

Saturday 14th October

Entry List - Females

Forename	Surname	Age Group	Club
Jo	Ellen	(F40)	Ross County Athletic Club
Lorraine	Coull	(F40)	Ross County Athletic Club
Kate	Whiteside	(F40)	Ross County Athletic Club
Susan	McRitchie	(F40)	Forres Harriers
Hillary	Cameron	(F45)	Forres Harriers
Siobhan	Evans	(F45)	Forres Harriers
Moira	Davie	(F Sen)	Forres Harriers
June	McIntosh	(F50)	Forres Harriers
Ros	Wright	(F55)	Forres Harriers
Frances	Russell	(F50)	Forres Harriers
Shirley	Feaks	(F40)	Forres Harriers
Jackie	Nicol	(F55)	Forres Harriers
Elizabeth	Watson	(F55)	Forres Harriers
Rhona	Grant	(F Sen)	Highland Hill Runners
Jenny	Henderson	(F40)	Highland Hill Runners
Sheryl	Innes	(F Sen)	Highland Hill Runners
Karen	Lyons	(F45)	Highland Hill Runners
Diana	Macdonald	(F Sen)	Highland Hill Runners
Cath	McCormick	(F40)	Highland Hill Runners
Rebecca	McKenzie	(F Sen)	Highland Hill Runners
Bethan	Nadin	(F Sen)	Highland Hill Runners
Anna	MacArthur	(F Sen)	Highland Hill Runners
Doreen	Campbell	(F45)	Inverness Harriers AAC
Heather	Gardiner	(F45)	Inverness Harriers AAC
Alison	Wilson	(F45)	Inverness Harriers AAC
Gemma	Cormack	(F Sen)	Inverness Harriers AAC
Roma	Shepherd	(F40)	Inverness Harriers AAC
Joanna	Cairns	(F Sen)	Inverness Harriers AAC
Constance	Nankivell	(FU20)	East Sutherland AC
Audrey	Scott	(F50)	East Sutherland AC
Sheila	Gollan	(F50)	East Sutherland AC
Louise	Cartmell	(F Sen)	Moray Road Runners
Susan	Rae	(F Sen)	Moray Road Runners
Justine	Blaszka	(F Sen)	Moray Road Runners
Maria	McCloud	(F45)	Moray Road Runners
Amanda	Strang	(F45)	Moray Road Runners
Karen	Norvell	(F45)	Moray Road Runners
Clare	Buften	(F Sen)	Moray Road Runners

Saturday 14th October

Entry List - Males

Forename	Surname	Age Group	Club
Eoin	Coull	(M40)	Ross County Athletic Club
Graham	Patterson	(M Sen)	Ross County Athletic Club
Adam	MacLellan	(MU20)	Ross County Athletic Club
Dave	Dunn	(M Sen)	Ross County Athletic Club
Douglas	Cowie	(M60)	Forres Harriers
Colin	Hall	(M50)	Forres Harriers
James	Hume	(M45)	Forres Harriers
Gary	Macfadyen	(M50)	Forres Harriers
Mark	Page	(M40)	Forres Harriers
Richard	Chatburn	(M45)	Highland Hill Runners
Stuart	Forrest	(M Sen)	Highland Hill Runners
Andy	Hall	(M Sen)	Highland Hill Runners
Sam	Hesling	(M Sen)	Highland Hill Runners
Scott	Innes	(M Sen)	Highland Hill Runners
Dougie	Macdonald	(M45)	Highland Hill Runners
Fraser	Mackintosh	(M50)	Highland Hill Runners
Iain	Maclennan	(M45)	Highland Hill Runners
Ryan	McKenzie	(M40)	Highland Hill Runners
William	Nicolson	(M40)	Highland Hill Runners
Jack	Trevelyan	(M40)	Highland Hill Runners
Gavin	Whiteside	(M Sen)	Highland Hill Runners
David	Wilby	(M Sen)	Highland Hill Runners

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Forename	Surname	Age Group	Club
Finlay	MacLennan	(M Sen)	Inverness Harriers AAC
Paul	Davidson	(M Sen)	Inverness Harriers AAC
Ben	Fiddes	(M Sen)	Inverness Harriers AAC
John	Newsom	(M Sen)	Inverness Harriers AAC
Graham	Laing	(M60)	Inverness Harriers AAC
Michael	O'Donnell	(M Sen)	Inverness Harriers AAC
Tony	Golabek	(M Sen)	Inverness Harriers AAC
Dean	Kane	(M Sen)	Inverness Harriers AAC
Donnie	Macdonald	(M Sen)	Inverness Harriers AAC
Graham	Maclennan	(M40)	Inverness Harriers AAC
Derek	Mackenzie	(M Sen)	Inverness Harriers AAC
DAVID	CULLEN	(M45)	Inverness Harriers AAC
Graham	Whyte	(M55)	Inverness Harriers AAC
Alex	Sutherland	(M65)	Inverness Harriers AAC
Luke	Williams	(MU20)	Inverness Harriers AAC
Graeme	Campbell	(M50)	Inverness Harriers AAC
Stewart	Wilson	(M50)	Inverness Harriers AAC
Timothy	Cooke	(M50)	Inverness Harriers AAC
Andrew	MacRae	(M40)	Inverness Harriers AAC
Ross	Cairns	(M40)	Inverness Harriers AAC
Steven	Worsley	(M50)	Inverness Harriers AAC
Paul	Miller	(M45)	Inverness Harriers AAC
Stephen	Mackay	(M Sen)	Inverness Harriers AAC
David	Bryan	(M45)	East Sutherland AC
Ruairdh	Oliver-Jones	(MU20)	East Sutherland AC
Kenneth	Wilson	(M Sen)	Moray Road Runners
James	Wilson	(M Sen)	Moray Road Runners
Gareth	Jenkins	(M45)	Moray Road Runners
Colin	Green	(M45)	Moray Road Runners
Nigel	Williams	(M50)	Moray Road Runners
Andy	Alexander	(M50)	Moray Road Runners
Martin	Bain	(M40)	Moray Road Runners
Simon	Garland	(M45)	Moray Road Runners
Simon	MacDonald	(M55)	Moray Road Runners
Robert	Bruce	(M50)	Moray Road Runners
Jason	James	(M Sen)	Moray Road Runners
Brian	Milne	(M55)	Moray Road Runners
Lawrence	Ramsay	#N/A	Moray Road Runners
Phil	Reynolds	(M45)	Moray Road Runners
Ian	Macdonald	#N/A	Moray Road Runners
Edward	Dunbar	(M40)	Haddington Running Club
Darrin	Cameron	(M Sen)	Moray Road Runners
Pete	McCloud	#N/A	Moray Road Runners

Saturday 14th October

Entry List - Young Females

Forename	Surname	Age Group	Club
Ava	Walsh	(GU13)	Inverness Harriers AAC
Stroma	Fraser	(GU13)	Inverness Harriers AAC
Beth	Hewick	(GU13)	Inverness Harriers AAC
Lucy	Clark	(GU13)	Inverness Harriers AAC
Anna	Cairns	(GU13)	Inverness Harriers AAC
Ruth	Wilson	(GU13)	Inverness Harriers AAC
Isla	Marwick	(GU13)	Inverness Harriers AAC
Emma	Seed	(GU15)	Inverness Harriers AAC
Isla	Kelly	(GU15)	Inverness Harriers AAC
Kirsty	Arnaud	(GU15)	Inverness Harriers AAC
Eve	Gardiner	(GU15)	Inverness Harriers AAC
Emily	Andrew	(FU17)	Inverness Harriers AAC
Sophie	Young	(FU17)	Inverness Harriers AAC
Connie	Campbell	(FU17)	Inverness Harriers AAC
Ruby	Soldan	(FU17)	Inverness Harriers AAC
Ailsa	Hewick	(FU17)	Inverness Harriers AAC
Jennifer	Mackenzie	(GU15)	Inverness Harriers AAC
Roslyn	McRitchie	(GU13)	Forres Harriers
Isobel	Howard	(GU13)	Forres Harriers
Harriet	Neall	(GU15)	Forres Harriers
Lauren	Cameron	(FU17)	Forres Harriers
Anya	Morrison	(GU13)	East Sutherland AC
Jemima	Bath	(GU13)	East Sutherland AC
Alyth	Gollan	(GU15)	East Sutherland AC
Sophie	Bath	(GU15)	East Sutherland AC
Catriona	Scott	(FU17)	East Sutherland AC
Harriet	Whelan	(GU13)	Moray Road Runners
Nicole	Taylor	(GU13)	Moray Road Runners
Beth	Urquhart	(GU13)	Moray Road Runners
Ellyn	Smith	(GU15)	Moray Road Runners
Niamh	Whelan	(GU15)	Moray Road Runners
Megan	McKay	(GU15)	Moray Road Runners
Grace	Jenkins	(GU15)	Moray Road Runners
Grace	Whelan	(FU17)	Moray Road Runners
Morven	Ross	(FU17)	Moray Road Runners

Saturday 14th October

Entry List - Males

Forename	Surname	Age Group	Club
Ruaridh	Ellen	(BU13)	Ross County Athletic Club
Sam	Coull	(BU13)	Ross County Athletic Club
Zak	Fearn	(BU13)	Ross County Athletic Club
Douglas	Maclennan	(BU13)	Ross County Athletic Club
Danny	McPake	(BU15)	Ross County Athletic Club
Alex	Ellen	(BU15)	Ross County Athletic Club
Hamish	Whiteside	(BU15)	Ross County Athletic Club
Fergus	Whiteside	(BU15)	Ross County Athletic Club
Hamish	Hickey	(MU17)	Ross County Athletic Club
Jamieson	Alex	(BU13)	Inverness Harriers AAC
Lachlan	Buchanan	(BU13)	Inverness Harriers AAC
Ben	Webster	(BU13)	Inverness Harriers AAC
Finlay	Cooper	(BU13)	Inverness Harriers AAC
Gregor	Nixon	(BU13)	Inverness Harriers AAC
Lucas	Cairns	(BU15)	Inverness Harriers AAC
Angus	Smith	(BU15)	Inverness Harriers AAC
Ewan	Spink	(BU15)	Inverness Harriers AAC
Brown	MacKenzie	(MU17)	Inverness Harriers AAC
Bruce	Evans	(BU13)	Forres Harriers
Oliver	Watson	(BU15)	Forres Harriers
Ben	Cameron	(BU15)	Forres Harriers
Simco	Tom	(BU13)	East Sutherland AC
Sam	Bryan	(BU13)	East Sutherland AC
Gollan	Eoghann	(MU17)	East Sutherland AC
Oliver-Jones	Struan	(MU17)	East Sutherland AC
Taylor	Roy	(BU13)	Moray Road Runners
Newlands	Bruce	(BU13)	Moray Road Runners
Paterson	Liam	(BU13)	Moray Road Runners
Milne	Blair	(BU15)	Moray Road Runners
Milne	Joshua	(BU15)	Moray Road Runners
Lewis	Morgan	(MU17)	Moray Road Runners
Reynolds	Oliver	(MU17)	Moray Road Runners
Lewis	MacLean	(BU13)	Stornoway Running & AC
Murray	Ewan	(BU13)	Stornoway Running & AC
Morrison	David	(BU15)	Stornoway Running & AC
Finnegan	Aodhan	(BU15)	Stornoway Running & AC
Emmott	Finlay	(MU17)	Stornoway Running & AC
Sam	Greenslade	(MU17)	Stornoway Running & AC