

1	Edinburgh AC D	53:12	4	Inverness Harriers AAC C	1:00:02	7	Ferranti AAC	1:06:33
	Karen Dobbie (F50)	17:05 (1)		Ann Smart (F50)	19:27 (6)		Claire Gilchrist (F50)	18:59 (5)
	Sharyn Ramage (F55)	19:08 (1)		Lorna Fife (F50)	22:09 (5)		Siobhan Sellar (F50)	23:04 (7)
	Jill Morrow (F50)	16:59 (1)		Julie Wilson (F50)	18:26 (4)		Elizabeth Gilchrist (F70)	24:30 (7)
2	Central AC E	54:20	5	Clydesdale Harriers	1:01:16			
	Hazel Dean (F50)	17:29 (2)		Pamela McCrossan (F55)	17:29 (3)			
	Jane Waterhouse (F60)	19:34 (2)		Hylida Stewart (F55)	23:25 (4)			
	Patricia Milne (F55)	17:17 (2)		Christine Duncanson (F55)	20:22 (5)			
3	Springburn Harriers C	58:16	6	Pitreavie AAC B	1:03:03			
	Carole Craig (F50)	18:30 (4)		Gillian Marshall (F50)	20:57 (7)			
	Susan De Quadra (F55)	20:03 (3)		Penny Hicks (F50)	20:47 (6)			
	Barbara Knox (F50)	19:43 (3)		Morna Fleming (F60)	21:19 (6)			