(FU20)	Helensburgh AAC
Laura	Robertson	(F Sen)	Hunters Bog Trotters
Jillian	Stephen	(F Sen)	Hunters Bog Trotters
Megan	Wright	(F45)	Hunters Bog Trotters
Rachael	Bushfield	(F Sen)	Inverclyde AC
Julie	Gordon	(F40)	Inverclyde AC
Jennifer	Lyne	(FU20)	Inverclyde AC
Shelby	Morrison	(FU20)	Inverclyde AC
Heather	Campbell	(F Sen)	Inverness Harriers AAC
Doreen	Campbell	(F50)	Inverness Harriers AAC
Connie	Campbell	(FU20)	Inverness Harriers AAC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Elsbeth	Curran	(F Sen)	Kilbarchan AAC
Sandra	Houldsworth	(F40)	Kilbarchan AAC
Kerry	MacAngus	(FU20)	Kilbarchan AAC
Joanne	McDowall	(F40)	Kilbarchan AAC
Christina	Rankin	(F Sen)	Kilbarchan AAC
Jemma	Reekie	(F Sen)	Kilbarchan AAC
Chloe	Simpson	(F Sen)	Kilbarchan AAC
Holly	Thompson	(FU20)	Kilbarchan AAC
Kirsty	Alexander	(F45)	Kilmarnock H&AC
Jennifer	Beattie	(F Sen)	Kilmarnock H&AC
Amanda	Bryden	(F Sen)	Kilmarnock H&AC
Stephanie	Hewitt	(F Sen)	Kilmarnock H&AC
Kirsty	McNulty	(F40)	Kilmarnock H&AC
Paula	Wilson	(F50)	Kilmarnock H&AC
Allison	Law	(F55)	Kirkintilloch Olympians
Marina	McCallum	(F45)	Kirkintilloch Olympians
Marie	McChord	(F55)	Kirkintilloch Olympians
Suzanne	Shaw	(F40)	Kirkintilloch Olympians
Ausrine	Ward	(F40)	Kirkintilloch Olympians
Christina	Whitelaw Collins	(F Sen)	Larkhall YMCA Harriers
Ailsa	Innes	(FU20)	Lasswade AAC
Sarah	Tait	(FU20)	Lasswade AAC
Emily	McNicol	(FU20)	Law & District AAC
Margaret	Newell	(F Sen)	Law & District AAC
Pamela	Newell	(FU20)	Law & District AAC
Rosemary	Gallagher	(F45)	Linlithgow AC
Jill	Horsburgh	(F55)	Linlithgow AC
Frances	Wood	(F60)	Linlithgow AC
Andrea	Cameron	(F Sen)	Lothian RC
Yvonne	Crilly	(F55)	Lothian RC
Saran	Jones	(F55)	Lothian RC
Christine	MacVarish	(F45)	Lothian RC
Jo	Williams	(F Sen)	Lothian RC
Kayleigh	Jarrett	(F Sen)	Metro Aberdeen RC
Lisa	Michie	(F Sen)	Metro Aberdeen RC
Valerie	Wilson	(F50)	Metro Aberdeen RC
Joyce	Allardice	(F50)	Motherwell AC
Phyllis	Hands	(F60)	Motherwell AC
Emma	Hunter	(F Sen)	Motherwell AC
Alison	Jardine	(F Sen)	Motherwell AC
Gayle	Samson	(F Sen)	Motherwell AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Jessica	Craig	(F Sen)	North Down Athletic Club
Jessica	Craig	(F Sen)	North Down Athletic Club
Rachel	Gibson	(F Sen)	North Down Athletic Club
Sandra	Tulloch	(F40)	Ochil Hill Runners
Susan	Bothwell	(F60)	Perth Road Runners
Gillian	Edwards	(F Sen)	Perth Road Runners
Rhona	Henderson	(F45)	Perth Road Runners
Karen	Kennedy	(F45)	PH Racing Club
Kristin	Lownie	(F Sen)	PH Racing Club
Robyn	Morrocco	(F Sen)	PH Racing Club
Morna	Fleming	(F65)	Pitreavie AAC
Penny	Hicks	(F50)	Pitreavie AAC
Zoe	Nicholson	(FU20)	Pitreavie AAC
Melanie	Sinclair	(F45)	Pitreavie AAC
Janice	Webster	(F40)	Pitreavie AAC
Oonagh	Dunnett	(F Sen)	Shettleston Harriers
Ruth	Joss	(F Sen)	Shettleston Harriers
Amy	MacLellan	(F Sen)	Shettleston Harriers
Jennifer	Martin	(F Sen)	Shettleston Harriers
Avril	Mason	(F40)	Shettleston Harriers
Shannon	McLellan	(F Sen)	Shettleston Harriers
Kathryn	Pennel	(F Sen)	Shettleston Harriers
Fionnuala	Ross	(F Sen)	Shettleston Harriers
Michelle	Callaghan	(F45)	Springburn Harriers
Michelle	Sandison	(F Sen)	Springburn Harriers
Eilidh	Mackenzie	(F Sen)	Stornoway Running & AC
Joanna	Gillies	(FU20)	Strathclyde Univ Harriers
Deanna	Kerekes	(F Sen)	Strathclyde Univ Harriers
Katy	McGonigal	(FU20)	Strathclyde Univ Harriers
Chloe	Murphy	(FU20)	Strathclyde Univ Harriers
Sarah	Paterson	(F Sen)	Strathclyde Univ Harriers
Marie-Louise	Slater	(F Sen)	Strathclyde Univ Harriers
Madeleine	Watson	(F Sen)	Strathclyde Univ Harriers
Kerry	Sweeney	(F40)	Strathearn Harriers
Kirsty	Hughes	(F40)	Teviotdale Harriers
Ishbel	Inglis	(FU20)	Teviotdale Harriers
Helene	Jaffray	(F50)	Teviotdale Harriers

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Gillian	Black	(F Sen)	VP-Glasgow AC
Becky	Dunphy	(F Sen)	VP-Glasgow AC
Donna	Finlayson	(F Sen)	VP-Glasgow AC
Suzanne	Gilmour	(F40)	VP-Glasgow AC
Mhairi	Hendry	(F Sen)	VP-Glasgow AC
Stephanie	Lawrie	(F Sen)	VP-Glasgow AC
Holly	Little	(FU20)	VP-Glasgow AC
Erin	Mcllveen	(F Sen)	VP-Glasgow AC
Philippa	Millage	(F Sen)	VP-Glasgow AC
Josephine	Moultrie	(F Sen)	VP-Glasgow AC
Grace	Norman	(F Sen)	VP-Glasgow AC
Anna	Tait	(F Sen)	VP-Glasgow AC
Cordelia	O'Neill	(F Sen)	West End Road Runners
Leanne	Cooke	(F Sen)	Westerlands XC Club
Sharon	Taylor	(F55)	Westerlands XC Club