

### Stage 1

1	09:41	Katie Johnson (GU13)	Edinburgh AC	47	11:37	Cameron Fairgrieve (GU13)	Glasgow School of Sport
2	09:43	Valencia Wright (GU13)	VP-Glasgow AC	48	11:38	Rachael Morran (GU13)	Giffnock North AAC G
3	10:05	Phoebe Armstrong (GU13)	Aberdeen AAC	49	11:39	Ailsa Bagnall (GU13)	Corstorphine AAC B
4	10:11	Isla Hedley (GU13)	Fife AC	50	11:39	Ellie Anderson (GU13)	Kilmarnock H&AC
5	10:12	Isla Thoms (GU13)	Fife AC B	51	11:40	Mary Kealey (GU13)	Central AC C
6	10:20	Erin Ward (GU13)	Giffnock North AAC	52	11:40	Eilidh Howard (GU13)	Lothian Running Club
7	10:20	Hannah Ryding (GU13)	Giffnock North AAC B	53	11:41	Hayley Crawford (GU13)	Law & District AAC B
8	10:28	Katie Christie (GU13)	Falkirk Victoria Harriers	54	11:43	Hannah Thomson (GU13)	Inverclyde AC B
9	10:31	Islay Hubbard (GU13)	Ayr Seaforth AC	55	11:44	Mirren Julie Henry (GU13)	Central AC B
10	10:31	Isla Scott (GU13)	Giffnock North AAC C	56	11:45	Cecily Millar (GU13)	Edinburgh AC D
11	10:31	Chloe Cameron (GU13)	Kilbarchan AAC	57	11:47	Emma McMillan (GU13)	Ayr Seaforth AC C
12	10:35	Olivia Clarke (GU13)	Corstorphine AAC	58	11:47	Cara McAneny (GU13)	East Kilbride A.C. C
13	10:42	Iona Jamieson (GU13)	Teviotdale Harriers	59	11:50	Eva Duke (GU13)	Dundee Hawkhill Harriers B
14	10:44	Abbie Cross (GU13)	Falkirk Victoria Harriers B	60	11:58	Jessica Gibson (GU13)	Giffnock North AAC J
15	10:50	Evie Livingstone (GU13)	Kilbarchan AAC C	61	11:58	Kirstie Cochran (GU13)	Kilbarchan AAC E
16	10:52	Anna Cairns (GU13)	Inverness Harriers AAC B	62	12:00	Katie Bennie (GU13)	Falkirk Victoria Harriers D
17	10:53	Kate Paul (GU13)	Giffnock North AAC D	63	12:02	Erin Ellor (GU13)	Shettleston Harriers
18	10:53	Erin Macfarlane (GU13)	Pitreavie AAC	64	12:03	Jana Hamilton (GU13)	Team East Lothian B
19	10:56	Connie Roxburgh (GU13)	Edinburgh AC B	65	12:06	Coryn Maclean (GU13)	Garscube Harriers D
20	10:57	Kenzie Macintosh (GU13)	Clydesdale Harriers	66	12:07	Ingrid Imrie (GU13)	Garscube Harriers B
21	10:57	Maya Millar (GU13)	Pitreavie AAC B	67	12:11	Jessica Grant (GU13)	Shettleston Harriers B
22	10:59	Leah Muirhead (GU13)	East Kilbride A.C.	68	12:13	Lottie Lambert (GU13)	Kilmarnock H&AC B
23	10:59	Stroma Fraser (GU13)	Inverness Harriers AAC	69	12:15	Carrie Main (GU13)	Corstorphine AAC C
24	11:00	Jessie Gilchrist (GU13)	Law & District AAC	70	12:15	Isobel Garvie (GU13)	Inverness Harriers AAC D
25	11:01	Zoe MacDonald (GU13)	Team East Lothian	71	12:22	Ruth Wilson (GU13)	Inverness Harriers AAC E
26	11:02	Anise Macaulay Orr (GU13)	Edinburgh AC C	72	12:23	Lucy Hoy (GU13)	Kilmarnock H&AC C
27	11:04	Eva Ritchie (GU13)	Cambuslang Harriers B	73	12:25	Kirsten Shanks (GU13)	Aberdeen AAC B
28	11:06	Anna MacKinnon (GU13)	Central AC	74	12:30	Kirsty Wylie (GU13)	Giffnock North AAC K
29	11:06	Esmee Thoms (GU13)	Fife AC C	75	12:33	Evelyn Dennison (GU13)	Helensburgh AAC
30	11:07	Abbie Alemu (GU13)	Kilbarchan AAC B	76	12:37	Niamh Casey (GU13)	Cumbernauld AAC
31	11:10	Eva Chong (GU13)	Giffnock North AAC E	77	12:38	Sophie Messenger (GU13)	Livingston AC
32	11:11	Ella McGregor (GU13)	Giffnock North AAC I	78	12:39	Anna Allison (GU13)	Livingston AC B
33	11:12	Abbie Chilton (GU13)	Ayr Seaforth AC B	79	12:40	Erin Law (GU13)	Inverclyde AC C
34	11:13	Molli Robb (GU13)	Falkirk Victoria Harriers C	80	12:42	Beth Trainer (GU13)	Garscube Harriers C
35	11:13	Silver Nwabuzor (GU13)	Glasgow School of Sport B	81	12:47	Julia Daws (GU13)	Kilbarchan AAC D
36	11:13	Leah Collins (GU13)	Inverclyde AC	82	12:48	Elsbeth Mardon (GU13)	Strathearn Harriers
37	11:20	Cara Davie (GU13)	Banchory Stonehaven AC	83	12:48	Ava Hughes (GU13)	Teviotdale Harriers B
38	11:20	Nuala O'Donnell (GU13)	Giffnock North AAC F	84	12:49	Erin Miller (GU13)	Central AC D
39	11:26	Beth Bushell (GU13)	VP-Glasgow AC B	85	12:59	Tuscany Wright (GU13)	VP-Glasgow AC C
40	11:27	Abbie McClue (GU13)	Cambuslang Harriers	86	13:09	Millie Horrocks (GU13)	Helensburgh AAC B
41	11:27	Faiithe Duffy (GU13)	Dundee Hawkhill Harriers	87	13:24	Aimie Doherty (GU13)	Kilbarchan AAC F
42	11:27	Emma McLennan (GU13)	Giffnock North AAC H	88	13:50	Robyn O'Hare (GU13)	Cumbernauld AAC B
43	11:31	Tess Crooks (GU13)	Ayr Seaforth AC D	89	14:04	Morvern Crawford (GU13)	Cambuslang Harriers C
44	11:31	Ava Walsh (GU13)	Inverness Harriers AAC C	90	14:17	Mhairi McGregor (GU13)	Kirkintilloch Olympians B
45	11:32	Ruby McGill (GU13)	Greenock Glenpark Harriers	91	15:00	Emma Kingston (GU13)	Bellahouston Harriers
46	11:35	Beth Raeside (GU13)	Garscube Harriers	92	15:34	Gail Thomson (GU15)	Kirkintilloch Olympians

### Stage 2

1	09:39	Isla Calvert (GU15)	Livingston AC	46	11:17	Eilidh Ballantyne (GU15)	Kilmarnock H&AC B
2	09:45	Anya Maclean (GU15)	Garscube Harriers	47	11:18	Jenna Little (GU15)	VP-Glasgow AC B
3	09:47	Rosie Davidson (GU15)	Ayr Seaforth AC	48	11:19	Orla Doherty (GU15)	Garscube Harriers D
4	09:47	Sarah Coutts (GU15)	Pitreevie AAC	49	11:19	Belle McCormack (GU15)	Kilbarchan AAC F
5	09:51	Isla Britton (GU15)	VP-Glasgow AC	50	11:28	Libby Smith (GU15)	Fife AC B
6	09:53	Pippa Carcas (GU15)	Edinburgh AC	51	11:29	Rachel Paton (GU15)	Kirkintilloch Olympians
7	09:57	Francesca Davidson (GU15)	Giffnock North AAC F	52	11:30	Amy Cully (GU13)	Central AC B
8	10:01	Bridget Harley (GU13)	Team East Lothian	53	11:30	Polly Anderson (GU13)	Clydesdale Harriers
9	10:05	Kate Richardson (GU15)	Giffnock North AAC	54	11:30	Emma Seed (GU15)	Inverness Harriers AAC D
10	10:08	Caitlin Purcell (GU15)	Aberdeen AAC	55	11:31	Millie Nicholl (GU13)	Cambuslang Harriers B
11	10:11	Kyra Gibb (GU15)	Central AC	56	11:31	Kerry Robertson (GU15)	Falkirk Victoria Harriers B
12	10:14	Louise Hastie (GU15)	Kilbarchan AAC B	57	11:32	Millie Spence (GU15)	Kilbarchan AAC E
13	10:19	Emma Johnson (GU15)	Edinburgh AC B	58	11:35	Róisín Cameron Coyle (GU15)	VP-Glasgow AC C
14	10:21	Anna Dalglish (GU15)	Fife AC	59	11:40	Caoimhe Quail (GU15)	Cumbernauld AAC
15	10:24	Abby Thomson (GU15)	Giffnock North AAC D	60	11:43	Sofia Vidak (GU13)	Falkirk Victoria Harriers D
16	10:24	Helen Chong (GU15)	Giffnock North AAC E	61	11:45	Ciorstaidh Ainsworth (GU15)	Central AC D
17	10:28	Jill Carswell (GU15)	Giffnock North AAC B	62	11:45	Hayley Brown (GU15)	Fife AC C
18	10:28	Zoe Sharp (GU13)	Inverness Harriers AAC	63	11:48	Fiona Currie (GU13)	Law & District AAC B
19	10:28	Jessica Robson (GU15)	Law & District AAC	64	11:49	Kayla Mccandlish (GU15)	Kirkintilloch Olympians B
20	10:31	Morven Hubbard (GU15)	Ayr Seaforth AC B	65	11:55	Ella Comiskey (GU13)	East Kilbride A.C. C
21	10:32	Aurelia Tiffoney (GU15)	Kilbarchan AAC C	66	11:59	Niamh McWilliams (GU15)	Giffnock North AAC H
22	10:32	Charlie-Maree Nolan (GU15)	Livingston AC B	67	12:01	Jennifer Scott (GU15)	Helensburgh AAC
23	10:33	Emma Chamberlain (GU15)	Giffnock North AAC C	68	12:03	Chloe Orr (GU13)	Shettleston Harriers B
24	10:33	Rachel Muir (GU15)	Kilbarchan AAC	69	12:04	Maisie Ballantyne (GU15)	Teviotdale Harriers
25	10:36	Abi Hammerman (GU15)	Inverclyde AC	70	12:07	Lesley Rogers (GU15)	Dundee Hawkhill Harriers
26	10:37	Georgia Ledingham (GU15)	Corstorphine AAC	71	12:08	Brogan McMillan (GU13)	Central AC C
27	10:37	Katherine MacLeod (GU15)	Corstorphine AAC B	72	12:14	Katie Flett (GU15)	Helensburgh AAC B
28	10:41	Shannon Brown (GU15)	Banchory Stonehaven AC	73	12:14	Orla McGeehan (GU13)	Inverclyde AC B
29	10:42	Kirsty Purcell (GU15)	Aberdeen AAC B	74	12:21	Samantha Ferguson (GU15)	Strathearn Harriers
30	10:44	Elsie Hollywood (GU15)	Shettleston Harriers	75	12:28	Lisa Walby (GU15)	Glasgow School of Sport B
31	10:48	Darci Burns (GU15)	Glasgow School of Sport	76	12:29	Lara Cassidy (GU15)	Giffnock North AAC I
32	10:51	Niamh Riggins (GU15)	Cambuslang Harriers	77	12:33	Chloe Burton (GU15)	Cambuslang Harriers C
33	10:51	Abbie Robb (GU15)	Falkirk Victoria Harriers	78	12:39	Grace Matthews (GU13)	Dundee Hawkhill Harriers B
34	10:53	Kirsty Arnaud (GU15)	Inverness Harriers AAC B	79	12:42	Amelie Birse (GU15)	Edinburgh AC D
35	10:58	Laura Jedrusiak (GU15)	Kilmarnock H&AC	80	12:44	Nina Crossan (GU13)	Giffnock North AAC K
36	10:59	Erin Hendry (GU13)	Falkirk Victoria Harriers C	81	12:56	Isla Kirk (GU15)	Ayr Seaforth AC C
37	11:00	Isabelle Burnside (GU15)	Garscube Harriers C	82	13:05	Katie Gillies (GU15)	Inverness Harriers AAC E
38	11:02	Robyn MacDonald (GU15)	Lothian Running Club	83	13:06	Cara Wotherspoon (GU15)	Bellahouston Harriers
39	11:06	Holly McAneny (GU15)	East Kilbride A.C.	84	13:10	Marissa Kelly (GU15)	Team East Lothian B
40	11:08	Miriam Gilbride (GU15)	Giffnock North AAC G	85	13:21	Kelly Mckay (GU13)	Teviotdale Harriers B
41	11:09	Harriet Woodland-Broome (GU15)	Edinburgh AC C	86	13:28	Amy Anderson (GU15)	Kilmarnock H&AC C
42	11:12	Ailsa Barr (GU15)	Pitreevie AAC B	87	13:38	Emily Wilson (GU15)	Giffnock North AAC J
43	11:15	Grace Maclean (GU15)	Garscube Harriers B	88	13:52	Kerri Reilly (GU15)	Cumbernauld AAC B
44	11:15	Catriona Garvie (GU15)	Inverness Harriers AAC C	89	15:04	Mhairi Moore (GU15)	Greenock Glenpark Harriers
45	11:17	Sarah Forbes (GU15)	Kilbarchan AAC D	90	16:41	Amy Cumming (GU13)	Inverclyde AC C

### Stage 3

1	08:56	Eloise Walker (FU17)	Edinburgh AC	42	11:07	Charlotte McDowall (FU17)	Ayr Seaforth AC
2	09:10	Anna Hedley (GU15)	Fife AC	43	11:07	Kerry Gallacher (FU17)	Garscube Harriers C
3	09:13	Lily Jane Evans-Haggerty (GU15)	VP-Glasgow AC	44	11:08	Evie Mackay (GU15)	Ayr Seaforth AC B
4	09:23	Cera Gemmell (FU17)	Team East Lothian	45	11:08	Rachel Donnelly (GU15)	Law & District AAC
5	09:27	Heather Barnes (FU17)	Giffnock North AAC	46	11:11	Anna Bennett (FU17)	Dundee Hawhill Harriers
6	09:40	Lynn McKenna (FU17)	Giffnock North AAC B	47	11:15	Mavia Duncan (GU15)	Central AC C
7	09:46	Clare Wallace (FU17)	Giffnock North AAC F	48	11:17	Katie Craig (FU17)	Livingston AC B
8	09:51	Rhona Mowat (FU17)	Giffnock North AAC E	49	11:18	Iona Wilson (GU15)	Helensburgh AAC
9	09:59	Hannah Anderson (GU15)	East Kilbride A.C.	50	11:20	Leona Murray (FU17)	Kilbarchan AAC D
10	10:02	Jessica MacLeod (FU17)	Corstorphine AAC	51	11:21	Beth Morrow (GU15)	Edinburgh AC D
11	10:04	Charlotte McKenna (FU17)	Giffnock North AAC C	52	11:22	Mhairi Arnott (GU15)	Corstorphine AAC B
12	10:04	Emily Andrew (FU17)	Inverness Harriers AAC	53	11:27	Hannah Dow (FU17)	Fife AC B
13	10:06	Aimee Anderson (GU15)	Glasgow School of Sport	54	11:30	Hannah Steel (GU15)	Lothian Running Club
14	10:07	Alisha Sivell (GU15)	Kilbarchan AAC	55	11:37	Rachel Johnstone (GU15)	Inverness Harriers AAC B
15	10:10	Emma Swanson (GU15)	Banchory Stonehaven AC	56	11:40	Laura-Jane Bertram (GU15)	Giffnock North AAC I
16	10:11	Sarah Calvert (FU17)	Livingston AC	57	11:45	Sophie Young (FU17)	Inverness Harriers AAC C
17	10:17	Rosie Eckersley (FU17)	Central AC	58	11:49	Leonie McCutcheon (FU17)	Kilmarnock H&AC B
18	10:25	Jessica Christie (FU17)	Falkirk Victoria Harriers	59	11:50	Rebecca Kinnaird (FU17)	Kilbarchan AAC F
19	10:29	Kirsty Oldham (FU17)	Aberdeen AAC	60	11:59	Heather Scott (FU17)	Central AC B
20	10:30	Ellie Isabella Hinks (GU15)	Garscube Harriers	61	12:00	Eve Griffiths (FU17)	Kilbarchan AAC E
21	10:32	Jessica Hoggarth (FU17)	Edinburgh AC B	62	12:00	Lucy Ash (FU17)	Teviotdale Harriers
22	10:32	Adrienne Murray (FU17)	VP-Glasgow AC B	63	12:02	Ailsa Hewick (FU17)	Inverness Harriers AAC E
23	10:33	Jemma Jamieson (FU17)	Pitreavie AAC B	64	12:12	Phoebe McCutcheon (FU17)	Kilmarnock H&AC C
24	10:38	Olivia Vareille (FU17)	Falkirk Victoria Harriers B	65	12:14	Leila Hickey-Fugaccia (GU15)	Giffnock North AAC H
25	10:38	Eilidh Gibson (FU17)	Kilbarchan AAC B	66	12:17	Freya Deal (GU15)	Falkirk Victoria Harriers C
26	10:40	Cliona McCheyne (FU17)	Inverclyde AC	67	12:17	Connie Campbell (FU17)	Inverness Harriers AAC D
27	10:46	Shona Carey (GU15)	Cambuslang Harriers	68	12:32	Hannah Lynch (FU17)	Shettleston Harriers
28	10:46	Annabel Ballantyne (FU17)	Giffnock North AAC G	69	12:38	Lauren Agnew (GU15)	Giffnock North AAC J
29	10:47	Nyah Gillan (FU17)	Inverclyde AC B	70	12:39	Katherine Craig (FU17)	Clydesdale Harriers
30	10:47	Evie Glen (GU15)	Law & District AAC B	71	12:39	Rachel Wardrope (FU17)	East Kilbride A.C. C
31	10:48	Lucia Montgomery (FU17)	Edinburgh AC C	72	12:44	Ruth Kelly (FU17)	Cambuslang Harriers B
32	10:49	Emily Crusher (FU17)	Giffnock North AAC D	73	12:46	Grace Booth (GU15)	Fife AC C
33	10:50	Mia Padmanabhan (GU15)	Garscube Harriers B	74	13:15	Siobhan Bell (FU17)	Strathearn Harriers
34	10:52	Esme Callander (FU17)	Team East Lothian B	75	13:20	Alyshia Singleton (GU15)	Greenock Glenpark Harriers
35	10:54	Zoe Nicholson (FU17)	Pitreavie AAC	76	13:22	Jescah Brady (GU15)	Giffnock North AAC K
36	10:55	Hannah Paton (FU17)	Kirkintilloch Olympians	77	13:26	Shannon McAleer (GU15)	Falkirk Victoria Harriers D
37	10:59	Eilidh Jaffray (FU17)	Teviotdale Harriers B	78	13:27	Sophie Monteith (FU17)	Helensburgh AAC B
38	11:01	Elizabeth McCall (FU17)	Aberdeen AAC B	79	13:49	Katie Martin (FU17)	Cumbernauld AAC
39	11:01	Bethany Alexander (GU15)	Ayr Seaforth AC C	80	13:51	Iona Smith (FU17)	Kirkintilloch Olympians B
40	11:01	Libby Sutherland (FU17)	Kilbarchan AAC C	81	15:24	Sanija Zumente (GU15)	Dundee Hawhill Harriers B
41	11:05	Molly Murray (FU17)	Kilmarnock H&AC				