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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Broc	Drury	(M Sen)	Aberdeen AAC
Andrew John	Ferguson	(M Sen)	Aberdeen AAC
Michael	Ferguson	(M Sen)	Aberdeen AAC
James	Hoad	(M Sen)	Aberdeen AAC
James	Joy	(M Sen)	Aberdeen AAC
Will	Mackay	(M Sen)	Aberdeen AAC
Fraser	McGillivray	(M Sen)	Aberdeen AAC
Steven	Murray	(M Sen)	Aberdeen AAC
Ben	Nelson	(M Sen)	Aberdeen AAC
Rory	Stead	(M Sen)	Aberdeen AAC
Fearghas	Thomson	(M Sen)	Aberdeen AAC
Euan	Webster	(M Sen)	Aberdeen AAC
Alasdhair	Love	(M40)	Aberdeen AAC
Joe	Barton	(MU20)	Aberdeen AAC
Fraser	Cruickshank	(MU20)	Aberdeen AAC
Matthias	Flamenco	(MU20)	Aberdeen AAC
Daniel	Hatfield	(MU20)	Aberdeen AAC
Stewart	Millar	(MU20)	Aberdeen AAC
Philip	Neilson	(MU20)	Aberdeen AAC
Aaron	Odentz	(MU20)	Aberdeen AAC
Craig	Smith	(MU20)	Aberdeen AAC
Tyler	White	(MU20)	Aberdeen AAC
Francis	Cullen	(M Sen)	Airdrie Harriers
Ian	Davey	(M Sen)	Airdrie Harriers
Andrew	Morgan	(M Sen)	Airdrie Harriers
Andrew	Morgan	(M Sen)	Airdrie Harriers
Steven	Phillips	(M Sen)	Airdrie Harriers
David	Thomson	(M Sen)	Airdrie Harriers
John	Brogan	(M40)	Airdrie Harriers
Alan	Burns	(M40)	Airdrie Harriers
Mark	Connelly	(M40)	Airdrie Harriers
Stephen	Purvis	(M40)	Airdrie Harriers
Iain	Chisholm	(M50)	Airdrie Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Grahame	Hopper	(M Sen)	Ayr Seaforth AC
Fraser	McKenzie	(M Sen)	Ayr Seaforth AC
Kenneth	Neill	(M Sen)	Ayr Seaforth AC
John	Hannah	(M40)	Ayr Seaforth AC
Brian	Robinson	(M40)	Ayr Seaforth AC
Stuart	McColm	(M45)	Ayr Seaforth AC
Stephen	McCrorie	(M45)	Ayr Seaforth AC
Alasdair	Meldrum	(M45)	Ayr Seaforth AC
Iain	Pettigrew	(M45)	Ayr Seaforth AC
Laurence	Baker	(M55)	Ayr Seaforth AC
Paul	Turnbull	(M55)	Ayr Seaforth AC
Timothy	Downie	(M60)	Ayr Seaforth AC
Steve	Baird	(M45)	Banchory Stonehaven AC
Andrew	Ferguson Snr	(M55)	Banchory Stonehaven AC
Fraser	Armstrong	(M Sen)	Bellahouston Harriers
Jack	Arnold	(M Sen)	Bellahouston Harriers
Paul	Clawson	(M Sen)	Bellahouston Harriers
David	Mackintosh	(M Sen)	Bellahouston Harriers
Darren	McQuade	(M Sen)	Bellahouston Harriers
Stuart	Miller	(M Sen)	Bellahouston Harriers
Mark	Porter	(M Sen)	Bellahouston Harriers
Kenneth	Taylor	(M Sen)	Bellahouston Harriers
Gregor	Yates	(M Sen)	Bellahouston Harriers
Brent	Brodie	(M45)	Bellahouston Harriers
Paul	Houston	(M45)	Bellahouston Harriers
Neil	Nairn	(M45)	Bellahouston Harriers
mark	wallace	(M45)	Bellahouston Harriers
Crispin	Walsh	(M45)	Bellahouston Harriers
Francis	Gilroy	(M50)	Bellahouston Harriers
Iain	Morrison	(M50)	Bellahouston Harriers
Robert	Carson	(M65)	Bellahouston Harriers
Calum	Ferguson	(MU20)	Bellahouston Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Ronan	Beale	(M Sen)	Bellahouston Road Runners
Bruce	Carse	(M Sen)	Bellahouston Road Runners
Anthony Lucio	Jannetta	(M Sen)	Bellahouston Road Runners
Alan	Moss	(M Sen)	Bellahouston Road Runners
Christopher	Logue	(M40)	Bellahouston Road Runners
Kenneth	MacMahon	(M40)	Bellahouston Road Runners
Stuart	Mathieson	(M40)	Bellahouston Road Runners
Graeme	Paterson	(M40)	Bellahouston Road Runners
Gerard	Scullion	(M50)	Bellahouston Road Runners
Allon	Galbraith	(M55)	Bellahouston Road Runners
Jim	Robinson	(M55)	Bellahouston Road Runners
Andrew	Buchanan	(M Sen)	Calderglen Harriers
Richard	Lawton	(M40)	Calderglen Harriers
Paul	Rooney	(M40)	Calderglen Harriers
Mark	Saez	(M40)	Calderglen Harriers
Neil	Green	(M45)	Calderglen Harriers
Jim	Holmes	(M45)	Calderglen Harriers
Martin	Howell	(M45)	Calderglen Harriers
Stephen	Phimister	(M45)	Calderglen Harriers
Russell	Couper	(M50)	Calderglen Harriers
Alan	Derrick	(M50)	Calderglen Harriers
Gordon	McInally	(M50)	Calderglen Harriers
Jim	Mearns	(M50)	Calderglen Harriers
Ian	Rae	(M50)	Calderglen Harriers
Edward	Reid	(M50)	Calderglen Harriers
John	Boyd	(M55)	Calderglen Harriers
Martin	Duthie	(M55)	Calderglen Harriers
Kenny	Leinster	(M55)	Calderglen Harriers
Charles	Steven	(M55)	Calderglen Harriers
George	Stewart	(M55)	Calderglen Harriers
David	Watt	(M55)	Calderglen Harriers
Andrew	Henderson	(M60)	Calderglen Harriers
Allan	McLellan	(M60)	Calderglen Harriers
David	Searil	(M60)	Calderglen Harriers
William	Buchanan	(M65)	Calderglen Harriers
Stuart	Waugh	(M65)	Calderglen Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Andrew	Anderson	(M Sen)	Cambuslang Harriers
Bobby	Bristow	(M Sen)	Cambuslang Harriers
Alasdair	Campbell	(M Sen)	Cambuslang Harriers
Richard	Carr	(M Sen)	Cambuslang Harriers
Stuart	Gibson	(M Sen)	Cambuslang Harriers
Kevan	Harvey	(M Sen)	Cambuslang Harriers
Benjamin	Hukins	(M Sen)	Cambuslang Harriers
Craig	Jardine	(M Sen)	Cambuslang Harriers
Iain	MacCorquodale	(M Sen)	Cambuslang Harriers
Thomas	McDonald	(M Sen)	Cambuslang Harriers
Matthew	McKenna	(M Sen)	Cambuslang Harriers
Kyle	McLellan	(M Sen)	Cambuslang Harriers
Colin	Reilly	(M Sen)	Cambuslang Harriers
Douglas	Roberts	(M Sen)	Cambuslang Harriers
David	Savage	(M Sen)	Cambuslang Harriers
Grant	Sheldon	(M Sen)	Cambuslang Harriers
Fraser	Stewart	(M Sen)	Cambuslang Harriers
Michael	Barker	(M40)	Cambuslang Harriers
Justin	Carter	(M40)	Cambuslang Harriers
Robert	Gilroy	(M40)	Cambuslang Harriers
Simon	Gold	(M40)	Cambuslang Harriers
Scott	Hunter	(M40)	Cambuslang Harriers
Paul	Kernohan	(M40)	Cambuslang Harriers
Iain	Nicholl	(M40)	Cambuslang Harriers
Iain	Reid	(M40)	Cambuslang Harriers
Brian	Campbell	(M45)	Cambuslang Harriers
Brian	Douglas	(M45)	Cambuslang Harriers
William	Fairley	(M45)	Cambuslang Harriers
John	Kelly	(M45)	Cambuslang Harriers
Frank	McGowan	(M45)	Cambuslang Harriers
Michael	O'Hagan	(M45)	Cambuslang Harriers
Daniel	O'Connell	(M50)	Cambuslang Harriers
Chris	Upson	(M50)	Cambuslang Harriers
Des	Dickson	(M55)	Cambuslang Harriers
Colin	Donnelly	(M55)	Cambuslang Harriers
Colin	Feechan	(M55)	Cambuslang Harriers
Stan	MacKenzie	(M55)	Cambuslang Harriers
David	Thom	(M55)	Cambuslang Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Alick	Walkinshaw	(M55)	Cambuslang Harriers
Edward	Stewart	(M60)	Cambuslang Harriers
Iain	Burke	(M65)	Cambuslang Harriers
Francis	Hurley	(M65)	Cambuslang Harriers
Eamon	Carr	(MU20)	Cambuslang Harriers
Jamie	MacKinnon	(MU20)	Cambuslang Harriers
Scott	McKay	(MU20)	Cambuslang Harriers
Struan	Paton	(MU20)	Cambuslang Harriers
Gavin	Smith	(MU20)	Cambuslang Harriers
Scott	Somerville	(MU20)	Cambuslang Harriers
Neil	Anderson	(M Sen)	Carnegie Harriers
Jonathan	Millar	(M Sen)	Carnegie Harriers
David	Clark	(M40)	Carnegie Harriers
Barry	Davie	(M40)	Carnegie Harriers
Derek	Fish	(M40)	Carnegie Harriers
Steven	Honeyman	(M40)	Carnegie Harriers
Paul	Kieran	(M40)	Carnegie Harriers
Brian	Miller	(M40)	Carnegie Harriers
Gordon	Barrie	(M45)	Carnegie Harriers
John	Fulham	(M45)	Carnegie Harriers
Steven	King	(M45)	Carnegie Harriers
Alan	Murray	(M45)	Carnegie Harriers
Colin	Reynolds	(M45)	Carnegie Harriers
Andrew	Sim	(M45)	Carnegie Harriers
Chris	Stephenson	(M45)	Carnegie Harriers
Steve	Adam	(M50)	Carnegie Harriers
Allan	Brannigan	(M50)	Carnegie Harriers
Neil	McLure	(M50)	Carnegie Harriers
Willie	Rennie	(M50)	Carnegie Harriers
Stephen	Greer	(M55)	Carnegie Harriers
John	Hynd	(M55)	Carnegie Harriers
Kieran	Morgan	(M55)	Carnegie Harriers
John	O'Connor	(M55)	Carnegie Harriers
Graeme	Wilson	(M55)	Carnegie Harriers
Allan	Macaulay	(M60)	Carnegie Harriers
Gordon	Somerville	(M60)	Carnegie Harriers

MALE ENTRY LISTS

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Gordon	Appelbe	(M Sen)	Central AC
Andrew	Butchart	(M Sen)	Central AC
Luca	Fanottoli	(M Sen)	Central AC
Scott	Green	(M Sen)	Central AC
Alastair	Hay	(M Sen)	Central AC
Kenneth	Hislop	(M Sen)	Central AC
David	Lindsay	(M Sen)	Central AC
Fraser	Logan	(M Sen)	Central AC
Murray	MacLarty	(M Sen)	Central AC
Sandy	Maclarty	(M Sen)	Central AC
Scott	McDonald	(M Sen)	Central AC
Ross	McNaught	(M Sen)	Central AC
Lewis	Millar	(M Sen)	Central AC
Ruaridh	Miller	(M Sen)	Central AC
Cameron	Milne	(M Sen)	Central AC
Benjamin	Noad	(M Sen)	Central AC
Robert	Russell	(M Sen)	Central AC
Chris	Smithard	(M Sen)	Central AC
Aidan	Thompson	(M Sen)	Central AC
Michael	Wright	(M Sen)	Central AC
Colin	Alexander	(M40)	Central AC
Jason	Saunders	(M40)	Central AC
Simon	Barlow	(M45)	Central AC
Scott	Brember	(M45)	Central AC
Neil	Cameron	(M45)	Central AC
Iain	Dunsmore	(M45)	Central AC
Mark	Logie	(M45)	Central AC
Gareth	Marchant	(M45)	Central AC
Fraser	Purves	(M45)	Central AC
Donald	Shaw	(M45)	Central AC
Jens	Subke	(M45)	Central AC
David	Eckersley	(M50)	Central AC
Robin	Mussett	(M50)	Central AC
Colin	Sinclair	(M50)	Central AC
Hugh	Buchanan	(M55)	Central AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Cameron	Campbell	(M55)	Central AC
Charles	Graham-Marr	(M55)	Central AC
Hugh	Kerr	(M55)	Central AC
Liam	McCabe	(M55)	Central AC
Raymond J	Milne	(M55)	Central AC
Stuart	Watson	(M55)	Central AC
Allan	Gall	(M60)	Central AC
John	Millar	(M65)	Central AC
Tony	Dolan	(M Sen)	Clydesdale Harriers
Ryan	Nelson	(M Sen)	Clydesdale Harriers
Iain	Robertson	(M Sen)	Clydesdale Harriers
Graeme	Wiseman	(M45)	Clydesdale Harriers
Michael	Diver	(M50)	Clydesdale Harriers
Tom	Collins	(M60)	Clydesdale Harriers
Hugh	Laverty	(M60)	Clydesdale Harriers
Peter	Rudzinski	(M65)	Clydesdale Harriers
Robert	Young	(M70)	Clydesdale Harriers
Julian	Barrable	(M Sen)	Corstorphine AAC
Peter	Black	(M Sen)	Corstorphine AAC
Mickey	Breen	(M Sen)	Corstorphine AAC
Alastair	Brockie	(M Sen)	Corstorphine AAC
Ewan	Brown	(M Sen)	Corstorphine AAC
Jonathan	Carpenter	(M Sen)	Corstorphine AAC
Andrew	Christy	(M Sen)	Corstorphine AAC
Bryan	Clark	(M Sen)	Corstorphine AAC
Dermot	Cummins	(M Sen)	Corstorphine AAC
Tom	Cunningham	(M Sen)	Corstorphine AAC
David	Hall	(M Sen)	Corstorphine AAC
David	Hart	(M Sen)	Corstorphine AAC
Mark	Haskett	(M Sen)	Corstorphine AAC
Aaron	Hoyle	(M Sen)	Corstorphine AAC
Stuart	Livingstone	(M Sen)	Corstorphine AAC
Donald	Macaulay	(M Sen)	Corstorphine AAC
Calum	McKenzie	(M Sen)	Corstorphine AAC
Christopher	O'Brien	(M Sen)	Corstorphine AAC
Scott	Pilkington	(M Sen)	Corstorphine AAC
Chris	Poxton	(M Sen)	Corstorphine AAC
Adam	Priestley	(M Sen)	Corstorphine AAC
Dougie	Selman	(M Sen)	Corstorphine AAC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
James	Taylor	(M Sen)	Corstorphine AAC
Thomas	Wilson	(M Sen)	Corstorphine AAC
Moray	Anderson	(M40)	Corstorphine AAC
Tom	Ferrington	(M40)	Corstorphine AAC
Ross	Milne	(M40)	Corstorphine AAC
Neill	Porterfield	(M40)	Corstorphine AAC
David	Arnott	(M45)	Corstorphine AAC
Alan	Cameron	(M45)	Corstorphine AAC
Dean	Carr	(M45)	Corstorphine AAC
Jeremy	Hall	(M45)	Corstorphine AAC
Keith	Hood	(M45)	Corstorphine AAC
Victor	Jack	(M45)	Corstorphine AAC
Iain	Macleod	(M45)	Corstorphine AAC
Stuart	Campbell	(M50)	Corstorphine AAC
Ian	Johnston	(M50)	Corstorphine AAC
Ian	McPherson	(M50)	Corstorphine AAC
Michael	Connelly	(M55)	Corstorphine AAC
Graeme	Fletcher	(M55)	Corstorphine AAC
David	Law	(M55)	Corstorphine AAC
Jan-Bert	Van Den Berg	(M55)	Corstorphine AAC
Anthony	Addison	(MU20)	Corstorphine AAC
Forbes	Jackson	(MU20)	Corstorphine AAC
Jonathan	Jackson	(MU20)	Corstorphine AAC
Martyn	Glancy	(M Sen)	Cumbernauld AAC
Robert	Keenan	(M Sen)	Cumbernauld AAC
Martin	Paton	(M Sen)	Cumbernauld AAC
Stephen	Allan	(M40)	Cumbernauld AAC
Robert	Bartley	(M40)	Cumbernauld AAC
Martin	Fitchie	(M40)	Cumbernauld AAC
Gordon	Humphreys	(M40)	Cumbernauld AAC
Louis	O'Hare	(M40)	Cumbernauld AAC
Paul	O'Hare	(M40)	Cumbernauld AAC
Vincent	Carroll	(M45)	Cumbernauld AAC
Sean	Casey	(M45)	Cumbernauld AAC
Howard	Elliott	(M45)	Cumbernauld AAC
David	Hogg	(M45)	Cumbernauld AAC
Derek	Martin	(M45)	Cumbernauld AAC
Paul	McMonagle	(M45)	Cumbernauld AAC
Ross	McEachern	(M50)	Cumbernauld AAC
Aidan	McCaffrey	(MU20)	Cumbernauld AAC



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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
David	Fenwick	(M Sen)	Dumbarton AAC
John	McLean	(M Sen)	Dumbarton AAC
Kieran	McQuade	(M Sen)	Dumbarton AAC
Peter	Walsh	(M Sen)	Dumbarton AAC
Stephen	Cole	(M45)	Dumbarton AAC
William	Goldie	(M60)	Dumbarton AAC
Peter	Walsh	(M60)	Dumbarton AAC
Gary	Bruce	(M Sen)	Dundee Hawkhill Harriers
Scott	Dyer	(M Sen)	Dundee Hawkhill Harriers
Mike	Herron	(M Sen)	Dundee Hawkhill Harriers
Gareth	Irons	(M Sen)	Dundee Hawkhill Harriers
Andrew	Leech	(M Sen)	Dundee Hawkhill Harriers
Johnny	McBain	(M Sen)	Dundee Hawkhill Harriers
Munro	Stewart	(M Sen)	Dundee Hawkhill Harriers
Chris	Walsh	(M Sen)	Dundee Hawkhill Harriers
Billy	Gibson	(M40)	Dundee Hawkhill Harriers
richard	lawson	(M40)	Dundee Hawkhill Harriers
Gordon	Barrie	(M45)	Dundee Hawkhill Harriers
Steve	Matthews	(M45)	Dundee Hawkhill Harriers
Bruce	Scott	(M45)	Dundee Hawkhill Harriers
Raymond	Tully	(M45)	Dundee Hawkhill Harriers
Marco	Placentino	(M50)	Dundee Hawkhill Harriers
Matthew	Strachan	(M50)	Dundee Hawkhill Harriers
Nigel	Reynolds	(M55)	Dundee Hawkhill Harriers
Phil	Forte	(M60)	Dundee Hawkhill Harriers
David	Hanlon	(M60)	Dundee Hawkhill Harriers
Craig	Ross	(M60)	Dundee Hawkhill Harriers
Guillermo	Hernandez	(M70)	Dundee Hawkhill Harriers
James	Donald	(MU20)	Dundee Hawkhill Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Grant	Baillie	(M Sen)	East Kilbride A.C.
Jamie	Clements	(M Sen)	East Kilbride A.C.
John	Fergusson	(M Sen)	East Kilbride A.C.
Ross	Grant	(M Sen)	East Kilbride A.C.
Vincent	Hastings	(M Sen)	East Kilbride A.C.
Jack	Kirwan	(M Sen)	East Kilbride A.C.
David	Thomson	(M Sen)	East Kilbride A.C.
Niall	Walker	(M Sen)	East Kilbride A.C.
Christopher	White	(M40)	East Kilbride A.C.
Brian	O'Neill	(M45)	East Kilbride A.C.
Gordon	Colvin	(M55)	East Kilbride A.C.
Graeme	Haddow	(M55)	East Kilbride A.C.
Aidan	Gilbride	(MU20)	East Kilbride A.C.
Luke	Kirwan	(MU20)	East Kilbride A.C.
Martin	Lynas	(MU20)	East Kilbride A.C.
Joshua	Arthur	(M Sen)	Edinburgh AC
Dermot	Baillie	(M Sen)	Edinburgh AC
Tom	Blankenstein	(M Sen)	Edinburgh AC
Daniel	Bryant	(M Sen)	Edinburgh AC
Michael	Cameron	(M Sen)	Edinburgh AC
Michael	Christoforou	(M Sen)	Edinburgh AC
Iain	Craven	(M Sen)	Edinburgh AC
Kevin	Graham	(M Sen)	Edinburgh AC
Kevin	Hamilton	(M Sen)	Edinburgh AC
Eoghan	Hoare	(M Sen)	Edinburgh AC
John	Lenahan	(M Sen)	Edinburgh AC
Mark	MacDermot	(M Sen)	Edinburgh AC
Iain	Macdonald	(M Sen)	Edinburgh AC
John	Mowbray	(M Sen)	Edinburgh AC
Alexander	Quayle	(M Sen)	Edinburgh AC
Callum	Reid	(M Sen)	Edinburgh AC
Lewis	Renton	(M Sen)	Edinburgh AC
Peter	Simpson	(M Sen)	Edinburgh AC
Ed	Smith	(M Sen)	Edinburgh AC
Mark	Thornton-Smith	(M Sen)	Edinburgh AC
Steven	Watters	(M Sen)	Edinburgh AC
Iain	Whitaker	(M Sen)	Edinburgh AC
Jake	Wightman	(M Sen)	Edinburgh AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Nicholas	Wolverson	(M Sen)	Edinburgh AC
Richard	Clark	(M40)	Edinburgh AC
Leon	Johnson	(M40)	Edinburgh AC
Max	Carcas	(M45)	Edinburgh AC
Dave	Clements	(M45)	Edinburgh AC
Malcolm	Parry	(M45)	Edinburgh AC
John	Blair	(M50)	Edinburgh AC
David	Cross	(M50)	Edinburgh AC
Andrew	Latham	(M50)	Edinburgh AC
Chris	Creegan	(M55)	Edinburgh AC
Matthew	Newnham	(M55)	Edinburgh AC
Garry	Robertson	(M55)	Edinburgh AC
Alex	MacEwen	(M60)	Edinburgh AC
Eric	Stevenson	(M65)	Edinburgh AC
Gavin	Bryson	(MU20)	Edinburgh AC
Paul	Ireland	(MU20)	Edinburgh AC
Alexander	Chepelin	(M Sen)	Edinburgh Univ Hare & Hounds
Cameron	Scott	(M Sen)	Edinburgh Univ Hare & Hounds
Callum	Symmons	(M Sen)	Edinburgh Univ Hare & Hounds
Alex	Carcas	(MU20)	Edinburgh Univ Hare & Hounds
Andrew	Johnstone	(MU20)	Edinburgh Univ Hare & Hounds
Thomas	Otton	(MU20)	Edinburgh Univ Hare & Hounds
Daniel	Smith	(MU20)	Edinburgh Univ Hare & Hounds
Cameron	Young	(MU20)	Edinburgh Univ Hare & Hounds
John	Brogan	(M Sen)	Falkirk Victoria Harriers
Alexander	Davidson	(M Sen)	Falkirk Victoria Harriers
Callum	Douglas	(M Sen)	Falkirk Victoria Harriers
Stuart	Douglas	(M Sen)	Falkirk Victoria Harriers
Steven	George	(M Sen)	Falkirk Victoria Harriers
Euan	McCallum	(M Sen)	Falkirk Victoria Harriers
Gary	Smith	(M Sen)	Falkirk Victoria Harriers
Robert	Christie	(M40)	Falkirk Victoria Harriers
Peter	Faulks	(M40)	Falkirk Victoria Harriers
Simon	Johnston	(M40)	Falkirk Victoria Harriers
Fraser	Houston	(M45)	Falkirk Victoria Harriers
Craig	Johnston	(M45)	Falkirk Victoria Harriers
Gordon	Dewar	(M50)	Falkirk Victoria Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Malcolm	Finlayson	(M50)	Falkirk Victoria Harriers
Wallace	Grieve	(M50)	Falkirk Victoria Harriers
Michael	McQuaid	(M50)	Falkirk Victoria Harriers
Andrew	Ronald	(M50)	Falkirk Victoria Harriers
John	Gladwin	(M55)	Falkirk Victoria Harriers
Grant	Matheson	(M55)	Falkirk Victoria Harriers
Alastair	Mccallum	(M55)	Falkirk Victoria Harriers
James	McLaren	(M55)	Falkirk Victoria Harriers
David	Bunyan	(M65)	Falkirk Victoria Harriers
Paul	Caban	(M50)	Ferranti AAC
Grant	Sellar	(M50)	Ferranti AAC
Iain	Shaw	(M50)	Ferranti AAC
Ross	Anderson	(M55)	Ferranti AAC
Alex	Bell	(M55)	Ferranti AAC
Alex	Jackson	(M65)	Ferranti AAC
Edward	McDonald	(M65)	Ferranti AAC
Keith	Nicol	(M65)	Ferranti AAC
James	Shaw	(M80+)	Ferranti AAC
Simon	Anetts	(M Sen)	Fife AC
Ross	Coron	(M Sen)	Fife AC
Russell	Hall	(M Sen)	Fife AC
Jonathan	Logan	(M Sen)	Fife AC
Owen	Miller	(M Sen)	Fife AC
Akira	O'Connor	(M Sen)	Fife AC
Derek	Rae	(M Sen)	Fife AC
Logan	Rees	(M Sen)	Fife AC
Chris	Russell	(M Sen)	Fife AC
Rory	Scott	(M Sen)	Fife AC
Rick	Booth	(M40)	Fife AC
James	Hall	(M40)	Fife AC
Stephen	Clark	(M45)	Fife AC
Neil	Millar	(M45)	Fife AC
Hendrik	van Rensburg	(M45)	Fife AC
Colin	Brown	(M50)	Fife AC
Bryce	Aitken	(M55)	Fife AC
David	Cowan	(M55)	Fife AC
Alan	Gibson	(M55)	Fife AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Steven	Pennycook	(M55)	Fife AC
Jeremy	Tomlinson	(M55)	Fife AC
Frank	McLaren	(M65)	Fife AC
Euan	Boyle	(MU20)	Fife AC
Sam	Fernando	(MU20)	Fife AC
George	Rees	(MU20)	Fife AC
Tristan	Rees	(MU20)	Fife AC
Adam	Scott	(MU20)	Fife AC
Marcus	D'Agrosa	(M Sen)	Gala Harriers
Darrell	Hastie	(M Sen)	Gala Harriers
Fergus	Johnston	(M Sen)	Gala Harriers
Graeme	Murdoch	(M Sen)	Gala Harriers
Colin	Welsh	(M Sen)	Gala Harriers
Tim	Darlow	(M40)	Gala Harriers
Magnus	Inglis	(M40)	Gala Harriers
Craig	Mattocks	(M40)	Gala Harriers
Jamie	McGowan	(M40)	Gala Harriers
Gary	Trewartha	(M40)	Gala Harriers
Derrick	Brydon	(M45)	Gala Harriers
Rory	Campbell	(M45)	Gala Harriers
Yan	Horsburgh	(M50)	Gala Harriers
Anthony	Lunn	(M50)	Gala Harriers
Bob	Johnson	(M55)	Gala Harriers
Ian	Maxwell	(M55)	Gala Harriers
William	Mcculloch	(M55)	Gala Harriers
Gerry	Moss	(M55)	Gala Harriers
James	Purves	(M55)	Gala Harriers
Robert	Fox	(MU20)	Gala Harriers
Faisal	Khursheed	(MU20)	Gala Harriers
Callum	Tharme	(MU20)	Gala Harriers
Finlay	Finlay	(M Sen)	Garscube Harriers
Kevin	Liddle	(M Sen)	Garscube Harriers
Garry	Mathew	(M Sen)	Garscube Harriers
Iain	McFarlane	(M Sen)	Garscube Harriers
Alan	Mcintosh	(M Sen)	Garscube Harriers
David	McKay	(M Sen)	Garscube Harriers
Kieran	McLaughlin	(M Sen)	Garscube Harriers
Donald	McPartlin	(M Sen)	Garscube Harriers
Peter	Scott	(M Sen)	Garscube Harriers
Craig	Shields	(M Sen)	Garscube Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Chris	Stockdale	(M Sen)	Garscube Harriers
Marco	Consani	(M40)	Garscube Harriers
Nick	Heaney	(M40)	Garscube Harriers
Gavin	Hinde	(M40)	Garscube Harriers
David	Lindsay	(M40)	Garscube Harriers
John	Murray	(M40)	Garscube Harriers
Craig	Brown	(M45)	Garscube Harriers
Jeremy	Couling	(M45)	Garscube Harriers
Robbie	Drummond	(M45)	Garscube Harriers
Charles	Gordon	(M45)	Garscube Harriers
Alistair	Cuthbertson	(M50)	Garscube Harriers
Michael	Gallacher	(M55)	Garscube Harriers
Ade	Kearns	(M55)	Garscube Harriers
James	McAneny	(M55)	Garscube Harriers
Robert	McLennan	(M55)	Garscube Harriers
Athole	Smith	(M55)	Garscube Harriers
Alexander	Chisholm	(M60)	Garscube Harriers
David	Geddes	(M60)	Garscube Harriers
Raghibir	Singh	(M65)	Garscube Harriers
Thomas	Berry	(MU20)	Garscube Harriers
Cody	Stevenson	(MU20)	Garscube Harriers
Jan	Bienkowski	(M Sen)	Giffnock North AAC
Andrew	Bonner	(M Sen)	Giffnock North AAC
Iain	Carroll	(M Sen)	Giffnock North AAC
David	Chong	(M Sen)	Giffnock North AAC
Andrew	Clark	(M Sen)	Giffnock North AAC
Niall	Fraser	(M Sen)	Giffnock North AAC
Grant	Muir	(M Sen)	Giffnock North AAC
Andy	Munro	(M Sen)	Giffnock North AAC
David	Ross	(M Sen)	Giffnock North AAC
Luke	Chamberlain	(M40)	Giffnock North AAC
Neal	Gibson	(M40)	Giffnock North AAC
Chris	Greenhalgh	(M40)	Giffnock North AAC
John	O'Donnell	(M40)	Giffnock North AAC
Colin	Porter	(M40)	Giffnock North AAC
Jason	Steele	(M40)	Giffnock North AAC
Mark	Sutherland	(M40)	Giffnock North AAC
Scott	Wilson	(M40)	Giffnock North AAC
Colin	Wylie	(M45)	Giffnock North AAC
Michael	Hampson	(M50)	Giffnock North AAC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Gordon	Moir	(M50)	Giffnock North AAC
Christopher	Smith	(M50)	Giffnock North AAC
Nicholas	Farrell	(M55)	Giffnock North AAC
Derrick	Ritchie	(M55)	Giffnock North AAC
Alan	Stewart	(M65)	Giffnock North AAC
Nicholas	Boyle	(MU20)	Giffnock North AAC
Nicholas	Boyle	(MU20)	Giffnock North AAC
Nikolai	Gajic	(MU20)	Giffnock North AAC
Andrew	Love	(MU20)	Giffnock North AAC
Andrew	Love	(MU20)	Giffnock North AAC
Joseph	Lowrie	(MU20)	Giffnock North AAC
Michael	Lowrie	(MU20)	Giffnock North AAC
Michael	Lowrie	(MU20)	Giffnock North AAC
Harry	Nimmo	(MU20)	Giffnock North AAC
Jordan	Orr	(MU20)	Giffnock North AAC
William	Bryant	(M Sen)	Glasgow University Hare and H
Thomas	Callan	(M Sen)	Glasgow University Hare and H
Gavyn	Chalmers	(M Sen)	Glasgow University Hare and H
Tom	Hartley	(M Sen)	Glasgow University Hare and H
Euan	Rose	(M Sen)	Glasgow University Hare and H
Callam	Scott	(M Sen)	Glasgow University Hare and H
Scott	Steven	(M Sen)	Glasgow University Hare and H
Neil	Wilson	(M Sen)	Glasgow University Hare and H
Daniel	Nixon	(MU20)	Glasgow University Hare and H
Sol	Sweeney	(MU20)	Glasgow University Hare and H
Daniel	Doherty	(M Sen)	Greenock Glenpark Harriers
Ian	Hanley	(M Sen)	Greenock Glenpark Harriers
Stephen	Hanley	(M Sen)	Greenock Glenpark Harriers
Gordon	Hepburn	(M Sen)	Greenock Glenpark Harriers
Malcolm	Maclean	(M Sen)	Greenock Glenpark Harriers
Sean	Marshall	(M Sen)	Greenock Glenpark Harriers
Christopher	Mooney	(M Sen)	Greenock Glenpark Harriers
Andrew	Osborne	(M Sen)	Greenock Glenpark Harriers
Stephen	Trainer	(M Sen)	Greenock Glenpark Harriers
Steven	Watson	(M Sen)	Greenock Glenpark Harriers
Paul	Beaton	(M40)	Greenock Glenpark Harriers
Steven	Campbell	(M40)	Greenock Glenpark Harriers
David	Carruthers	(M40)	Greenock Glenpark Harriers
Mark	Vance	(M40)	Greenock Glenpark Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Stuart	Austin	(M45)	Greenock Glenpark Harriers
David	Benstead	(M45)	Greenock Glenpark Harriers
Robert	Dolan	(M45)	Greenock Glenpark Harriers
Paul	Monaghan	(M45)	Greenock Glenpark Harriers
Alan	O'Rourke	(M45)	Greenock Glenpark Harriers
Stephen	Reid	(M45)	Greenock Glenpark Harriers
John	Stevenson	(M45)	Greenock Glenpark Harriers
Andrew	White	(M45)	Greenock Glenpark Harriers
Kevin James	Gill	(M50)	Greenock Glenpark Harriers
Thomas	Loehndorf	(M50)	Greenock Glenpark Harriers
Michael	Mcloone Snr	(M50)	Greenock Glenpark Harriers
David	Ness	(M50)	Greenock Glenpark Harriers
Steven	Smith	(M50)	Greenock Glenpark Harriers
Michael	Harrington	(M55)	Greenock Glenpark Harriers
Robin	McAuslan	(M55)	Greenock Glenpark Harriers
Michael	Dunn	(M60)	Greenock Glenpark Harriers
Graham	Mcgrattan	(M60)	Greenock Glenpark Harriers
Robert	Wilson	(M60)	Greenock Glenpark Harriers
Frank	McMahon	(M65)	Greenock Glenpark Harriers
Joshua	Ruddy	(MU20)	Greenock Glenpark Harriers
Andrew	Bickerstaff	(M Sen)	Hamilton Harriers
Jamie	Cunningham	(M Sen)	Hamilton Harriers
Murray	McAlpine	(M Sen)	Hamilton Harriers
Gary	McLaughlan	(M Sen)	Hamilton Harriers
Richard	Murciano	(M Sen)	Hamilton Harriers
Stephen	Duffy	(M40)	Hamilton Harriers
Jason	Miles-Campbell	(M45)	Hamilton Harriers
James	Breen	(M50)	Hamilton Harriers
Ross	Bickerstaff	(M55)	Hamilton Harriers
Andrew	McLinden	(M65)	Hamilton Harriers
Ross	Millar	(M40)	Harmeny AC
Darren	Cavaroli	(M45)	Harmeny AC
Mark	Jones	(M45)	Harmeny AC
Ian	Beattie	(M50)	Harmeny AC



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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
George	Ashley	(M Sen)	Hunters Bog Trotters
Jamie	Brown	(M Sen)	Hunters Bog Trotters
James	Bryson	(M Sen)	Hunters Bog Trotters
Oleg	Chepelin	(M Sen)	Hunters Bog Trotters
Ewan	Crawford	(M Sen)	Hunters Bog Trotters
Andrew	Cummings	(M Sen)	Hunters Bog Trotters
Daniel	Darwin-Clements	(M Sen)	Hunters Bog Trotters
Richard	Dougal	(M Sen)	Hunters Bog Trotters
James	Dunn	(M Sen)	Hunters Bog Trotters
David	Fulton	(M Sen)	Hunters Bog Trotters
Peter	Gardner	(M Sen)	Hunters Bog Trotters
Michael	Grant	(M Sen)	Hunters Bog Trotters
Simon	Harrison	(M Sen)	Hunters Bog Trotters
Alex	Luetchford	(M Sen)	Hunters Bog Trotters
Tom	Martyn	(M Sen)	Hunters Bog Trotters
Peter	McClelland	(M Sen)	Hunters Bog Trotters
John	McManus	(M Sen)	Hunters Bog Trotters
James	Rogers	(M Sen)	Hunters Bog Trotters
Doug	Tullie	(M Sen)	Hunters Bog Trotters
Dave	Ward	(M Sen)	Hunters Bog Trotters
Alasdair	Anthony	(M40)	Hunters Bog Trotters
Michael	Bareford	(M40)	Hunters Bog Trotters
Philip	Mowbray	(M40)	Hunters Bog Trotters
Ray	Ward	(M40)	Hunters Bog Trotters
David	Wright	(M40)	Hunters Bog Trotters
Robert	Flett	(M45)	Hunters Bog Trotters
Nick	Freer	(M45)	Hunters Bog Trotters
Donald	Naylor	(M45)	Hunters Bog Trotters
Martin	Twigg	(M45)	Hunters Bog Trotters
Brian	Pendreigh	(M60)	Hunters Bog Trotters
Robin	Thomas	(M60)	Hunters Bog Trotters
Allan	Gordon	(M70)	Hunters Bog Trotters

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Chris	Barlas	(M Sen)	Inverclyde AC
John	Bell	(M Sen)	Inverclyde AC
Andrew	Douglas	(M Sen)	Inverclyde AC
Sean	Gaffney	(M Sen)	Inverclyde AC
Jon	Hammerman	(M Sen)	Inverclyde AC
David	Henderson	(M Sen)	Inverclyde AC
Callum	Hunter	(M Sen)	Inverclyde AC
Graeme	Hyett	(M Sen)	Inverclyde AC
Thomas	Jamieson	(M Sen)	Inverclyde AC
Jason	Kane	(M Sen)	Inverclyde AC
Mark	Pollard	(M Sen)	Inverclyde AC
Craig	Ruddy	(M Sen)	Inverclyde AC
Craig	Ruddy	(M Sen)	Inverclyde AC
Matthew	Thomson	(M Sen)	Inverclyde AC
Robert	Todd	(M Sen)	Inverclyde AC
Peter	Tucker	(M Sen)	Inverclyde AC
Nicholas	Gemmell	(M40)	Inverclyde AC
Damien	Mallet	(M40)	Inverclyde AC
Robert	Gray	(M45)	Inverclyde AC
Alastair	Law	(M45)	Inverclyde AC
John	Muir	(M45)	Inverclyde AC
Gavin	Morrison	(M50)	Inverclyde AC
Robert	Shaw	(M60)	Inverclyde AC
Tom	Tracey	(M65)	Inverclyde AC
Ross	Gray	(MU20)	Inverclyde AC
Christopher	Fife	(M Sen)	Inverness Harriers AAC
Duncan	Gillespie	(M Sen)	Inverness Harriers AAC
Finlay	MacLennan	(M Sen)	Inverness Harriers AAC
Ross	Cairns	(M40)	Inverness Harriers AAC
Graeme	Campbell	(M50)	Inverness Harriers AAC
Timothy	Cooke	(M50)	Inverness Harriers AAC
Graham	Laing	(M60)	Inverness Harriers AAC
Cairo	Davidson	(MU20)	Inverness Harriers AAC
Stuart	Gardiner	(MU20)	Inverness Harriers AAC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Steve	Daye	(M Sen)	Irvine Running Club
Alan	Douglas	(M Sen)	Irvine Running Club
Paul	Lafferty	(M Sen)	Irvine Running Club
Steven	McDougall	(M Sen)	Irvine Running Club
Graeme	Macfarlane	(M40)	Irvine Running Club
Alex	Allardyce	(M45)	Irvine Running Club
Tommy	Begley	(M45)	Irvine Running Club
Mark	Livingstone	(M45)	Irvine Running Club
James	Sneddon	(M50)	Irvine Running Club
Graham	Evans	(M Sen)	Kilbarchan AAC
Euan	Gillham	(M Sen)	Kilbarchan AAC
Steven	Hill	(M Sen)	Kilbarchan AAC
Stuart	Kerr	(M Sen)	Kilbarchan AAC
Scott	MacAulay	(M Sen)	Kilbarchan AAC
Callum	Matthews	(M Sen)	Kilbarchan AAC
Matthew	O'Brien	(M Sen)	Kilbarchan AAC
Craig	Prior	(M Sen)	Kilbarchan AAC
Ryan	Waldron	(M Sen)	Kilbarchan AAC
Alan	Craig	(M45)	Kilbarchan AAC
Robert	Quinn	(M50)	Kilbarchan AAC
Donald	Petrie	(M60)	Kilbarchan AAC
Jamie	Eatock	(MU20)	Kilbarchan AAC
Robbie	Ferguson	(MU20)	Kilbarchan AAC
Josh	Hendry	(MU20)	Kilbarchan AAC
Ewan	McKerral	(MU20)	Kilbarchan AAC
Scott	McLardie	(MU20)	Kilbarchan AAC
Suleiman	Niven	(MU20)	Kilbarchan AAC
Conor	Thomson	(MU20)	Kilbarchan AAC
Mark	Alexander	(M Sen)	Kilmarnock H&AC
Kenneth	Dudgeon	(M Sen)	Kilmarnock H&AC
Stephen	Emerson	(M Sen)	Kilmarnock H&AC
Craig	Ferguson	(M Sen)	Kilmarnock H&AC
Gavin	Hogarth	(M Sen)	Kilmarnock H&AC
Scott	Lyden	(M Sen)	Kilmarnock H&AC
Richard	Mair	(M Sen)	Kilmarnock H&AC
Stewart	McRoberts	(M Sen)	Kilmarnock H&AC
Stuart	Nibloe	(M Sen)	Kilmarnock H&AC
James	Wales	(M Sen)	Kilmarnock H&AC
Cameron	Wilson	(M Sen)	Kilmarnock H&AC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Colin	Glencorse	(M40)	Kilmarnock H&AC
Robert	Lindsay	(M40)	Kilmarnock H&AC
Mario	Campagna	(M45)	Kilmarnock H&AC
James	Connelly	(M45)	Kilmarnock H&AC
Scott	Martin	(M45)	Kilmarnock H&AC
Leslie-James	McDerment	(M45)	Kilmarnock H&AC
Alasdair	Murray	(M45)	Kilmarnock H&AC
Gordon	Reid	(M45)	Kilmarnock H&AC
William	Duffy	(M50)	Kilmarnock H&AC
John	McClarty	(M50)	Kilmarnock H&AC
Gordon	Sandler	(M50)	Kilmarnock H&AC
Jamie	Nix	(MU20)	Kilmarnock H&AC
Lewis	Wilson	(MU20)	Kilmarnock H&AC
Euan	Craig	(M Sen)	Kirkintilloch Olympians
Eddie	McClone	(M Sen)	Kirkintilloch Olympians
Mark	Tyrrell	(M Sen)	Kirkintilloch Olympians
Daniel	Chandler	(M40)	Kirkintilloch Olympians
Robert	Conroy	(M40)	Kirkintilloch Olympians
Teginder	Padda	(M40)	Kirkintilloch Olympians
Gary	Shaw	(M40)	Kirkintilloch Olympians
Paul	Waters	(M40)	Kirkintilloch Olympians
Mark	Welsford	(M40)	Kirkintilloch Olympians
Graeme	McCabe	(M45)	Kirkintilloch Olympians
Gary	Mitchell	(M45)	Kirkintilloch Olympians
John	Pugh	(M45)	Kirkintilloch Olympians
Robert	Watson	(M55)	Kirkintilloch Olympians
Alastair	Dunlop	(M60)	Kirkintilloch Olympians
Colin	Simpson	(M60)	Kirkintilloch Olympians
Martin	Gore	(M Sen)	Lasswade AAC
Scott	Thomson	(M Sen)	Lasswade AAC
Graham	Knipe	(M40)	Lasswade AAC
David	Scott	(M40)	Lasswade AAC
Scott	Dickson	(M45)	Lasswade AAC
Peter	Ness	(M45)	Lasswade AAC
Andrew	McGlone	(M50)	Lasswade AAC
Jamie	Darling	(MU20)	Lasswade AAC
Matthew	Smith	(MU20)	Lasswade AAC

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Kevin	Campbell	(M Sen)	Law & District AAC
Riccardo	Faccenda	(M Sen)	Law & District AAC
Bobby	Hill	(M Sen)	Law & District AAC
Ross	Hill	(M Sen)	Law & District AAC
Jonathan	Kennedy	(M Sen)	Law & District AAC
Ross	Macdonald	(M Sen)	Law & District AAC
Darran	Muir	(M40)	Law & District AAC
James	Scullion	(M40)	Law & District AAC
Jim	Gillon	(M50)	Law & District AAC
Patrick	Kelly	(M70)	Law & District AAC
Shaun	Burke	(MU20)	Law & District AAC
Conor	Butters	(MU20)	Law & District AAC
Kieran	Cubis	(MU20)	Law & District AAC
Ben	Fountain	(MU20)	Law & District AAC
James	McClafferty	(MU20)	Law & District AAC
Joshua	Dack	(M Sen)	Lothian Running Club
Ryan	Ferguson	(M Sen)	Lothian Running Club
Robert	Kennedy	(M Sen)	Lothian Running Club
Owen	Williams	(M Sen)	Lothian Running Club
Alan	Knowles	(M40)	Lothian Running Club
Malcolm	Lang	(M40)	Lothian Running Club
Barry	McComish	(M40)	Lothian Running Club
Euan	McInnes	(M40)	Lothian Running Club
Alan	Moffat	(M40)	Lothian Running Club
William	Moffat	(M40)	Lothian Running Club
Colin	Partridge	(M40)	Lothian Running Club
Alan	Cunningham	(M45)	Lothian Running Club
Neil	Graham	(M45)	Lothian Running Club
Pol	MacDonald	(M45)	Lothian Running Club
Stephen	Malcolm	(M45)	Lothian Running Club
David	Eades	(M50)	Lothian Running Club
Kevin	Godfrey	(M50)	Lothian Running Club
Kenton	Jones	(M50)	Lothian Running Club
Brian	Lees	(M50)	Lothian Running Club

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Gerard	McCafferty	(M50)	Lothian Running Club
Harry	Mulholland	(M50)	Lothian Running Club
Scott	Nelson	(M50)	Lothian Running Club
Stig	Walsh	(M50)	Lothian Running Club
Kenny	Mearns	(M55)	Lothian Running Club
Calum	Ross	(M55)	Lothian Running Club
Martin	Leadbetter	(M60)	Lothian Running Club
Ted	Finch	(M65)	Lothian Running Club
Hamish	Battle	(M Sen)	Metro Aberdeen Running Club
Craig	Beattie	(M Sen)	Metro Aberdeen Running Club
Tom	Brian	(M Sen)	Metro Aberdeen Running Club
Philip	Brown	(M Sen)	Metro Aberdeen Running Club
Rankin	Lascelles	(M Sen)	Metro Aberdeen Running Club
Barry	Maguire	(M Sen)	Metro Aberdeen Running Club
Iain	Manson	(M Sen)	Metro Aberdeen Running Club
Roy	Milne	(M Sen)	Metro Aberdeen Running Club
Stuart	Milne	(M Sen)	Metro Aberdeen Running Club
Steven	Morrison	(M Sen)	Metro Aberdeen Running Club
Andrew	Pearson	(M Sen)	Metro Aberdeen Running Club
Chris	Richardson	(M Sen)	Metro Aberdeen Running Club
Adam	Scragg	(M Sen)	Metro Aberdeen Running Club
Will	Stewart	(M Sen)	Metro Aberdeen Running Club
Linton	Tyler	(M Sen)	Metro Aberdeen Running Club
Ben	Ward	(M Sen)	Metro Aberdeen Running Club
Steve	Buchan	(M40)	Metro Aberdeen Running Club
Kevin	Mackie	(M40)	Metro Aberdeen Running Club
Colin	Munday	(M40)	Metro Aberdeen Running Club
Dino	Roussias	(M40)	Metro Aberdeen Running Club
Russell	Willox	(M40)	Metro Aberdeen Running Club
John	Matheson	(M50)	Metro Aberdeen Running Club
Tony	McGarva	(M50)	Metro Aberdeen Running Club
Nick	Milovsorov	(M50)	Metro Aberdeen Running Club
Keith	Farquhar	(M55)	Metro Aberdeen Running Club
Phil	Mann	(M55)	Metro Aberdeen Running Club
Andy	Redman	(M55)	Metro Aberdeen Running Club
Robert	Taylor	(M55)	Metro Aberdeen Running Club
Peter	Jennings	(M60)	Metro Aberdeen Running Club
George	McPherson	(M60)	Metro Aberdeen Running Club

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Jason	James	(M Sen)	Moray Road Runners
James	Wilson	(M Sen)	Moray Road Runners
Martin	Bain	(M40)	Moray Road Runners
Colin	Green	(M45)	Moray Road Runners
Gareth	Jenkins	(M45)	Moray Road Runners
Paul	Rogan	(M45)	Moray Road Runners
Andy	Alexander	(M50)	Moray Road Runners
Nigel	Williams	(M50)	Moray Road Runners
Paul	Burns	(M Sen)	Motherwell AC
Christopher	MacDonald	(M Sen)	Motherwell AC
Craig	Mackenzie	(M Sen)	Motherwell AC
Ross	Thomson	(M Sen)	Motherwell AC
Ewen	Cameron	(M40)	Motherwell AC
Graham	McEwan	(M40)	Motherwell AC
Alan	Tait	(M40)	Motherwell AC
Jim	White	(M40)	Motherwell AC
Stephen	Allen	(M45)	Motherwell AC
Allan	Cameron	(M45)	Motherwell AC
David	Gardiner	(M45)	Motherwell AC
Mark	Hand	(M45)	Motherwell AC
John	Burns	(M55)	Motherwell AC
Benjamin	Hands	(M55)	Motherwell AC
John	Hughes	(M60)	Motherwell AC
Brian	McLinden	(M60)	Motherwell AC
David	Millar	(M40)	Ochil Hill Runners
Ron	Martin	(M50)	Ochil Hill Runners
John	Stevenson	(M55)	Ochil Hill Runners
Myles	Bax	(M Sen)	Perth Road Runners
Alistair	Gudgin	(M Sen)	Perth Road Runners
Michael	McConnell	(M Sen)	Perth Road Runners
Kevin	Riddell	(M Sen)	Perth Road Runners
Dave	Sinclair	(M Sen)	Perth Road Runners
David	Knight	(M45)	Perth Road Runners
Stuart	Robertson	(M45)	Perth Road Runners
Duncan	Ryan	(M45)	Perth Road Runners
Richard	Ward	(M45)	Perth Road Runners
Simon	Grieshaber	(M50)	Perth Road Runners
Paul	Stewart	(M50)	Perth Road Runners
Alan	Bothwell	(M55)	Perth Road Runners

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Darren	Candlish	(M Sen)	PH Racing Club
Darren	Jubb	(M Sen)	PH Racing Club
Scott	Love	(M Sen)	PH Racing Club
Stuart	Mackay	(M Sen)	PH Racing Club
Daniel	Monaghan	(M Sen)	PH Racing Club
Jonathan	Peebles	(M Sen)	PH Racing Club
Mark	Mackenzie	(M40)	PH Racing Club
Robert	Sellar	(M40)	PH Racing Club
Wright	Beveridge	(M45)	PH Racing Club
John	Cassells	(M45)	PH Racing Club
Alan	Cockburn	(M50)	PH Racing Club
Dennis	Howett	(M50)	PH Racing Club
Malcolm	Smith	(M50)	PH Racing Club
John	Crookston	(M60)	PH Racing Club
Ian Robert	Johnston	(M60)	PH Racing Club
Allen	Marr	(M60)	PH Racing Club
Ed	Norton	(M65)	PH Racing Club
Colin	Lamont	(M Sen)	Pitreavie AAC
Ben	Potrykus	(M Sen)	Pitreavie AAC
Evan	Ross	(M Sen)	Pitreavie AAC
James	Adam	(MU20)	Pitreavie AAC
Ben	Grant	(MU20)	Pitreavie AAC
Andrew	McNair	(MU20)	Pitreavie AAC
Craig	Moriarty	(MU20)	Pitreavie AAC
Struan	Ross	(MU20)	Pitreavie AAC
Taylor	Roy	(MU20)	Pitreavie AAC
Barry	Ferenbach	(M Sen)	Portobello Running Club
Marcin	Karpowicz	(M Sen)	Portobello Running Club
David	Limmer	(M Sen)	Portobello Running Club
David	McNamara	(M Sen)	Portobello Running Club
Oliver	Pound	(M Sen)	Portobello Running Club
Adam	Small	(M Sen)	Portobello Running Club
Allan	Barklie	(M40)	Portobello Running Club
Johnny	Lawson	(M40)	Portobello Running Club
Sandy	MacDonald	(M40)	Portobello Running Club
Robert	Mclear	(M40)	Portobello Running Club



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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Neil	Park	(M45)	Portobello Running Club
Mark	Fry	(M50)	Portobello Running Club
Stephen	Maley	(M50)	Portobello Running Club
Peter	Buchanan	(M55)	Portobello Running Club
Steve	Crane	(M55)	Portobello Running Club
Jake	Harper	(M55)	Portobello Running Club
William	Jarvie	(M55)	Portobello Running Club
Andrew	Stavert	(M55)	Portobello Running Club
Alan	Simpson	(M65)	Portobello Running Club
Peter	Avent	(M Sen)	Shettleston Harriers
Michael	Blair	(M Sen)	Shettleston Harriers
Kevin	Brydon	(M Sen)	Shettleston Harriers
Lachlan	Calder	(M Sen)	Shettleston Harriers
Stephen	Clark	(M Sen)	Shettleston Harriers
Michael	Deason	(M Sen)	Shettleston Harriers
Callum	Drummond	(M Sen)	Shettleston Harriers
Daniel	Eddison	(M Sen)	Shettleston Harriers
Weynay	Ghebreselassie	(M Sen)	Shettleston Harriers
Christopher	Graham	(M Sen)	Shettleston Harriers
Amanuel	Hagos	(M Sen)	Shettleston Harriers
David I	Houston	(M Sen)	Shettleston Harriers
Andrew	Jackson	(M Sen)	Shettleston Harriers
Paul	Masson	(M Sen)	Shettleston Harriers
Donough	McBrearty	(M Sen)	Shettleston Harriers
Duncan	McCauley	(M Sen)	Shettleston Harriers
Brian	McGarrity	(M Sen)	Shettleston Harriers
Mark	McKenny	(M Sen)	Shettleston Harriers
Chris	McNally	(M Sen)	Shettleston Harriers
Tewoldeberhan	Mengisteab	(M Sen)	Shettleston Harriers
Christopher	Mutch	(M Sen)	Shettleston Harriers
Lachlan	Oates	(M Sen)	Shettleston Harriers
Brian	Robertson	(M Sen)	Shettleston Harriers
Paul	Sorrie	(M Sen)	Shettleston Harriers
Matthew	Turner	(M Sen)	Shettleston Harriers
Gary	Turner	(M Sen)	Shettleston Harriers
Gareth	Ellor	(M40)	Shettleston Harriers
Peter	Mackie	(M40)	Shettleston Harriers
John	Connaghan	(M45)	Shettleston Harriers

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<b>Forename</b>	<b>Surname</b>	<b>Age Group</b>	<b>Club</b>
Scott	Kennedy	(M45)	Shettleston Harriers
John	Milligan	(M45)	Shettleston Harriers
William	Breckenridge	(M50)	Shettleston Harriers
John J	Duffy	(M50)	Shettleston Harriers
Andy	Little	(M50)	Shettleston Harriers
Brian	Scally	(M50)	Shettleston Harriers
Denis	Williams	(M50)	Shettleston Harriers
William	Coyle	(M55)	Shettleston Harriers
Gerry	Mason	(M55)	Shettleston Harriers
John	Oates	(M55)	Shettleston Harriers
James	Burns	(M60)	Shettleston Harriers
William	Bardsley	(MU20)	Shettleston Harriers
Joseph Junior	Chambers	(M Sen)	Springburn Harriers
Andy	Norris	(M Sen)	Springburn Harriers
Scott	Partyka	(M Sen)	Springburn Harriers
Emilio	Cosimo	(M40)	Springburn Harriers
Sean	Gillin	(M40)	Springburn Harriers
Stewart	Robertson	(M40)	Springburn Harriers
Anthony J M	McGale	(M45)	Springburn Harriers
Donnie	Inglis	(M50)	Springburn Harriers
Damian	McAuley	(M50)	Springburn Harriers
Colin	Mclean	(M50)	Springburn Harriers
Willie	Munro	(M55)	Springburn Harriers
Alan	Hill	(M65)	Springburn Harriers
Jack	McCabe	(MU20)	Springburn Harriers
James	Pettigrew	(M Sen)	Strathclyde Univ Harriers
Kieran	Pugh	(M Sen)	Strathclyde Univ Harriers
Jamie	Mclaren	(MU20)	Strathclyde Univ Harriers
Lewis	Ross	(MU20)	Strathclyde Univ Harriers
Rory	Anderson	(M Sen)	Teviotdale Harriers
Bruce	Hughes	(M Sen)	Teviotdale Harriers
Greg	Walker	(M Sen)	Teviotdale Harriers
Christopher	Watson	(M Sen)	Teviotdale Harriers
Alister	Biggar	(M45)	Teviotdale Harriers
Brian	Harper	(M45)	Teviotdale Harriers
Alan	Inglis	(M45)	Teviotdale Harriers
Alan	Coltman	(M50)	Teviotdale Harriers

Saturday 28th October

## MALE ENTRY LISTS

**Athletes entered but not shown here must contact the scottishathletics office to update their membership as soon as possible.**

Forename	Surname	Age Group	Club
Raymond	Jaffray	(M50)	Teviotdale Harriers
Paul	Lockie	(M50)	Teviotdale Harriers
Alastair	Walker	(M60)	Teviotdale Harriers
Bill	Knox	(M65)	Teviotdale Harriers
Martin	Hayes	(M Sen)	VP-Glasgow AC
Callum	Heirs	(M Sen)	VP-Glasgow AC
Kieron	Rafferty	(M Sen)	VP-Glasgow AC
Max	Ralston	(M Sen)	VP-Glasgow AC
Allan	Ramsay	(M Sen)	VP-Glasgow AC
Gerard	Craig	(M45)	VP-Glasgow AC
Duncan	Thomson	(M45)	VP-Glasgow AC
Ralph	Connolly	(M50)	VP-Glasgow AC
Michael	Craig	(M50)	VP-Glasgow AC
Peter	Jardine	(M50)	VP-Glasgow AC
Crawford	Little	(M50)	VP-Glasgow AC
Jonathan	Miller	(M50)	VP-Glasgow AC
Mark	Ashby	(M55)	VP-Glasgow AC
Alex	Potter	(M55)	VP-Glasgow AC
Peter	Ramsay	(M55)	VP-Glasgow AC
Andrew	Law	(M60)	VP-Glasgow AC
Charlie	Milarvie	(MU20)	VP-Glasgow AC
Max	Milarvie	(MU20)	VP-Glasgow AC
Lewis	Priest	(MU20)	VP-Glasgow AC
Robbie	Smith	(MU20)	VP-Glasgow AC
Kevin	Baird	(M Sen)	Westerlands XC Club
Christopher	Butler	(M Sen)	Westerlands XC Club
Roddy	Cunningham	(M Sen)	Westerlands XC Club
Alasdair	MacInnes	(M Sen)	Westerlands XC Club
Grant	Thomson	(M40)	Westerlands XC Club
Andrew	Fullwood	(M50)	Westerlands XC Club
David	Calder	(M55)	Westerlands XC Club
John	Quinn	(M55)	Westerlands XC Club
Graeme	Orr	(M65)	Westerlands XC Club