

Stage 1

1	12:10	Andrew Douglas (M Sen)	Inverclyde AC	58	14:38	Bruce Carse (M Sen)	Bellahouston Road Runners
2	12:20	Sol Sweeney (MU20)	Glasgow University Hare and H	59	14:41	Matthias Flamenco (MU20)	Aberdeen AAC D
3	12:29	Ben Potrykus (M Sen)	Pitreavie AAC	60	14:43	Richard Dougal (M Sen)	Hunters Bog Trotters B
4	12:37	Scott McDonald (M Sen)	Central AC	61	14:49	Lewis Renton (M Sen)	Edinburgh AC C
5	12:43	Craig Jardine (M Sen)	Cambuslang Harriers B	62	14:51	Steve Daye (M Sen)	Irvine Running Club
6	12:51	Gavin Bryson (MU20)	Edinburgh AC	63	14:52	Euan Craig (M Sen)	Kirkintilloch Olympians C
7	12:52	Anthony Addison (MU20)	Corstorphine AAC	64	14:53	Greg Walker (M Sen)	Teviotdale Harriers
8	12:54	Peter Avent (M Sen)	Shettleston Harriers	65	14:55	Gareth Irons (M Sen)	Dundee Hawkhill Harriers
9	12:56	Tristan Rees (MU20)	Fife AC	66	14:55	David McNamara (M Sen)	Portobello Running Club
10	13:02	Rory Stead (M Sen)	Aberdeen AAC	67	14:56	Philip Brown (M Sen)	Metro Aberdeen Running Club C
11	13:02	Callum Tharme (MU20)	Gala Harriers	68	14:57	Mark Saez (M40)	Calderglen Harriers
12	13:05	Hamish Battle (M Sen)	Metro Aberdeen Running Club	69	14:57	Kieran Pugh (M Sen)	Strathclyde Univ Harriers
13	13:11	Aidan Gilbride (MU20)	East Kilbride A.C.	70	15:05	Chris Stephenson (M45)	Carnegie Harriers
14	13:13	Graham Evans (M Sen)	Kilbarchan AAC	71	15:05	Harry Nimmo (MU20)	Giffnock North AAC B
15	13:16	Cameron Young (MU20)	Edinburgh Univ Hare & Hounds	72	15:10	Jamie Nix (MU20)	Kilmarnock H&AC B
16	13:23	Stewart Millar (MU20)	Aberdeen AAC B	73	15:12	David Millar (M40)	Ochill Hill Runners
17	13:23	Struan Paton (MU20)	Cambuslang Harriers	74	15:18	Paul Clawson (M Sen)	Bellahouston Harriers B
18	13:24	Julian Barrable (M Sen)	Corstorphine AAC B	75	15:19	William Bryant (M Sen)	Glasgow University Hare and H C
19	13:24	Nikolai Gajic (MU20)	Giffnock North AAC	76	15:28	Iain Robertson (M Sen)	Clydesdale Harriers
20	13:25	Alasdair Anthony (M40)	Hunters Bog Trotters	77	15:29	Craig Smith (MU20)	Aberdeen AAC E
21	13:27	Murray MacLarty (M Sen)	Central AC C	78	15:38	James McClafferty (MU20)	Law & District AAC B
22	13:28	Jamie Clements (M Sen)	East Kilbride A.C. B	79	15:39	Peter Faulks (M40)	Falkirk Victoria Harriers B
23	13:29	Fraser Stewart (M Sen)	Cambuslang Harriers C	80	15:40	Andrew Morgan (M Sen)	Airdrie Harriers
24	13:29	Paul Sorrie (M Sen)	Shettleston Harriers B	81	15:42	Jim Robinson (M55)	Bellahouston Road Runners B
25	13:30	Sean Gaffney (M Sen)	Inverclyde AC B	82	15:42	Mark Sutherland (M40)	Giffnock North AAC C
26	13:31	Gregor Yates (M Sen)	Bellahouston Harriers	83	15:53	Matthew Thomson (M Sen)	Inverclyde AC D
27	13:31	Scott Thomson (M Sen)	Lasswade AAC	84	15:54	John J Duffy (M50)	Shettleston Harriers F
28	13:34	Kenneth Neil (M Sen)	Ayr Seaforth AC	85	15:58	Scott Hunter (M40)	Cambuslang Harriers E
29	13:36	Garry Mathew (M Sen)	Garscube Harriers B	86	16:00	Anthony J M McGale (M45)	Springburn Harriers B
30	13:43	Steven Murray (M Sen)	Aberdeen AAC C	87	16:04	Alasdair MacInnes (M Sen)	Westerlands XC Club
31	13:44	Fraser Logan (M Sen)	Central AC B	88	16:07	Peter Black (M Sen)	Corstorphine AAC E
32	13:45	Darran Muir (M40)	Law & District AAC	89	16:08	Calum Ferguson (MU20)	Bellahouston Harriers D
33	13:47	Alastair Brockie (M Sen)	Corstorphine AAC C	90	16:21	David McKay (M Sen)	Garscube Harriers E
34	13:47	James Wilson (M Sen)	Moray Road Runners B	91	16:21	Stephen Hanley (M Sen)	Greenock Glenpark Harriers
35	13:48	Charlie Milarvie (MU20)	VP-Glasgow AC	92	16:36	Jack Kirwan (M Sen)	East Kilbride A.C. C
36	13:49	Scott Somerville (MU20)	Cambuslang Harriers D	93	16:37	Andrew McLinden (M65)	Hamilton Harriers
37	13:51	Daniel Smith (MU20)	Edinburgh Univ Hare & Hounds B	94	16:38	Jeremy Couling (M45)	Garscube Harriers D
38	13:51	Neil Wilson (M Sen)	Glasgow University Hare and H B	95	16:47	Daniel Darwin-Clements (M Sen)	Hunters Bog Trotters C
39	13:51	David Henderson (M Sen)	Inverclyde AC C	96	16:50	Fergus Johnston (M Sen)	Gala Harriers B
40	13:51	Darren Jubb (M Sen)	PH Racing Club	97	16:55	Craig Moriarty (MU20)	Pitreavie AAC B
41	13:53	Forbes Jackson (MU20)	Corstorphine AAC D	98	17:20	Kenneth MacMahon (M40)	Bellahouston Road Runners C
42	13:53	Alexander Davidson (M Sen)	Falkirk Victoria Harriers	99	17:20	William Goldie (M60)	Dumbarton AAC B
43	13:53	Paul Burns (M Sen)	Motherwell AC	100	17:24	Oliver Pound (M Sen)	Portobello Running Club B
44	13:56	Christopher Fife (M Sen)	Inverness Harriers AAC	101	17:33	Michael Blair (M Sen)	Shettleston Harriers D
45	14:01	Michael McConnell (M Sen)	Perth Road Runners	102	17:37	Andrew Ferguson Snr (M55)	Banchory Stonehaven AC
46	14:05	Robbie Ferguson (MU20)	Kilbarchan AAC B	103	17:39	Ross Bickerstaff (M55)	Hamilton Harriers B
47	14:07	Chris Richardson (M Sen)	Metro Aberdeen Running Club B	104	17:48	Gordon Sandler (M50)	Kilmarnock H&AC C
48	14:08	Scott Partyka (M Sen)	Springburn Harriers	105	18:03	Phil Mann (M55)	Metro Aberdeen Running Club G
49	14:11	Craig Ferguson (M Sen)	Kilmarnock H&AC	106	18:06	Malcolm Maclean (M Sen)	Greenock Glenpark Harriers C
50	14:14	Aidan McCaffrey (MU20)	Cumbernauld AAC C	107	18:25	Stephen Purvis (M40)	Airdrie Harriers B
51	14:16	Craig Shields (M Sen)	Garscube Harriers C	108	18:38	Ade Kearns (M55)	Garscube Harriers F
52	14:19	John Connaghan (M45)	Shettleston Harriers C	109	18:54	John Quinn (M55)	Westerlands XC Club B
53	14:26	Robert Kennedy (M Sen)	Lothian Running Club B	110	19:35	Charles Gordon (M45)	Garscube Harriers G
54	14:31	David Fenwick (M Sen)	Dumbarton AAC	111	19:48	Alex MacEwen (M60)	Edinburgh AC F
55	14:33	Mark MacDermot (M Sen)	Edinburgh AC B	112	19:54	Kenneth Hislop (M Sen)	Central AC H
56	14:36	Suleiman Niven (MU20)	Kilbarchan AAC C	113	22:16	David Bunyan (M65)	Falkirk Victoria Harriers E
57	14:37	David Knight (M45)	Perth Road Runners B	114	23:41	Tom Tracey (M65)	Inverclyde AC F

Stage 2

1	12:24	Calum McKenzie (M Sen)	Corstorphine AAC	55	14:51	Colin Glencorse (M40)	Kilmarnock H&AC
2	12:35	Jake Wightman (M Sen)	Edinburgh AC	56	14:52		Edinburgh Univ Hare & Hounds B
3	12:56	John Bell (M Sen)	Inverclyde AC	57	14:55	Fraser Armstrong (M Sen)	Bellahouston Harriers B
4	12:58	Matthew Turner (M Sen)	Shettleston Harriers	58	14:57	Stephen McCrorie (M45)	Ayr Seaforth AC
5	13:00	Gavin Smith (MU20)	Cambuslang Harriers	59	14:58	Owen Williams (M Sen)	Lothian Running Club B
6	13:02	James Hoad (M Sen)	Aberdeen AAC	60	15:03	Vincent Hastings (M Sen)	East Kilbride A.C. B
7	13:09	Max Milarvie (MU20)	VP-Glasgow AC	61	15:08	Fraser McGillivray (M Sen)	Aberdeen AAC E
8	13:10	Mark Pollard (M Sen)	Inverclyde AC B	62	15:08	Steven Morrison (M Sen)	Metro Aberdeen Running Club C
9	13:13	Tyler White (MU20)	Aberdeen AAC B	63	15:14	Marcin Karpowicz (M Sen)	Portobello Running Club
10	13:16	Thomas Otton (MU20)	Edinburgh Univ Hare & Hounds	64	15:18	Mark Porter (M Sen)	Bellahouston Harriers D
11	13:16	Graeme Murdoch (M Sen)	Gala Harriers	65	15:21	Ben Nelson (M Sen)	Aberdeen AAC D
12	13:17	Lewis Millar (M Sen)	Central AC	66	15:22	Tom Hartley (M Sen)	Glasgow University Hare and H B
13	13:26	Ruaridh Miller (M Sen)	Central AC B	67	15:23	Michael Grant (M Sen)	Hunters Bog Trotters B
14	13:26	Derek Rae (M Sen)	Fife AC	68	15:27	Peter Walsh (M Sen)	Dumbarton AAC
15	13:29	Jamie MacKinnon (MU20)	Cambuslang Harriers B	69	15:29	Conor Thomson (MU20)	Kilbarchan AAC C
16	13:29	Ross Macdonald (M Sen)	Law & District AAC	70	15:32	Mark Tyrrell (M Sen)	Kirkintilloch Olympians C
17	13:30	Martin Lynas (MU20)	East Kilbride A.C.	71	15:33	Roddy Cunningham (M Sen)	Westerlands XC Club
18	13:37	Bryan Clark (M Sen)	Corstorphine AAC B	72	15:36	Ronan Beale (M Sen)	Bellahouston Road Runners B
19	13:38	Donald McPartlin (M Sen)	Garscube Harriers B	73	15:37	Allan Galbraith (M55)	Bellahouston Road Runners C
20	13:46	Richard Carr (M Sen)	Cambuslang Harriers C	74	15:44	Rory Campbell (M45)	Gala Harriers B
21	13:46	Matthew Sutherland (M Sen)	Central AC C	75	15:44	Alan Douglas (M Sen)	Irvine Running Club
22	13:48	Kevin Liddle (M Sen)	Garscube Harriers C	76	15:48	Ross Cairns (M40)	Inverness Harriers AAC
23	13:49	Robert Quinn (M50)	Kilbarchan AAC	77	15:57	Andy Alexander (M50)	Moray Road Runners B
24	13:49	Lachlan Calder (M Sen)	Shettleston Harriers D	78	15:58	Steven George (M Sen)	Falkirk Victoria Harriers
25	13:50	Alexander Chisholm (M60)	Garscube Harriers D	79	16:02	Taylor Roy (MU20)	Pitreavie AAC B
26	13:58	James Adam (MU20)	Pitreavie AAC	80	16:07	Michael Diver (M50)	Clydesdale Harriers
27	14:03	Scott McLardie (MU20)	Kilbarchan AAC B	81	16:07	James Breen (M50)	Hamilton Harriers
28	14:03	Myles Bax (M Sen)	Perth Road Runners	82	16:10	Jamie McLaren (MU20)	Strathclyde Univ Harriers
29	14:04	Jonathan Jackson (MU20)	Corstorphine AAC C	83	16:25	Stewart Robertson (M40)	Springburn Harriers B
30	14:04	Euan Rose (M Sen)	Glasgow University Hare and H	84	16:26	Andy Munro (M Sen)	Giffnock North AAC C
31	14:04	Jon Hammerman (M Sen)	Inverclyde AC C	85	16:28	Jonathan Millar (M Sen)	Carnegie Harriers
32	14:05	Shaun Lyon (M Sen)	Greenock Glenpark Harriers	86	16:30	Richard Ward (M45)	Perth Road Runners B
33	14:07	Michael Cameron (M Sen)	Edinburgh AC B	87	16:34	David Hart (M Sen)	Corstorphine AAC E
34	14:09	Nicholas Boyle (MU20)	Giffnock North AAC	88	16:40	Gavin Morrison (M50)	Inverclyde AC D
35	14:10	Martin Gore (M Sen)	Lasswade AAC	89	16:51		Ochill Hill Runners
36	14:11	Brian McGarrity (M Sen)	Shettleston Harriers B	90	17:04	Steven Phillips (M Sen)	Airdrie Harriers
37	14:16	Aaron Odentz (MU20)	Aberdeen AAC C	91	17:08	Garry Robertson (M55)	Edinburgh AC F
38	14:16	Eamon Carr (MU20)	Cambuslang Harriers D	92	17:11	Andrew Bickerstaff (M Sen)	Hamilton Harriers B
39	14:16	Jonathan Carpenter (M Sen)	Corstorphine AAC D	93	17:14	Mark Connelly (M40)	Airdrie Harriers B
40	14:18	Ben Ward (M Sen)	Metro Aberdeen Running Club	94	17:30	Malcolm Finlayson (M50)	Falkirk Victoria Harriers B
41	14:21	Crispin Walsh (M45)	Bellahouston Harriers	95	17:30	Stephen Reid (M45)	Greenock Glenpark Harriers C
42	14:27	Jack McCabe (MU20)	Springburn Harriers	96	17:33	Graeme Haddow (M55)	East Kilbride A.C. C
43	14:32	Peter Mackie (M40)	Shettleston Harriers C	97	17:33	Kevin Baird (M Sen)	Westerlands XC Club B
44	14:36	Anthony Lucio Jannetta (M Sen)	Bellahouston Road Runners	98	17:35	Athole Smith (M55)	Garscube Harriers E
45	14:37	David Ross (M Sen)	Giffnock North AAC B	99	17:40	Sandy MacDonald (M40)	Portobello Running Club B
46	14:40	Craig Mackenzie (M Sen)	Motherwell AC	100	17:54	John McClarty (M50)	Kilmarnock H&AC C
47	14:40	Daniel Monaghan (M Sen)	PH Racing Club	101	17:57	Craig Brown (M45)	Garscube Harriers F
48	14:42	Kevin Hamilton (M Sen)	Edinburgh AC C	102	18:38	John Kelly (M45)	Cambuslang Harriers E
49	14:43	Ewan Crawford (M Sen)	Hunters Bog Trotters	103	18:38	Shaun Burke (MU20)	Law & District AAC B
50	14:43	Stuart Milne (M Sen)	Metro Aberdeen Running Club B	104	18:50	Peter Walsh (M60)	Dumbarton AAC B
51	14:45	Scott Dyer (M Sen)	Dundee Hawkhill Harriers	105	21:02	Robin Thomas (M60)	Hunters Bog Trotters C
52	14:45	Alastair Walker (M60)	Teviotdale Harriers	106	21:19	Kevin Mackie (M40)	Metro Aberdeen Running Club G
53	14:48	James Wales (M Sen)	Kilmarnock H&AC B	107	26:03	Raghibir Singh (M65)	Garscube Harriers G
54	14:50	Andrew Buchanan (M Sen)	Calderglen Harriers				

Stage 3

1	12:40	Aidan Thompson (M Sen)	Central AC	53	15:12	Iain Macdonald (M Sen)	Edinburgh AC B
2	12:49	Alexander Chepelin (M Sen)	Edinburgh Univ Hare & Hounds	54	15:16	Colin Lamont (M Sen)	Pitreavie AAC
3	12:51	Will Mackay (M Sen)	Aberdeen AAC	55	15:18	Wright Beveridge (M45)	PH Racing Club
4	12:56	Stuart Gibson (M Sen)	Cambuslang Harriers	56	15:24	Gavin Hinde (M40)	Garscube Harriers C
5	13:02	Ross Gray (MU20)	Inverclyde AC	57	15:33	Joseph Junior Chambers (M Sen)	Springburn Harriers
6	13:15	Kevan Harvey (M Sen)	Cambuslang Harriers B	58	15:35	Timothy Cooke (M50)	Inverness Harriers AAC
7	13:16	John Fergusson (M Sen)	East Kilbride A.C.	59	15:36	Stuart Douglas (M Sen)	Falkirk Victoria Harriers
8	13:25	Stephen Trainer (M Sen)	Greenock Glenpark Harriers	60	15:36	Paul Masson (M Sen)	Shettleston Harriers C
9	13:25	William Bardsley (MU20)	Shettleston Harriers	61	15:39	Colin Wylie (M45)	Giffnock North AAC B
10	13:27	Thomas Callan (M Sen)	Glasgow University Hare and H	62	15:40	Gerard Craig (M45)	VP-Glasgow AC
11	13:35	Simon Anetts (M Sen)	Fife AC	63	15:43	Ross Thomson (M Sen)	Motherwell AC
12	13:36	Scott Brember (M45)	Central AC B	64	15:44	Scott Lyden (M Sen)	Kilmarnock H&AC B
13	13:36	Andrew Christy (M Sen)	Corstorphine AAC	65	16:01	Peter McClelland (M Sen)	Hunters Bog Trotters B
14	13:38	Daniel Bryant (M Sen)	Edinburgh AC	66	16:02	Jason James (M Sen)	Moray Road Runners B
15	13:40	Fearghas Thomson (M Sen)	Aberdeen AAC C	67	16:04	John Murray (M40)	Garscube Harriers D
16	13:41	Cody Stevenson (MU20)	Garscube Harriers B	68	16:11	Stuart Mathieson (M40)	Bellahouston Road Runners C
17	13:43	Stuart Livingstone (M Sen)	Corstorphine AAC B	69	16:22	Murray McAlpine (M Sen)	Hamilton Harriers
18	13:44	Callum Matthews (M Sen)	Kilbarchan AAC	70	16:25	Steven Honeyman (M40)	Carnegie Harriers
19	13:48	Euan Webster (M Sen)	Aberdeen AAC B	71	16:29	David Calder (M55)	Westerlands XC Club
20	13:49	Iain Manson (M Sen)	Metro Aberdeen Running Club	72	16:30	Richard Murciano (M Sen)	Hamilton Harriers B
21	13:56	Colin Reilly (M Sen)	Cambuslang Harriers C	73	16:34	Robert Conroy (M40)	Kirkintilloch Olympians C
22	13:58	Callum Hunter (M Sen)	Inverclyde AC B	74	16:34	Alan Cunningham (M45)	Lothian Running Club B
23	13:59	Philip Neilson (MU20)	Aberdeen AAC D	75	16:37	Iain Morrison (M50)	Bellahouston Harriers D
24	14:00	Matthew O'Brien (M Sen)	Kilbarchan AAC B	76	16:48	Robert Todd (M Sen)	Inverclyde AC D
25	14:03	David Mackintosh (M Sen)	Bellahouston Harriers	77	16:49	Christopher Logue (M40)	Bellahouston Road Runners B
26	14:07	Billy Gibson (M40)	Dundee Hawkhill Harriers	78	16:51	Stephen Phimister (M45)	Calderglen Harriers
27	14:09	Chris Poxton (M Sen)	Corstorphine AAC C	79	16:53	Barry Ferenbach (M Sen)	Portobello Running Club
28	14:14	Callam Scott (M Sen)	Glasgow University Hare and H B	80	16:54	Colin Porter (M40)	Giffnock North AAC C
29	14:14	Callum Drummond (M Sen)	Shettleston Harriers B	81	16:57	William Fairley (M45)	Cambuslang Harriers E
30	14:14	David I Houston (M Sen)	Shettleston Harriers D	82	17:01	Iain Chisholm (M50)	Airdrie Harriers
31	14:17	Bruce Hughes (M Sen)	Teviotdale Harriers	83	17:02	Tony Dolan (M Sen)	Clydesdale Harriers
32	14:21	Stuart Miller (M Sen)	Bellahouston Harriers B	84	17:10	Kieran McQuade (M Sen)	Dumbarton AAC B
33	14:22	Jonathan Kennedy (M Sen)	Law & District AAC	85	17:19	Sean Gillin (M40)	Springburn Harriers B
34	14:25	Joseph Lowrie (MU20)	Giffnock North AAC	86	17:21	Neill Porterfield (M40)	Corstorphine AAC E
35	14:27	Jamie Darling (MU20)	Lasswade AAC	87	17:27	Alan Mcintosh (M Sen)	Garscube Harriers E
36	14:31	Steven Watters (M Sen)	Edinburgh AC C	88	17:28	Callum Douglas (M Sen)	Falkirk Victoria Harriers B
37	14:34	John McManus (M Sen)	Hunters Bog Trotters	89	17:36	Alasdair Love (M40)	Aberdeen AAC E
38	14:37	David Lindsay (M Sen)	Central AC C	90	17:39	Dave Sinclair (M Sen)	Perth Road Runners B
39	14:37	Nicholas Gemmell (M40)	Inverclyde AC C	91	18:03	Jim McAnaney (M55)	Garscube Harriers F
40	14:37	Struan Ross (MU20)	Pitreavie AAC B	92	18:33	Barry Maguire (M Sen)	Metro Aberdeen Running Club C
41	14:41	Matthew McKenna (M Sen)	Cambuslang Harriers D	93	18:34	Derrick Brydon (M45)	Gala Harriers B
42	14:49	Craig Mattocks (M40)	Gala Harriers	94	18:36	Frank McMahan (M65)	Greenock Glenpark Harriers C
43	14:51	Brian Robinson (M40)	Ayr Seaforth AC	95	18:41	Gordon Colvin (M55)	East Kilbride A.C. C
44	14:55	Alan Moss (M Sen)	Bellahouston Road Runners	96	18:44	James Scullion (M40)	Law & District AAC B
45	14:55	John McLean (M Sen)	Dumbarton AAC	97	19:54	Ron Martin (M50)	Ochill Hill Runners
46	14:57	Thomas Wilson (M Sen)	Corstorphine AAC D	98	20:19	Peter Gardner (M Sen)	Hunters Bog Trotters C
47	14:57	Paul Lafferty (M Sen)	Irvine Running Club	99	20:44	Stewart McRoberts (M Sen)	Kilmarnock H&AC C
48	14:57	Kevin Riddell (M Sen)	Perth Road Runners	100	21:10	Adam Small (M Sen)	Portobello Running Club B
49	14:57	James Pettigrew (M Sen)	Strathclyde Univ Harriers	101	21:30	Graeme Orr (M65)	Westerlands XC Club B
50	15:01	Scott Martin (M45)	Kilmarnock H&AC	102	22:22	Roy Milne (M Sen)	Metro Aberdeen Running Club G
51	15:02	Andrew Pearson (M Sen)	Metro Aberdeen Running Club B	103	23:45	David Thomson (M Sen)	Airdrie Harriers B
52	15:04	Ross Grant (M Sen)	East Kilbride A.C. B				

Stage 4

1	12:09	Logan Rees (M Sen)	Fife AC	45	15:02	Craig Beattie (M Sen)	Metro Aberdeen Running Club B
2	12:09	Lachlan Oates (M Sen)	Shettleston Harriers	46	15:03	Liam Sleight (M Sen)	Corstorphine AAC D
3	12:17	Michael Ferguson (M Sen)	Aberdeen AAC	47	15:04	Jason Kane (M Sen)	Inverclyde AC C
4	12:40	Alex Carcas (MU20)	Edinburgh Univ Hare & Hounds	48	15:07	Mark Livingstone (M45)	Irvine Running Club
5	12:42	Craig Ruddy (M Sen)	Inverclyde AC	49	15:11	Ryan Nelson (M Sen)	Clydesdale Harriers
6	12:49	Cameron Milne (M Sen)	Central AC	50	15:12	Iain Craven (M Sen)	Edinburgh AC C
7	12:49	Dermot Cummins (M Sen)	Corstorphine AAC	51	15:12	Andy Norris (M Sen)	Springburn Harriers
8	13:03	Gavyn Chalmers (M Sen)	Glasgow University Hare and H	52	15:18	Graeme Murdoch (M Sen)	Gala Harriers B
9	13:06	Iain MacCorquodale (M Sen)	Cambuslang Harriers D	53	15:20	Rankin Lascelles (M Sen)	Metro Aberdeen Running Club C
10	13:11	Kyle McLellan (M Sen)	Cambuslang Harriers	54	15:21	Andrew Jackson (M Sen)	Shettleston Harriers B
11	13:11	Benjamin Hukins (M Sen)	Cambuslang Harriers B	55	15:24	Luke Kirwan (MU20)	East Kilbride A.C. B
12	13:17	Josh Hendry (MU20)	Kilbarchan AAC	56	15:39	Duncan McCauley (M Sen)	Shettleston Harriers C
13	13:18	James Taylor (M Sen)	Corstorphine AAC B	57	15:40	Stephen Duffy (M40)	Hamilton Harriers B
14	13:20	Faisal Khursheed (MU20)	Gala Harriers	58	15:41	John Oates (M55)	Shettleston Harriers D
15	13:21	Grant Baillie (M Sen)	East Kilbride A.C.	59	15:42	Ross McNaught (M Sen)	Central AC C
16	13:29	Michael Wright (M Sen)	Central AC B	60	15:59	Gerard Scullion (M50)	Bellahouston Road Runners B
17	13:31	Thomas Berry (MU20)	Garscube Harriers B	61	15:59	Alan Cameron (M45)	Corstorphine AAC E
18	13:33	Jack Arnold (M Sen)	Bellahouston Harriers	62	16:02	Sean Marshall (M Sen)	Greenock Glenpark Harriers
19	13:36	Leon Johnson (M40)	Edinburgh AC	63	16:06	Jan Bienkowski (M Sen)	Giffnock North AAC B
20	13:42	Lewis Ross (MU20)	Strathclyde Univ Harriers	64	16:10	Thomas Jamieson (M Sen)	Inverclyde AC D
21	13:44	Andrew John Ferguson (M Sen)	Aberdeen AAC B	65	16:14	Paul Waters (M40)	Kirkintilloch Olympians C
22	13:46	James Joy (M Sen)	Aberdeen AAC C	66	16:15	Brian Lees (M50)	Lothian Running Club B
23	13:55	Alistair Gudgin (M Sen)	Perth Road Runners	67	16:16	Stephen Cole (M45)	Dumbarton AAC
24	13:57	Bobby Bristow (M Sen)	Cambuslang Harriers C	68	16:16	Craig Johnston (M45)	Falkirk Victoria Harriers
25	13:58	Andrew Love (MU20)	Giffnock North AAC	69	16:17	Gary McLaughlan (M Sen)	Hamilton Harriers
26	13:58	Cameron Wilson (M Sen)	Kilmarnock H&AC	70	16:22	Jordan Orr (MU20)	Giffnock North AAC C
27	14:05	Finlay MacLennan (M Sen)	Inverness Harriers AAC	71	16:23	Robbie Drummond (M45)	Garscube Harriers D
28	14:05	Tom Brian (M Sen)	Metro Aberdeen Running Club	72	16:23	Christopher Butler (M Sen)	Westerlands XC Club
29	14:08	Peter Tucker (M Sen)	Inverclyde AC B	73	16:26	Daniel Nixon (MU20)	Glasgow University Hare and H B
30	14:16	Evan Ross (M Sen)	Pitreavie AAC	74	16:27	Dave Ward (M Sen)	Hunters Bog Trotters B
31	14:18	Aaron Hoyle (M Sen)	Corstorphine AAC C	75	16:41	Duncan Thomson (M45)	VP-Glasgow AC
32	14:18	David Limmer (M Sen)	Portobello Running Club	76	17:08	Francis Cullen (M Sen)	Airdrie Harriers
33	14:22	Graeme Paterson (M40)	Bellahouston Road Runners	77	17:17	Kieran Cubis (MU20)	Law & District AAC B
34	14:25	Joe Barton (MU20)	Aberdeen AAC D	78	17:30	Alan Murray (M45)	Carnegie Harriers
35	14:26	Darren McQuade (M Sen)	Bellahouston Harriers B	79	17:37	Iain McFarlane (M Sen)	Garscube Harriers E
36	14:31	Mike Herron (M Sen)	Dundee Hawkhill Harriers	80	17:45	Mario Campagna (M45)	Kilmarnock H&AC B
37	14:31	Riccardo Faccenda (M Sen)	Law & District AAC	81	17:53	Graham McEwan (M40)	Motherwell AC
38	14:37	Nicholas Wolverson (M Sen)	Edinburgh AC B	82	18:02	Alistair Cuthbertson (M50)	Garscube Harriers F
39	14:39	Stuart Mackay (M Sen)	PH Racing Club	83	18:04	Nigel Williams (M50)	Moray Road Runners B
40	14:44	Grahame Hopper (M Sen)	Ayr Seaforth AC	84	18:41	Jim Holmes (M45)	Calderglen Harriers
41	14:45	Chris Stockdale (M Sen)	Garscube Harriers C	85	19:05	Andrew Fullwood (M50)	Westerlands XC Club B
42	14:53	Andrew Cummings (M Sen)	Hunters Bog Trotters	86	19:16	Kevin James Gill (M50)	Greenock Glenpark Harriers C
43	14:54	Rory Anderson (M Sen)	Teviotdale Harriers	87	20:27	Mark Fry (M50)	Portobello Running Club B
44	15:00	Stuart Kerr (M Sen)	Kilbarchan AAC B	88	20:36	Alan Burns (M40)	Airdrie Harriers B