

### Stage 1

1	14:01	Mhairi MacIennan (F Sen)	Edinburgh Univ Hare & Hounds	34	17:08	Lucy Haines (FU20)	Edinburgh Univ Hare & Hounds C
2	14:04	Jemma Reekie (FU20)	Kilbarchan AAC	35	17:10	Sonjia Crow (F Sen)	Perth Road Runners
3	14:13	Annabel Simpson (F Sen)	Glasgow University Hare and H	36	17:13	Lesley Pirie (F Sen)	VP-Glasgow AC B
4	14:36	Naomi Lang (FU20)	Aberdeen AAC	37	17:16	Joanne McEvoy (F Sen)	Calderglen Harriers
5	14:36	Clare Stewart (FU20)	Banchory Stonehaven AC	38	17:31	Dee Watters (F Sen)	Edinburgh AC C
6	14:39	Michelle Sandison (F Sen)	Springburn Harriers	39	17:36	Anne Howie (F55)	Aberdeen AAC B
7	14:48	Rebecca Burns (F Sen)	Edinburgh AC	40	17:41	Emily McNicol (FU20)	Strathclyde Univ Harriers
8	14:48	Halina Rees (F Sen)	Fife AC	41	17:42	Nina Farmer (F Sen)	Giffnock North AAC B
9	15:00	Claire Bruce (F Sen)	Metro Aberdeen Running Club	42	17:49	Kirsty Reynolds (F Sen)	Dundee Hawkhill Harriers B
10	15:11	Catriona Buchanan (F Sen)	Central AC	43	17:53	Jennifer Muir (FU20)	Kirkintilloch Olympians
11	15:11	Gemma Cormack (F Sen)	Inverness Harriers AAC	44	18:05	Ciara Bowman (FU20)	Pitreavie AAC
12	15:14	Mhairi Hendry (F Sen)	VP-Glasgow AC	45	18:06	Erin Rendall (F Sen)	Metro Aberdeen Running Club B
13	15:15	Lesley Chisholm (F40)	Garscube Harriers	46	18:13	Stephanie Boyd (F Sen)	Airdrie Harriers
14	15:18	Hannah Addison (FU20)	Corstorphine AAC	47	18:13	Sarah Cordeaux (F Sen)	Westerlands XC Club
15	15:19	Kirstin Maxwell (F Sen)	Gala Harriers C	48	18:16	Fiona Davies (FU20)	Central AC C
16	15:19	Jill Stephen (F Sen)	Hunters Bog Trotters	49	18:17	Kristina Greig (F Sen)	Bellahouston Harriers
17	15:24	Catriona MacDonald (F Sen)	Bellahouston Road Runners	50	18:44	Christine Irvine (F Sen)	Edinburgh Univ Hare & Hounds D
18	15:31	Fiona Matheson (F55)	Falkirk Victoria Harriers	51	18:52	Alison Wood (F Sen)	Garscube Harriers B
19	15:35	Claire Houston (F Sen)	Central AC B	52	18:56	Robyn Millar (F Sen)	Bellahouston Harriers C
20	15:41	Rebecca Louise Craig (FU20)	Kilbarchan AAC B	53	19:24	Shania King (FU20)	Dundee Hawkhill Harriers C
21	15:45	Katie Bristow (F Sen)	Cambuslang Harriers	54	19:25	Julia Loecherbach (F Sen)	Ferranti AAC B
22	15:53	Avril Mason (F40)	Shettleston Harriers	55	19:38	Tamara Levy (F Sen)	Glasgow University Hare and H C
23	16:02	Jenny Selman (F Sen)	Fife AC B	56	19:39	Leanne McIntosh (F Sen)	Bellahouston Road Runners C
24	16:14	Jill Smylie (F Sen)	Giffnock North AAC	57	20:02	Kirsty McNulty (F40)	Kilmarnock H&AC B
25	16:18	Karla Borland (F Sen)	Edinburgh AC B	58	20:04	Angela Campbell (F Sen)	Bellahouston Harriers B
26	16:31	Julie Gordon (F40)	Inverclyde AC	59	20:12	Marie McChord (F55)	Kirkintilloch Olympians B
27	16:36	Clare Hughes (F Sen)	Motherwell AC B	60	20:21	Monica Anderson (F45)	Falkirk Victoria Harriers B
28	16:36	Grace Mackenzie (F Sen)	Portobello Running Club B	61	20:35	Viki Smith (F40)	Greenock Glenpark Harriers B
29	16:41	Rhiannon Kirk (FU20)	Edinburgh Univ Hare & Hounds B	62	20:55	Jocelyn Scott (F60)	Fife AC D
30	16:46	Hannah Gilchrist (FU20)	Glasgow University Hare and H B	63	20:58	Karen Forsyth (F Sen)	Carnegie Harriers
31	16:56	Nikki Lyons (F Sen)	Dumbarton AAC	64	21:32	Clare Bellward (FU20)	Glasgow University Hare and H D
32	17:03	Kirsteen Alexander (F45)	Kilmarnock H&AC	65	21:52	Kirsty Hughes (F40)	Teviotdale Harriers
33	17:06	Lucy Somerville (FU20)	Cumbernauld AAC				

### Stage 2

1	13:51	Morag MacLarty (F Sen)	Central AC	31	17:56	Becky Neilson (FU20)	Glasgow University Hare and H C
2	15:10	Philippa Millage (F Sen)	VP-Glasgow AC	32	18:00	Sarah Knox (F45)	Metro Aberdeen Running Club B
3	15:13	Katie White (F Sen)	Garscube Harriers	33	18:10	Maria Boland (F Sen)	Edinburgh AC C
4	15:23	Kathryn Pennel (F Sen)	Shettleston Harriers	34	18:11	Frances Ferguson (F50)	Calderglen Harriers
5	15:25	Jade MacLaren (F Sen)	Aberdeen AAC	35	18:12	Caroline Turner (F Sen)	Bellahouston Road Runners
6	15:28	Katie Bain (F Sen)	Edinburgh AC	36	18:18	Heather Thompson (F Sen)	Giffnock North AAC B
7	15:39	Zoe Pflug (FU20)	Gala Harriers C	37	18:23	Nicola Flynn (F45)	Falkirk Victoria Harriers
8	15:50	Jennifer Spence (F Sen)	Fife AC	38	18:28	Emma Hunter (FU20)	Motherwell AC B
9	15:56	Sharon Muir (F40)	Inverclyde AC	39	18:32	Marie Thérèse Rodgers (F45)	Airdrie Harriers
10	15:58	Hannah Cameron (F Sen)	Edinburgh AC B	40	18:48	Hannah Berry (FU20)	Garscube Harriers B
11	16:11	Rebecca Johnson (F Sen)	Edinburgh Univ Hare & Hounds	41	18:49	Lydia Blythe (FU20)	Edinburgh Univ Hare & Hounds C
12	16:11	Rona Tytler (FU20)	Edinburgh Univ Hare & Hounds B	42	18:51	Phyllis O'Brian (F Sen)	Hunters Bog Trotters
13	16:15	Caitlin Arnott (FU20)	Corstorphine AAC	43	18:52	Becky Hay (F Sen)	Central AC C
14	16:19	Caroline Marwick (F Sen)	Inverness Harriers AAC	44	19:03	Cheryl Walker (F Sen)	Dundee Hawkhill Harriers B
15	16:20	Maya Stone (F Sen)	Fife AC B	45	19:29	Kirsty Baird (F45)	Carnegie Harriers
16	16:23	Hannah Terrance (F Sen)	Springburn Harriers	46	19:42	Rebecca Simister (F Sen)	Bellahouston Harriers B
17	16:28	Nicole Scott (F Sen)	Giffnock North AAC	47	19:46	Christine Catterson (F55)	VP-Glasgow AC B
18	16:31	Laura Stewart (F Sen)	Glasgow University Hare and H	48	19:58	Jade Lauren Cawthray (F Sen)	Dundee Hawkhill Harriers C
19	16:46	Petra Hampton (F Sen)	Metro Aberdeen Running Club	49	19:59	Gillian Fullerton (F Sen)	Pitreavie AAC
20	16:57	Chloe Simpson (F Sen)	Kilbarchan AAC	50	20:20	Vicki Arnold (F Sen)	Bellahouston Harriers C
21	16:59	Michelle Evans (F Sen)	Glasgow University Hare and H B	51	20:21	Gosia Karczewska (F Sen)	Portobello Running Club B
22	17:05	Colleen Tait (F Sen)	Kilmarnock H&AC	52	20:22	Shirley MacNab (F50)	Kirkintilloch Olympians B
23	17:12	Kimberley Timmins (F Sen)	Central AC B	53	20:25	Donna Clark (F Sen)	Greenock Glenpark Harriers B
24	17:14	Julie Ramsay (F40)	Perth Road Runners	54	21:21	Holly Foulkes (F Sen)	Strathclyde Univ Harriers
25	17:18	Janine Dickie (F Sen)	Bellahouston Harriers	55	21:22	Claire Larravide (F Sen)	Westerlands XC Club
26	17:22	Kirsty O'Brien (F Sen)	Cambuslang Harriers	56	21:49	Kelly Ludwig (F40)	Bellahouston Road Runners C
27	17:33	Alicia Paton (FU20)	Cumbernauld AAC	57	21:55	Marianne Donald (FU20)	Glasgow University Hare and H D
28	17:37	Suzanne Shaw (F40)	Kirkintilloch Olympians	58	22:01	Donna Inglis (F50)	Teviotdale Harriers
29	17:40	Holly Thompson (FU20)	Kilbarchan AAC B	59	23:03	Linette Knudsen (F Sen)	Edinburgh Univ Hare & Hounds D
30	17:41	Charlene Kelly (F Sen)	Dumbarton AAC				

### Stage 3

1	14:23	Anna MacFadyen (FU20)	Edinburgh Univ Hare & Hounds	28	18:38	Alexandra West (FU20)	Glasgow University Hare and H C
2	14:50	Katie Lowery (FU20)	Edinburgh Univ Hare & Hounds B	29	18:44	Maya Hernes (F Sen)	Westerlands XC Club
3	14:57	Lauren Wilson (F Sen)	Edinburgh AC	30	18:50	Danielle Kelly (FU20)	Giffnock North AAC
4	14:58	Laura Stark (FU20)	Kilbarchan AAC	31	18:52	Kirsten Samara McStay (F Sen)	Central AC C
5	15:24	Lauren McCulloch (FU20)	Central AC	32	18:54	Suzanne Coyle (F Sen)	Greenock Glenpark Harriers B
6	15:31	Sara Green (F Sen)	Gala Harriers C	33	18:56	Victoria Robertson (FU20)	Cumbernauld AAC
7	15:44	Jennifer Cruickshanks (F Sen)	Fife AC	34	19:03	Eilidh McCallum (FU20)	Falkirk Victoria Harriers
8	15:48	Heather Addison (FU20)	Glasgow University Hare and H	35	19:09	Amy Mollison (FU20)	Dundee Hawkhill Harriers B
9	16:08	Rachael Bushfield (F Sen)	Inverclyde AC	36	19:09	Paula Wilson (F45)	Kilmarnock H&AC
10	16:25	Katie Jones (F Sen)	Fife AC B	37	19:26	Robyn Morrocco (F Sen)	Carnegie Harriers
11	16:34	Louise McCullagh (FU20)	Edinburgh Univ Hare & Hounds C	38	19:44	Stephanie Baird (F Sen)	Bellahouston Harriers B
12	16:43	Lesley Hansen (F Sen)	Inverness Harriers AAC	39	19:48	Lauren Cairley (F Sen)	Springburn Harriers
13	16:50	Isla Scott-Pearce (F Sen)	Aberdeen AAC	40	20:10	Christine McMenemy (F55)	Airdrie Harriers
14	16:55	Sharon Hastie (F40)	Kilbarchan AAC B	41	20:11	Alison Gallacher (F40)	Dumbarton AAC
15	16:57	Emma Norrie (F Sen)	Metro Aberdeen Running Club	42	20:20	Lisa McShea (F40)	Metro Aberdeen Running Club B
16	17:05	Issy Menzies (F Sen)	Edinburgh AC C	43	20:25	Rhona Galloway (F Sen)	Shettleston Harriers
17	17:18	Jennifer Reid (F45)	Cambuslang Harriers	44	20:33	Lucy Cameron (FU20)	Strathclyde Univ Harriers
18	17:20	Dominique Lynch (F Sen)	Glasgow University Hare and H B	45	20:35	Ada Stewart (F50)	Kirkintilloch Olympians B
19	17:36	Louise Millar (F40)	Pitreavie AAC	46	20:36	Nicola Tully (F40)	Dundee Hawkhill Harriers C
20	17:40	Jayne Macnamara (F45)	Bellahouston Harriers	47	20:39	Chi My Ta (F Sen)	Bellahouston Road Runners
21	17:45	Donna Finlayson (F Sen)	VP-Glasgow AC	48	20:40	Claire McKeown (F Sen)	Garscube Harriers B
22	17:59	Emma Laverie (F Sen)	Edinburgh AC B	49	20:58	Tessa Ward (F45)	Perth Road Runners
23	18:00	Elaine Hogg (F45)	Kirkintilloch Olympians	50	21:30	Hazel Darwin-Clements (F Sen)	Hunters Bog Trotters
24	18:06	Eleanor Hanson (FU20)	Central AC B	51	21:49	Katy Smith (F45)	Bellahouston Harriers C
25	18:17	Katelyn McGeever (F Sen)	Motherwell AC B	52	22:01	Ann Aitken (F45)	Teviotdale Harriers
26	18:20	Jilly McKay (F Sen)	Corstorphine AAC	53	22:42	Sarah Smith (F40)	Giffnock North AAC B
27	18:26	Marian Kelly (F Sen)	Garscube Harriers	54	22:57	Rachel Stewart (F Sen)	Edinburgh Univ Hare & Hounds D

### Stage 4

1	14:16	Stephanie Pennycook (F Sen)	Edinburgh Univ Hare & Hounds	26	18:28	Martha Lovatt (F Sen)	Garscube Harriers
2	14:37	Elsbeth Curran (F Sen)	Kilbarchan AAC	27	18:45	Lucy Taylor (F Sen)	Hunters Bog Trotters
3	15:01	Kate Gallagher (FU20)	Central AC	28	18:58	Charlotte Briggs (F Sen)	Carnegie Harriers
4	15:05	Erin Wallace (FU20)	Giffnock North AAC	29	18:59	Laura Henderson (F Sen)	Bellahouston Road Runners
5	15:14	Rebecca Eggeling (FU20)	Aberdeen AAC	30	19:05	Claire McCormick (F45)	Bellahouston Harriers
6	15:17	Lauren Stoddart (F Sen)	Edinburgh AC	31	19:09	Nicola Stevenson (F Sen)	Greenock Glenpark Harriers B
7	15:39	Amy Frankland (F Sen)	Edinburgh Univ Hare & Hounds B	32	19:22	Kerry Gibson (F Sen)	Fife AC B
8	15:49	Nynke Mulholland (F Sen)	Inverclyde AC	33	19:27	Emily Jackson (F Sen)	Bellahouston Harriers B
9	16:12	Katrina Ballantyne (F Sen)	Glasgow University Hare and H	34	19:43	Anna Bogucki (F Sen)	Springburn Harriers
10	16:16	Virginie Barrant (F Sen)	Metro Aberdeen Running Club	35	19:51	Danielle MacDermid (FU20)	Dundee Hawkhill Harriers C
11	16:25	Natalie Milne (F Sen)	Central AC B	36	19:51	Auserine Ward (F40)	Kirkintilloch Olympians
12	16:31	Katie Rourke (FU20)	Gala Harriers C	37	20:13	Amy Cromarty (F Sen)	Garscube Harriers B
13	16:31	Heather Campbell (F Sen)	Inverness Harriers AAC	38	20:17	Natasha Odell (F Sen)	Glasgow University Hare and H B
14	16:32	Alison McGill (F Sen)	Fife AC	39	20:19	Kathleen McLachlan (F Sen)	Giffnock North AAC B
15	16:54	Shannon McLellan (F Sen)	Shettleston Harriers	40	20:25	Sarah Ross (F Sen)	Pitreavie AAC
16	17:05	Vigil Marie Garcia (F Sen)	Dumbarton AAC	41	20:35	Amanda Bryden (F Sen)	Kilmarnock H&AC
17	17:07		VP-Glasgow AC	42	20:44	Morven Glennie (F Sen)	Airdrie Harriers
18	17:10	Kirstin Bamford (F Sen)	Edinburgh Univ Hare & Hounds C	43	20:45	Leanne Cooke (F Sen)	Westerlands XC Club
19	17:20	Kathleen Dempsey (F Sen)	Edinburgh AC B	44	21:04	Vivien Fraser (F50)	Kirkintilloch Olympians B
20	17:30	Claire Douglas (F45)	Perth Road Runners	45	21:24	Katie Cutforth (F Sen)	Edinburgh Univ Hare & Hounds D
21	17:33	Joanna Gillies (FU20)	Strathclyde Univ Harriers	46	21:33	Gillian Glass (F40)	Bellahouston Harriers C
22	17:37	Jennifer Carrasco (F Sen)	Dundee Hawkhill Harriers B	47	21:38	Mhairi Bagnall (F40)	Corstorphine AAC
23	17:58	Fiona Macfarlane (F Sen)	Falkirk Victoria Harriers	48	21:39	Pauline McAdam (F60)	Teviotdale Harriers
24	18:00	Joanna Geddes (F Sen)	Metro Aberdeen Running Club B	49	24:27	Caitlin Martin (FU20)	Glasgow University Hare and H C
25	18:04	Erica Christie (F60)	Cambuslang Harriers				