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Forename	Surname	Age Group	Club
Jade	MacLaren	(F Sen)	Aberdeen AAC
Isla	Scott-Pearce	(F Sen)	Aberdeen AAC
Anne	Howie	(F55)	Aberdeen AAC
Anisha	Badial	(FU20)	Aberdeen AAC
Rebecca	Eggeling	(FU20)	Aberdeen AAC
Naomi	Lang	(FU20)	Aberdeen AAC
Alison	Arnold	(F40)	Airdrie Harriers
Stephanie	Boyd	(F Sen)	Airdrie Harriers
Morven	Glennie	(F Sen)	Airdrie Harriers
Marie Thérèse	Rodgers	(F45)	Airdrie Harriers
Christine	McMenemy	(F55)	Airdrie Harriers
Gael	Riddle	(F Sen)	Ayr Seaforth AC
Laura	Wallace	(F Sen)	Ayr Seaforth AC
Gillian	Hannah	(F45)	Ayr Seaforth AC
Ruth	Kirk	(F45)	Ayr Seaforth AC
Clare	Stewart	(FU20)	Banchory Stonehaven AC
Vicki	Arnold	(F Sen)	Bellahouston Harriers
Stephanie	Baird	(F Sen)	Bellahouston Harriers
Angela	Campbell	(F Sen)	Bellahouston Harriers
Janine	Dickie	(F Sen)	Bellahouston Harriers
Kristina	Greig	(F Sen)	Bellahouston Harriers
Emily	Jackson	(F Sen)	Bellahouston Harriers
Robyn	Millar	(F Sen)	Bellahouston Harriers
Rebecca	Simister	(F Sen)	Bellahouston Harriers
Lynne	Bruce	(F40)	Bellahouston Harriers
Tania	Duffy	(F40)	Bellahouston Harriers
Gillian	Glass	(F40)	Bellahouston Harriers
Karen	Speirs	(F40)	Bellahouston Harriers
Jayne	Macnamara	(F45)	Bellahouston Harriers
Claire	McCormick	(F45)	Bellahouston Harriers
Stella	McCulloch	(F45)	Bellahouston Harriers
Katy	Smith	(F45)	Bellahouston Harriers
Angela	Carson	(F50)	Bellahouston Harriers
Jacqueline	Glass	(F60)	Bellahouston Harriers
Deirdre	Hoyle	(F65)	Bellahouston Harriers

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Forename	Surname	Age Group	Club
Romy	Beard	(F Sen)	Bellahouston Road Runners
Laura	Henderson	(F Sen)	Bellahouston Road Runners
Catriona	MacDonald	(F Sen)	Bellahouston Road Runners
Leanne	Mcintosh	(F Sen)	Bellahouston Road Runners
Chi My	Ta	(F Sen)	Bellahouston Road Runners
Caroline	Turner	(F Sen)	Bellahouston Road Runners
Kelly	Ludwig	(F40)	Bellahouston Road Runners
Katie	Mathieson	(F40)	Bellahouston Road Runners
Ann	Robin	(F40)	Bellahouston Road Runners
Louise	Ross	(F40)	Bellahouston Road Runners
Shona	Donnelly	(F50)	Bellahouston Road Runners
Karen	Allen	(F Sen)	Calderglen Harriers
Lorraine	Buchanan	(F Sen)	Calderglen Harriers
Emma	Craig	(F Sen)	Calderglen Harriers
Alexandra	Hayden	(F Sen)	Calderglen Harriers
Joanne	McEvoy	(F Sen)	Calderglen Harriers
Holly	Rankin	(F Sen)	Calderglen Harriers
Julie	Thomson	(F Sen)	Calderglen Harriers
Kirsty	Wilson	(F Sen)	Calderglen Harriers
Kay	Conneff	(F40)	Calderglen Harriers
Julie	Beveridge	(F Sen)	Calderglen Harriers
Sharon	Gregg	(F45)	Calderglen Harriers
Frances	Ferguson	(F50)	Calderglen Harriers
Allison	Johnston	(F50)	Calderglen Harriers
Katie	Bristow	(F Sen)	Cambuslang Harriers
Alexandra	Lamond	(F Sen)	Cambuslang Harriers
Kirsty	O'Brien	(F Sen)	Cambuslang Harriers
Moira	Stewart	(F Sen)	Cambuslang Harriers
Lynn	Angely	(F40)	Cambuslang Harriers
Jennifer	Reid	(F45)	Cambuslang Harriers
Erica	Christie	(F60)	Cambuslang Harriers

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Forename	Surname	Age Group	Club
Zuleika	Brett	(F Sen)	Carnegie Harriers
Charlotte	Briggs	(F Sen)	Carnegie Harriers
Karen	Forsyth	(F Sen)	Carnegie Harriers
Samantha	Laird	(F Sen)	Carnegie Harriers
Kristin	Lownie	(F Sen)	Carnegie Harriers
Jacqueline	MacIntyre	(F Sen)	Carnegie Harriers
Sarah	Marshall	(F Sen)	Carnegie Harriers
Robyn	Morrocco	(F Sen)	Carnegie Harriers
Samantha	Newington	(F40)	Carnegie Harriers
Kirsty	Baird	(F45)	Carnegie Harriers
Lesley	Halstead	(F45)	Carnegie Harriers
Aileen	Morton	(F45)	Carnegie Harriers
Angela	Sandilands	(F45)	Carnegie Harriers
Jennifer	Smith	(F45)	Carnegie Harriers
Gail	Murdoch	(F50)	Carnegie Harriers
Helena	Sim	(F55)	Carnegie Harriers
Isobel	Burnett	(F60)	Carnegie Harriers
Jane	Macleod	(F65)	Carnegie Harriers
Catriona	Buchanan	(F Sen)	Central AC
Becky	Hay	(F Sen)	Central AC
Claire	Houston	(F Sen)	Central AC
Morag	MacLarty	(F Sen)	Central AC
Kirsten Samara	McStay	(F Sen)	Central AC
Natalie	Milne	(F Sen)	Central AC
Emma	Raven	(F Sen)	Central AC
Kimberley	Timmins	(F Sen)	Central AC
Eve	Kidd	(F40)	Central AC
Shona	Aiken	(F45)	Central AC
Alison	Curry	(F45)	Central AC
Lee	Houghton	(F45)	Central AC
Hazel	Dean	(F50)	Central AC
Mary	Kerr	(F50)	Central AC
Patricia	Milne	(F55)	Central AC
Jane	Waterhouse	(F60)	Central AC
Fiona	Davies	(FU20)	Central AC
Kate	Gallagher	(FU20)	Central AC
Eleanor	Hanson	(FU20)	Central AC
Lauren	McCulloch	(FU20)	Central AC

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Forename	Surname	Age Group	Club
Christine	Duncanson	(F55)	Clydesdale Harriers
Pamela	McCrossan	(F55)	Clydesdale Harriers
Hylde	Stewart	(F55)	Clydesdale Harriers
Jilly	McKay	(F Sen)	Corstorphine AAC
Mhairi	Bagnall	(F40)	Corstorphine AAC
Gillian	Carr	(F40)	Corstorphine AAC
Nicola	Ross	(F45)	Corstorphine AAC
Fiona	Carver	(F55)	Corstorphine AAC
Hannah	Addison	(FU20)	Corstorphine AAC
Caitlin	Arnott	(FU20)	Corstorphine AAC
Alicia	Paton	(FU20)	Cumbernauld AAC
Victoria	Robertson	(FU20)	Cumbernauld AAC
Lucy	Somerville	(FU20)	Cumbernauld AAC
Vigil Marie	Garcia	(F Sen)	Dumbarton AAC
Charlene	Kelly	(F Sen)	Dumbarton AAC
Nikki	Lyons	(F Sen)	Dumbarton AAC
Alison	Gallacher	(F40)	Dumbarton AAC
Jennifer	Carrasco	(F Sen)	Dundee Hawkhill Harriers
Jade Lauren	Cawthray	(F Sen)	Dundee Hawkhill Harriers
Portia	McRobbie	(F Sen)	Dundee Hawkhill Harriers
Kirsty	Reynolds	(F Sen)	Dundee Hawkhill Harriers
Cheryl	Walker	(F Sen)	Dundee Hawkhill Harriers
Fiona	Gibson	(F40)	Dundee Hawkhill Harriers
nicola	lawson	(F40)	Dundee Hawkhill Harriers
Catherine	Matthews	(F40)	Dundee Hawkhill Harriers
Nicola	Tully	(F40)	Dundee Hawkhill Harriers
Jo	McColgan	(F45)	Dundee Hawkhill Harriers
Catriona M	Reynolds	(F50)	Dundee Hawkhill Harriers
Shania	King	(FU20)	Dundee Hawkhill Harriers
Danielle	MacDermid	(FU20)	Dundee Hawkhill Harriers
Amy	Mollison	(FU20)	Dundee Hawkhill Harriers
Eilidh L	Reynolds	(FU20)	Dundee Hawkhill Harriers
Kelly	Baillie	(F Sen)	East Kilbride A.C.
Gemma	Kirwan	(F45)	East Kilbride A.C.
Anne	Cairns	(F50)	East Kilbride A.C.

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Forename	Surname	Age Group	Club
Katie	Bain	(F Sen)	Edinburgh AC
Maria	Boland	(F Sen)	Edinburgh AC
Karla	Borland	(F Sen)	Edinburgh AC
Rebecca	Burns	(F Sen)	Edinburgh AC
Hannah	Cameron	(F Sen)	Edinburgh AC
Kathleen	Dempsey	(F Sen)	Edinburgh AC
Rachael	Dunn	(F Sen)	Edinburgh AC
Emma	Laverie	(F Sen)	Edinburgh AC
Issy	Menzies	(F Sen)	Edinburgh AC
Lauren	Stoddart	(F Sen)	Edinburgh AC
Dee	Watters	(F Sen)	Edinburgh AC
Lauren	Wilson	(F Sen)	Edinburgh AC
Melissa	Conchar	(F40)	Edinburgh AC
Jennifer	MacLean	(F40)	Edinburgh AC
Sheenagh	MacLulich	(F40)	Edinburgh AC
Karen	Dobbie	(F50)	Edinburgh AC
Jill	Morrow	(F50)	Edinburgh AC
Sharyn	Ramage	(F55)	Edinburgh AC
Kirstin	Bamford	(F Sen)	Edinburgh Univ Hare & Hounds
Katie	Cutforth	(F Sen)	Edinburgh Univ Hare & Hounds
Amy	Frankland	(F Sen)	Edinburgh Univ Hare & Hounds
Bethany	Hanson	(F Sen)	Edinburgh Univ Hare & Hounds
Christine	Irvine	(F Sen)	Edinburgh Univ Hare & Hounds
Rebecca	Johnson	(F Sen)	Edinburgh Univ Hare & Hounds
Linette	Knudsen	(F Sen)	Edinburgh Univ Hare & Hounds
Mhairi	Maclennan	(F Sen)	Edinburgh Univ Hare & Hounds
Harriet	Mills	(F Sen)	Edinburgh Univ Hare & Hounds
Stephanie	Pennycook	(F Sen)	Edinburgh Univ Hare & Hounds
Rachel	Stewart	(F Sen)	Edinburgh Univ Hare & Hounds
Lydia	Blythe	(FU20)	Edinburgh Univ Hare & Hounds
Carolyn	Cameron	(FU20)	Edinburgh Univ Hare & Hounds
Lucy	Haines	(FU20)	Edinburgh Univ Hare & Hounds
Hannah	Havelock-Allan	(FU20)	Edinburgh Univ Hare & Hounds
Rhiannon	Kirk	(FU20)	Edinburgh Univ Hare & Hounds
Katie	Lowery	(FU20)	Edinburgh Univ Hare & Hounds
Anna	MacFadyen	(FU20)	Edinburgh Univ Hare & Hounds
Louise	Mccullagh	(FU20)	Edinburgh Univ Hare & Hounds
Rona	Tytler	(FU20)	Edinburgh Univ Hare & Hounds

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Forename	Surname	Age Group	Club
Fiona	Macfarlane	(F Sen)	Falkirk Victoria Harriers
Monica	Anderson	(F45)	Falkirk Victoria Harriers
Nicola	Flynn	(F45)	Falkirk Victoria Harriers
Fiona	Matheson	(F55)	Falkirk Victoria Harriers
Eilidh	McCallum	(FU20)	Falkirk Victoria Harriers
Julia	Loecherbach	(F Sen)	Ferranti AAC
Alison	McDonald	(F Sen)	Ferranti AAC
Pascaline	Mollard	(F Sen)	Ferranti AAC
Katie	Sampson	(F Sen)	Ferranti AAC
Julia	Drewer	(F40)	Ferranti AAC
Claire	Gilchrist	(F50)	Ferranti AAC
Siobhan	Sellar	(F50)	Ferranti AAC
Elizabeth	Gilchrist	(F70)	Ferranti AAC
Heather	Anderson	(F Sen)	Fife AC
Jennifer	Cruickshanks	(F Sen)	Fife AC
Kerry	Gibson	(F Sen)	Fife AC
Katie	Jones	(F Sen)	Fife AC
Sheena	Logan	(F Sen)	Fife AC
Alison	McGill	(F Sen)	Fife AC
Stephanie	Pennycook	(F Sen)	Fife AC
Andrea Burke	Rae	(F Sen)	Fife AC
Halina	Rees	(F Sen)	Fife AC
Jenny	Selman	(F Sen)	Fife AC
Annabel	Simpson	(F Sen)	Fife AC
Jennifer	Spence	(F Sen)	Fife AC
Maya	Stone	(F Sen)	Fife AC
Amie	Watt	(F Sen)	Fife AC
Morgan	Windram-Geddes	(F Sen)	Fife AC
Louise	Provan	(F40)	Fife AC
Merce	Torres	(F40)	Fife AC
Angela	Howe	(F45)	Fife AC
Rhona	van Rensburg	(F45)	Fife AC
Keren	Macpherson	(F50)	Fife AC
Hilary	Ritchie	(F50)	Fife AC
Lynne	Stephen	(F55)	Fife AC
Innes	Bracegirdle	(F60)	Fife AC
Margaret	Martin	(F60)	Fife AC
Margaret	McLaren	(F60)	Fife AC
Jocelyn	Scott	(F60)	Fife AC
Annabel	Personeni	(FU20)	Fife AC

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Forename	Surname	Age Group	Club
Sara	Green	(F Sen)	Gala Harriers
Kirstin	Maxwell	(F Sen)	Gala Harriers
Joeleen	Mckean	(F Sen)	Gala Harriers
Rachel	Fagan	(F40)	Gala Harriers
Kate	Jenkins	(F40)	Gala Harriers
Gillian	Duncan	(F45)	Gala Harriers
Jennifer	Forbes	(F45)	Gala Harriers
Dawn	Grant	(F45)	Gala Harriers
Eileen	Maxwell	(F50)	Gala Harriers
Zoe	Pflug	(FU20)	Gala Harriers
Katie	Rourke	(FU20)	Gala Harriers
Amy	Cromarty	(F Sen)	Garscube Harriers
Marian	Kelly	(F Sen)	Garscube Harriers
Martha	Lovatt	(F Sen)	Garscube Harriers
Chloe	McAdam	(F Sen)	Garscube Harriers
Claire	McKeown	(F Sen)	Garscube Harriers
Katie	White	(F Sen)	Garscube Harriers
Alison	Wood	(F Sen)	Garscube Harriers
Morag	Casey	(F40)	Garscube Harriers
Lesley	Chisholm	(F40)	Garscube Harriers
Catriona	Padmanabhan	(F40)	Garscube Harriers
Hilary	Dupre	(F45)	Garscube Harriers
Nighean	Stevenson	(F45)	Garscube Harriers
Kathryn	Scott	(F55)	Garscube Harriers
Ann	White	(F65)	Garscube Harriers
Hannah	Berry	(FU20)	Garscube Harriers

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Forename	Surname	Age Group	Club
Nina	Farmer	(F Sen)	Giffnock North AAC
Kathleen	McLachlan	(F Sen)	Giffnock North AAC
Yvonne	McNairn	(F Sen)	Giffnock North AAC
Nicole	Scott	(F Sen)	Giffnock North AAC
Jill	Smylie	(F Sen)	Giffnock North AAC
Heather	Thompson	(F Sen)	Giffnock North AAC
Stephanie	Lillie	(F40)	Giffnock North AAC
Sarah	Smith	(F40)	Giffnock North AAC
Jatinder	Sumal	(F40)	Giffnock North AAC
Allie	Chong	(F45)	Giffnock North AAC
Catriona	Gourley	(F50)	Giffnock North AAC
Sheila	Lewis	(F50)	Giffnock North AAC
Mary	McCutcheon	(F50)	Giffnock North AAC
Anne	Williamson	(F50)	Giffnock North AAC
Erin	Wallace	(FU20)	Giffnock North AAC
Danielle	Kelly	(FU20)	Giffnock North AAC
Katrina	Ballantyne	(F Sen)	Glasgow University Hare and H
Kirsty	Dickson	(F Sen)	Glasgow University Hare and H
Michelle	Evans	(F Sen)	Glasgow University Hare and H
Mairi	Gilmour	(F Sen)	Glasgow University Hare and H
Tamara	Levy	(F Sen)	Glasgow University Hare and H
Dominique	Lynch	(F Sen)	Glasgow University Hare and H
Natasha	Odell	(F Sen)	Glasgow University Hare and H
Annabel	Simpson	(F Sen)	Glasgow University Hare and H
Laura	Stewart	(F Sen)	Glasgow University Hare and H
Heather	Addison	(FU20)	Glasgow University Hare and H
Clare	Bellward	(FU20)	Glasgow University Hare and H
Rose	Collet	(FU20)	Glasgow University Hare and H
Marianne	Donald	(FU20)	Glasgow University Hare and H
Hannah	Gilchrist	(FU20)	Glasgow University Hare and H
Caitlin	Martin	(FU20)	Glasgow University Hare and H
Becky	Neilson	(FU20)	Glasgow University Hare and H
Alexandra	West	(FU20)	Glasgow University Hare and H

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Forename	Surname	Age Group	Club
Ashley	Anderson	(F Sen)	Greenock Glenpark Harriers
Emma	Baxter	(F Sen)	Greenock Glenpark Harriers
Donna	Clark	(F Sen)	Greenock Glenpark Harriers
Suzanne	Coyle	(F Sen)	Greenock Glenpark Harriers
Lana	Hanson	(F Sen)	Greenock Glenpark Harriers
Lynne	Leslie	(F Sen)	Greenock Glenpark Harriers
Emma	O'Rourke	(F Sen)	Greenock Glenpark Harriers
Fiona	Ramsay	(F Sen)	Greenock Glenpark Harriers
Nicola	Stevenson	(F Sen)	Greenock Glenpark Harriers
Cheryl	Thomas	(F Sen)	Greenock Glenpark Harriers
Kirstin	Arthur	(F40)	Greenock Glenpark Harriers
Angeline	Austin	(F40)	Greenock Glenpark Harriers
Emma	Benstead	(F40)	Greenock Glenpark Harriers
Sue	Hewitson	(F40)	Greenock Glenpark Harriers
Fiona	Macfarlane	(F40)	Greenock Glenpark Harriers
Marianne	Mckay	(F40)	Greenock Glenpark Harriers
Nathalie	Smith	(F40)	Greenock Glenpark Harriers
Viki	Smith	(F40)	Greenock Glenpark Harriers
Marian	Monk	(F45)	Greenock Glenpark Harriers
Eileen	Stevenson	(F45)	Greenock Glenpark Harriers
Fiona	Cushnaghan	(F50)	Greenock Glenpark Harriers
Silke	Loehndorf	(F50)	Greenock Glenpark Harriers
Liz	McAuslan	(F50)	Greenock Glenpark Harriers
Lorna	Coyle	(F55)	Greenock Glenpark Harriers
Yvonne	Prager	(F60)	Greenock Glenpark Harriers

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Forename	Surname	Age Group	Club
Kirsty	McBirnie	(F40)	Harmeny AC
Brigid	O Dochartaigh	(F40)	Harmeny AC
Seona	Burnett	(F45)	Harmeny AC
Nicola	Freedman	(F45)	Harmeny AC
Suzanne	Sandland	(F45)	Harmeny AC
Lorna	Broadhurst	(F55)	Harmeny AC
Carrie	Craig	(F Sen)	Hunters Bog Trotters
Briony	Curtis	(F Sen)	Hunters Bog Trotters
Hazel	Darwin-Clements	(F Sen)	Hunters Bog Trotters
Katherine	Golding	(F Sen)	Hunters Bog Trotters
Rebecca	Harding	(F Sen)	Hunters Bog Trotters
Amelia	Hope-Jones	(F Sen)	Hunters Bog Trotters
Amy	Jennings	(F Sen)	Hunters Bog Trotters
Mairead	Kelly	(F Sen)	Hunters Bog Trotters
Cat	Magill	(F Sen)	Hunters Bog Trotters
Jenny	McCall	(F Sen)	Hunters Bog Trotters
Eilis	McKechanie	(F Sen)	Hunters Bog Trotters
Hazel	Murray	(F Sen)	Hunters Bog Trotters
Sinead	O' Malley	(F Sen)	Hunters Bog Trotters
Fionna	Ogilvie	(F Sen)	Hunters Bog Trotters
Sarah	O'Neil	(F Sen)	Hunters Bog Trotters
Laura	Robertson	(F Sen)	Hunters Bog Trotters
Georgia	Rogers	(F Sen)	Hunters Bog Trotters
Jillian	Stephen	(F Sen)	Hunters Bog Trotters
Kata	Tar	(F Sen)	Hunters Bog Trotters
Lucy	Taylor	(F Sen)	Hunters Bog Trotters
Georgia	Tindley	(F Sen)	Hunters Bog Trotters
Katie	Walling	(F Sen)	Hunters Bog Trotters
Claire	Gordon	(F40)	Hunters Bog Trotters
Megan	Mowbray	(F40)	Hunters Bog Trotters
Alice	Paterson	(F40)	Hunters Bog Trotters
Claire	Ward	(F40)	Hunters Bog Trotters
Megan	Wright	(F40)	Hunters Bog Trotters
Phyllis	O'Brien	(F55)	Hunters Bog Trotters
Sheila	Strain	(F65)	Hunters Bog Trotters
Rachael	Bushfield	(F Sen)	Inverclyde AC
Nynke	Mulholland	(F Sen)	Inverclyde AC
Julie	Gordon	(F40)	Inverclyde AC
Sharon	Muir	(F40)	Inverclyde AC

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Forename	Surname	Age Group	Club
Heather	Campbell	(F Sen)	Inverness Harriers AAC
Gemma	Cormack	(F Sen)	Inverness Harriers AAC
Caroline	Marwick	(F Sen)	Inverness Harriers AAC
Doreen	Campbell	(F45)	Inverness Harriers AAC
Alison	Wilson	(F45)	Inverness Harriers AAC
Lorna	Fife	(F50)	Inverness Harriers AAC
Ann	Smart	(F50)	Inverness Harriers AAC
Julie	Wilson	(F50)	Inverness Harriers AAC
Elsbeth	Curran	(F Sen)	Kilbarchan AAC
Sarah	Dempsey	(F Sen)	Kilbarchan AAC
Elaine	Eadie	(F Sen)	Kilbarchan AAC
Jennifer	Rooney	(F Sen)	Kilbarchan AAC
Chloe	Simpson	(F Sen)	Kilbarchan AAC
Amy	Spencer	(F Sen)	Kilbarchan AAC
Sharon	Hastie	(F40)	Kilbarchan AAC
Sandra	Houldsworth	(F40)	Kilbarchan AAC
Caroline	Cochran	(F45)	Kilbarchan AAC
Una	MacIntyre	(F45)	Kilbarchan AAC
Julia	Wylie	(F50)	Kilbarchan AAC
Rebecca Louise	Craig	(FU20)	Kilbarchan AAC
Katie	Hall	(FU20)	Kilbarchan AAC
Kerry	MacAngus	(FU20)	Kilbarchan AAC
Iona	Miller	(FU20)	Kilbarchan AAC
Jemma	Reekie	(FU20)	Kilbarchan AAC
Laura	Stark	(FU20)	Kilbarchan AAC
Holly	Thompson	(FU20)	Kilbarchan AAC
Rona	Tytler	(FU20)	Kilbarchan AAC
Amanda	Bryden	(F Sen)	Kilmarnock H&AC
Laura	Haggarty	(F Sen)	Kilmarnock H&AC
Colleen	Tait	(F Sen)	Kilmarnock H&AC
Viv	Lambert	(F40)	Kilmarnock H&AC
Kirsty	McNulty	(F40)	Kilmarnock H&AC
Kerry	Warboys	(F40)	Kilmarnock H&AC
Kirsteen	Alexander	(F45)	Kilmarnock H&AC
Elizabeth	McDerment	(F45)	Kilmarnock H&AC

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Forename	Surname	Age Group	Club
Paula	Wilson	(F45)	Kilmarnock H&AC
Sandra	Dickson	(F50)	Kilmarnock H&AC
Karen	Robertson	(F50)	Kilmarnock H&AC
Alison	Wales	(F50)	Kilmarnock H&AC
Rosemary	McMillan	(F55)	Kilmarnock H&AC
Kate	Todd	(F65)	Kilmarnock H&AC
Elaine	Hogg	(F45)	Kirkintilloch Olympians
Vivien	Fraser	(F50)	Kirkintilloch Olympians
Suzanne	Shaw	(F40)	Kirkintilloch Olympians
Ausrine	Ward	(F40)	Kirkintilloch Olympians
Shirley	MacNab	(F50)	Kirkintilloch Olympians
Moira	Smith	(F50)	Kirkintilloch Olympians
Ada	Stewart	(F50)	Kirkintilloch Olympians
Allison	Law	(F55)	Kirkintilloch Olympians
Marie	McChord	(F55)	Kirkintilloch Olympians
Laura	Keay	(FU20)	Kirkintilloch Olympians
Jennifer	Muir	(FU20)	Kirkintilloch Olympians
Margaret	Newell	(F Sen)	Law & District AAC
Emily	McNicol	(FU20)	Law & District AAC
Hannah	Danson	(F Sen)	Linlithgow AC
Karen	Duncan	(F Sen)	Linlithgow AC
Laura	Finlay	(F Sen)	Linlithgow AC
Lynsey	Hay	(F Sen)	Linlithgow AC
Alison	Marshall	(F Sen)	Linlithgow AC
Lynne	McGill	(F Sen)	Linlithgow AC
Mairi	Watts	(F Sen)	Linlithgow AC
Lorna	Simpson	(F40)	Linlithgow AC
Beverley	Dodgson	(F45)	Linlithgow AC
Rosemary	Gallagher	(F45)	Linlithgow AC
Jennifer	Newton	(F45)	Linlithgow AC
Carolyn	Walker	(F50)	Linlithgow AC
Jill	Horsburgh	(F55)	Linlithgow AC
Frances	Wood	(F55)	Linlithgow AC
Katryna	McLeod	(FU20)	Linlithgow AC

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Forename	Surname	Age Group	Club
Chloe	Cox	(F Sen)	Lothian Running Club
Kirsty	Gray	(F Sen)	Lothian Running Club
Lana	Turnbull	(F Sen)	Lothian Running Club
Christina	Wegelius	(F Sen)	Lothian Running Club
Jo	Williams	(F Sen)	Lothian Running Club
Mel	Zobel	(F Sen)	Lothian Running Club
Linda	Garratty	(F40)	Lothian Running Club
Christine	MacVarish	(F45)	Lothian Running Club
Christine	Milne	(F45)	Lothian Running Club
Shona	Young	(F50)	Lothian Running Club
Yvonne	Crilly	(F55)	Lothian Running Club
Virginie	Barrand	(F Sen)	Metro Aberdeen Running Club
Claire	Bruce	(F Sen)	Metro Aberdeen Running Club
Joanna	Geddes	(F Sen)	Metro Aberdeen Running Club
Petra	Hampton	(F Sen)	Metro Aberdeen Running Club
Emma	Norrie	(F Sen)	Metro Aberdeen Running Club
Erin	Rendall	(F Sen)	Metro Aberdeen Running Club
Lisa	McShea	(F40)	Metro Aberdeen Running Club
Sarah	Knox	(F45)	Metro Aberdeen Running Club
Katelyn	McGeever	(F Sen)	Motherwell AC
Clare	Hughes	(F Sen)	Motherwell AC
Susan	Stewart	(F Sen)	Motherwell AC
Joanne	Clark	(F40)	Motherwell AC
Joyce	Allardice	(F50)	Motherwell AC
Phyllis	Hands	(F60)	Motherwell AC
Emma	Hunter	(FU20)	Motherwell AC
Jen	Murray	(F Sen)	Ochil Hill Runners
Karen	Kealey	(F45)	Ochil Hill Runners
Mairi	Mcintosh	(F45)	Ochil Hill Runners
Helen	Winton	(F50)	Ochil Hill Runners
Sonjia	Crow	(F Sen)	Perth Road Runners
Julie	Ramsay	(F40)	Perth Road Runners
Claire	Douglas	(F45)	Perth Road Runners
Tessa	Ward	(F45)	Perth Road Runners

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Forename	Surname	Age Group	Club
Natalie	Gilliland-Patterson	(F Sen)	PH Racing Club
Hannah	Devey	(F40)	PH Racing Club
Lesley	Mealing	(F40)	PH Racing Club
Karen	Kennedy	(F45)	PH Racing Club
Catherine	Simpson	(F45)	PH Racing Club
Alison	Whyte	(F45)	PH Racing Club
Lorraine	Abbot	(F50)	PH Racing Club
Mary	Western	(F55)	PH Racing Club
Gillian	Fullerton	(F Sen)	Pitreavie AAC
Sarah	Ross	(F Sen)	Pitreavie AAC
Louise	Millar	(F40)	Pitreavie AAC
Penny	Hicks	(F50)	Pitreavie AAC
Gillian	Marshall	(F50)	Pitreavie AAC
Morna	Fleming	(F60)	Pitreavie AAC
Ciara	Bowman	(FU20)	Pitreavie AAC
Gosia	Karczewska	(F Sen)	Portobello Running Club
Grace	Mackenzie	(F Sen)	Portobello Running Club
Fiona	Stewart	(F Sen)	Portobello Running Club
Shery	Johnston	(F45)	Portobello Running Club
Kelly	Marcus	(F45)	Portobello Running Club
Yana	Thandrayen	(F45)	Portobello Running Club
Mary	Hunter	(F50)	Portobello Running Club
Aileen	Ross	(F55)	Portobello Running Club
Vanessa	Coffey	(F Sen)	Shettleston Harriers
Mhairi	Donaldson	(F Sen)	Shettleston Harriers
Emma	Dunnett	(F Sen)	Shettleston Harriers
Oonagh	Dunnett	(F Sen)	Shettleston Harriers
Rhona	Galloway	(F Sen)	Shettleston Harriers
Joanne	Harkins	(F Sen)	Shettleston Harriers
Clara	Horswell	(F Sen)	Shettleston Harriers
Charlene Sophia	Manley	(F Sen)	Shettleston Harriers
Jessica	Martin	(F Sen)	Shettleston Harriers
Hayley	McCrorie	(F Sen)	Shettleston Harriers
Shannon	McLellan	(F Sen)	Shettleston Harriers
Kathryn	Pennel	(F Sen)	Shettleston Harriers
Fionnuala	Ross	(F Sen)	Shettleston Harriers
Carole	Setchell	(F Sen)	Shettleston Harriers
Amleset	Tewelde	(F Sen)	Shettleston Harriers
Avril	Mason	(F40)	Shettleston Harriers
Shona	Robertson	(F45)	Shettleston Harriers

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Forename	Surname	Age Group	Club
Anna	Bogucki	(F Sen)	Springburn Harriers
Lauren	Cairley	(F Sen)	Springburn Harriers
Lynsey	Currie	(F Sen)	Springburn Harriers
Leesa	Rushton	(F Sen)	Springburn Harriers
Michelle	Sandison	(F Sen)	Springburn Harriers
Hannah	Terrance	(F Sen)	Springburn Harriers
Collette	Coyle	(F40)	Springburn Harriers
Gillian	McGale	(F40)	Springburn Harriers
Carole	Craig	(F50)	Springburn Harriers
Barbara	Knox	(F50)	Springburn Harriers
Susan	De Quadra	(F55)	Springburn Harriers
Anne-Marie	Hughes	(F55)	Springburn Harriers
Holly	Foulkes	(F Sen)	Strathclyde Univ Harriers
Madeleine	Watson	(F Sen)	Strathclyde Univ Harriers
Lucy	Cameron	(FU20)	Strathclyde Univ Harriers
Joanna	Gillies	(FU20)	Strathclyde Univ Harriers
Emily	McNicol	(FU20)	Strathclyde Univ Harriers
Emma	Ratcliffe	(FU20)	Strathclyde Univ Harriers
Lauren	Corbett	(F Sen)	Teviotdale Harriers
Kirsty	Hughes	(F40)	Teviotdale Harriers
Ann	Aitken	(F45)	Teviotdale Harriers
Donna	Inglis	(F50)	Teviotdale Harriers
Pauline	McAdam	(F60)	Teviotdale Harriers
Danielle	Beattie	(F Sen)	VP-Glasgow AC
Becky	Dunphy	(F Sen)	VP-Glasgow AC
Julie	Dobbin	(F Sen)	VP-Glasgow AC
Donna	Finlayson	(F Sen)	VP-Glasgow AC
Mhairi	Hendry	(F Sen)	VP-Glasgow AC
Emma	Matheson	(F Sen)	VP-Glasgow AC
Philippa	Millage	(F Sen)	VP-Glasgow AC
Lesley	Pirie	(F Sen)	VP-Glasgow AC
Suzanne	Gilmour	(F40)	VP-Glasgow AC
Louise	Potter	(F45)	VP-Glasgow AC
Christine	Catterson	(F55)	VP-Glasgow AC
Gillian	Black	(FU20)	VP-Glasgow AC
Leanne	Cooke	(F Sen)	Westerlands XC Club
Sarah	Cordeaux	(F Sen)	Westerlands XC Club
Maya	Hernes	(F Sen)	Westerlands XC Club
Claire	Larravide	(F Sen)	Westerlands XC Club
Catriona	Fisher	(F40)	Westerlands XC Club